

City of Carson Report to Mayor and City Council

August 6, 2013 **New Business Consent**

SUBJECT: CONSIDERATION OF RESOLUTION NO. 13-080 RECOGNIZING SEPTEMBER 10 AS NATIONAL SUICIDE PREVENTION DAY AND ACKNOWLEDGEMENT OF SEPTEMBER 12 AS KEVIN'S CAUSE DAY IN CARSON AND SUPPORTING THE ONGOING EFFORTS OF SUICIDE PREVENTION IN THE UNITED STATES

Submitted by Jacquelyn Acosta

Acting Executive Director

Approved by Jacquelyn Acosta

Acting City Manager

I. **SUMMARY**

This item is on the agenda at the request of Councilmember Gipson.

Tonight, the City Council is asked to consider Resolution No. 13-080 recognizing September 10th as National Suicide Prevention Day (Exhibit No. 1). Additionly, the City Council is also reminded of the adoption of Resolution No. 12-089 last year which proclaimed September 12th as Kevin's Cause Day in the City of Carson (Exhibit No. 2). Kevin's Cause is a local nonprofit organization founded to promote the prevention of suicide through education and awareness.

II. RECOMMENDATION

TAKE the following actions:

- 1. WAIVE further reading and ADOPT Resolution No. 13-080, RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CARSON. CALIFORNIA, RECOGNIZING SEPTEMBER 10 AS NATIONAL SUICIDE PREVENTION DAY AND SUPPORTING THE ONGOING EFFORTS OF SUICIDE PREVENTION IN THE UNITED STATES."
- 2. DIRECT staff to transmit an executed copy of the resolution to Senator Ted Lieu, Assemblymember Isadore Hall and Senator Rod Wright and County Supervisor Mark Ridley-Thomas.

III. **ALTERNATIVES**

TAKE another action the City Council deems appropriate.

IV. **BACKGROUND**

National Suicide Prevention Day is a day to inform and engage health professionals and the general public about suicide prevention and warning signs of suicide. By drawing attention to the problem of suicide in the United States, the campaign also strives to reduce the stigma surrounding the topic, as well as to encourage the pursuit of mental health assistance and to support people who have attempted suicide.

City of Carson

Report to Mayor and City Council

August 6, 2013

As part of the campaign, during the week of September 10th health organizations are encouraged to conduct depression screenings, promote self-administered and online tests and refer interested individuals to national toll-free telephone help lines. Awareness events such as these are held throughout the week corresponding to National Suicide Prevention Day.

Kevin's Cause

On August 26, 2008, Carson resident, Kevin A. Jackson took his life. He was found by his mother Wanda Jackson. This tragedy has turned the Jackson family's world upside down and their lives have never been the same. After grappling with the loss of her beloved son to suicide, this mourning mother decided to open a non-profit agency that would educate others about the connection between depression and suicide. On March 4, 2010, Ms. Jackson established "Kevin's Cause," a suicide prevention and awareness non-profit organization in Carson. The mission is to save one life at a time and bring comfort to others that have already lost loved ones to suicide.

On October 26, 2013, Kevin's Cause will be hosting their fourth Annual 5K Run/Walk and Health Fair to raise awareness about suicide prevention. The event will be held at Victoria Community Regional Park in Carson.

V. FISCAL IMPACT

None.

VI. <u>EXHIBITS</u>

- 1. Resolution No. 13-080. (pgs. 4-5)
- 2. Resolution No. 12-089. (pgs. 6-7)

Document21

Prepared by: <u>Lisa Berglund, Principal Administrative Analyst</u>

TO:Rev06-19-2013

Reviewed by:

City Clerk	City Treasurer	
Administrative Services	Public Works	
Community Development	Community Services	

City of Carson

Report to Mayor and City Council August 6, 2013

Action taken by City Council		
Date	Action	

RESOLUTION NO. 13-080

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CARSON, CALIFORNIA, RECOGNIZING SEPTEMBER 10 AS NATIONAL SUICIDE PREVENTION DAY AND SUPPORTING THE ONGOING EFFORTS OF SUICIDE PREVENTION IN THE UNITED STATES.

WHEREAS, World Suicide Prevention Day is observed on September 10 each year to promote worldwide action to prevent suicides. Various events and activities are held during this occasion to raise awareness that suicide is a major preventable cause of premature death; and

WHEREAS, suicide accounts for 12 deaths for every 100,000 people nationwide, making it the country's 10th leading cause of death. Unlike many other leading causes of death, suicide continues to claim more lives each year; and

WHEREAS, there are many individual, interpersonal, and environmental factors that increase vulnerability to suicide; and

WHEREAS, the effectiveness in preventing suicide ultimately depends on more fully understanding how and why suicide occurs however, over the last 25 years the American Foundation for Suicide Prevention have begun to uncover and understand the complex range of factors that contribute to suicide; and

WHEREAS, as of 2000 suicide ranks third as the leading cause of death for young people nationally, and for those ages 15-19 suicide is the second leading cause of death; and

WHEREAS, it is recognized that today's youth experience stress and pressures that lead to permanent solutions to temporary problems; and

WHEREAS, some of the action steps one should take if one suspects someone may be at risk for suicide are; take it seriously, ask questions, encourage professional help, take action and follow up on treatment; and

WHEREAS, the City of Carson encourages our community members to get involved and emphasize the importance of knowing the warning signs of suicide; and

WHEREAS, detection of the warning signals of suicide can mean the difference between life and death; and

WHEREAS, on October 26, 2013, Kevin's Cause will be hosting their fourth Annual 5K Run/Walk and Health Fair to raise awareness about suicide prevention. The event will be held at Victoria Community Regional Park in Carson; and





WHEREAS, the City of Carson support programs that educate and inform teachers, staff, parents, students and the general public about suicide prevention, including awareness of the warning signs; and

WHEREAS, that the City of Carson supports the passionate work of the countless number of advocates working tirelessly to spread awareness of suicide prevention.

NOW, THEREFORE, the City Council of the City of Carson, California hereby recognizes September 10 as National Suicide Prevention Day and supports the ongoing efforts of suicide prevention in the United States.

PASSED, **APPROVED** and **ADOPTED** this 6th day of August, 2013.

ATTEST:	Mayor Jim Dear
City Clerk Donesia L. Gause, CMC	
APPROVED AS TO FORM:	
City Attorney	



RESOLUTION NO. 12-089

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CARSON, CALIFORNIA, ESTABLISHING SEPTEMBER 12 AS KEVIN'S CAUSE DAY IN HONOR OF SUICIDE PREVENTION

WHEREAS, throughout United States, one suicide occurs every sixteen minutes and is the eleventh leading cause of death for all Americans; and

WHEREAS, between 1980 and 1995, the suicide rate among African-American men has doubled to nearly 8 deaths per 100,000, making suicide the third leading cause of death among African-American men between the ages of 15 and 24; and

WHEREAS, on August 26, 2008, Carson resident, Kevin A. Jackson took his own life; and

WHEREAS, Kevin's Cause was created on March 4, 2010, by Kevin's mother, Wanda Jackson in memory of Kevin A. Jackson; and

WHEREAS, Kevin's Cause in a non-profit organization that rose from a personal tragedy brought on by suicide of a family member and serves to spread awareness, provide advocacy and support for members in the surrounding communities; and

WHEREAS, Kevin's Cause promotes the prevention of suicide through education and awareness, especially in the minority communities where suicide rate is growing; and

WHEREAS, Kevin's Cause's goal is to save lives and diffuse a social stigma that has for many years been attached to depression and suicide.

NOW, THEREFORE, the Mayor and City Council of Carson, California do hereby recognize Kevin's Cause, commend its role in promoting the importance of advocacy, support, and education about suicide for the members of the community, and encourage its citizens to support and assist in promoting awareness on suicide prevention.

PASSED, APPROVED and ADOPTED this 4th day of September, 2012.

ATTEST:

Mayor Jim Dear

City Clerk Donesia L

L. Gause, CMC

APPROVED AS TO FORM:

City Attorney

FRHEIT NO 119

16

STATE OF CALIFORNIA)
COUNTY OF LOS ANGELES) ss
CITY OF CARSON)

I, Donesia L. Gause, City Clerk of the City of Carson, California, do hereby certify that the whole number of members of the City Council is five; that the foregoing resolution, being Resolution No. 12-089 was duly and regularly adopted by said Council at a regular meeting duly and regularly held on the 4th day of September, 2012, and that the same was passed and adopted by the following vote:

AYES: COUNCIL MEMBERS: Mayor Dear, Ruiz-Raber, Santarina, Gipson and Davis-Holmes

NOES: COUNCIL MEMBERS: None ABSTAIN: COUNCIL MEMBERS: None ABSENT: COUNCIL MEMBERS: None

City Clerk Donesia L. Gause, CMC

