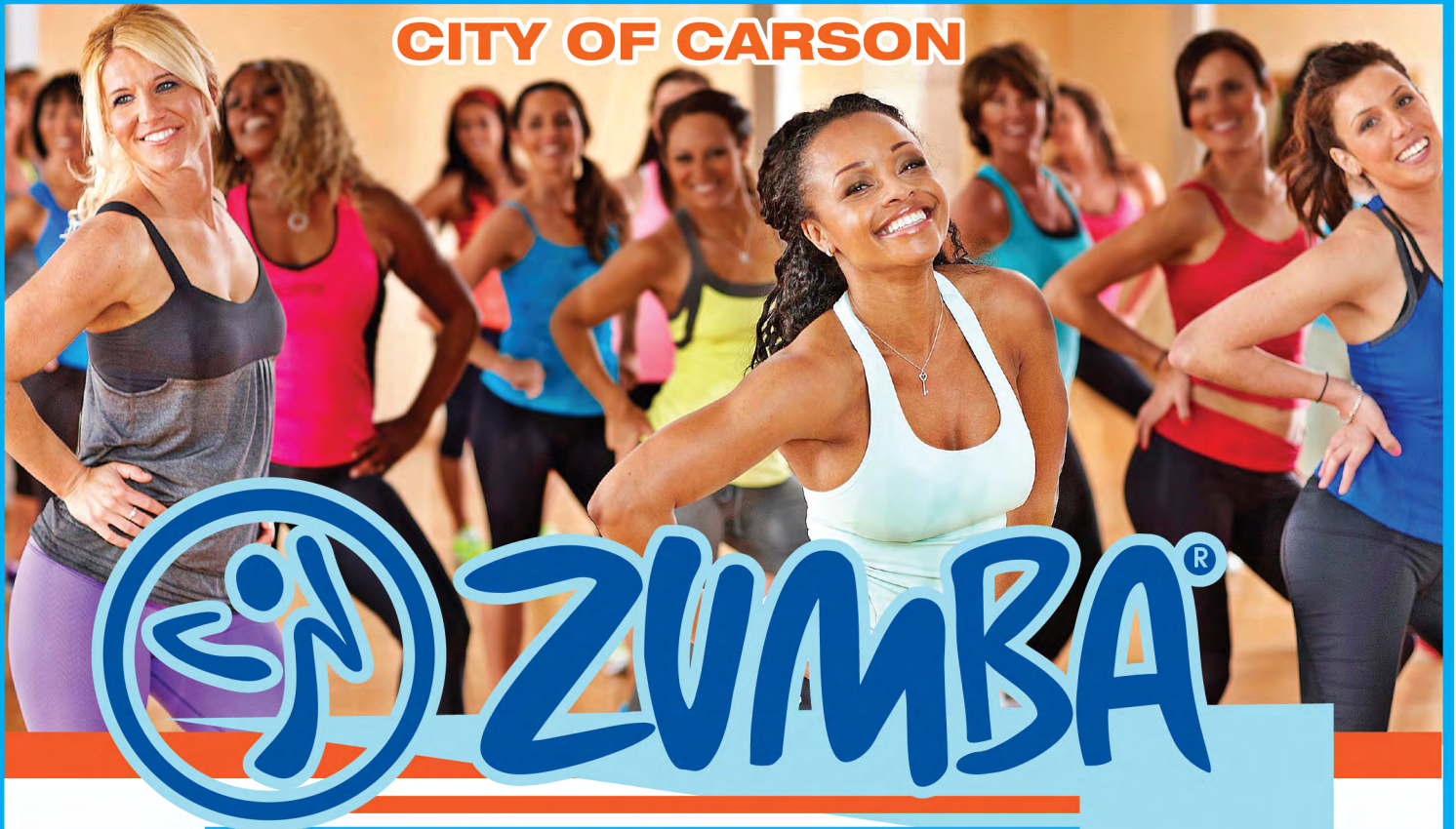


CITY OF CARSON



Mondays & Wednesdays
6:15 P.M. - 7:15 P.M.

Zumba® Class is designed to bring people together to sweat it out by mixing low-intensity moves for an interval-style, calorie-burning dance fitness party. A total workout, combining all the elements of fitness; cardio, muscle conditioning, balance and flexibility, boosted energy, and a serious dose of awesome each time you leave class.

\$36 for 6 Classes
\$60 for 12 Classes
\$90 for 20 Classes

Carson Park

21411 Orrick Ave
Carson, CA 90745

For more information,
please call (310) 952-1782.

Women & Men
Ages 18 & Up

