



# Future UNLIMITED

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## A NOTE FROM THE CITY MANAGER SHARON L. LANDERS

Faced with the coronavirus pandemic, we are truly together in this unprecedented time. As hard as it might be the longer this goes on, we all need to do our part to prevent the spread of the virus. This means continuing to take personal responsibility for following health protocols including wearing a face mask in public, distancing 6 feet and limiting face-to-face interactions to under 15 minutes with anyone outside your household. I am happy to say that the rate of our residents testing positive has fallen below that of most of our neighboring cities. Almost 20% of our residents have been tested at the US Health Fairs location adjacent to City Hall. Of those who tested positive during one week in August, as many as 13% were asymptomatic. If they had not taken the initiative to get tested, these residents would not have known to quarantine and would have been unknowingly spreading the virus. I am proud to say that our community has stepped up to the plate and is taking responsibility to prevent the spread of COVID-19.

The City has implemented many measures focused on our residents and our small businesses to assure that our community's needs are addressed during this health emergency. The emergency funds available to pay for these initiatives are distributed by the Federal government and State based upon population. One of the ways Carson residents can ensure that the community has adequate resources and gets its fair share of

Federal and State funds that are population-based is to be counted in the Census. The Census count is every ten years. Being counted in the Census means our residents will have equal representation at all levels of government where population is a factor and provides access to funds for our community for vital programs and services in education, housing, healthcare, transportation and so much more for the next 10 years. Only 71% of our Carson residents have responded to the 2020 Census. Help us get to 100% to ensure that Carson receives the funding and representation it deserves. Simply log onto [my2020census.gov](http://my2020census.gov) BEFORE September 30, 2020 when the Census Count ends. We need ALL our community members to be counted. Carson counts!

I also want to let you know that you will have the opportunity to determine during the November 3, 2020 election whether the Transaction and Use Tax (Sales Tax) in Carson should be raised from 9.50% to the maximum allowable by State law of 10.25%. The City of Carson currently receives 1% of the 9.5% collected. That 1% is expected to generate \$23.2 million for the Fiscal Year 2020-2021, which is \$1.4 million below the Fiscal Year 2019-2020 forecast because of impacts from the pandemic. Sales tax is the City of Carson's primary revenue source at 28% of total General Fund resources. To stay within the maximum rate of 10.25%, there is only 0.75% remaining available for Carson to increase its sales tax revenue from sales generated within the City's boundaries. If a sales tax at the rate of 0.75% is approved by the voters (equivalent to adding ¼ of a penny for every dollar spent), the revenues collected will be deposited in the City's General Fund for City services and programs for its residents instead of other taxing jurisdictions like the County of Los Angeles potentially

garnering those funds. An increase of the sales tax from 9.5% to 10.25% (adding ¼ of a penny) would generate an additional estimated \$11.9 million to the City's total annual revenue (See page 11).

Other important information is related to the upcoming November election is that on August 4, 2020, the City Council adopted an ordinance changing Carson Municipal Elections from At-Large to District-Based Voting for City Council members. The Ordinance adopts a District Map for the City with four districts. All City Council members in office will continue until the expiration of the at-large term to which they were elected. City Council Districts one (1) and three (3) will be on the November 3, 2020 ballot (See page 12 for the map).

Finally, let me end by urging caution as we monitor the Coronavirus (COVID-19) situation and ask that you be prepared to adapt in the coming days as we navigate any new information or circumstances. Please continue to follow the CDC guidelines for you, your family, and others to keep everyone safe during this time. I understand the fatigue and the stress that this pandemic has caused for many. Our citizens have shown enormous resilience and determination during these extraordinary times. I know that you are all ready to be productive and to support our community and local businesses in any way you can. The generosity demonstrated to support those on the front line, as well as businesses and individuals who have been affected by this pandemic has inspired me. Thank you for all that you have done and what I know you will do to help the City of Carson recover. Together, our FUTURE IS TRULY UNLIMITED.

### ELECTED OFFICIALS

Mayor  
Albert Robles

Mayor Pro Tem  
Jim Dear

Councilmember  
Lula Davis-Holmes

Councilmember  
Jawane Hiltton

Councilmember  
Cedric L. Hicks, Sr.

City Clerk  
Donesia Gause-Aldana

City Treasurer  
Monica Cooper

### CITY MANAGEMENT

City Manager  
Sharon L. Landers

Assistant City Manager/  
Economic Development  
John Raymond

Assistant City Manager/  
Administrative Services  
David Roberts

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#### Published by the City of Carson,

**Public Information Office**  
to provide those who live and work here with information about the city's programs, services, and issues. All questions, comments, and contributing information should be directed to the City of Carson's Public Information Office.

#### Address:

701 E. Carson St.  
Carson, CA 90745  
Tel: (310) 952-1740  
Fax: (310) 549-1466

#### E-mail:

[mrevilla@carson.ca.us](mailto:mrevilla@carson.ca.us)

#### Website:

<http://ci.carson.ca.us>

## HELP CARSON REACH 100%

### CENSUS DATA COLLECTION END DATE: SEPTEMBER 30, 2020

Each Carson resident that completes the 2020 Census brings home approximately \$1,000 in federal funding per year. The data collected determines how federal funds will flow into our community. This is \$10,000 over the next decade for health care, education, and more. Complete the Census and spread the word. Currently the response from Carson residents is 68.2%. You can help Carson reach 100% Complete the Census today.



**ONLINE:** [My2020Census.Gov](http://My2020Census.Gov) **BY PHONE:** English: 844-330-2020 • Spanish: 844-468-2020  
Tagalog: 844-478-2020 • Vietnamese: 844-461-2020

**BY MAIL:** You can mail back the paper questionnaire sent to your home



The future is in your hands.

United States®  
**Census  
2020**

# CAPTAIN'S CORNER BY CAPTAIN JASON SKEEN

## WELLNESS AND FITNESS

In the midst of the COVID-19 pandemic, we are all making lifestyle adjustments. Keeping the mind and body active during this tumultuous time is important. Although the parks in our city are not open for sporting practices or events, they are open for certain recreational activities such as walking or running. Please remember to be mindful of others and maintain social distancing.

## 4<sup>th</sup> OF JULY FIREWORKS

We loved seeing Carson residents celebrate the holiday as safely as possible. Illegal fireworks can be dangerous, pose fire hazards, and can cause serious injury. Over eighty illegal firework citations were written this summer to combat the use and sale of illegal fireworks.

## COVID-19 SCAMMERS

Due to the public health crisis we are facing, please be cognizant of scammers impersonating COVID-19 contact tracers. These opportunistic scammers are using telephone calls, electronic mail, and links in text messages regarding fabricated COVID-19 cases. Please remember you will never be required to give your social security number, financial information or immigration status for legitimate COVID-19 contact tracing.

## CHANGING FACE TO CARSON STATION

You may have noticed the construction surrounding Carson Sheriff's Station. The Station was originally built in 1974, and was in dire need of a facelift. We anticipate construction to be completed by December 2020. Our Station personnel take great pride in serving the Carson community and we cannot wait for our newly renovated station to be complete!

## BE ON THE LOOKOUT FOR PORCH PIRATES

With an increase in online shopping, and delivery services, we have seen a rise in package thefts. Here are some tips for preventing package thefts:

- **Require a signature with delivery**
- **Have packages delivered to your workplace if possible**
- **Coordinate with your neighbors**
- **Sign up for delivery alerts**
- **Use the option to have packages delivered to a secure locker**

If you see something, say something! Feel free to call our station's non emergent line to report activity.

**For more information, please contact  
Deputy Aime Valdez**

LA County Sheriff's Department- Carson Station  
Main: (310) 830-1123 | Direct: (310) 847-4019  
Email: a1valdez@lasd.org



## HOLIDAY SHOPPING? DON'T BECOME A VICTIM!

Vehicle thefts are more frequent during the holiday season. With the holiday season approaching, please remember these tips as you do your shopping:

- Always lock your vehicle
- Do not leave shopping bags or items in view
- Try leaving items locked in your trunk
- Park in well-lit areas
- Always check your surroundings

**Emergencies 9-1-1**

**Calls for Service (310) 830-1123**

**Watch Commander (310) 830-1123**

**Community Relations (310) 847-8386**

**Visit our website at [www.carson.lasd.org](http://www.carson.lasd.org)**

## ARE YOU READY FOR TUESDAY, NOVEMBER 3, 2020?

There are several recommended options for returning a Vote by Mail ballot during any election:



### Return by mail.

Must be postmarked by Election Day. No postage required.

### Drop-off at a Vote by Mail Ballot Drop-Off Location.

List of drop-off locations available at [LAvote.net](http://LAvote.net) prior to each election.

### Drop-off at any Vote Center leading up to and on Election Day.

List of Vote Centers available at [LAvote.net](http://LAvote.net) prior to each election.

### Signature Verification

Verification Voters must sign the eligibility oath and date the VBM return envelope before submitting their ballot. Every signature is verified before the ballot is cleared for counting. If a signature is missing or if the signature does not match the one on file, the County will notify the impacted voter to allow the voter an opportunity to provide a valid signature. Drop-off at a Vote by Mail Ballot Drop-Off Location. List of drop-off locations available at [LAvote.net](http://LAvote.net) prior to each election.

Voters are advised that they are responsible for how their Vote by Mail (VBM) ballots are returned and with whom they entrust their ballots. The Los Angeles County Registrar-Recorder/County Clerk recommends returning a ballot to either a mailbox, official drop box, or ballot box.

Voters who cannot return their VBM ballot can designate any person to return their ballot as long as there is no compensation involved for that individual, group or organization returning the ballot.

**For more information, visit [LAvote.net](http://LAvote.net)**



**CITY OF CARSON**  
**COVID-19**  
**TESTING SITE**  
**DRIVE-THRU TESTING CENTER**

Monday-Thursday • 8:00 a.m. - 4:30 p.m.  
 Congresswoman Juanita Millender-McDonald Community Center at Carson  
 801 E. Carson Street, Carson, CA 90745

For more information or to schedule an appointment,  
 please visit <https://ushealthfairs.org/carson-testing/>  
 or call (310) 952-1719.

Looking for test results? Text your name and the  
 words "test results" to (805) 357-5577.



**CITY OF CARSON COVID-19**

**DISASTER SMALL BUSINESS LOAN PROGRAM**

The City of Carson is assisting eligible Carson businesses with emergency loans of up to \$10,000. The California Community Economic Development Association (CCEDA) is assisting with this process. The CCEDA is also a clearinghouse for other sources of funding including but not limited to EIDL and PACE. Many of the loans or grants are forgivable.



Please call the California Community Economic Development Association  
 at **(213) 348-7504** for assistance, or visit **carson.cceda.com**.

**ATTENTION BUSINESS OWNERS:**

**EXTEND YOUR DINING & RETAIL OPERATIONS OUTDOORS**

**WHAT YOU NEED TO DO**

- Apply online or by mail
- Contact your insurance company
- Obtain a Temporary Use/Encroachment Permit from the City (fees waived)

For more information  
 please call or email:  
 (310) 952-1700 ext. 1365  
[planning@carson.ca.us](mailto:planning@carson.ca.us)



<http://ci.carson.ca.us/communitydevelopment/openapp.aspx>

**TRANSPORTATION ACCESS PARATRANSIT & DIAL-A-RIDE PROGRAM**

**ACCESS PARATRANSIT:** ACCESS is a shared-ride service for individuals with disabilities, provided by the County of Los Angeles. The service extends to Los Angeles County and beyond. For more information about this program and to apply, please call (800) 827-0829 or visit: <http://accessla.org/home/>.

**DIAL-A-RIDE PROGRAM :** The Carson Dial-A-Ride (DAR) Program is designed to allow seniors and adults with disabilities to maintain their independence by providing convenient and affordable transportation. For Dial-A-Ride participants, we strongly recommend making online payments at this time in order to lessen travel and exposure. Online payments for Dial-A-Ride can be made here <https://payment.carson.ca.us/transportationonline/dialaride.asp>

**EMERGENCY RENTAL ASSISTANCE PROGRAM**

This program is federally funded. It's available to Carson renters financially impacted by COVID-19 to assist with rent payments.

Visit [http://ci.carson.ca.us/CommunityDevelopment/housing\\_cdbg.aspx](http://ci.carson.ca.us/CommunityDevelopment/housing_cdbg.aspx)  
 for Program Checklist and Application

Program Assistance Hotline: (310) 233-4829

CITY OF CARSON: 701 E. Carson Street, Carson, CA 90745



**Has Airplane Noise Impacted You?**

Have you noticed an increase of aircraft flights over your home?

We need your help to examine the noise impacts of aircraft over Carson.

Call the LB Airport Hotline at **(562) 570-2665**



# AVOID & REPORT COVID-19 SCAMS



**Avoid Scams:** Public Health contact tracers will **NEVER** ask you for your Social Security Number and bank account number.

- **COVID-19 fraud:** call National Center for Disaster Fraud Hotline at 866-720-5721 or email [disaster@leo.gov](mailto:disaster@leo.gov)
- **Medicare fraud:** call 800-HHS-TIPS (1-800-447-8477) or immediately report it online.
- **Private-sector health care fraud:** contact the FBI's Internet Crime Complaint Center.
- **Identity theft:** contact the Federal Trade Commission's Complaint Assistant.

AARP's Fraud Watch Network can help you spot and avoid scams. Sign up for free "watchdog alerts," review the scam-tracking map, or call the toll-free fraud helpline at 877-908-3360 if you or a loved one suspect you've been a victim.



## WIC PROVIDES HEALTHY FOOD AND SUPPORT SERVICES TO FAMILIES

If you're pregnant or a caretaker of a child under age five and your income has been affected by recent events, you may qualify for WIC. See income guidelines at [phfewic.org](http://phfewic.org)/apply. Applying is easy and you will receive your food benefits within a few days. Apply online at [www.phfewic.org](http://www.phfewic.org)/apply, or text **APPLY** to **91997**



@phfewic

## WIC Farmers' Market Nutrition Program

The WIC Farmers' Market Nutrition Program (FMNP) provides one booklet of four \$7 checks (\$28 total) to eligible recipients for use at WIC-authorized Farmers' Markets and Farm/Roadside Stands between May and November of each year.

**Text: 91997 • [www.phfewic.org](http://www.phfewic.org)**

## ARE YOU FACING EVICTION OR FORECLOSURE?

**Temporary Eviction Moratorium** On July 21, 2020, the Board of Supervisors voted to extend the temporary eviction moratorium through September 30, 2020. Additional extensions may be reviewed and approved on a month-by-month basis by the Board. For the latest information on Temporary Eviction Moratorium visit [dcba.lacounty.gov/noevictions](http://dcba.lacounty.gov/noevictions).

**Need Help?** Call for free help: (833) 223-RENT (7368). You can reach a counselor Monday through Friday, 8:30 a.m. to 5:30 p.m. They can help you make a payment arrangement.

**For Property Owners Impacted by COVID-19** Property owners impacted by COVID-19 may be eligible for temporary relief. Whether your loan is owned by the government, a national or state charter bank, or private institution, you may be eligible to reduce or delay payments for up to 12 months. This type of arrangement is called a Forbearance Plan/Agreement. Please contact the Los Angeles County Disaster Help Center at (833) 238-4450, to assist you with inquiring about your eligibility or other foreclosure avoidance options.



## MOSQUITOS



Most mosquito infestations can occur in people's own backyards and patios, areas where vector control cannot easily inspect. The invasive Aedes mosquitoes have the potential to transmit debilitating viruses. These diseases have not been transmitted locally. However, if a person with the virus spends time in an area where these mosquitoes are found, there is an increased chance of an outbreak occurring in Los Angeles County. Many people visiting known Zika outbreak locations in the U.S. are capable of returning to L.A. County infected, and may not even know it.

**How to Find & Eliminate Them in the Yard, Inside Your Home or Office** Get rid of standing water. These mosquitoes can live and complete their life cycle indoors or outdoors, wherever standing water can be found. They can complete their life cycle in about a week.



## Report Coyote Sightings

Did you know you can report coyote sightings on the City's website? It's easy! Complete the form online to assist with the proper tracking of coyote sightings. Your personal information will not be published.

## Be Careful When Walking Your Dogs

If coyotes are seen in your neighborhood, let them know they're not welcome. Make loud noises, throw objects at them, or spray them with a garden hose.

If you and your pets are approached by an aggressive coyote, pick up your pet or keep it on a short leash, and try to frighten the coyote by shouting in a loud deep voice. Wave your arms to make yourself appear larger. Do not turn your back on a coyote. For everyone's safety, it is essential that coyotes retain their natural wariness of humans.



# WHO DO I CONTACT?

## BUSINESS RESOURCES

For questions or concerns about City of Carson businesses that remain open, or that are operating outdoors, please call (310) 830-7600 ext.1320.

## CITY HALL SERVICES

Please contact (310) 830-7600.

## CJMM COMMUNITY CENTER AT CARSON

Mr. Adrian Reynosa, Community Center Manager, at (310) 835-0212 ext. 1771.

**COVID-19** questions, concerns, test appointments and/or results call (310) 952-1719 or contact U.S. Health Fairs directly at ushealthfairs.org

## EARLY CHILDHOOD EDUCATION PROGRAM

Please call (310) 952-1782.

**EMERGENCY CITY PROGRAMS** including **Grab-and-Go** and **COVID-19 TESTING** contact (310) 830-7600

## HEALTH AND SOCIAL SERVICES RESOURCES

in L.A. County please call 211.

**MEALS ON WHEELS-** To set up or cancel delivery service, please call (310) 602-4909.

**PARK REGULATIONS** please contact (310) 847-3570.

## PARK RESERVATIONS

Park/facility bookings, please contact (310) 847-3570.

## REFUNDS

Questions about a sports/park refund please contact jdeguzman@carson.ca.us

## STREET SWEEPING CITATIONS

Call Code Enforcement (310) 830-7600 ext. 1786.

**TRANSPORTATION:** please contact Mr. Jason Jo, Transportation Services Supervisor, at jjo@carson.ca.us.

**Access Paratransit:** Call (800) 827-0829 or visit <http://acesla.org/home>. **Dial-A-Ride Program:** Call (310) 952-1757. Online payments for Dial-A-Ride can be made here <https://payment.carson.ca.us/transportationonline/dialaride.asp>

**UNEMPLOYMENT INSURANCE APPLICATIONS OR PAYMENTS** Please visit [edd.ca.gov](http://edd.ca.gov).

## VETERANS SPORTS COMPLEX

Rules, regulations, plans for re-opening and/or membership status updates, please call (310) 830-9991.

# FOOD DISTRIBUTION

## Carson Grab and Go

Sponsored by The Lighthouse

Free drive-through lunch distribution Monday-Thursday at 11:00 a.m. (while supplies last) in the east parking lot of the Carson Community Center.

## LAUSD Grab & Go food distribution centers

for all ages are located at Banning High School, Curtiss Middle School, Rancho Dominguez Preparatory School, and Stephen White Middle School.

**Monday - Friday** • 8:00 a.m. – 11:00 a.m.  
For more information visit [www.lausd.net](http://www.lausd.net)

## YMCA Meals on Wheels:

Seniors age 60+ can call (310) 602-4909

## DMV GIVES 1-YEAR EXTENSION TO SENIOR DRIVERS WITH EXPIRING LICENSES



**Licenses for drivers 70 and older that expire March - December 2020 now valid until 2021**

<https://www.dmv.ca.gov/portal/news-and-media/dmv-gives-1-year-extension-to-senior-drivers-with-expiring-licenses/>

# MEETINGS, PROGRAMS & RESOURCES

## CARSON CITY COUNCIL MEETINGS:

1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of the month at 5:00 p.m.  
<http://ci.carson.ca.us/LiveBroadcast.aspx>

## LA County COVID-19 Updates - Virtual Briefing:

Mondays at 1:00 p.m.

## WATCH LIVE:

Facebook at [facebook.com/CountyofLA](https://facebook.com/CountyofLA)

YouTube at [youtube.com/CountyofLosAngelesNewsroom](https://youtube.com/CountyofLosAngelesNewsroom)

Twitter at [twitter.com/CountyofLA](https://twitter.com/CountyofLA)

Members of the public can listen in

by telephone: (888) 664-1451

## 64<sup>TH</sup> DISTRICT ASSEMBLY

<https://a64.asmdc.org/ad64-covid-19-web-portal>

## 44<sup>TH</sup> CONGRESSIONAL DISTRICT

<https://barragan.house.gov/coronavirus/>

## Virtual Job Fairs

<https://barragan.house.gov/virtual-jobs-fair/>

## LA COUNTY BOARD OF SUPERVISORS 2<sup>ND</sup> DISTRICT

<https://ridley-thomas.lacounty.gov/index.php/covid-19/>

## DEPARTMENT OF HEALTH CARE SERVICES

<https://www.dhcs.ca.gov/services/ltr/Pages/programofall-inclusivcarefortheelderly.aspx>

## NATIONAL PACE ASSOCIATION

<https://www.npaonline.org/>

## DEPARTMENT OF HEALTH CARE SERVICES –

**PACE Organizations** (Service Areas and Zip Codes).

<https://www.dhcs.ca.gov/individuals/Pages/PACEPlans.aspx>

## GRANDPAD

<https://player.vimeo.com/video/234593525?autoplay=0&title=0&byline=0&portrait=0&badge=0>

## INDEPENDENCE AT HOME- home based services for

Seniors <https://independenceathome.org/our-services>

## DPSS RESOURCES

**MEDICAL, CALWORKS, CALFRESH, AND GENERAL RELIEF**

[https://www.yourbenefits.laclrs.org/ybn/Index.html?utm\\_content=&utm\\_medium=email&utm\\_name=&utm\\_source=govdelivery&utm\\_term=](https://www.yourbenefits.laclrs.org/ybn/Index.html?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=)

## CONSUMER PROTECTION/PRICE GOUGING REPORTING

<https://dcbalacounty.gov/>

## HOMELESSNESS

In case of an emergency, please call 911, for immediate assistance.

## Project Roomkey

<https://covid19.lacounty.gov/project-roomkey/>

## DOMESTIC VIOLENCE

For domestic violence assistance, please call Domestic Violence Safety Plan Hotline 1-800-978-3600

## MENTAL HEALTH EMERGENCY

In case of a mental health emergency please call National Suicide Prevention Lifeline and Veterans Crisis Hotline 1-800-273-8255

## NEED SHELTER?

If you are a family seeking shelter please call 211. Please visit [LA-HOP.org](http://LA-HOP.org) to make an outreach request or if you are seeking assistance in obtaining services.

## HYGIENE STATIONS IN LA COUNTY

<https://www.lahsa.org/documents?id=4340-handwashing-station-list>

## HOME INTERNET

You may qualify for affordable home internet. To determine which internet providers serves your area visit [www.everyoneon.org/cef](http://www.everyoneon.org/cef).

# VIRTUAL VETERANS SPORTS COMPLEX

## CLASSES ARE FOR VSC MEMBERS ONLY

Members will need their own equipment to participate  
(Hula Hoop, mats and weights)

### Mel's Mash Up

**Days:** Monday & Friday Time: 8:15 a.m.-9:15 a.m.

**Instructor:** Melody Carter

**Class Description:** Participants of this class will use different resistance modalities to improve muscular endurance and strength. Proper technique and postural alignment are emphasized to ensure a safe workout session.

### Beginning/Intermediate Cardio Salsa

**Days:** Tuesday & Thursday · Time: 8:15 a.m.-9:15 a.m.

**Instructor:** Michael Hall

**Class Description:** Learn to Salsa dance while getting a great cardio workout! This class is designed to introduce basic Salsa dance to participants that are new to Salsa classes. Various dance techniques such as proper footwork, spins, combinations and social pattern dancing will be taught. Partners are not necessary!

### Zumba

**Days:** Thursday · Time: 5:30 p.m.- 6:30 p.m.

**Instructor:** Shawn Eure

**Class Description:** Zumba® class is designed to bring people together to sweat it on by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

### Muscle Conditioning

**Days:** Monday · Time: 5:30 p.m.-6:30 p.m.

**Instructor:** Sue Quedado

**Class Description:** Participants of this class will use different resistance modalities to improve muscular endurance and strength. Proper technique and postural alignment are emphasized to ensure a safe workout session.

### T.B.A. (Thighs, Bottoms & Abs)

**Days:** Wednesday · Time: 8:15 a.m.-9:15 a.m.

**Instructor:** Melody Carter

**Class Description:** Muscle conditioning and strength training that primarily targets the lower body. The workouts vary with each class, keeping the muscle groups continually guessing, forcing them to work at their highest capacity, creating the most effective and efficient workouts in order to attain the best results overall.

### Hula Hoop Fitness

**Days:** Wednesday

**Time:** 5:30 p.m.- 6:30 p.m.

**Instructor:** Sue Quedado

**Class Description:** A holistic exercise program that blends cardio hooping and strength training with high intensity interval training based on elements of pilates, yoga, and ballet barre. The FXP Hula Hoop® is precisely sized and weighted to help users shed pounds, lose inches from their waistline, and sculpt their entire body, all while smiling.



### Yoga

**Days:** Saturday

**Time:** 8:15 a.m.- 9:15 a.m.

**Instructor:** Sue Quedado

**Class Description:** Learn to balance and restore your mind and body. In this class, you will learn basic yoga postures, breathing techniques, proper posture, and stretching.

## PROTECT YOURSELF FROM COVID-19

Stop the spread of germs that can make you and others sick!



### FACE COVERING REQUIRED

Face coverings are required for everyone older than 2 years of age.



### PRACTICE SOCIAL DISTANCING

Provide space of at least 6 feet at all times during your visit.



### WASH YOUR HANDS REGULARLY

Wash your hands for at least 20 seconds and use hand sanitizer with at least 60% alcohol when washing is not possible.



### DO NOT GATHER IN GROUPS

Head outdoors with members of your household only.



**STAY HOME IF YOU ARE EXPERIENCING SYMPTOMS OF RESPIRATORY ILLNESS, INCLUDING FEVER OR COUGH**

*We are excited to present virtual classes. Changes in times, dates, and technological difficulties may occur. We appreciate your patience as we are all navigating together.*

## ENRICHMENT: VIRTUAL CLASSES

For Enrichment classes please call (310) 847-3570.

### Class schedule:

September 28, 2020 – November 20, 2020

Registration: August 24 at

Calas Park and Stevenson Park

### Guitar

Mr. Nic

Mon/Wed 5:00 p.m. - 5:30 p.m. \$48 Res / \$58 Non-Res

Guitar not provided Ages 7-17

Capacity 8 / Minimum Capacity 5

### Piano

Mr. Nic

Mon/Wed 6:00 p.m. - 6:30 p.m. \$65 Res / \$75 Non-Res

Piano not provided Ages 7-17

Capacity 6 / Minimum Capacity 4

### Folklorico 101

Ms. Karen

Fri 5:00 p.m. - 5:45 p.m. Res \$25 / \$35 Non-Res

Ages 5-8

Capacity 15 / Minimum Capacity 8

### Lyrical Dance

Ms. Aiyana

Tue/Thu 5:00 p.m. - 5:45 p.m. Res \$38 / \$48 Non-Res

Ages 9-14

Capacity 10 / Minimum Capacity 5

## ENRICHMENT: IN-PERSON CLASSES

### Teen Glee Club (Voice) (Call for location)

Ms. NeiCe

Mon/Wed 4:00 p.m. - 4:45 p.m. Res \$36 / Non-Res \$46

Ages 13-17 Capacity 10 / Minimum Capacity 6

### Teen Glee Club (Voice) (Call for location)

Ms. NeiCe

Mon/Wed 5:00 p.m. - 5:45 p.m. Res \$36 / Non-Res \$46

Ages 3-17 Capacity 10 / Minimum Capacity 6

### Voice (Call for location)

Ms. NeiCe

Tue/Thu 4:00 p.m. - 4:45 p.m. Res \$36 / Non-Res \$46

Ages 6-12 Capacity 10 / Minimum Capacity 6

### Voice (Call for location)

Ms. NeiCe

Tue/Thu 5:00 p.m. - 5:45 p.m. Res \$36 / Non-Res \$46

Ages 6-12 Capacity 10 / Minimum Capacity 6

*We are excited to present virtual classes. Changes in times, dates, and technological difficulties may occur. We appreciate your patience as we are all navigating together.*

## PREVENTION AND AFTERCARE

### Family Coaching

Do you or someone in your family need a little guidance in setting goals? Do you need assistance finding resources to help your family? You can work with a family coach to learn how to plan, prioritize and reach your goals, access important services and explore ways to strengthen your family bonds.

Call to inquire or be put on an interest list regarding these classes: Crafty Club, Yoga, Zumba and Garden Cleanup

ALL CLASSES FREE. For more information, please contact Jenice Deguzman at (310) 847-3584.

For Human Services programs please call (310) 952-1782.

## SENIOR RECREATION AND SPECIAL INTEREST

We are currently working on virtual options for some of your favorite classes and activities. Please stay tuned as we determine the safest and most efficient way to offer these programs remotely.

## STROKE CENTER

Due to the pandemic, the Stroke Center is closed indefinitely. The safety of our survivors, caregivers, and staff members is of the utmost importance at this time. We will be in touch if we develop any virtual options for our members. In the meantime, please stay safe and know that we are thinking about you!



## THERAPEUTIC RECREATION

While we aren't able to offer in-person services at this time, we would like to encourage you and your family members to get involved with some of the virtual programs taking place this Fall. Here are some resources for you to explore until we reopen.

Special Olympics of Southern California (SOSC) Virtual Fall Season Healthy Lifestyle Challenge:

[www.sosc.org/hlc](http://www.sosc.org/hlc)

The Help Group Kids Like Me Virtual Camps and Classes:

[www.kidslkemela.org](http://www.kidslkemela.org)

Virtual Field Trips:

[www.adventuresinfamilyhood.com](http://www.adventuresinfamilyhood.com)

## ZOOM WITH SANTA!

Invite Santa into your home through the magic of Zoom! Parents can schedule a 10-minute private Zoom meeting with Santa for only \$20. Please call (310) 952-1782 x 1478 for more details.



# AQUATICS

## Aquatics – Fall 2020

Monday, August 24, 2020 to Thursday, October 29, 2020

### Hemingway Aquatic Center

16605 San Pedro Steet, Carson, CA 90746  
(310) 324-2515 • hac@carson.ca.us

Days	Time	Family Swim	Lap Swim
Monday-Thursday	2:00 p.m. – 3:00 p.m.	✓	✓
	3:20 p.m. – 4:20 p.m.	✓	✓
	4:40 p.m. – 5:40 p.m.	✓	✓
	6:00 p.m. – 7:00 p.m.	✓	✓

### Foisia Pool

21436 South Catskill Avenue, Carson, CA 90745  
(310) 549-9051 • foisiapl@carson.ca.us

Days	Time	Swim Conditioning	Lap Swim
Monday-Thursday	2:00 p.m. – 3:00 p.m.	✓	✓
	3:20 p.m. – 4:20 p.m.	✓	✓
	4:40 p.m. – 5:40 p.m.	✓	✓
	6:00 p.m. – 7:00 p.m.	✓	✓



**Call the pool of your choice to reserve a section today!**

### Family Swim

A family living in the same household can enjoy some fun in the sun in their own reserved section in the pool. A maximum of 8 people in each section only.

**Dates:** August 24 – October 29, 2020

**Days:** Monday – Thursday

**Age:** 6 months and above

**Length of Time:** 1 hour per session per day

**Prerequisite:** Must all live in the same household.

Children under 7 years old must be accompanied by a parent or guardian at all times.

**Fee:** \$1 per person per session per day

### Lap Swim

Water fitness through lap swimming is available for individuals interested in continuous swimming. One person per lane only.

**Dates:** August 24 – October 29, 2020

**Days:** Monday – Thursday

**Age:** 18 years and above

**Length of Time:** 1 hour per session per day

**Prerequisite:** Swimming Skill of Level 3 and above

**Fee:** \$4 per person per session per day

### Swim Conditioning

Advanced swimmers have an opportunity to improve their swimming skills and build their endurance. One person per lane only.

**Dates:** August 24 – October 29, 2020

**Days:** Monday – Thursday

**Length of Time:** 1 hour per session

**Age:** 5 years and above

**Prerequisite:** Swimming Skill of Level 3 and above

**Fee:** \$160 for 10 weeks

### New Pool User Requirements:

- Pool users must have a reservation prior to arrival (call the pool of your choice during pool hours listed above)
- Face coverings must be worn at all times (except in the water)
- Temperature Checks are completed at the door (a temperature of above 100.4 cannot enter)
- Waiver Forms must be reviewed in its entirety, signed, and submitted for all users
- Each family swim section must only contain members living in the same household (no exceptions)
- Those who are not entering the water must remain outside the pool facility



## Congratulations to the Class of 2020

# EARLY CHILDHOOD EDUCATION DRIVE THRU GRADUATION

As the world began to change, the teachers, parents, and students of the Early Childhood Education (ECE) Program adapted. The first step was an adjustment to the curriculum. Early Childhood staff members created homework packets and arranged for parents to drive through and pick them up. Teachers who stayed home during the closure created innovative ways to stay in touch with students and keep their spirits high. Some of the teachers created and delivered enrichment packets with worksheets, art supplies, and play-dough. The teachers incorporated virtual teaching by creating Instagram profiles and Zoom classrooms geared toward learning at home. Activities included art, story times, and yoga. All ECE educators have continued to communicate with students via text and FaceTime, giving everyone needed social connection during the Safer At Home order.

Teachers planned a parade to give graduates a send-off to remember. The gift bags contained backpacks filled with kindergarten readiness supplies, small toys, and memory books with pictures and artwork from their time in the classroom. It was a difficult transition but through the dedication and volunteerism of the staff, the ECE community is thriving. Parents were asked, "How have you or your child benefited from the City of Carson's Early Childhood Education Program?"

### *Here are their responses:*

"My child made great bonds and lifelong memories during his time at the City of Carson's Early Childhood Program. The things he learned far exceeded the classroom. I have watched my child grow in ways he wouldn't have without the program."

**Shannon F., Parent of 2020 Graduate**

"The City of Carson Early Childhood Program has benefitted my son in a way that he can be social with peers, and learn fundamentals like the alphabet and counting. It prepared him for traditional school and kindergarten. I feel confident that my son will be more prepared and successful going into kindergarten academically and socially."

**Marie P., Parent of 2020 Graduate**

"We have watched our daughter really grow into her own

with the help and guidance of the amazing teachers at ECE. She's always so excited to show us her new-found ability to write her letters, read her sight words, show us her crafts, practice her performance numbers with us, among so many other things that really make any parent proud. The learning environment at ECE has truly gotten our little one started on the right foot."

**Ria V., Parent of 2020 Graduate**

"We are happy parents! The Early Childhood Education Program helped our 3 kids to develop their ability to learn and to socialize with other kids. It was a good decision for us to bring our kids here. They have the best program in the City. While kids are learning, at the same time they are having so much fun with excellent teachers and staff. It's been the best experience for 6 years!"

**Ralph & Sharon S., Parents of multiple graduates**

"We have truly benefited from the ECE program in more ways than one. Not only did it help our daughter, Olivia, get ready academically for what is to come, but it allowed her to work on her social skills. She absolutely loved all of her teachers as did we, but it also provided a safe and trusted place for her to be until we were off of work. Thank you so much for everything you did for her and us!"

**Jessica P., Parent of 2020 Graduate**

"The City of Carson's Early Childhood Education Program provided my son with the necessary building blocks to not only transition to kindergarten, but to be able to excel in kindergarten. The entire staff and administrators are friendly, approachable, and compassionate about educating our youth! My family looks forward to continuing the tradition and enrolling our next toddler in the program. Thank you, City of Carson Early Childhood Program!"

**Katrina B., Parent of 2020 Graduate**

"My daughter greatly benefited from the program because it targeted the whole child. She grew a lot socially and academically. The program sets a great foundation for the children to be lifelong learners and to have a love for learning. Thank you for everything you have done for Arianna!"

You are amazing teachers! She misses school dearly."

**Diana O., Parent of 2020 Graduate**

"We both have benefited. She grew and developed in such a short amount of time with you guys. Jaidee learned how to write, she gained friends, and she learned how to be open and more receptive to learning new things. She enjoys hands on activities, she likes playing with other kids, and she actually misses going to school. She misses her friends and teachers. You did a good job, and for sure I'm going to enroll my little one when she's ready!"

**Jairus & Paul C., Parents of 2020 Graduate**

"My son before Carson's Early Childhood Education Program was quiet and reserved. I was so happy when he started school. I immediately saw a change in him that I didn't see before. Being with other kids his age pushed him to explore, play, and learn more than what he had learned being at home. His teachers were amazing, kind, and patient with all their students. Thanks to this program, my son is enthusiastic about school and learning."

**Christina V., Parent of 2020 Graduate**

"The Early Childhood Education program provided my daughter with a positive environment that allowed her to develop socially and emotionally. The teachers have set a solid academic foundation that will ensure she is ready for school. As a parent I will be forever grateful for the exceptional care my child was given while in the program."

**Dorothy G., Parent of 2020 Graduate**

"My son Emanuel Moreno was very shy and not comfortable with other people before going to this school. He was not very social and open, but thanks to the teachers and staff at this school, he was able to open up and not be as shy. As a parent it benefits me a lot knowing that he was in a school that is filled with very professional teachers who cared for him and his safety. Thank you!"

**Norma M., Parent of 2020 Graduate**

# CARSON VOTERS WILL CONSIDER A GENERAL SALES TAX OF 3/4 OF A PENNY IN UPCOMING NOVEMBER 3<sup>rd</sup> ELECTION

An increase of the general sales tax from 9.5% to 10.25% could generate an additional estimated \$11.9 million to the City's total annual revenue.



**CURRENT SALES TAX:**  
**9.5%**

**PROPOSED SALES TAX:**  
**10.25%**

**ESTIMATED INCREASED REVENUE:**  
**\$11.9 MILLION**



The revenues collected from the proposed general sales tax, if passed, could be used to restore, protect and enhance the following City of Carson services:

- Public safety, natural disaster/public health emergency preparedness
- 9-1-1 Emergency Response
- Local Drinking Water/Environment Protection
- Local Small Business Assistance/ Job Retention
- Street/Pothole Repair
- Other general City Services

**POSTMASTER**

Public Information Office—Carson  
701 E. Carson Street  
Carson, CA 90745

To Residential Customer

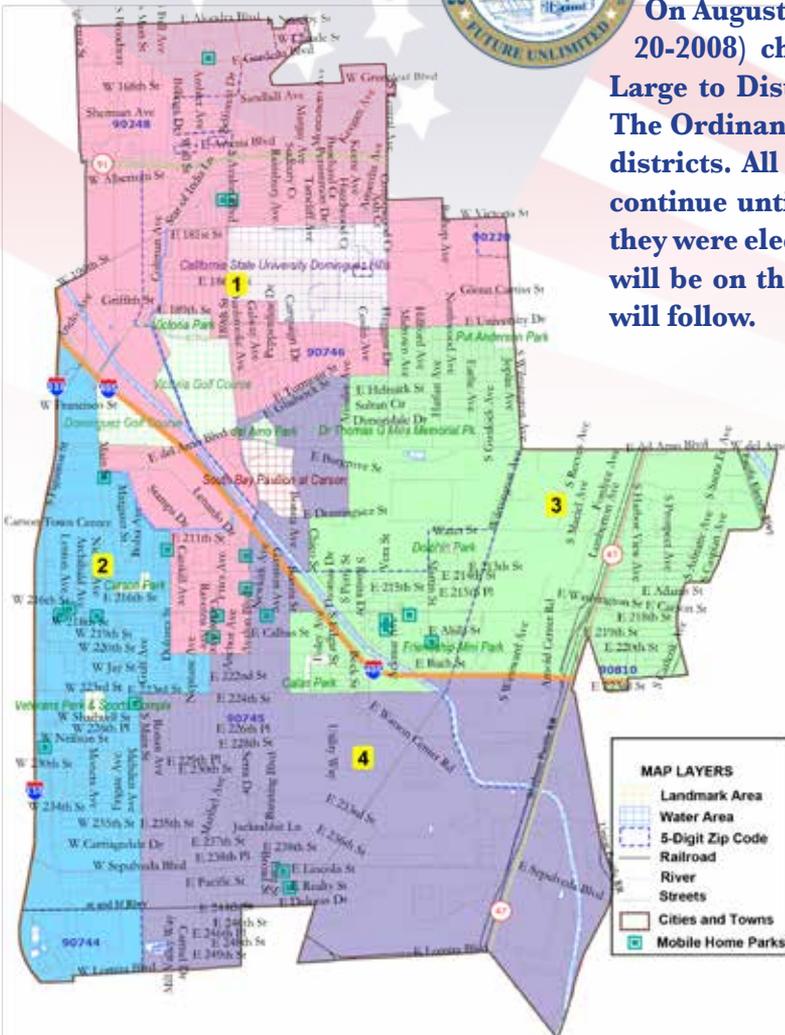
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EGRWSS

# CITY OF CARSON OFFICE OF THE CITY CLERK

## ELECTION NEWS



On August 4, 2020 City Council adopted Ordinance (Ord. 20-2008) changing Carson Municipal Elections from At-Large to District-Based Voting for City Council Members. The Ordinance adopts a District Map for the City with four districts. All City Council members currently in office will continue until the expiration of the at-large term to which they were elected. City Council Districts one (1) and three (3) will be on the November 3, 2020 Ballot. More information will follow.



**ELECTION 2020:**  
Mayor\*  
District 1  
District 3

**ELECTION 2022:**  
District 2  
District 4  
City Clerk\*  
City Treasurer\*

\* Mayor, City Clerk and City Treasurer remain at-large

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*with Carson*



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**WEBSITE:** <http://ci.carson.ca.us/>

Our world and the way we do things is changing daily. For up to date information and new programs please visit our City website and follow us on Facebook and Instagram.