



City of Carson COVID-19 Update

Monday, November 16, 2020

To help keep the community informed, the City of Carson is providing COVID-19 (coronavirus) news updates related to health, safety recommendations, and informational links to meet the needs of the community and protect public health.

The coronavirus outbreak began in China and has since spread across the globe with the first case reported in the U.S. by the CDC in January 2020. COVID-19 is commonly spread among people who are in contact with an infected person. Some people who are infected may not exhibit symptoms but can still spread the virus according to Public Health Experts. Although less common, COVID-19 can also spread through a person's contact with coronavirus contaminated objects and surfaces where respiratory droplets have landed and then touching their own mouth, nose, or eyes.

Transmissions can overall be significantly reduced if everyone always wears a face covering securely over their nose and mouth, maintains six feet distance from anyone outside of their household, washes their hands regularly, and stays home as much as possible. People are also urged to avoid public gatherings where people are in close proximity, unable to remain six feet apart, cheering and shouting, especially without face coverings. If you are even mildly sick or think you were exposed to someone with COVID-19, stay home and away from others, and consider being tested for the virus.

The above recommendations are essential to prevent you from unintentionally spreading COVID-19 to other people.

PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.

COVID-19 CASES

(Cases and Deaths Numbers May Vary Depending on Time of Day)

11/16/2020	CASES	DEATHS
CARSON	2,263	66
West Carson/Unincorp.	515	41
County of Los Angeles	339,570	7,269
California	1,035,981	18,265
United States	11,116,640	249,730
Global	54,529,316	1,319,342

John Hopkins University & Medicine Coronavirus Resource Center

<https://coronavirus.jhu.edu/map.html>

State of California Coronavirus Statewide Update

<https://update.covid19.ca.gov/>

County of Los Angeles Public Health

<http://publichealth.lacounty.gov/media/Coronavirus/locations.htm>

- **COVID-19 Testing in Carson and The County of Los Angeles:**
 - Carson Community Center: To make an appointment, please log on to: <https://ushealthfairs.org/carsonform/>
 - Los Angeles County: For locations and appointments, please log on to: <https://covid19.lacounty.gov/testing/>

- **Thanksgiving Dinner Edition Of Carson Essentials To Go Program Is Currently Accepting Orders Until Monday, November 23** for delivery by Carson staff prior to Thanksgiving Day. With the support of sponsors, this low cost food delivery program is being offered by the City Of Carson intended to support all Carson residents’ “Safer at Home” efforts during the COVID-19 Pandemic including seniors, residents with disabilities, those with underlying health conditions as well as all Carson families. For more information, details and ordering instructions of the packages offered please go to: https://drive.google.com/file/d/1nHYbi0WP2p1O3jtcNznU_06kg-pQaind/view

- **U.S. COVID-19 Cases Cross 11-Million-Mark On Sunday As The Third Wave Of COVID-19 Infections Surged Across The Country.** According to Reuters, data shows the pace has quickened with one million new cases within 8 days making it the fastest since the pandemic began comparing to 1 million record high of 10 days prior to this, and 1 million in 16 previously. The latest 7-day average reports show more than 144,000 daily cases and 1,120 daily deaths, the highest for any country in the world. The Midwest remains the hardest-hit region based on the most cases per capita with North Dakota, South Dakota, Wisconsin, Iowa and Nebraska the top five worst-affected U.S. states. To read the Reuters November 16 News Report, please go to: <https://www.reuters.com/article/uk-health-coronavirus-usa-records-idUKKBN27V0SV>

- **California, Oregon & Washington Issue Travel Advisories Recommending 14-Day Quarantines For Inter-State And International Travel** to encourage Californians to stay local in light of the rising COVID-19 cases and avoid nonessential travel within the state, to other states, and to other countries. Essential travel as defined by the advisory is: for work and study, critical infrastructure support, economic services and supply chains, health, immediate medical care and safety and security. To view the Travel Advisories from:
 - Office of Governor Gavin Newsom November 13 Travel Advisory, please go to: <https://www.gov.ca.gov/2020/11/13/california-oregon-washington-issue-travel-advisories/>
 - California Department of Public Health Travel Advisory, please go to: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Travel-Advisory.aspx>

- **California Will Halt Re-Opening Plans And Put Most Of The State Under The Strictest Set Of Rules** that keep most schools closed, halt indoor worship and force most indoor business to close or operate at significantly reduced capacity and also considering a curfew on business hours while strengthening mask requirements outside homes with limited exceptions, This latest action, which takes effect Tuesday, will put 41 of the state's 58 counties in the strictest of the four-tier system for reopening that is based on virus cases and infection rates. To view the Office of Governor Newsom November 16 Announcement, please go to: <https://www.gov.ca.gov/2020/11/16/governor-newsom-announces-new-immediate-actions-to-curb-covid-19-transmission/?fbclid=IwAR0VAm2LIS7TA4kBd8KQpOErVo5eo8ucdmRgEwtfxH5H3CQ0ftFV0rtRXr4>

- **California Faces New Wave Of Restrictions And Business Limitations Amid Coronavirus Surge** while attempting to balance the necessity of combating the latest COVID-19 cases spike with the desire to minimize further closures of businesses is currently under review by state and county officials. Gatherings and travel are of most concern this Thanksgiving holiday so a state travel advisory was issued Friday while officials clarified that it is not a ban or restriction, it is to encourage avoiding nonessential travel. If travel is unavoidable, to self-quarantine for 14 days upon re-entry as well as visiting travelers. A limited businesses hours curfew for restaurants and bars similar to New York’s beginning at 10



p.m. allowing only takeout orders after that is being considered by county officials, among other ideas, to avoid a repeat of the California lockdown. Telephone or video calls are recommended as the safest way to connect with extended friends and family while keeping in-person guests among only the members of your household. To view the Los Angeles Times November 16 News Report, please go to: <https://www.latimes.com/california/story/2020-11-16/covid-19-spike-california-new-rules>

- **An Updated Guidance For Face Coverings Which Mandates That A Face Covering Is Required At All Times When Outside Of The Home** with some exceptions was released superseding the June 18, 2020 Guidance. To view the State of California Health and Human Services Agency California Department of Public Health November 16 Face Coverings Guidance, please go to: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx>
- **Pfizer and Moderna’s Covid-19 Vaccine Is 94.5% Effective At Protecting People From Covid-19** according to early results but is awaiting more complete safety data late November. Distribution could begin in December if the shot proves safe and FDA authorizes it, though it would take well into 2021 for most people to get access. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, said that a high efficacy rate vaccine means it could be an effective tool to help end the pandemic. To read the Wall Street Journal November 16 News Report, please go to: <https://www.wsj.com/articles/modernas-covid-19-vaccine-when-could-it-be-ready-and-everything-else-you-need-to-know-11605548631>
- **Farmer John Meatpacking Plant In Vernon, CA Has Been Assessed More Than \$58,000 In Safety Violations Fines** by Cal/Osha for hundreds of COVID-19 cases that state officials say exposed more than 300 workers to COVID-19 infections between May and November, including three who were hospitalized without being reported, also adding that inspections revealed the company “failed to consider at least 303 COVID-19 illnesses of its own employees and contract employees. Meatpacking and poultry processing plants across the country where employees work in close proximity have been a hotbed for infections since the coronavirus breakout began. To view the AP News November 16 News Report, please go to: <https://apnews.com/article/los-angeles-california-coronavirus-pandemic-2003d6961f3e784a53fb264d601f48d2>
- **Small Business Assistance Grant Program Continues To Be Available with Funding Now Increased to Up To \$30,000 for Carson Businesses** that have suffered adverse impacts due to the COVID-19 pandemic. For more information, qualification requirements and instructions on how to apply, please go to: http://ci.carson.ca.us/content/files/pdfs/housing/SBGrant/SmallBusinessAssistance-ERA_101320.pdf
- **Emergency Rental Assistance Program Continues To Be Available With Funding Now Increased To Up To \$10,000 For Carson Residents** who have suffered adverse economic impacts due to the COVID-19 pandemic through job loss, furloughs or reduction of work hours or pay. For more information, qualifications requirements and instructions on how to apply, please go to: <http://ci.carson.ca.us/content/files/pdfs/housing/rental/Emergency%20Rental%20Assistance%20Fact%20Sheet.pdf>
- **A Carson City Council Regular Meeting is Scheduled for Tuesday, November 17 at 5:00 p.m.**
 - The meeting will be livestreamed on Cable Spectrum Channel 35 and AT&T Channel 99.
 - For public participation during “public comment”, please go to: <http://ci.carson.ca.us/publiccomments.aspx>
 - To view current and previous Agendas, Videos and Minutes, please go to: <https://carson.legistar.com/Calendar.aspx>



- **Department of Public Social Services (DPSS)** offers assistance to residents for Medi-Cal health insurance, CalFresh food assistance, CalWORKs cash assistance for families, and General Relief cash assistance. They also offer many other social service programs such as to individuals who are experiencing homelessness, domestic violence, substance use disorders as well as others. For more information, please go to: <https://dpss.lacounty.gov/en.html>
- **Meal Programs** and assistance for residents continue in Carson, including for seniors and the homebound.
 - **Carson Essentials to GO** – Grocery Package Purchase - delivered: (310) 952-1765
 - **Free Meal Pick-Up** for those in need, Mon. - Thurs. at 11:00 a.m. : (310) 952-1750
 - **Meals on Wheels** YMCA Program for seniors age 60 and up: (310) 602-4909
 - **Grab & Go City on the Hill Church** for children and seniors (310) 740-9363
 - **Everytable:** Homemade meals delivery subscription: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619
 - **Grab & Go Food Centers**, please log on to:
 - <https://achieve.lausd.net/resources>
 - **Los Angeles Regional Food Bank** for all in need: (323) 234-3030
 - <https://www.lafoodbank.org/coronavirus/>
 - <https://www.lafoodbank.org/wp-content/uploads/Food-Resource-Guide-2-sided.pdf>
 - **County of Los Angeles Food Resources**
 - <https://covid19.lacounty.gov/food/>
 - **WIC** (Women, Infants and Children) is a health program that provides food vouchers to low income families with children 5 years old and under. For more information, please call 1-888-WIC-WORKS or go to:
 - <https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx>
 - **CalFresh** is the Supplemental Nutrition Assistance Program (SNAP) that provides financial assistance low-income families. For more information, please call (877) 847-3663 or go to: <https://www.cdss.ca.gov/inforesources/calfresh>

If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated

due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us, please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to:

<https://covid19.ca.gov/resources-for-emotional-support-and-well-being/>

- **24-hour Suicide Prevention Lifeline:** [800-273-8255](tel:800-273-8255) or text [838255](tel:838255)
- **24-hour Domestic Violence Hotline:** [800-799-7233](tel:800-799-7233) or click [Chat Now](#)

- **Call 911** if you or the person you are helping is in immediate danger.

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by washing your hands often; clean and disinfect surfaces on a regular basis; stay a safe distance from one another; stay home if you are ill; avoid others who are who are ill; cover coughs and sneezes; wear face masks if you are ill. If you are experiencing high fever, along with dry cough and fatigue, call your health provider so they can provide you with professional advice and recommendations. Those with underlying health conditions, the elderly and those who are pregnant should consider calling sooner, as soon as feeling ill.

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