



Community Services Guide June • July • August 2018

SUMMER



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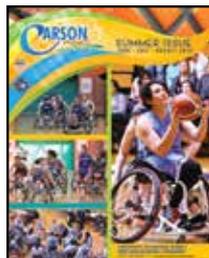
All Fees Are Subject To Change

The Congresswoman Juanita Millender-McDonald Community Center may be referred to as the Carson Community Center or community center on listings for events, programs and activities being held there.

The Community Services Guide is published quarterly by the City of Carson's Public Information Office to inform residents about leisure time activities provided by the city. For general information about Recreation & Human Services Programs, call (310) 847-3570. For general information about Transportation Services and the Congresswoman Juanita Millender-McDonald Community Center, call (310) 835-0212.



Welcome to the Summer issue of the Community Services Guide and Carson Report flip-book!



On this side of the publication, you will find information on various leisure time activities, classes, excursions and upcoming events for every member of the family.

On its flip side, you will find the latest news about Carson and up-to-date information on current events in our community as we put the spotlight on City projects and a variety of important local issues.

You can also read us online at:

ci.carson.ca.us/CityManager/csguide.aspx

A MESSAGE FROM THE Director of Community Services

Welcome to the summer edition of the City of Carson's Community Services Guide!

As the days lengthen, the school year comes to a close, and vacations are scheduled, consider including the many programs and services offered by the Community Services Department in your plans. The multitudes of activities we are presenting this summer are sure to make this the best season yet for the Carson Community!

Interested in taking up swimming? Carson is fortunate to have two, full-sized pools and two aquatic centers for residents to enjoy. We offer a variety of classes, from tiny tots to senior citizens. Classes fill up quickly, so we highly encourage early registration. All information regarding classes and free swim dates is located in the Aquatics section of this guide, or on our website at ci.carson.ca.us.

Did you know you can rent our parks for parties or social events? Picnic shelters, meeting rooms, basketball courts, baseball fields, pools, and aquatic centers are available for private use. Equipment such as canopies, tables, chairs, and even a popcorn machine are also available for rent. Please contact the Reservations Office at (310) 847-3574 for all the details.

The summer season also bring forward one of our busiest seasons at our park facilities with the summer day camp program. Our day camps are offered at 13 various facilities and offer programs for children ages 5 - 13. The program is based off weekly themes and includes various physical activities, excursions, arts and crafts educational activities as well as fun! The program also offers different drop off and pick up times to help accommodate the working citizens of Carson. For more information, please contact your local park or call the day camp office at (310) 847-3570.

Our year-long celebration of the City's 50th Anniversary continues with the Philippine Independence Day Celebration, Juneteenth Celebration, 4th of July Community Friendship Day, and Treasure Island Day at the Dominguez Aquatic Center. These events are a wonderful way to spend an afternoon with friends and family.

Happy 40th Birthday to the Fabela Chavez Boxing Center! Located at Scott Park, the Boxing Center has hosted many professional, amateurs, coaches, and fighters throughout the years. To help celebrate this momentous occasion, we are pleased to present the always popular, "Saturday Night at the Fights/ Boxing Dinner Show" on August 18, 2018. The event will feature both amateur fights and professional exhibition bouts, not to mention various professional fighters as well as celebrity guests. For more information on this program or the Boxing Center, please contact (310) 830-6439.

As we continue to work toward serving the Carson community better, we value and welcome any comments or suggestions you may have or email cyfront@carson.ca.us.

Have an incredible summer, and remember that parks make life better!

Idris Jassim Al-Oboudi
Director of Community Services

Special Events

June

Philippine Independence Day

Veterans Park
Saturday, June 9
8:00 a.m. - 6:00 p.m.

Juneteenth Celebration

Mills Park
Saturday, June 16
11:00 a.m. - 6:00 p.m.

July

4th of July Community Friendship Day

Carson Park
Sunday, July 1
11:00 a.m. - 3:00 p.m.

Treasure Island Day

Dominguez Aquatic Center
Saturday, July 14
12:00 p.m. - 2:00 p.m.
& 3:00 p.m. - 5:00 p.m.

August

Fabela Chavez Boxing Center Presents:

Saturday Night at the Fights

Carson Event Center
Saturday, August 18
6:00 p.m. - 12:00 a.m.

September

Hispanic Heritage Month

Dominguez Park
Saturday, September 15
Noon - 5:00 p.m.



Carson EVENT CENTER

Space, value and location



801 E. Carson St, Carson, CA 90745 | www.carsoncenter.com | (310) 835-0212



Welcome on behalf of the Carson Event Services Team. Thinking of hosting a baby shower, wedding reception or graduation party? It's that time of the year to start planning. Let us assist you with all your logistical needs for your event. We have planning experience to exceed your expectations. The team knows all the ins and outs to make your event a complete success and we pride ourselves on exceptional customer service from the start to end of your event. We truly love what we do so share your dream with us so we can help make it a memorable reality for all that attend. Onsite catering is offered exclusively through Choura Venue Services.

We look forward to seeing you and know that your event will be a great experience to remember.

FULL SERVICE CATERERS

Choura
VENUE SERVICES



www.facebook.com/carsonctr/ www.instagram.com/carson_center/ www.yelp.com/biz/carson-center-carson

RESERVATIONS

The Reservations Office business hours are Monday - Thursday, 7:30 a.m. - 5:00 p.m.

Call us at (310) 847-3570 or fax at (310) 830-7683. We are located at the Recreation and Human Services Office at the Corporate Yard, 2400 E. Dominguez St., Carson, CA 90810. * Max Capacity



ANDERSON PARK

Amenities: Activity Room (*75), 2 Basketball Courts, 4 Tennis Courts, 3 Picnic Shelter Areas, Recreation Room (*30), and Amphitheatre



CALAS PARK

Amenities: Activity Room (*60), 2 Tennis Courts, 1 Basketball Court, 1 Baseball Field, Recreation Room (*30), and 3 Picnic Shelter Areas



CARRIAGE CREST PARK

Amenities: Activity Room (*60), 1 Basketball Court, 1 Baseball Field, 1 Practice Field, and 2 Picnic Shelter Areas



CARSON PARK

Amenities: Activity Room (*120), 2 Baseball Fields, Swimming Pool, Gymnasium, Fitness Center, Dance Room, 2 Basketball Courts, Multi-Purpose Room (*30), 3 Picnic Shelter Areas, and Splash Pad



DEL AMO PARK

Amenities: Activity Room (*75), 2 Basketball Courts, 2 Multi-Purpose Rooms (*30), 2 Baseball Fields, and 1 Picnic Area



DOLPHIN PARK

Amenities: Activity Room (*75), 2 Baseball Fields, 1 Basketball Court, 1 Multi-Purpose Room (*30), and 4 Picnic Grass Areas

POOLS

CARSON POOL



- 6 lanes - 25 yard pool with a half meter diving board
- Shallow part of the pool begins at 2.5 feet and the deepest part of the pool is 10 feet deep
- Max Capacity: 200 people

DOMINGUEZ AQUATIC CENTER



- 2 pools
- Main activity pool has 5 lanes with two shallow ends at 3.5 feet with a middle section at 9 feet deep. East end has 3 feet deep Catch Pool for the 3 Waterslides
- Second pool is the Kiddie Pool with a zero-depth entry to 2.5 feet depth along with spray feature.
- Max Capacity: 200 people

HEMINGWAY AQUATIC CENTER



- 3 pools
- Main Activity Pool has 6 lanes - 25 yard pool with a ¾ meter diving board. Shallow end of pool is 3.5 feet with the deepest part at 10 feet deep.
- Second pool is the Catch Pool - Exit pool for the two high curving water slides.
- Third pool has a zero-depth entry to a 2.5 depth with spray features.
- Max Capacity: 200 people

SCOTT POOL



- Single 7 lanes - 25 meter pool with a ¾ meter diving board.
- Shallow end begins at 3 feet with the deepest part of pool at 10 feet deep.
- Max Capacity: 200 people



DOMINGUEZ PARK

Amenities: Activity Room (*75), 2 Tennis Courts, Aquatic Center, 1 Basketball Court, Picnic Areas, 1 Baseball Field, and 1 Practice Field



HEMINGWAY PARK

Amenities: Activity Room (*75), Aquatic Center, 2 Tennis Courts, 3 Picnic Areas, 1 Basketball Court, 1 Baseball Field, Recreation Room (*30), and 1 Practice Field



MILLS PARK

Amenities: Activity Room (*75), 2 Play Areas, 1 Basketball Court, Recreation Room (*25) and 3 Picnic Areas



SCOTT PARK

Amenities: Activity Room (*75), 2 Basketball Courts, Gymnasium, Boxing Center, 2 Baseball Fields, 2 Tennis Courts, Recreation Room (*30), Picnic Areas, and Swimming Pool



STEVENSON PARK

Amenities: Activity Room (*60), 2 Baseball Fields, 2 Tennis Courts, 2 Play Areas, Recreation Room (*25), 2 Basketball Courts, Gymnasium, Fitness Center, and 3 Picnic Shelter



VETERANS PARK

Amenities: Activity Room (*75), 2 Baseball Fields, Recreation Room (*30), Picnic Area, Skate Park, 2 Tennis Courts, Basketball Courts, and Amphitheatre



VETERANS SPORTSCOMPLEX

Amenities: Meeting Rooms (*75), 1 NBA Regulation-Size Basketball Court, 1 Basketball Court/Multi-Purpose Court, Fitness Center, and Racquetball Courts. Please note reservations for this facility can only be made in person at the Veterans SportsComplex

MAKE A RESERVATION

Stop by in person:

Location:

Corporate Yard
2400 E. Dominguez St.
Carson, CA 90810

Hours:

Monday-Thursday
7:30 a.m. - 5 p.m.



IMPORTANT INFORMATION

- Reservations can only be made in-person at the Reservations Office. Please note that reservations or holds cannot be made over the phone. Outdoor Reservations require full payment on the day of booking.
- You can either make payments in person at the Reservations Office or online at <https://payment.carson.ca.us/recreationonline/index.asp>
- Acceptable Payments: Money Orders/Cashier's Checks (Make Payable to City of Carson), Credit/Debit Card (Visa and Mastercard accepted)
- Reservations are taken three (3) months in advance. To cancel a reservation date, please contact us fourteen (14) working days prior to the date of the reservation in order to receive a refund. Cancellations in the final 48 hours may be subject to a cancellation charge of 50%. No refunds will be given for cancellations the day of the event. Cancellation is subject to a \$50 processing fee.

VETERANS SPORTSCOMPLEX

Summer means sunshine and good workout



22400 Moneta Avenue, Carson, CA 90745
(310) 830-9992

MEMBERSHIP RATES

Annual Membership	Registration		New Member		Renewal	
	Resident	Non-Resident	Resident	Non-Resident	Resident	Non-Resident
Individual	\$36	\$48	\$281	\$330	\$211	\$248
Youth/Senior Citizen	\$24	\$36	\$169	\$198	\$127	\$149
Family	\$60	\$72	\$426	\$502	\$319	\$377

30-day Memberships	Registration		New Member		Renewal	
	Resident	Non-Resident	Resident	Non-Resident	Resident	Non-Resident
Individual						
Youth/Senior Citizen	\$12	\$24	\$41	\$53	\$30	\$42
Family	\$6	\$18	\$30	\$42	\$24	\$36
	\$18	\$30	\$72	\$84	\$54	\$66

Daily Guest Rates

Individual	6 a.m. - 3 p.m.		3 p.m. - close	
	Resident	Non-Resident	Resident	Non-Resident
	\$6	\$7	\$12	\$24

10% Discount for Veterans
All Fees Are Subject To Change



HOURS OF OPERATION

Facility

Monday-Thursday
6 a.m. - 9 p.m.

Friday
6 a.m. - 5 p.m.

Saturday
7 a.m. - 5 p.m.

Sunday - Closed

Business

Monday-Thursday
8 a.m. - 8 p.m.

Friday
8 a.m. - 5 p.m.

Saturday
8 a.m. - 1 p.m.

Sunday - Closed

VETERANS SPORTSCOMPLEX



Promotion: July 2 - July 7, 2018
Our best special is back!
 Celebrate the 4th of July for an entire week with this incredible special!
 For all types of membership
ALL AGES WELCOME

Island Summer Night

Members Mixer

FREE

FRIDAY, JULY 13, 2018
5:00 P.M. - 8:00 P.M.

Invite your family and friends for a fun night of games, music, raffle, prizes and awesome island food!
It's our way of saying "thank you" to all our members.



2018
ROCKIN' FITNESS FOR KIDS
FREE
Mondays & Wednesdays • 5:00 P.M. - 6:00 P.M.
 Our Rockin' Fitness Fun program engages, educates, and empowers kids ages 6-12 to adopt a healthy lifestyle that includes regular physical activity and good nutrition. The program includes (but is not limited to) obstacle courses, relay races, resistance training, weight bearing exercises, nutrition information, and exercises to help with motor skills and movement. We also motivate kids to be active and eat healthy with playtime activities such as basketball, volleyball, dodge ball, ping pong and hula hoop.



4 Months - \$60

Promotion:
August 1 - August 30, 2018
 We'll add an extra month to your membership when you sign up in August



Parks Make Life Better!

Veterans SportsComplex

22400 Moneta Avenue, Carson, CA 90745 • (310) 830-9991

Recreation and Human Services



<http://recreation.carson.ca.us> • Like us on facebook! CITY OF CARSON PARKS AND RECREATION

AQUATICS

SUMMER 2018 AQUATICS PROGRAM

• • • Like us on Facebook! CITY OF CARSON PARKS AND RECREATION SERVICES • • •

***NOTE: ALL HEMINGWAY AQUATIC CENTER PROGRAMMING WILL BEGIN ON JULY 9, 2018**

... RECREATION.CARSON.CA.US/AQUATICS • AQUATICS OFFICE (310) 816-9381 • AQUATICS@CARSON.CA.US ...

AQUATIC LOCATIONS

CARSON POOL
(310) 830-1053
21436 S. MAIN STREET
CARSON, CA 90745

SCOTT POOL
(310) 549-9051
23410 CATSKILL AVENUE
CARSON, CA 90745

DOMINGUEZ AQUATIC CENTER
(310) 830-2391
21330 SANTA FE AVENUE
CARSON, CA 90810

HEMINGWAY AQUATIC CENTER
(310) 324-2515
16605 S. SAN PEDRO STREET
CARSON, CA 90746

21st Annual Treasure Island • July 14, 2018

DOMINGUEZ AQUATIC CENTER

SESSION 1: 12:00 P.M. – 2:00 P.M.

SESSION 2: 3:00 P.M. – 5:00 P.M.

FEE PER PERSON PER SESSION:

\$6 RESIDENTS

\$9 NON-RESIDENTS



SWIM LESSON DATES

MONDAY / WEDNESDAY / FRIDAY (6 classes)

Session 1: June 11 – June 22, 2018
Session 2: June 25 – July 6, 2018
Session 3: July 9 – July 20, 2018
Session 4: July 23 – August 3, 2018

TUESDAY / THURSDAY (4 classes)

Session 1: June 12 – June 21, 2018
Session 2: June 26 – July 5, 2018
Session 3: July 10 – July 19, 2018
Session 4: July 24 – August 2, 2018

MONDAY – FRIDAY (5 classes)

Session 5: August 6 – 10, 2018

SATURDAY (5 classes)

Session 1: June 9 – July 7, 2018
Session 2: July 21 – August 18, 2018

Lesson Fees Per Session (50 minutes each)

Mon/Wed/Fri (6 classes)	Adult	1st Child	2nd Child	3rd Child
Resident	\$60	\$55	\$52	\$49
Non-Resident	\$90	\$83	\$78	\$74
Tues/Thurs (4 classes)	Adult	1st Child	2nd Child	3rd Child
Resident	\$47	\$42	\$40	\$38
Non-Resident	\$71	\$63	\$60	\$57
Mon-Fri or Sat (5 classes)	Adult	1st Child	2nd Child	3rd Child
Resident	\$53	\$48	\$46	\$44
Non-Resident	\$80	\$72	\$69	\$66

PRIVATE SWIM LESSON FEES:

(4 classes)	Private Lesson	Semi-Private
Resident	\$150	\$225
Non-Resident	\$225	\$338

NOTE: Private Lessons are limited to instructor availability and pool space. All Private Lessons must be approved by the site specific supervisor.

Swim Lesson Levels

CLASSES:		NAME	LEVEL
6 mos. – 3 yrs.	TT	Tiny Tot [^]	Parent & Child
3 – 4 yrs.	TP	Tadpole	1 – Beginner
	SF	Starfish	2
	SQ	Squid	3
	PO	Polliwog	1 – Beginner
	AP	Adv. Polliwog	2
	M	Minnow	3
5 – 15 yrs.	F	Fish	4
	FF	Flying Fish	5
	SH	Shark	6
15 yrs. & up	AD	Adult	1 – 3
	PL	Private Lesson	1 – 6

[^]TT – Tiny Tot classes are only 40 minutes each class

NOTE: ALL FEES AND SCHEDULES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

SUMMER 2018 AQUATICS PROGRAM

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SWIMMING LESSON SCHEDULES

	Carson Pool Mon/Wed/Fri	Carson Pool Tues/Thurs	Carson Pool Saturday	Scott Pool Mon/Wed/Fri	Scott Pool Tues/Thurs
8:00 a.m.	AA/LS	AA/LS	—	—	—
9:00 a.m.	PO, AP, M	Private Lessons	PO, AP, M	TP/SF, PO	TP/SF, PO, M
10:00 a.m.	TP/SF, PO, AP	PO, AP, M	TP/SF, PO, AP	PO, AP	PO, AP, F/FF
11:00 a.m.	TT^, PO, AP	SF/SQ, PO, AP	TT^, SF/SQ, M	SF/SQ, PO	SF/SQ, PO, AP
12:00 p.m.	Private Lessons	TT^, PO, M	TP, PO, AP	TT^, TP	Private Lessons
3:00 p.m.	TT^, PO, AP	PO, AP, M		Private Lessons	Private Lessons
4:00 p.m.	TP/SF, PO, AP	TT^, TP, AP		Private Lessons	Private Lessons
5:00 p.m.	SF/SQ, PO, AP	PO, AP, M			
6:00 p.m.	TP/SF, M, AD	SF/SQ, PO, AP			



	Dominguez Aquatic Center Mon/Wed/Fri	Dominguez Aquatic Center Tues/Thurs	Dominguez Aquatic Center Saturday	*Hemingway Aquatic Center Mon/Wed/Fri	*Hemingway Aquatic Center Tues/Thurs
8:00 a.m.	—	—	Therapeutic Recreation	AA/LS, AD	AA/LS, AD
9:00 a.m.	PO, AP, M	AA/LS, AD	Therapeutic Recreation	PO, AP, M	TP, PO, FF/SH
10:00 a.m.	PO, AP, F	PO, AP, FF/SH	10:30 a.m.: PO, AP, M	SF/SQ, PO, F/FF	PO, AP, M
11:00 a.m.	TT, TP, M	PO, AP, M	11:30 a.m.: TT, PO, AP	TT, TP/SF, M	TT, TP/SF, M
12:00 p.m.	TP/SF, PO, AP	Private Lessons	12:30 p.m.: TP/SF, PO, AP	Private Lessons	Private Lessons
3:00 p.m.	TP/SF, PO, AP	TT, SF/SQ, PO		PO, AP, F	TT, TP/SF, M
4:00 p.m.	PO, AP, M	PO, AP, AD		TT, TP/SF, M	PO, AP, F
5:00 p.m.	Private Lessons	Private Lessons		SF/SQ, PO, AP	PO, AP, M
6:00 p.m.	Private Lessons	Private Lessons		TP, PO, FF/SH	TP, M, AD



AQUATICS

SUMMER 2018 AQUATICS PROGRAM

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AQUA AEROBICS & LAP SWIM

Carson Pool MWF, 7:50 a.m.-8:50 a.m. T/Th, 7:00 p.m.-8:00 p.m.	Scott Pool M/W, 7:00 p.m.-8:00 p.m.	Dominguez Aquatic Center T/Th, 8:50 a.m.-9:50 a.m.	*Hemingway Aquatic Center T/Th, 7:50 a.m.-8:50 a.m. T/Th, 7:00 p.m.-8:00 p.m.
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Aqua Aerobic Fees: \$6 Resident & \$6 Non-Resident / Lap Swim Fees: \$4 Resident & \$6 Non-Resident

SENIOR AQUA AEROBICS

Carson Pool T/Th, 7:50 a.m.-8:50 a.m.	*Hemingway Aquatic Center MWF, 7:50 a.m.-8:50 a.m.
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Senior Aqua Aerobic Fees: \$4 Resident & \$6 Non-Resident / Lap Swim Fees: \$4 Resident & \$6 Non-Resident

FUTURE LIFEGUARDS

Mini Guards		JUNIOR LIFEGUARDS	
Scott Pool T/Th, 3:00 p.m.-4:50 p.m.	Dominguez Aquatic Center T/Th, 5:00 p.m.-6:50 p.m.	Scott Pool MWF, 3:00 p.m.-4:50 p.m.	Dominguez Aquatic Center MWF, 5:00 p.m.-6:50 p.m.
Fees: \$160 Resident & \$240 Non-Resident		Fees: \$200 Resident & \$300 Non-Resident	

RECREATION SWIM

Note: All Pools are closed on Tuesday and Thursday's for noon Recreation Swim and on July 14, 2018.

Carson Pool Sat, 1:15 p.m. - 2:45 p.m. MWF, 1:15 p.m.-2:45 p.m. MWF, 7:15 p.m.-8:45 p.m.	Scott Pool MWF, 1:15 p.m.-2:45 p.m. T/Th, 7:00 p.m.-8:45 p.m.	Dominguez Aquatic Center Sat, 1:15 p.m. - 2:45 p.m. MWF, 1:15 p.m.-2:45 p.m. T/Th, 7:00 p.m.-8:45 p.m.	*Hemingway Aquatic Center MWF, 1:15 p.m.-2:45 p.m. M/W, 7:15 p.m.-8:45 p.m.
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Carson & Scott Pool Fees: \$1 for all

Dominguez & Hemingway Aquatic Center Fees: \$2 for all

AQUATIC TEAMS ALL TEAM PRACTICES ARE HELD AT SCOTT POOL.

SYNCHRONIZED SWIMMING TEAM

June 11, 2018 - August 10, 2018

Monday/Wednesday/Friday from 9:00 a.m. - 10:50 a.m.

Prerequisite: Level 3 and above. Must be able to tread water in the deep end.

Fees: \$160 Resident & \$240 Non-Resident



TIGERSHARK SWIM TEAM

June 11, 2018 - August 10, 2018

Monday to Friday from 5:00 p.m. - 7:00 p.m.

Prerequisite: Level 3 and above. Swimmers must pass the swim tryout on the first day.

Fees: \$250 Resident & \$375 Non-Resident



WATER POLO TEAM

June 11, 2018 - August 10, 2018

Monday/Wednesday/Friday from 11:00 a.m. - 12:50 p.m.

Prerequisite: Level 3 and above. Must be able to tread water in the deep end.

Fees: \$200 Resident & \$300 Non-Resident



SUMMER SESSION 2018: JUNE • JULY • AUGUST ENRICHMENT

BALLET

\$38 RESIDENTS / \$48 NON-RESIDENTS

They will learn basic positions, postures, and techniques that will carry them through the rest of their dance career.

AGES	DAYS	TIMES
5-14	Tue/Thurs	5:00 p.m. – 5:50 p.m.

COSTUME DESIGN

\$30 RESIDENTS / \$40 NON-RESIDENTS

This is a class where students design costumes from fabric and material. This class requires no experience, just a love for creativity.

AGES	DAYS	TIMES
7-14	Mon/Wed	5:00 p.m. – 5:50 p.m.

DRAMA

\$25 RESIDENTS / \$35 NON-RESIDENTS

This class teaches students the basics of drama, including stage presence, projection, and memorizing lines.

AGES	DAYS	TIMES
5-17	Mon/Wed	6:00 p.m. – 6:50 p.m.

GUITAR

\$48 RESIDENTS / \$58 NON-RESIDENTS

Come learn the basics of Guitar! Playing an instrument develops many skills including multitasking, memory development, and motor skills.

AGES	DAYS	TIMES
7-17	Mon/Wed	5:00 p.m. – 5:50 p.m. (Beginners)
7-17	Mon/Wed	6:00 p.m. – 6:50 p.m. (Intermediate)

HARMONY HEROES (Voice)

\$25 RESIDENTS / \$35 NON-RESIDENTS

Join us as we learn the vocal fundamentals of singing, breathing, correct posture, and vowel shaping.

AGES	DAYS	TIMES
5-17	Tues/Thurs	6:00 p.m. – 6:50 p.m.

HIP HOP DANCE

\$38 RESIDENTS / \$48 NON-RESIDENTS

This course offers a great opportunity for them to work out as well as learn modern day dance moves from instructors.

AGES	DAYS	TIMES
5-12	Mon/Wed	5:00 p.m. – 5:50 p.m.
5-12	Mon/Wed	6:00 p.m. – 6:50 p.m.

INTRO TO PIANO

\$65 RESIDENTS / \$75 NON-RESIDENTS

Come learn the basics of piano! Playing an instrument develops many skills including multitasking, memory development, and motor skills.

AGES	DAYS	TIMES
7-12	Tues/Thurs	5:00 p.m. – 5:50 p.m.

MATH MADE EASY

\$30 RESIDENTS / \$40 NON-RESIDENTS

Join us as we learn the fundamentals of addition, subtraction, division, fractions, decimals, etc., while building your child's academic confidence.

GRADE	DAYS	TIMES
Kindergarten	Tues/Thurs	4:00 p.m. – 4:50 p.m.
1st-2nd	Tues/Thurs	5:00 p.m. – 5:50 p.m.
3rd-5th	Tues/Thurs	6:00 p.m. – 6:50 p.m.

READY, SET, READ

\$60 RESIDENTS / \$70 NON-RESIDENTS

Our program offers trained instructors who will provide structure for reading comprehension, vocabulary, and fluency in a fun and easy way.

GRADE	DAYS	TIMES
Kindergarten	Mon/Wed	4:00 p.m. – 4:50 p.m.
1st-2nd	Mon/Wed	5:00 p.m. – 5:50 p.m.
3rd-5th	Mon/Wed	6:00 p.m. – 6:50 p.m.

SIGN LANGUAGE

\$ FEE TBD

AGES	DAYS	TIMES
7-15	Tuesdays	5:00 p.m. – 6:00 p.m.



TAP DANCE

\$38 RESIDENTS / \$48 NON-RESIDENTS

Come learn the basics of tap dance! This is a fun way to develop coordination and keep your kids active. No dance experience necessary.

AGES	DAYS	TIMES
5-17	Tues/Thurs	6:00 p.m. – 6:50 p.m.

TENNIS

(6 week session) \$29 RESIDENTS / \$39 NON-RESIDENTS

This class emphasizes the basics: grips, ground strokes, volleys, and serving. Children will also learn footwork and the scoring of a tennis match.

AGES	DAYS	TIMES	LOCATION
7-14	Mon/Wed	5:30 p.m. – 7:00 p.m.	Calas Park

WOOD SHOP / SET DESIGN

\$30 RESIDENTS / \$40 NON-RESIDENTS

Do you have a builder on your hands? This class gives kids the opportunity to create sets and paint backdrops for upcoming 3-in-1 productions. It gives students a way to be a part of the production for those who would rather be behind the scenes.

AGES	DAYS	TIMES
9-17	Tues/Thurs	5:00 p.m. – 6:00 p.m.

**Space is limited
Most classes are held at the
Carson Community Center
For more information, please
contact Enrichment Arts at
310-835-0212 ext. 1410 or 1475.**



EARLY CHILDHOOD EDUCATION

CURRICULUM

The City of Carson's Early Childhood Program follows the comprehensive curriculum of the McGraw-Hill Education's "World of Wonders." This curriculum is an engaging early childhood literacy program that builds strong pre-reading and social emotional skills while incorporating content areas like math, science, social studies, music, and movement. This program will prepare children with the knowledge they need to enter kindergarten with confidence.



SPECIAL EVENTS

Every June, the students of the Early Childhood Preschool participate in a culmination ceremony. All children are recognized for their significant accomplishments throughout the school year. Wearing a cap and gown and with diplomas in hand, the children put on a graduation performance for their friends and family.



JANUARY - JUNE 2018 • TUITION RATES

Early Childhood Program

(310) 835-0212 Ext. 1482

REGISTRATION FEE:

(a one-time fee for new enrollees)

Resident

\$95.00

Non-Resident

\$106.00

HALF DAY PROGRAMS:

Part Time 8:00 a.m. - 12:00 p.m. or 1:00 p.m. - 5:00 p.m.

2 days per week: (Tuesdays / Thursdays) **\$30 / \$45 weekly**

3 days per week:

(Mondays / Wednesdays / Fridays) **\$42 / \$57 weekly**

5 days per week: (Mondays thru Fridays) **\$67 / \$84 weekly**

Resident

\$120.00

Non-Resident

\$180.00

\$168.00

\$228.00

\$268.00

\$336.00

ALL DAY PROGRAMS:

Full Time - Mondays thru Fridays / 9hrs. / 10hrs. / 11hrs.

9 hrs. (8:00 a.m. - 5:00 p.m.) **\$141 / \$168 weekly**

10 hrs. Early Drop-Off (7:00 a.m. - 5:00 p.m.) **\$162 / \$191 weekly**

10 hrs. Late Pick-Up (8:00 a.m. - 6:00 p.m.) **\$162 / \$191 weekly**

11 hrs. Early Drop-Off & Late Pick-Up (7:00 a.m. - 6:00 p.m.) **\$175 / \$206 weekly**

Resident

\$564.00

Non-Resident

\$672.00

\$648.00

\$764.00

\$648.00

\$764.00

\$700.00

\$824.00

••• RATES ARE SUBJECT TO CHANGE •••

EARLY CHILDHOOD EDUCATION



A SUMMER OF ADVENTURE

The City of Carson Early Childhood Program will be kicking off a brand new Summer Program for our Full Time and Part Time (M-F) programs for children ages 3 to 4 beginning on Monday, June 4th, 2018. This program is designed to provide each child a fun-filled summer experience full of exploration, discovery, creativity, imagination, and learning. Each week preschoolers jump into action participating in fun and exciting activities and special events.

FIELD TRIPS / EXCURSIONS



This summer the children will be engaged in educational activities, special community visitors, taking a number of age-appropriate and hands-on field trips, and plenty of fun to enhance their learning and understanding of the weekly themes.



WEEKLY THEMES

Week 1	Monday	June 4, 2018	Fairy Tales & Super Heroes
Week 2	Monday	June 11, 2018	Pirates & Mermaids
Week 3	Monday	June 18, 2018	Camping Under The Stars
Week 4	Monday	June 25, 2018	Chicka, Chicka, Boom, Boom! / Eric Carle
Week 5	Monday	July 2, 2018	Celebrating the USA!
Week 6	Monday	July 9, 2018	Ready, Set, Move!
Week 7	Monday	July 16, 2018	Seashells Under My Feet
Week 8	Monday	July 23, 2018	Commotion In The Ocean
Week 9	Monday	July 30, 2018	Splish, Splash, Fun!
Week 10	Monday	August 6, 2018	It's Tiki Time / Luau

SUMMER

DAY CAMP



SPACE IS LIMITED! PRE-REGISTER TO GUARANTEE A SPOT
JUNE 11 - AUGUST 10, 2018 PRE-REGISTRATION: MAY 21 - JUNE 1, 2018

THEMES

- WEEK 1: **SHOW US YOUR CAMP SPIRIT**
- WEEK 2: **BOOGIE WONDERLAND**
- WEEK 3: **CAMP OLYMPICS**
- WEEK 4: **H2O EXPLOSION**
- WEEK 5: **FIZZ, POP, BANG!**
- WEEK 6: **THE MAGICAL WORLD OF DISNEY**
- WEEK 7: **AROUND THE WORLD**
- WEEK 8: **WACKY, TACKY WEEK**
- WEEK 9: **PRINCESS, KNIGHTS, AND PIRATES**
- WEEK 10: **CELEBRATION BASH**



FOR BOYS AND GIRLS AGES 5-12

FEES

NON-RESIDENT FEES	TIMES	RESIDENT FEES
\$30 weekly	7 A.M. - 9 A.M.	\$20
\$80 weekly	9 A.M. - 5 P.M.	\$60
\$20 weekly	5 P.M. - 6 P.M.	\$10

SIBLING DISCOUNTS: \$5 2nd Child / \$7 3rd Child / \$9 4th Child



ARTS AND CRAFTS • WEEKLY THEMED ACTIVITIES
EXCURSIONS • FUN SUPERVISED OUTDOOR GAMES
LUNCH AND AFTERNOON SNACK PROVIDED DAILY

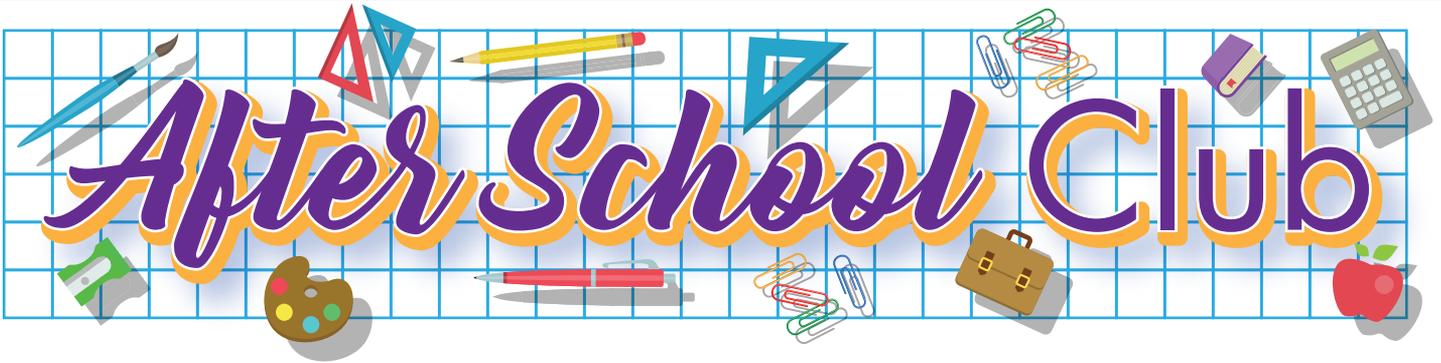


ADDITIONAL FEES FOR EXCURSIONS

FOR MORE INFORMATION, CONTACT RECREATION AND HUMAN SERVICES AT (310) 847-3570

<p>ANDERSON PARK 19101 WILMINGTON AVENUE CARSON, CA 90746 (310) 603-9850</p>	<p>CARSON PARK 21411 S. ORRICK AVENUE CARSON, CA 90745 (310) 830-4925</p>	<p>DOLPHIN PARK 21205 S. WATER STREET CARSON, CA 90745 (310) 549-4560</p>	<p>HEMINGWAY PARK 700 E. GARDENA BOULEVARD CARSON, CA 90746 (310) 538-0019</p>	<p>SCOTT PARK 23410 CATSKILL AVENUE CARSON, CA 90745 (310) 830-8310</p>
<p>CALAS PARK 1000 E. 220TH STREET CARSON, CA 90745 (310) 518-3565</p>	<p>DEL AMO PARK 703 E. DEL AMO BOULEVARD CARSON, CA 90746 (310) 329-7717</p>	<p>DOMINGUEZ PARK 21330 SANTA FE AVENUE CARSON, CA 90810 (310) 549-3962</p>	<p>MILLS PARK 1340 E. DIMONDALE DRIVE CARSON, CA 90746 (310) 631-3130</p>	<p>VETERANS PARK 22400 MONETA AVENUE CARSON, CA 90745 (310) 864-9255</p>

After School Club



The Kids Club program is a state licensed, quality program that is safe, fun, and affordable. Our program offers activities for children ages 5 to 12 years old under the supervision of trustworthy, caring, and qualified staff that understands the needs of all children. Kids Club activities include: homework completion time, educational/physical activities, snack time, arts & crafts, fun games, and more!



AFTER SCHOOL KIDS CLUB FEES: \$50 weekly

Monday-Friday • 2:30-6 p.m.

Availability is based on the needs of each site. For information about fees and locations, please call (310) 847-3570. The City reserves the right to cancel individual park programs if the minimum enrollment level is not achieved.

Kids Club is located at the following parks:



- **Calas Park** - License #198002954
- **Carson Park** - License #191606872
- **Del Amo Park** - License #191606914
- **Dolphin Park** - License #1918005652
- **Dominguez Park** - License #191606908
- **Veterans Park** - License #191606908

YOUTH & ADULT SPORTS

YOUTH SPORTS

Flag Football & Soccer (Ages 5 - 17)

Last day to sign up: August 18, 2018
Tryouts: August 25, 2018
Season begins: September 22, 2018

Registration Fees:

Resident	Non-Resident
\$30 first child	\$55 each child

\$23 each additional child

Girl's Fall Softball League (Ages 9 - 17)

Last day to sign up: August 18, 2018
Tryouts: August 25, 2018
Season begins: September 22, 2018

Registration Fees:

Resident	Non-Resident
\$30 first child	\$55 each child

\$23 each additional child



Baseball Invitational Tournament

Dates: August 3 - 5, 2018
Team Registration Fee: \$150
Registration Deadline: July 31, 2018

Should you have any questions regarding Youth Sports, please call (310) 847-3570 ext. 3576.

ADULT SPORTS

SOFTBALL LEAGUES

Men's and Women's C/D Level

Registration: June 1 – July 10
Play Begins: July 12
Fees: \$420 per team

Coed C/D Level

Registration: June 1 – July 10
Play Begins: July 12
Fees: \$420 per team

Summer Softball Tournament

Registration: June 5 – July 17
Play Begins: July 21

SUMMER FLAG FOOTBALL LEAGUES

4 on 4

Registration: August 1 – September 3
Play Begins: September 9
Fees: \$250 per team



8 Man

Registration: August 1 – September 3
Play Begins: September 9
Fees: \$350 per team

Should you have any questions regarding Adult Sports, please call (310) 847-3570 ext. 3576.



BOXING & VOLUNTEER INFO



FABELA CHAVEZ BOXING FITNESS CENTER AT SCOTT PARK

Fabela Chavez Boxing/Fitness Center is celebrating its **40th Anniversary** this year. The gym was named in honor of Fabela Chavez who was inducted into the Boxing Hall of Fame in 1993 and for his contributions to Carson's youth boxing program. Throughout the years, other clubs have opened and closed their doors, but Fabela Chavez Boxing Center has remained open. Fabela Chavez has been home to many great coaches and fighters. We offer the following classes: Beginning/Intermediate Boxing and Beginning/Advanced Weightlifting. Please call the Boxing Center for more details at (310) 830-6439.

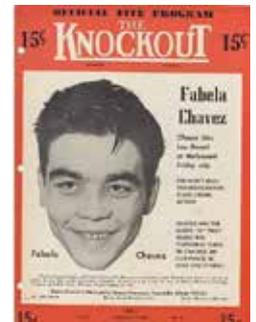
FABELA CHAVEZ BOXING/FITNESS CENTER

HOURS: Mon-Fri: 4-9 p.m. Sat: 10 a.m. - 2 p.m. Closed Sun

Fees (Monthly Membership)	Resident	Non-Resident
Adults	\$30	\$40
Youth	\$20	\$35
Daily Rate (Adult)	\$8	\$9
Daily Rate (Youth)	\$4	\$9



Fabela Chavez, the Hollywood Western
Entertainment news Adams Grant Jett in
Berkeley.



BECOME A VOLUNTEER



NAYS
National Alliance
for Youth Sports

VOLUNTEER COACH

Volunteer coaches must complete the National Alliance for Youth Sports (NAYS) Coaches Certification Program. Coaches gain access to a members-only section of the NAYS website with coaching resources including a resource library, coach rating system, skills and drills section, and a coaching forum. Coaches have the ability to complete several additional trainings at no cost including concussion awareness, bullying prevention, protecting against abuse, and coaching children with mental health challenges. Coaches are also required to sign a Code of Ethics Pledge.

SPORTS OFFICIALS

The City of Carson Youth Sports Section is looking for interested individuals, ages 16 and up, to become paid Sports Officials. Some experience is preferred, but not necessary. For more information, call the Youth Sports Office at (310) 847-3570.

PARK PROGRAMS - YOUTH

ACTIVE FITNESS

Kids will get in shape while learning self-defense and teamwork while building self-confidence. This program is designed for children ages 7 - 12.

Wed 6:30 p.m. - 7:30 p.m. Hemingway Park



AGENTS OF DISCOVERY

This program brings nature and outdoor activities together with the use of technology. With the aid of the Agents of Discovery App, children set out to complete a series of challenges and missions. As they complete the adventures

Tue 4:30 p.m. Del Amo Park

ARCHERY

Come out and try archery! Kids will learn the fundamentals, range safety, and how to aim.

Mon 5:00 p.m. - 6:00 p.m. Veterans Park
Sat 11:00 a.m. - 12:00 p.m. Dominguez Park

ARTS AND CRAFTS

Arts and Crafts classes are a great and fun way to promote creativity in kids. Young artists can explore their endless abilities through a variety of different mediums such as drawing, painting, clay creations, craft building and more! *Funded by City of Carson and South Bay Center for Counseling

Mon 3:00 p.m. - 4:00 p.m. Calas Park
***Tue 4:00 p.m. - 5:30 p.m. Veterans Park**
Thu 6:30 p.m. - 7:30 p.m. Dominguez Park
Fri 3:00 p.m. - 4:00 p.m. Carson Park

BAKING AND DECORATING

Introductory pastry and baking classes provide students with an understanding of the ingredients and methods used in creating breads, pastries, cookies and other desserts. Students learn the fundamentals of dough and basic decorating skills are covered, and this pastry and baking class also introduces students to baking equipment.

Thu 6:00 p.m. - 7:00 p.m. Carson Park

BASKETBALL CHALLENGE

This two-part, fast paced class will cover the fundamentals of basketball. The first part focuses on drills and technique. The second part consists of live game play. For children ages 7 - 17.

Mon 4:00 p.m. - 5:00 p.m. Veterans Park

BEGINNING TENNIS

This program will teach kids the fundamentals of tennis such as swings, forehands, backhands, serves, and footwork.

Mon/Wed 5:30 p.m. - 7:00 p.m. Veterans Park
Tue/Thu 11:00 a.m. - 12:00 p.m. Scott Park

BINGO

Enjoy a night of fun and games! All you need is a focused mind, a fun spirit, and a loud voice to yell BINGO!

Tue 6:00 p.m. - 7:00 p.m. Scott Park

BOOK CLUB

Each week, the instructor will review a few chapters of a book the club selects. Participants will critique novels, express opinions, and understand how literature can impact lives.

Mon 5:00 p.m. - 6:00 p.m. Scott Park

BOYS CLUB

Boys will experience personal development and learn leadership skills in this club. Activities include fun games, playing sports, crafts, and more!

Thu 5:00 p.m. - 6:00 p.m. Hemingway Park
Fri 4:00 p.m. - 5:00 p.m. Calas Park

CHEERLEADING

Learn all of the fundamentals of cheerleading such as cheers, motions, dance, jumps, kicks, voice projection, and beginning tumbling.

Mon/Wed 6:00 p.m. - 8:00 p.m. Carson Park

DOMINOES CLUB

In this fun club, kids will learn the basics to become a great Dominoes player!

Wed 3:00 p.m. - 4:00 p.m. Calas Park

GAME MANIA

Some of these games will encourage critical thinking and discussion, others provide opportunities for spontaneous interaction and fun challenges. Games vary from board games, team building and outdoor play.

Tue 4:00 p.m. - 5:00 p.m. Calas Park
Tue 5:00 p.m. - 6:00 p.m. Carson Park
Sat 11:00 a.m. - 12:00 p.m. Veterans Park

GIRLS CLUB

Girls will experience personal development and learn leadership skills in this club. Activities include

crafts, playing sports, fun games, and more!

Tue 4:00 p.m. - 5:00 p.m. Calas Park

KICKBALL

Kickball is a great and easy game to play that is appropriate for all age groups. You can bring your friends and make some new ones too.

Thu 5:00 p.m. - 6:00 p.m. Veterans Park

KIDS IN THE KITCHEN

Participants will experience increased self-esteem, independence, and success while learning an edible education. Discover the important role of nutrition and how to incorporate healthier eating habits into our everyday lives. No experience required!

Wed 6:00 p.m. - 7:00 p.m. Calas Park
Wed 5:30 p.m. - 7:00 p.m. Dolphin Park
Wed 4:00 p.m. - 5:00 p.m. Dominguez Park
Wed 4:00 p.m. - 5:00 p.m. Veterans Park
Thu 4:30 p.m. - 5:30 p.m. Scott Park

SNAG Golf

SNAG stands for "Starting New at Golf." SNAG contains all the basic elements of golf, but in a modified form. Kids will learn the fundamentals such as the swing, putting, chipping, and etiquette.

Fri 4:00 p.m. - 5:00 p.m. Veterans Park

NATURE PLAY AND EXPLORATION

Explore the art of real nature play. This activity is designed for ages 4 - 6 years old. In this program, we will collect leaves and rocks, catch tiny critters, dig for buried treasure, create projects, and more!

Sat 12:00 p.m. Del Amo Park

POLYNESIAN DANCE

Let your little ones shake their hips to the beat of the drum with this exciting dance workout. Inspired by the dances of the Pacific Islands, your child will learn the beauty and grace of the Polynesian dance forms; basic steps, hand motions and foot coordination. It's a fun workout any child would enjoy by exercising the art of dance and having fun all rolled into one.

Tue/Thu 6:00 p.m. - 7:00 p.m. Carson Park

YOUTH DANCE

Get moving and grooving in this six-week program. Kids will learn a routine to be performed at the end of the program.

Thu 6:30 p.m. - 7:30 p.m. Veterans Park

YOUTH PING PONG

Learn the fundamentals of Ping Pong while having fun and making new friends.

Sat 1:00 p.m. - 2:00 p.m. Calas Park

PARK PROGRAMS - TEEN

BASKETBALL CLINICS

This clinic will teach the fundamentals of basketball from dribbling, passing, shooting, and defense. This clinic is a gradual skill technique class that progresses each week. Recommended for ages 10 - 16.

Wed 4:00 p.m. - 6:00 p.m. Scott Park

FLOETRY

Explore the art of poetry, teaching participants how to write poems with special intensity and to help with expression of feelings and ideas.

Fri 6:00 p.m. Del Amo Park

LINE DANCING

Learn to line dance to great music! Come on out and join Instructor Janny to learn line dancing routines and have fun!

Wed 7:00 p.m. - 8:00 p.m. Del Amo Park

OVER-THE-LINE BASEBALL/ SOFTBALL

This classic baseball/softball activity is open to all teens that want to have fun playing a miniature version of Over-the-Line.

Sat 1:00 p.m. - 2:00 p.m. Calas Park

SOCCER CLINIC

For kids of all playing levels, this program will help kids enjoy and love soccer! Fun is at the heart of all classes with each age-appropriate curriculum covering basic fundamentals. Classes are taught by park staff alongside our experienced coaches



who know how to teach children skills in a fun and appropriately challenging way.

Tue/Thu 6:00 p.m. - 7:30 p.m. Dominguez Park

TEEN CLUB

This club is a safe and fun place for teens to go after school to hang out with friends and connect with caring mentors. Teens also get to participate in fun activities like amusement parks, movies, sports, and more!

Fri 6:30 p.m. - 7:30 p.m. Hemingway Park

Fri 6:00 p.m. - 7:00 p.m. Veterans Park

THRIVE INLINE

Thrive Inline is a skate school headed by Professional Aggressive Inline Skater, Mike Obedoza. Step into inline skates and use the available rental pads to learn how to cruise and crash safely.

Thu 4:00 p.m. 6:00 p.m. Veterans Park



VOLLEYBALL

Come out and join us in a game of pick-up volleyball. Develop your skills with your friends and prepare for an end of summer tournament.

Mon 5:00 p.m. - 6:00 p.m. Dolphin Park

WATERFALL ADVENTURES

Teens will go on popular waterfall hiking trails once a month throughout southern California.

DATES VARY (CALL PARK FOR DETAILS)

12:00 P.M. DEPARTS FROM DEL AMO PARK



PARK PROGRAMS - ADULT

CARDIO BOOTCAMP

Bootcamp classes combine intervals of cardio drills and muscle conditioning exercises to provide you with the ultimate circuit workout. You burn calories utilizing variety of exercises such as jump ropes, boxing drills, free weights, and healthy competition.

Tue/Thu 7:00 p.m. Del Amo Park

CRAFTY CLUB

Crafts aren't just for kids! In this program, learn to sew, scrapbook, make decorations, and more!

Mon 6:30 p.m. - 8:30 p.m. Carson Event Center

DANCE FITNESS

Get ready to shake and move it! Our participants will learn the fundamentals of dances such as hip-hop, merengue, salsa, and more while getting fit and having fun.

Tue/Thu 7:30 p.m. - 8:30 p.m. Calas Park

EXERCISE IN THE PARK

This class is open to the community and offers a combination of cardio, strength, and agility drills to challenge all fitness levels. Classes may be held indoors or outdoors.

Thu 6:30 p.m. - 7:30 p.m. Anderson Park

FAMILY COACHING

Do you or someone in your family need a little guidance in setting goals and finding ways to reach those goals? You can work together with a family coach to learn to prioritize, plan, and reach your goals, and explore ways to strengthen your family bonds. By appointment only. Contact Jenice Deguzman at (310) 847-3584 for more details. Funded by the City of Carson and South Bay Center for Counseling.

LINE DANCING

This popular class will keep you moving with fun dance steps performed to a variety of music. All levels welcome.

Wed 7:00 p.m. - 8:00 p.m. Anderson Park
Sat 9:00 a.m. - 11:00 a.m. Anderson Park



MOMMY & ME

Experience creativity with your child through arts and crafts. Help them develop their social and motor development skills while skipping the messy clean-up at home!

Wed 4:00 p.m. - 5:00 p.m. Hemingway Park

SALSA CLUB

At Dominguez Park, there is salsa dancing every Tuesday night in a beginner friendly atmosphere. Basic dance lessons are offered, followed by social dancing.

Tue 7:00 p.m. - 8:00 p.m. Dominguez Park

STRENGTH & CONDITIONING

This beginner-friendly class incorporates a variety of cardio and strength training exercises to get your heart pumping and your body moving.

Mon 5:30 p.m. - 7:00 p.m. Anderson Park
Sat 12:30 p.m. - 3:00 p.m. Anderson Park

URBAN BALLROOM DANCING

Urban Ballroom Dancing is a partner dance that combines the refinement of ballroom dance steps with the soulful music of old-school Motown and contemporary R&B. All levels welcome.

Tue 7:00 p.m. - 8:00 p.m. Anderson Park

WALKING CLUB

Walking is one of the easiest and least expensive ways to stay healthy. Walking with a group is motivating, fun, and a great way to make new friends.

Mon 2:00 p.m. - 3:00 p.m. Calas Park
Wed 6:00 p.m. - 7:00 p.m. Veterans Park

WOMEN SUPPORTING WOMEN

Take some time away from your busy schedule and connect with other women in your community. Get and give advice, share experiences and create new friendships. Contact Jenice Deguzman at (310) 847-3584 for more details. This program is funded by the City of Carson and the South Bay Center for Counseling.

Tue 7:00 p.m. - 8:00 p.m. Carson Event Center

YOGA

Learn to balance and restore your mind and body. In this class, you will learn basic yoga postures, breathing techniques, proper posture, and stretching. This program is funded by the City of Carson and the South Bay Center for Counseling.

Tue 6:30-7:30 p.m. Carson Park

ZUMBA

Take the "work" out of workout by mixing intensity and high-intensity moves for an interval-style, calorie burning dance party.

Sat 10:00 a.m. - 11:00 a.m. Carson Park

SPECIAL INTEREST CLASSES

The Special Interest Program offers a wide variety of classes for people of all ages. For more information, please call (310) 952-1782.

FITNESS CLASSES

FIT HAPPENS - Instructor: Melody Carter

This group exercise class is designed for people of all fitness levels to tone & tighten, build core strength, and improve cardiovascular conditioning. Go at your own pace, but challenge yourself a little more each time. Join us this season for an outdoor workout with a summer sunset backdrop!

Carson Community Center

Ages	Day	Time	Fee
18+	Tues/Th	6:15 - 7:15 p.m.	\$36 for 6 classes \$60 for 12 classes \$90 for 20 classes

PILOXING - Instructor: Yvonne Flores

A non-stop, cardio fusion of standing pilates, boxing, and dance that will push you past your limits for a sleek and powerful you!

Carson Community Center

Ages	Day	Time	Fee
18+	Mon/Wed	6:15 - 7:15 p.m.	\$36 for 6 classes \$60 for 12 classes \$90 for 20 classes



MUSIC CLASS

GUITAR - Instructor: Nicholas Miller

Learn to play guitar from a friendly, patient instructor. We will cover basic chords, strumming, and the skills you need to play the songs you love. Acoustic guitar required.

Carson Community Center

Ages	Day	Time	Start	Wks	Fee
18+	Mon/Wed	7:15 - 8:15 p.m.	7/9	6	Res- \$45 Non Res- \$50



SPORT CLASSES

START SMART SOCCER - Instructor: Tony Zuniga

This introductory class teaches young kids the fundamentals of soccer in a non-competitive environment. No experience necessary. Parent participation is required.

Calas Park

Ages	Day	Time	Start	Wks	Fee
2-5	Wed	5:15 - 6 p.m.	9/12	8	Res- \$44 Non Res-\$55

SPECIAL INTEREST CLASSES



KARATE - Instructor: Frank Acevedo

Learn and demonstrate self-defense moves such as basic kicks, blocks and punches in this karate class. If you have no experience or even if you have some experience, this class is for you.

Carson Park • 21411 Orrick Avenue, Carson, CA 90745

Scott Park • 23410 Catskill Avenue, Carson, CA 90745

Ages	Day	Time	Start	Wks	Fee
All ages	Tues/Th	6:15 - 8:15 p.m.	On going	4	Res- \$55
	Sun	2:30 - 5:00 p.m.	On going	4	Non Res- \$65

WORKSHOPS

DIABETES WORKSHOP - Instructor: Deborah Christian

Join our workshop that encourages lifestyle changes while learning about your diabetes and the way it affects your health. Enjoy the benefits of a healthier, more energetic lifestyle by signing up today!

Carson Community Center

Ages	Day	Time	Start	Wks	Fee
18+	Mon	9:30-11:30 a.m.	7/9	6	Free

SIGN LANGUAGE - Instructor: Diana Barch

Learn the alphabet and the basics of American Sign Language. You'll be taught phrases, sentences, and many other common words used every day. Sign Language has many uses. Not only is it integral to the deaf community, but it is good for people with Autism, Down's Syndrome, and caregivers as well.

Carson Community Center

Ages	Day	Time	Starts	Wks	Fee
10+	Tues	5:00 - 6:00 p.m.	7/10	6	Res- \$40 Non-Res \$50

SAVE THE DATE

JUNE 15, 2018

6 P.M. - 8:30 P.M.

50 YEARS OF CARSON

THE DOCUMENTARY

Come watch, experience, and share memories of our amazing city!

Carson Community Center Hall

801 E. Carson St, Carson, CA

For more information please contact (310) 749-0601

A City of Carson Cultural Arts Program

SENIOR RECREATION



City of Carson Senior Recreation Program offers a wide variety of recreational activities for adults 50 years and above. Senior Recreation Office is located in the East wing of the Congresswoman Juanita Millender-McDonald Community Center. For further information, call 310-835-0212, ext. 1475 or 1478. Care providers must be present with client at all times. All fees are subject to change.

Congresswoman Juanita Millender-McDonald Community Center • 801 E. Carson St., Carson, CA 90745

***Must be 50 years and above to attend. No children allowed in any senior activities or programs.**

ART & DANCE

Needle Craft Class - Older adults come together to crochet, knit, sew articles by hand and work on various crafting patterns. Students provide their own supplies. *uninstructed class

Tuesday/Friday • 9 – 11 a.m. • FREE

Art Class - If you love drawing, coloring, painting and working at your own pace, then this is the class for you! Students provide their own supplies. *uninstructed class

Tuesday • 9:30 – 11 a.m. • FREE

Music Makers - Open to all musicians. Come enjoy each other's knowledge of music while playing instruments together. Band members must read music and provide own instrument. *uninstructed class

Monday • 9:30 – 11:30 a.m. • FREE

Ukulele Class - Learn the fundamentals of playing the Ukulele while socializing with others. Beginning and advanced artists welcome.

Monday • 10 a.m. – 12 p.m. • FREE

Ballroom Dance - Learn the art of ballroom dance with these beginner and advanced courses.

Tuesday • Beg. • 1 – 2 p.m. • FREE

Tuesday • Adv. • 2 – 3 p.m. • FREE

Polynesian Dancers – Students learn how to perform in a class group using traditional Polynesian/South Pacific dances.

Thursday • 10 a.m. – 11 a.m. • Fee: \$5.00

Line Dancing - Learn and perform the latest country western steps.

Wednesday • Beg. • 9 – 10 a.m. • FREE

Wednesday • Int. • 10 – 11 a.m. • FREE

Thursday • 4 – 6 p.m. • FREE

SENIOR RECREATION



Salsa Dance - Enjoy the Latin rhythms while learning basic footwork, steps, turns, music timing and other dance techniques.
Monday • 10 a.m. - 11 a.m. • FREE

Sweethearts of Tap - Learn basic rhythmic tap skills that are characterized by tapping shoes against the floor as a type of percussion.
Monday • 11:30 a.m. - 12:45 p.m. • FREE

Table Games - Participate in a variety of table games, while enjoying the company of others.
Thursday • 1 p.m. - 4 p.m. • FREE

FITNESS CLASSES

Muscle Strengthening - Learn safe techniques for strengthening the upper and lower body using flexible exercise bands.
*form with doctors release required to participate.
Tuesday • 11 a.m. - 11:40 a.m. • FREE
Thursday • 11:45 a.m. - 12:30 p.m. • FREE

Aerobics w/ Randy - Improve your health! Boost your mood, burn fat, strengthen bones and improve your stamina with this class.
Wednesday • 11:15 a.m. - 12:10 p.m. • FREE
Friday • 10:15 a.m. - 11:10 a.m. • FREE

Tai Chi & Health - Learn the Chinese form of physical exercise characterized by a series of very slow and balletic body movements.
Friday • 9 a.m. - 10 a.m. • FREE

New! Functional Fitness - a low impact cardio to help prepare the body perform daily activities walking, bending, lifting, climbing stairs without pain, injury or discomfort.
Thursday • 1 p.m. - 2 p.m. • FREE

Yoga - This class combines yoga with breathing and meditation techniques. All levels welcome, regardless of fitness level or yoga experience.
Monday • 1:00 p.m. - 2:00 p.m. • FREE

Blood Pressure Screening - Volunteers provide FREE blood pressure screening.
Monday & Wednesday • 10 a.m. - 12 p.m.

SENIOR RECREATION



*Must be 50 years and above to attend. No children allowed in any adult activities or programs.

*Please note day/time of classes may change with notice.

OLDER ADULT SOCIAL CLUBS

Social Clubs and Groups are co-sponsored by the City, yet operate independently. Various activities and bingo. Membership required if you would like to join a club. For further information, call (310) 835-0212 ext. 1479.

Carson VIP Club - Meets every **Tuesday from 11 a.m. - 3:45 p.m.** President: Tiny Cook

TLC Club - Meets every **Wednesday from 11 a.m. - 3:45 p.m.** President: Helen Alaniz

Swinging 50's Club - Meets every **Wednesday from 11 a.m. - 3 p.m.** President: Sandra Conn

Jolly Club - Meets every **Thursday from 11 a.m. - 3:45 p.m.** President: Mary Lassiter

Friendship Club - Meets every **Friday from 11 a.m. - 3:45 p.m.** President: Nolando Sermonia

The Elito M. Santarina Senior Technology Center

Congresswoman Juanita Millender-McDonald Community Center, 801 E. Carson St., Carson, CA 90745

The Elito M. Santarina Senior Technology Center was dedicated on February 11, 2004 through the generous support of Computers4School. The lab offers 20 computer stations. Adults 50 years and above will acquire skills that allow them to keep up with the advances of technology.

Beginning / Intermediate classes meets twice a week on Monday and Wednesday for an hour and a half.

RSVP required 310-835-0212 ext.1478/1475

CARSON PARK | 21411 Orrick Avenue, Carson, CA 90745

DANCE & FITNESS CLASSES

Zumba - Combines Latin music that involves dance, aerobic elements and choreographed steps.

Mon, Wed & Fri • 8:30 a.m. - 9:30 a.m. • FREE

M/W • 10 a.m. - 11 a.m. • FREE

Low Impact Aerobics - Always keeping one foot to the floor, this workout promises an amazing workout every time.

T/TH • 8:30 a.m. - 9:30 a.m. • FREE

Hula Hoop Fitness - Discover a whole new way of working out while having fun and burning calories with a hula hoop.

T/F • 10 a.m. - 11 a.m. • FREE

SENIOR RECREATION

Open Basketball - Come and enjoy playing basketball. Join a game or just shoot around.

M/W/F • 11:15 a.m. – 12 p.m.
Tuesday • 10 a.m. – 12 p.m. • FREE

Fitness Center - Open conditioning, fitness machines and weights. No trainer on site.

M/T/W/TH/F • 8:30 a.m. – 12 p.m. • FREE

STEVENSON PARK/GYM | 17400 Lysander Drive, Carson, CA 90745

FITNESS CLASSES

Exercise Class - This class combines low impact calisthenics and stretching to enrich your workout to better fitness.

M/W/F • 8:30 – 9:30 a.m. • FREE

Fitness Center - Open conditioning, fitness machines and weights. No trainer on site.

M/W • 8:30 a.m. – 11:30 a.m. • FREE

Friday • 8:30 a.m. – 12 p.m.

*Friday class alternates with Zumba class

Zumba - Combines Latin music that involves dance, aerobic elements and choreographed steps.

Friday • 10:30 – 11:30 a.m. • FREE

*alternates with fitness class

Yoga – A combination of yoga, breathing and meditation techniques. All levels welcome, regardless of fitness level or Yoga experience.

Wednesday 10 a.m. – 11 a.m. • FREE

Line Dancing - Learn and perform the latest country western steps, while you enjoy the company of fellow line dancers.

Friday • 10:30 – 11:30 a.m. • FREE

SCOTT PARK/GYM | 23410 Catskill Avenue, Carson, CA 90745

Open Basketball - Come and enjoy playing basketball with other older adults. Fun games or just shooting around.

M/T/W/TH/F • 8:30 – 10:30 a.m. • FREE

Fitness Center - Open conditioning, fitness machines and weights. No trainer on site.

M/T/W/TH/F • 8:30 – 10:30 a.m. • FREE

UPCOMING EVENTS

AARP Mature Driving Course

July 23 & 24, 2018 (Monday & Tuesday)

2 day course • 9 a.m. – 1 p.m.

AARP Members \$15 Non-Members \$20

RSVP 310-835-0212 ext. 1478

Las Vegas Luncheon

Friday, July 27, 2018

11 a.m. – 3 p.m.

*Ticket sales 310-835-0212 ext. 1475/1478

INFORMATION AND REFERRAL



Xavier from the Braille Institute completing an evaluation with a visually impaired senior

Braille Institute

The Braille Institute continues to come on a monthly basis with their mobile unit to provide low vision screenings FREE of cost to individuals in need. Braille Institute takes appointments, but does walk-ins as well. The mobile unit is located in the parking lot of the East wing of the Community Center and is marked clearly. For appointments and schedule, please call the Braille Institute directly at (323) 663-1111.

Food Stamp/Medi-Cal Applications

A representative from Los Angeles County Public Social Services is here the first Tuesday and third Thursday of each month from 9:30 a.m.-12 p.m. to help fill out applications for Medi-Cal and Food Stamps. No appointment needed, walk-ins welcome, first come first served.



Homeless Count 2018

Homeless Task Force

If you are homeless, P.A.T.H. (People Assisting The Homeless) can help. Call our outreach hotline at (562) 457-0205. Our team can connect you with services that include housing assistance, veteran services, mental health care, medical clinic, employment services, and benefits enrollment.

Additional resources for homebound seniors may be available, including possible case management and referrals. For more information, please contact Amanda Valorosi by calling (310) 835-0212 x1471, or via e-mail at avaloros@carson.ca.us.

SOCIAL SERVICES DIRECTORY GENERAL INFORMATION

Health and Human Services General Information: 2-1-1
AARP: (213) 380-1800
Area Agency on Aging: (213) 738-4004
Elder Abuse Hotline: (800) 992-1660

EMERGENCY RESPONSE SYSTEMS

EARS Long Beach Memorial: (562) 933-0913

FOOD AND MEALS

Meals on Wheels/YMCA: (310) 835-0212 ext. 1487
Food Bank Info Line: (800) 839-6993
Food Stamps DPSS Compton: (310) 603-8411
FOOD STAMPS/Medi-Cal Applications
1st Tuesday & 3rd Thursday 9:30 a.m. - 12 p.m.
LA Regional Food Bank
2nd Monday 8:00 a.m. - 1:00 p.m.

HOUSING

HUD: (800) 955-2232
Westside Center for Independent Living: (310) 390-3611

HOUSING RIGHTS WALK IN CLINIC

1st Thursday & 3rd Wednesday 9:00 a.m. - 11:00 a.m.

IN HOME SERVICES

In Home Support Services Intake Hotline: (888) 944-4477

INSURANCE BENEFITS AND RESOURCES

HICAP: (800) 824-0780 • Medi-Cal: (800) 952-5294
Social Security Administration SSI/SSDI: (800) 772-1213

LEGAL ASSISTANCE

Bet Tzedek Legal Services: (323) 939-0506

H.E.L.P.

<http://www.help4srs.org/> • (310) 533-1996

Caregiver Support Group:

Tuesdays 11:30 a.m.- 12:30 p.m.

Bereavement Support Group:

Wednesdays 10:00 a.m.-11:00 a.m.

SENIOR INDEPENDENCE SUPPORT

Dedicated to helping residents of Carson, age 60 and older, age in place safely and with dignity.
For more information, call (310) 835-0212 ext. 1471



Senior Information and Resource Fair

The Senior Information and Resource Fair is a quarterly event organized by the Human Services Department. At each fair we invite community partners to come and share information on resources available to seniors and their families. The two hour event takes place in the Carson Event Center - Atrium and is open to all. For more information on this event, please contact Amanda Valorosi at (310) 835-0212 ext. 1471.

Food and Meal Assistance

Monday through Friday at 11:30 a.m. The Carson/Torrance YMCA serves a variety of delicious healthy, hot and nutritious lunches in the Congresswoman Juanita Millender-McDonald Community Center. Guests enjoy a tasty meal as well as warm conversation and fellowship. A donation of \$2.75 and \$3.50 for non-seniors per meal is suggested for people 60 years or older. There is a cost for home-delivered meals. For more information, call (310) 835-0212 ext. 1487.

Food Bank

The LA Regional Food Bank is not a City program, but we do host the handout on the 2nd Monday of each month. It is for low-income seniors age 60 and older. For more information call (323) 234-3030.



Bereavement Support Testimonial

Bereavement Support Group meets on Wednesdays from 10:00 a.m. - 11:00 a.m. at the Congresswoman Juanita Millender-McDonald Community Center at Carson. Please contact facilitator, Amanda Valorosi (310) 835-0212 x1471 for more information.

“When my wife passed away last year I was looking for ways to fill my time this was a loss I wasn’t ready for and I thought staying busy would keep my mind off of the grief I was going through. While at the Community Center I found out about the Support group for those grieving. I wasn’t comfortable going at first but my daughter agreed to go with me. The first few sessions I was the only man, so I decided I would just stay quiet and listen. Eventually I started sharing and I realized that gave me strength, it got easier and easier to talk about what I was going through. It is a “club” that nobody wants to be part of, but once you are part of it you realize there is strength in sharing, and that I am also able to help others with my story and the encouragement I have found through attending. I have been able to pass on my knowledge, I’m handling my grief better, and I plan my schedule around being able to attend group, I now feel lost if I don’t attend.”



-Lionel Cook, Carson resident who lost his wife Julia in July of 2017

Intergenerational Programming

We are currently looking for Senior senior citizens for the Fall Semester of our intergenerational program. The intergenerational program is a collaboration between the older adults in our community and the high school students from Rancho Dominguez Preparatory Academy. Since 2016 we have been conducting an 8 week program each semester where individuals are paired up on a weekly basis to learn from one another in an attempt to build bonds and bridge the gap between generations. We ask for the commitment of one hour, one afternoon a week, for 8 weeks. For more information, or to be placed on an interest list of participants for the Fall Semester, please call Amanda Valorosi in Human Services at (310)835-0212 x1471.



THERAPEUTIC RECREATION

Therapeutic Recreation is designed to meet the recreational, social, and physical needs of individuals with disabilities. Our focus is to improve the quality of life for all participants through structured programming carried out by trained staff. Registration is required for all programs. For more information, please call (310) 835-0212 ext. 1465 or ext. 1470.



ADULT DAY CLUB

This program focuses on social interaction and skill building while enjoying various experiences.

Registration fee: \$25

Fridays: 6/22/18 - 8/03/18

10:00 a.m. - 1:00 p.m.

Ages: 18 and up with developmental disabilities



TEEN SOCIAL GROUP

This program is designed for teens, ages 13 - 17 with developmental disabilities who enjoy participating in leisure activities.

Registration fee: \$15.

Wednesdays: 6/20/18 - 8/01/18

6:00 p.m. - 7:30 p.m.



BOWLING PROGRAM

Come play the fun game of bowling while learning the fundamentals and developing hand-eye coordination.

Only registered participants in this program will be eligible for our Special Olympics Bowling Team.

Registration fee is \$25 plus \$9 each program date.

Saturdays: 6/16/18 - 8/18/18

9:30 a.m. - 11:30 a.m.

Ages: 8 and up



ADAPTED SWIMMING LESSONS

This program focuses on individualized water safety instruction and fundamental swimming skills. Partial scholarships available.

Registration fee: \$50 per session

Saturdays:

Session 1 (6/16/18 - 7/07/18)

Session 2 (7/21/18 - 8/11/18)

8:00 a.m., 9:00 a.m., 10:00 a.m., and 11:00 a.m.

Ages: 3 and up

JOSEPH B. JR. AND MARY ANNE O'NEAL STROKE CENTER

STROKE CENTER INFORMATION

The award-winning Stroke Center is open Monday-Friday from 8:30 a.m. - 4:30 p.m., and is located inside the Carson Community Center. For more information, please call our friendly staff members at (310) 952-1763.

Cost:

Residents \$30 voluntary donation
 Non-Residents \$70/month



OCCUPATIONAL THERAPY

Our licensed OT will provide one-on-one treatment aimed at improving your activities of daily living and increasing your independence. By appointment only.

Here's what our members are saying about us.



"The center is a place of resource and education for those who suffered a stroke. The staff at the center empower the stroke survivors and their caregivers by providing them with instruction on wellness, motivation and encouragement in their challenges to improve themselves in their current situation. We at the center

are family, moving forward together and sharing in each other's success."

Charlie Mae McCord
Survivor

Elijah Brumfield Jr.
Caregiver



SINGING WITH NICK

Survivors who find themselves unable to speak might be surprised to find they can sing. Come share your beautiful voices through song in this group class.

DAY	TIME
1 st & 3 rd Tues	12:30 - 1:30 p.m.

CHAIR EXERCISE

This is a group exercise class that focuses on strengthening muscles and improving circulation.

DAY	TIME
Thurs	12:30 - 1:30 p.m.

SPEECH THERAPY

This class is open to all stroke survivors whose speech may have been affected by stroke. This is a group activity with a licensed Speech Pathologist.

DAY	TIME
2 nd & 4 th Tues	1:00 - 2:00 p.m.

CHAIR VOLLEYBALL

This is seated indoor volleyball with a beach ball, which leads to improved motor skills and verbal communication.

DAY	TIME
TUES/THURS	11:30 A.M. - 12:30 p.m.

ZUMBA GOLD

Come enjoy a modified Zumba class for stroke survivors.

DAY	TIME
MW	12:00 - 1:00 p.m.

TRANSPORTATION SERVICES

Carson Circuit Schedule

Buses run every 40 minutes on all eight routes:

- Monday – Friday 5:20 a.m. – 6:40 p.m.
(Last bus leaves the Pavilion at 6:00 p.m.)
 - Saturday 10:40 a.m. – 5:20 p.m.
(Last bus leaves the Pavilion at 4:40 p.m.)
- ALL Carson Circuit routes run in one direction ONLY.

Bus Fares

- Regular Fare \$1.00
Includes all riders over 5 years old
 - Seniors 60 & over and disabled (Must show valid I.D.) FREE
 - Monthly Pass \$30.00
 - Carson Circuit Transfers FREE
 - Interagency Transfers \$0.50
- All buses are equipped to transport wheelchair occupants

North/South Shuttle Schedule

Buses run every 50 minutes:

- Monday – Friday
6:10 a.m. – 7:44 a.m.
3:20 p.m. – 4:04 p.m.
- NO MID-DAY SERVICE
North/South Shuttle no longer runs weekends and holidays

Bus Fares

*North/South Shuttle fares are the same as Carson Circuit.



LOCATION
Congresswoman Juanita Millender-McDonald Community Center 801 E. Carson Street, Carson, CA 90745 (310) 835-0212 ext. 1495

OFFICE HOURS
Monday - Thursday 8:00 A.M. – 5:00 p.m. We are closed Fridays, Weekends and Holidays

ONLINE PAYMENTS
https://payment.carson.ca.us/transportationonline/index.asp *Select Dial-A-Ride or City Sponsored Excursions

DIAL-A-RIDE PROGRAM

The Carson Dial-A-Ride (DAR) Program is designed to allow seniors and adults with disabilities to maintain their independence by providing convenient and affordable transportation.

PROGRAM HIGHLIGHTS

- Eligibility: Carson residents, age 60 and over, and adults with disabilities. Individuals with disabilities who are under the age of 60 must have a valid **ACCESS*** card to apply for Dial-A-Ride.
- Curb-to-curb service provided by taxicabs and lift-equipped vehicles.
- Service is available 24-hours a day, seven-days a week, including holidays.
- Participants are allowed up to 20 one-way rides per month.
- Cost is \$2.00 per one-way ride (maximum value on the taxi meter is \$20.00 per ride).
- Participants who receive recurring life-preserving treatment, such as dialysis or chemotherapy may be granted a waiver to use up to 30 rides per month. Medical certification is required.

SERVICE AREA

Participants may travel within Carson limits for any purpose, and to a limited number of medical facilities and social service agencies outside of the City.

REGISTRATION REQUIREMENTS (Must apply in person)

- Valid California Driver's License or Identification Card from the DMV with a Carson address.
- A recent utility bill OR bank statement with same name and address as ID.
- A \$10.00 processing fee applies. Up to 20 rides may be purchased at time of application.
- Service may be used upon receipt of DAR card in the mail, within 2-3 weeks of applying.

*ACCESS PARATRANSIT

ACCESS is a shared-ride service for individuals with disabilities, provided by the County of Los Angeles. The service extends to Los Angeles County and beyond. For more information about this program and to apply, please call (800) 827-0829 or visit their website at <http://accessla.org/home/>.

For complete Dial-A-Ride Program rules or for additional information, please visit us online at <http://ci.carson.ca.us/CommunityServices/dialaride.aspx>

Transportation Services
Congresswoman
Juanita Millender-McDonald
Community Center
801 E Carson St.
Carson, CA 90745
(310) 835-0212, Ext.1495

Office Hours:
Monday through Thursday,
8:00 a.m. – 5:00 p.m.



TRANSPORTATION SERVICES

All excursions depart and return from the **Congresswoman Juanita Millender-McDonald COMMUNITY CENTER AT CARSON**
801 E. Carson Street, Carson, CA 90745
Online payments: <http://ci.carson.ca.us>
For more information: (310) 835-0212 ext. 1495
Email: excursions@carson.ca.us
ALL FEES & DEPARTURE/RETURN TIMES ARE SUBJECT TO CHANGE



VIVA LAS VEGAS DINNER SHOW SATURDAY, JUNE 9, 2018

Tibbies Center Stage in Fontana, CA recreated the music and memories of “Sin City” live in this high energy song and dance revue. A new interactive experience also feature simulated casino games for all to play with nightly prizes! Cost includes round-trip bus transportation and dinner show.

Bus departs at 9:00 am and returns at 6:00 pm
Carson Resident: \$75.00 per person
Non-Carson Resident: \$90.00 per person



CINDERELLA - PANTAGES THEATER FRIDAY, JUNE 22, 2018

Pantages Theater hosts Tony Award winner, Rodger & Hammerstein’s Cinderella. The re-telling of this fairy tale will transport you back to your childhood to rediscover all the moments you love in this classic story – the pumpkin, glass slipper, masked ball!!! Cost includes round-trip bus transportation and show admission.

Bus departs at 5:00 pm and returns at 10:30 pm.
Carson Resident: \$78.00 per person
Non-Carson Resident: \$93.00 per person

LAKE ARROWHEAD BOAT TOUR FRIDAY, JULY 6, 2018

Ride in style aboard the Lake Arrowhead Queen paddlewheel boat & enjoy a narrated tour through the splendor of a lush forest, sparkling water and views of exquisite lakefront homes. Afterwards, enjoy a stroll and no-host lunch in the beautiful downtown. Cost per person includes round-trip bus transportation and boat tour.

Bus departs at 8:00 am and returns at 5:00 pm.
Carson Resident: \$35.00 per person
Non-Carson Resident: \$48.00 per person

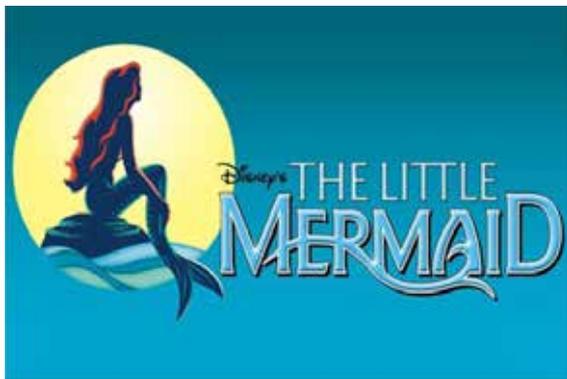


TRANSPORTATION SERVICES

HOUSE OF BLUES' GOSPEL BRUNCH SUNDAY, JULY 22, 2018

Experience this famous Gospel Brunch at the House of Blues in Anaheim where local performers of traditional and contemporary Gospel songs will showcase their talent while treating yourself to an amazing all-you-can-eat buffet! And if the music moves you, get up & dance off some of that delicious cuisine. Cost includes round-trip bus transportation and brunch.

Bus departs at 9:00 am and returns at 3:00 pm
Carson Resident: \$55.00 per person
Non-Carson Resident: \$70.00 per person



THE LITTLE MERMAID DINNER SHOW SATURDAY, JULY 28, 2018

The Candlelight Pavilion presents, The Little Mermaid. Delight in a fabulous dinner before immersing yourself in this theatrical version of Disney's classic tale of Ariel. Enjoy Ariel's journey as she falls in love & pursues a yearning to be human. This fun musical is perfect for the whole family! Cost includes round-trip bus transportation and dinner show.

Bus departs at 9:30 am and returns at 5:30 pm
Carson Resident: \$85.00 per person
Non-Carson Resident: \$99.00 per person

BIG BEAR PIRATE SHIP LAKE CRUISE SATURDAY, AUGUST 11, 2018

Prepare to have a good time aboard the Time Bandit, Big Bear's own pirate ship! This tour of the lake features live entertainment and authentic pirates, of course. Afterwards, go for some food or shopping in Big Bear's downtown. Cost includes round-trip bus transportation and boat tour.

Bus departs at 5:30 am and returns at 2:00 pm.
Carson Resident: \$35.00 per person
Non-Carson Resident: \$48.00 per person



PAGEANT OF THE MASTERS SUNDAY, AUGUST 26, 2018

Get ready to be amazed and enchanted by 90 minutes of tableaux vivants (living pictures) that recreate works of art using real people posing exactly like their counterparts of the original pieces. Your ticket also allows you to enjoy the Festival of the Arts Show for some fabulous music and art! Cost per person includes round-trip bus transportation and show admission.

Bus departs at 5:00 pm and returns at 10:30 pm.
Carson Resident: \$65.00 per person
Non-Carson Resident: \$80.00 per person

TRANSPORTATION SERVICES

L.A. COUNTY FAIR SATURDAY, SEPTEMBER 8, 2018

Let's take a road trip to the Fair and Get your Kicks on Route 66!! Join the fun on Route 66 stage for hula-hoop or bubble gum blowing contests, water balloon toss and more. But mostly, don't forget to indulge in anything deep-fried or chocolate dipped goodies only found at the fair. Cost includes round-trip bus transportation and fair admission.

Bus departs at 9:00 am and returns at 6:00 pm.

Carson Resident: \$30.00 per person

Non-Carson Resident: \$45.00 per person



OVERNIGHT EXCURSIONS **payment arrangements available upon requests**



YOSEMITE TOUR, FRIDAY SUNDAY, OCTOBER 19-21, 2018

Come experience one of California's treasures through a guided tour aboard an open-air tram with a park ranger before having lunch at the historic Majestic Yosemite Hotel. Your home for this quick weekend get-away will be at the **Black Oak Resort & Casino** at Tuolumne, CA. Cost includes round-trip bus transportation, hotel accommodations and tour.

Bus departs Friday at 8:00 am and returns Sunday at 6:00 pm.

Carson Resident: \$430.00 per person (double occupancy)

Non-Carson Resident: \$450.00 per person (double occupancy)

HEARST CASTLE TOUR THURSDAY – SUNDAY, DECEMBER 13-16, 2018

Celebrate this Christmas season by joining us in Cambria to tour Hearst Castle while it is decked out in holiday splendor! Your weekend home will be at the **Cambria Pines Lodge**. Partake in the festivities at the Cambria's Christmas Market, take a day trip to Monterey's famous Cannery Row, and a visit to Solvang. Cost includes round-trip bus transportation, hotel accommodations and tours.

Bus departs Thursday at 8:00 am & returns Sunday at 6:00 pm.

Carson Resident: \$575.00 per person (double occupancy)

Non-Carson Resident: \$600.00 per person (double occupancy)



Be sure you are on our mailing list to get information on upcoming excursions.

Contact Transportation Services

Telephone: (310) 835-0212 extension 1495

Email: excursions@carson.ca.us

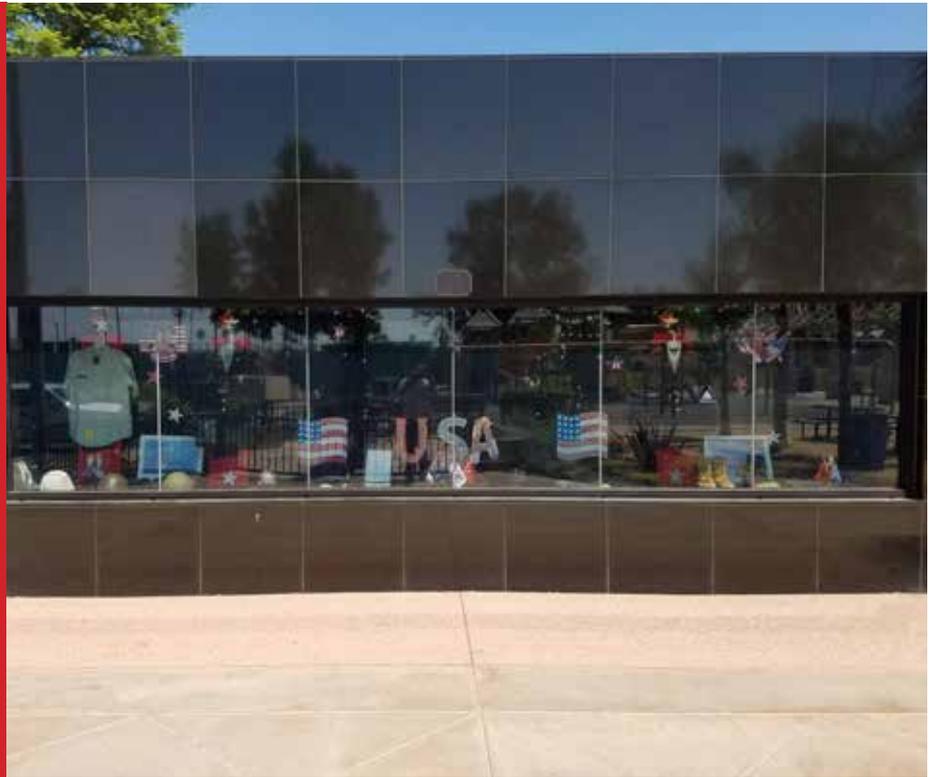
Website: <http://ci.carson.ca.us/CommunityServices/CityExcursion.aspx>



CARSON VETERANS MONUMENT & WALL

Carson Veterans Monument

On November 11, 1998, the City of Carson dedicated a Veterans Monument to honor Carson Veterans who died while serving this country. If you know the name of a Carson Veterans who died while serving, please call (310) 830-9991.



Carson Veterans Wall

The City of Carson is gathering the names of Carson Veterans who served in the United States armed forces for the purpose of adding their name to the Veterans Wall. If you are a Carson Veteran or if you know a Carson Veteran and would like to be added to the Veterans Wall, please call (310) 830-9991.

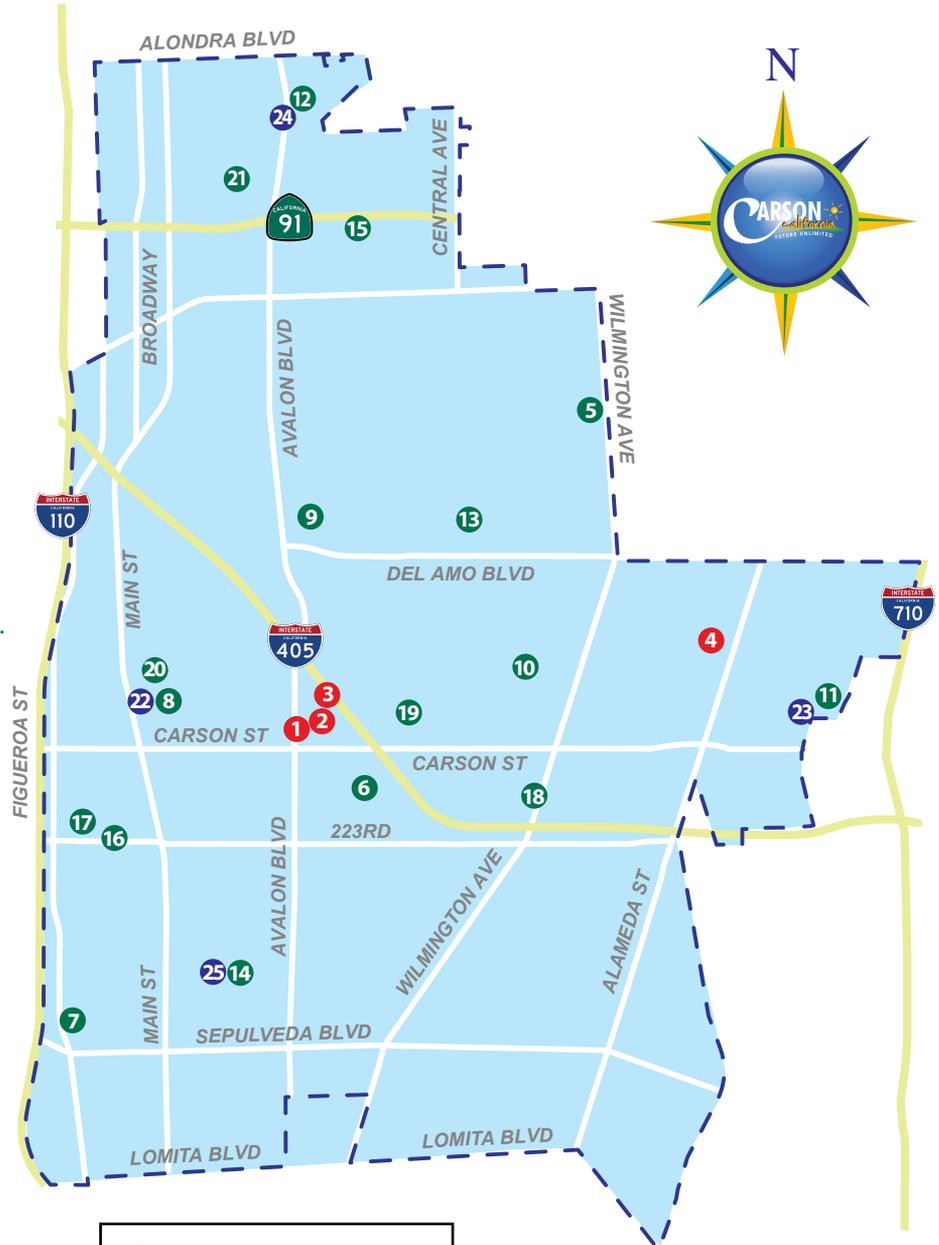


CITY FACILITIES

- 1 Carson City Hall**, 701 E. Carson St.
(310) 830-7600
- 2 Carson Event Center**, 801 E. Carson St.
(310) 835-0212
- 3 Carson Stroke Center**, 801 E. Carson St.
(310) 952-1763
- 4 Corporate Yard**, 2400 E. Dominguez St.
(310) 847-3570

PARKS

- 5 Anderson Park**, 19101 Wilmington Ave.
(310) 603-9850
- 6 Calas Park**, 1000 E. 220th St.
(310) 518-3565
- 7 Carriage Crest Park**, 23800 S. Figueroa St.
(310) 830-5601
- 8 Carson Park**, 21411 S. Orrick Ave.
(310) 830-4925
- 9 Del Amo Park**, 703 E. Del Amo Blvd.
(310) 329-7717
- 10 Dolphin Park**, 21705 S. Water St.
(310) 549-4560
- 11 Domiguez Park**, 21330 Santa Fe Ave.
(310) 549-3962
- 12 Hemingway Park**, 700 E. Gardena Blvd.
(310) 538-0018
- 13 Mills Park**, 1340 E. Dimondale Dr.
(310) 631-3130
- 14 Scott Park / Fabela Chavez Boxing and Fitness Center**, 23410 Catskill Ave.
(310) 830-8310
- 15 Stevenson Park**, 17400 Lysander Dr.
(310) 631-2252
- 16 Veterans Park**, 22400 Moneta Ave.
(310) 830-9997
- 17 Veterans Sportscomplex**, 22400 Moneta Ave.
(310) 830-9991
- 18 Friendship Mini-Park**, 21930 S. Water St.
- 19 Perry Street Mini-Park**, 215th and Perry St.
- 20 Reflections Mini-Park**, 21208 Shearer Ave.
- 21 Walnut Mini-Park**, 440 E. Walnut St.



●	CITY FACILITIES
●	PARKS
●	POOLS

POOLS

- 22 Carson Pool**, 21436 S. Main St.
- 23 Dominguez Aquatic Center**, 21330 Santa Fe Ave.
- 24 Hemingway Aquatic Center**, 16605 S. San Pedro St.
- 25 Scott Pool**, 23410 Catskill Ave.

VOLUNTEERING



Carson is rich with opportunities for civic engagement. Every year, hundreds of volunteers donate their time at our parks and in our programs to give back to the community with their incredibly talented abilities. Volunteers from all different ages, abilities, and backgrounds come together to support a variety of excellent programs and special events.



Volunteer opportunities are also available for students in high school and colleges seeking to fulfill a community service requirement.

For more information, please contact the following:

- Any City of Carson Park
- Recreation Division - (310) 847-3570
- Human Services Division - (310) 835-0212 ext. 1467