



## Family Membership

TERM	FEE	REG	RENEWAL
ANNUAL	\$426*	\$60	\$319*
30-DAY	\$72*	\$18	\$54

\*10% DISCOUNT FOR MILITARY VETERANS

## BASIC MEMBERSHIP

PACKAGE INCLUDES:

- ♥ ACCESS TO FITNESS CENTER
- ♥ GYMNASIUM USAGE (OPEN GYM)
- ♥ EQUIPMENT CHECKOUT
- ♥ RACQUETBALL COURT USAGE
- ♥ LOCKER ROOMS & SHOWER FACILITIES
- ♥ INITIAL FITNESS EVALUATION
- ♥ OFF-SITE RECREATIONAL/LAP SWIMMING: (Summer Only)



22400 MONETA AVE., CARSON, CA 90745  
(310) 830-9991

## Veterans SportsComplex

Recreation and Human Services Department

BASIC MEMBERSHIP RATES & PACKAGES FOR  
CARSON RESIDENTS

### Individual Membership

TERM	FEE	REG	RENEWAL
ANNUAL	\$281*	\$36	\$211*
30-DAY	\$41*	\$12	\$30

\*10% DISCOUNT FOR MILITARY VETERANS

### GROUP EXERCISE CLASSES YOUTH CLASSES



"You are  
stronger than  
you think!"

### GUEST FEES

GUESTS UNDER THE AGE OF 18 MUST HAVE PARENT OR  
LEGAL GUARDIAN PRESENT PRIOR TO ENTERING  
FACILITY

TERM	FEE	TERM	FEE
MON-FRI NON PRIME BEFORE 3PM	\$6	SAT ALL DAY	\$12
MON-FRI PRIME AFTER 3PM	\$12	SUN CLOSED	\$12
GROUP-EX CLASS	+\$10	YOUTH CLASS	+\$6
LOCKER USE	← MUST BE 16 YEARS OR OLDEER \$10		

## CITY OF CARSON

### Senior Membership

TERM	FEE	REG	RENEWAL
ANNUAL	\$169*	\$24	\$127*
30-DAY	\$30*	\$6	\$24

\*10% DISCOUNT FOR MILITARY VETERANS

### ADDITIONAL CHARGES:

- ♥ SELF-DEFENSE UNIFORMS
- ♥ TOURNAMENT FEES
- ♥ TOWEL
- ♥ VSPC T-SHIRTS
- ♥ VSPC GYM BAGS
- ♥ PERSONAL TRAINING  
(MEN & WOMEN: PACKAGES ARE  
AVAILABLE UPON REQUEST)
- ♥ DAILY GUEST LOCKER USAGE

### HOURS OF OPERATION

MONDAY-THURSDAY	6:00 AM-9:00 PM
FRIDAY	6:00 AM-5:00PM
SATURDAY	7:00 AM- 5:00 PM
SUNDAY	CLOSED

\*CLOSED ON POSTED HOLIDAYS\*



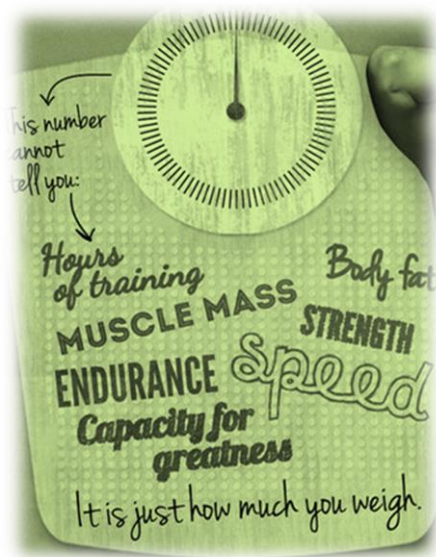
"Nutrition & Fitness for the Determined!"

## Special Notes:

- ❖ 30-Day and Daily Guest Passes must be paid by credit card or money order only.
- ❖ Family (FAM) membership consists of (2) two married adults over 18 years of age, with up to four children 17 years and under. Children between the ages of 18-21, must be full-time students living with parents. 10 % charge for additional children.
- ❖ Senior Citizens are considered to be 50 years of age or older.
- ❖ Youth guests ages 17 and under must register with an adult at the time of entry. An adult must accompany youths ages 11 and under at all times.
- ❖ Age Limit Restrictions: Fitness Center -16 years and older, Gymnasium, racquetball, & Exercise Classes -12 years and older unless otherwise specified.
- ❖ It is mandatory for ALL MEMBERS and GUESTS to complete an Orientation prior to the first work-out.
- ❖ Resident status is determined by living or working in the City of Carson. Proof of residency must be presented at the time of sign-up.



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***"Make a commitment to a better, healthier, stronger YOU today!"***



***"Where success has NO LIMITS!"***

The **Silver Sneakers**  
Fitness Program



**CITY OF CARSON**

## **Veterans SportsComplex**



*Our facility offers state of the art cardio equipment*

**MEMBERSHIP  
Quote & Information  
CARSON-RESIDENT**



Veterans SportsComplex  
22400 Moneta Ave, Carson, CA 90745  
(310) 830-9991  
FAX (310) 830-3364

