



CARSON & COMMUNITY SERVICES GUIDE

SPLISH SPLASH IN THE SUN • TIME FOR SUMMER FUN



Summer 2022

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WELCOME TO SPRING 2022 CARSON REPORT & COMMUNITY SERVICES GUIDE

This publication is published quarterly by the City of Carson's Public Information Office. Learn about Carson's latest news, current events in the community, highlights about City projects and a variety of important local issues. You will also find a schedule of information on various leisure time activities, classes, events and services for everyone.

CITY OF CARSON POSITION STATEMENT

Carson is a vibrant city with a small town atmosphere where relationships are important. This is clearly visible throughout the community, from the stable single family neighborhoods, which make up nearly eighty percent of the city's residences, to the partnership between businesses and volunteer driven agencies which strengthen the city's remarkable social fabric.

The social composition of Carson is California in miniature. It is a city with a balanced ethnic and cultural mix living together in harmony and prosperity. The community takes pride in the large percentage of Carson students who attend college, many to California State University, Dominguez Hills, a valuable asset to the city.

Carson's strategic position in the heart of the powerful economic engine that is Southern California attracts international corporations which recognize the city's bright future. The city's proximity to the West Coast's two major ports, as well as its intersection by four Southland freeways, makes it a major gateway to the Pacific Rim.

We, the people who live and work in Carson, take pride in our city and will continue to build relationships which ensure that future.



COMMUNITY CONNECTIONS

Police & Fire
Emergencies 911

Animal Control
Carson Animal Shelter
(310) 523-9566

AQMD
South Coast Air Quality
Management District
1-800-CUT-SMOG
1-800-288-7664

**Birth, Death,
Marriage Records**
County Registrar-Recorder
(562) 462-2137

Building Permits
Building & Safety
(310) 952-1766

**Public Transit and
Dial-A-Ride**
(310) 835-0212
Hearing Impaired
(800) 252-9040

Cable Television
Time Warner Cable
(888) 892-2253

Chamber of Commerce
(310) 217-4590

City Hall
(310) 830-7600

Code Enforcement
(310) 952-1786

Community Center
(310) 835-0212

Crime Prevention
Neighborhood Watch
(310) 847-7481

Disaster Preparedness
(310) 952-1700, ext.1603

Electricity
Southern California
Edison Co. (800) 950-2356

Gas
Southern California
Gas Co. (800) 427-2200

Graffiti Removal
Landscape & Buildings
(310) 847-3500

Hospital
Harbor General UCLA
Medical Center
(310) 222-2345

**Jobs
Career Center**
(310) 952-1762

**LA County
Public Health**
(626) 430-9821

**LA County
Public Works**
800-675-HELP (4357)

**Libraries
Carson Regional**
(310) 830-0901

Dr. Martin Luther King, Jr.
(310) 327-4830

Parking Enforcement
(800) 553-4412

Parks & Recreation
(310) 847-3570

Post Office
(800) 275-8777

Sandbags
Street Maintenance
(310) 847-3520

Sewer Clean-up
(626) 458-4357

Senior Services
(310) 952-1775

Senior Recreation
(310) 835-0212

Sidewalk Repair
Street Maintenance
(310) 847-3520

Sheriff's Station
(310) 830-1123

**South Coast Air Quality
Management District**
Report odor complaints
(800) 288-7664
(800) CUT-SMOG
aqmd.gov/home/air-quality/
complaints

Street Sweeping
Street Maintenance
(310) 847-3520

Telephone
AT&T
(310) 225-3028

Trash Collection
Waste Resources
(888) 467-7600
(310) 847-3520

**Tree Trimming/
Street Maintenance**
(310) 847-3500

Water
California Water Service
Company (310) 257-1400
Golden State Water
Company (800) 999-4033

ELECTED OFFICIALS

Mayor
Lula Davis-Holmes

Mayor Pro Tem
Jawane Hilton
District 1

Councilmember
Cedric L. Hicks, Sr.
District 3

Councilmember
Jim Dear

Councilmember
Arleen Bocatija Rojas
District 4

City Clerk
Dr. Khaleah Bradshaw

City Treasurer
Monica Cooper

CITY MANAGEMENT

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David Roberts

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Administrative Services**
Robert Lennox

**Assistant City Manager/
Economic Development**
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to provide those who live and
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about the city's programs,
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All questions, comments,
and contributing information
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http://ci.carson.ca.us



DAVID C. ROBERTS, JR. APPOINTED AS NEW CARSON CITY MANAGER

On February 15, 2022 the Carson City Council appointed David C. Roberts, Jr. as their new City Manager from within their internal ranks. Mr. Roberts has proven to be a recognized leader with a vision to create the City of Carson an even better place to live, work and play.

"For more than three years, I have been extremely fortunate to work, collaborate and enjoy our successes with the City Council, the residents and all employees. I believe in building bridges not barriers. My emphasis has been and will continue to be implementing all City Council priorities while working collectively with our dynamic and dedicated employees to provide the highest quality services to our residents," said Roberts.

Roberts was originally hired by the city of Carson as the Assistant City Manager in 2018.



In his tenure, he provided oversight to the Community Services/Parks and Recreation, Code Enforcement, Emergency Services, Information Technology, City Council support staff and the Public Information Office.

David C. Roberts, Jr., career journey encompasses over 22 years of private, public and federal experience. Roberts has served in multiple capacities of Administration (Human Resources

& Finance), Risk Management, Community Services, Cable Television, Economic Development, Community Development and Block Grants (CDBG).

Carson Mayor remarked, "The City Council is very pleased to have as our new city manager one who has had an extensive and diverse career in a multitude of cities and government agencies. We have seen Mr. Roberts successfully take on many significant responsibilities over the past few years and we are confident that he can be the leader we need at this time. He has a great team to work with and the Council expects David's leadership will bring a positive direction for our city."

Roberts holds a Bachelor of Arts Degree from California State University, Long Beach. He is a United States Veteran who proudly served in the United States Army as a Non-Commissioned Officer at the rank of Sergeant at Fort Irwin, California.

SHERIFF'S CORNER

BY CAPTAIN DAMON A. JONES



Working Together



Educating our children and young ones about these can help prevent it before it happens. For additional information regarding resources, you may contact our Community Relations Office. Together, let's create a safer and healthier community and protect our children.

Thank you for your support of the Carson Sheriff's Station and its personnel.

TEEN DATING VIOLENCE IN OUR COMMUNITY

In this article I would like to focus on an issue that appears to be more prevalent and common in our current society and yet rarely discussed. From talking to some children on calls and at some of our school encounters, we found that teen dating violence is more common than we think. In fact, according to CDC, nearly one in nine teen girls experience physical abuse from a dating partner. For 11 million female victims of rape, the attack occurred before they were 18. This is also true for about 1.5 million male victims.

Teen Dating Violence is described as "a pattern of behavior in which one person (a teen or adult) uses intimidation, threats of or actual physical, emotional or sexual violence in order to maintain power and control over his or her partner (a teen)." (Levy, 2008)

In an article from the California Health Report, they mentioned that aside from the physical, sexual, psychological, or emotional aggression it also includes cyber-bullying and stalking by a current or former partner. (Mink, March 2019)

If you have a young person at home or that you regularly come in contact with, please have a meaningful conversation with them on what a healthy, unhealthy, and abusive relationship looks like. Topics to talk to them about are power and control, consent, intimidation, coercion, blackmail, threats, isolation, blaming, denying and economic abuse.

Remember to be sensitive to any signs that there may be something wrong. Creating an atmosphere where open and constant communication with our children is number one is the best advice I can give. Teen victims are uncomfortable talking about the violence that is occurring to them. Victims may show signs of depression, social or emotional isolation or signs of substance abuse. They may have constant red eyes from crying and may have some secretive behaviors. Their manner of dressing up may change as well. Either covering up too much to conceal bruises or dressing up inappropriately or too revealing to try and garner attention.

When a victim opens up to us about their experience, it is important to make them feel that you are there to listen and help. Show compassion and encourage them to talk about it. Do not overreact and please do not judge. Keep their business private and do not talk to them publicly and never make promises to these victims that you cannot keep. Reassure the victims that any feelings of fear, anger, frustration or distrust are okay and reasonable.

Teen dating violence is a gateway to many other violent crimes just like smoking cigarettes are many times a gateway to harder drugs. Victims are also more likely to have risk-taking behaviors and tend to evolve into acting out violent behaviors and committing crimes.



Emergencies 9-1-1
Calls for Service (310) 830-1123
Watch Commander (310) 830-1123
Community Relations (310) 847-8386
Visit our website at www.carson.lasd.org

**For more information, please contact
Los Angeles County Sheriff's Department
Carson Station
Community Relations Office
Main: (310) 830-1123
Direct: (310) 847-6950
Email: CarsonComRel@lasd.org**



Minutes matter in a disaster and information can be just seconds away.

Sign up for Alert SouthBay to receive emergency alerts for the City of Carson and other cities in the South Bay.

To register online or for more information, please visit AlertSouthBay.com or ReadyCarson.com

Your information is protected and will only be used to notify you in the event of an emergency or for the categories you subscribe to.

STAY INFORMED DOWNLOAD THE APP

Three ways to register

- 1** Visit ReadyCarson.com
- 2** Text **ALERTSB** to **888777** to receive the link to register
- 3** Download the Everbridge app on the **Apple App Store** or **Google Play Store**



LEADERS IN PREPAREDNESS ACADEMY

The City of Carson Leaders in Preparedness Academy is a free, interactive emergency preparedness education program for Carson residents who are interested in becoming better acquainted with City emergency management operations. The purpose of the program is to provide information on the potential hazards and risks affecting Carson, to develop civic leadership, and to build a more disaster resilient community through well-informed and engaged residents.

- Disaster Preparedness
- Neighborhood Watch and Crime Prevention
- Hands-only CPR and Stop the Bleed
- Community Lifelines and Infrastructure Preparedness

Seats are limited.
Apply at ReadyCarson.com.



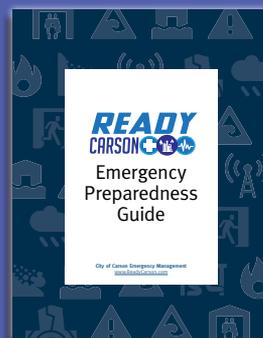
ARE YOU READY? IF NOT, GET CARSON READY!

Free Emergency Ready Guide Books Available

In recent years, devastating earthquakes, viruses, floods and wildfires have highlighted the need for Americans to prepare for natural disasters. However, according to the Federal Emergency Management Agency (FEMA), half of Americans have not discussed or developed a family emergency plan. Recently, our "Ready Carson" campaign has empowered individuals, families, small businesses and communities to prepare for both natural and man-made disasters.

"ReadyCarson" recommends taking four steps towards preparedness:

- 1) Be informed about the different types of emergencies that could occur and their appropriate protective actions.
- 2) Create a family emergency plan, including information on how to reconnect and reunite.
- 3) Build emergency supply kits to ensure you're prepared whether you're at home, at work, or in the car.
- 4) Get involved by finding opportunities to support community preparedness.



The Emergency Preparedness Guide encourages, educates, and empowers parents and caregivers to talk with their kids about emergency preparedness and take action.

You can request your booklet by visiting ReadyCarson.com or calling (310) 952-1786.



ENVIRONMENTAL NEWS

News About Organic Waste

What is Organic waste?

Organic waste is defined as lawn and landscaping clippings, wood and lumber, food, food-soiled paper and other paper and cardboard products.



What is SB1383?

In 2016, The California Senate Bill (SB)1383, was signed into law, which expands organic recycling requirements to all California properties including private residences starting **January 1, 2022**.



What goes in the Organics/Green Waste Bin?

- Food scraps
- Food soiled paper (i.e. used pizza boxes, used paper napkins /paper towels, paper bags, paper containers)
- Grass, leaves, yard waste, plants, branches
- Coffee grounds, coffee paper filters, tea bags
- Untreated wood and natural fibers (popsicle sticks, wooden chopsticks, toothpicks)

COMPOST YES		COMPOST NO	
Nuts	Breads, Cereals, Rice and Pasta	Plastic Bags or Wrappers	Foil
Salad	Vegetables	Plastic Coated Cardboard	
Egg Shells	Fruit	Oil or Crisco	Styrofoam
Flowers	Tea Bags and Loose Tea	Meat, Seafood Bones	Cheese Dairy
Coffee Grounds	Uncoated Paper Plates	Uncoated Paper Bags	Paper Towels and Napkins (Kitchen Only)
		Compostable Bags	Compostable Kitchenware

PUBLIC WORKS

ORGANIC WASTE RECYCLING

ASSEMBLY BILL 1826

Mandatory Commercial Organics Recycling Law

Businesses, including public entities, and multifamily complexes of 5 units or more that generate 2 or more cubic yards per week of total waste are required to recycle their organic waste.



WHY IS IT IMPORTANT?

The SB 1383 establishes a goal of reducing the volume of organic waste disposed in California landfills by 75% by 2025. As organics break down in landfills, they create methane, a powerful greenhouse gas which the state of California has identified as a factor in climate change.

THE PROCESS

Carson residents already have a green cart for yard waste; continue placing yard waste as you normally would.

Additionally, residents will now be required to separate other organic wastes, place them in clear plastic bags and put those bagged organic wastes into the green cart.

Commercial and Multifamily residences with 5 or more units (which produce 2 or more cubic yards of waste per week) will be provided a separate cart by Waste Resources, if necessary.

calrecycle.ca.gov/organics/slap/collection





CITY OF CARSON ENVIRONMENTAL NEWS

News About Organic Waste

"HOW-TO" GUIDE FOR FOOD SCRAPS

- **Freeze Them:** We all know that food scraps can get stinky; many people find that freezing the food scraps will reduce the spoilage. Just make sure to place the scraps in a clear plastic bag before moving them to the green cart.
- **Contain Them:** If a container is airtight or if it can fit in the refrigerator it may help reduce unwanted smells. A resident may find that purchasing or repurposing a container works best for them. Empty coffee cans are a good option for no additional cost to the resident. Don't forget to move the scraps to a clear plastic bag before placing them into the green cart.
- **Bag Them:** Clear plastic can liners may be purchased or other clear plastic bags (produce bags, bread bags, etc.) may be repurposed to bag the food scraps up. The bags can be used in conjunction with the container or separately and the scraps can be placed in the green cart on a regular basis as long as they are in the clear plastic bags.



ONLY USE CLEAR PLASTIC BAGS IN YOUR GREEN CART

All organic material must be placed in clear plastic bags and then placed inside the green cart for collection. Paper bags are acceptable, in limited quantities. Please do not put rocks or other inorganic material in with organic waste or in the green cart.

ORGANIC WASTE RECYCLING



QUESTIONS?

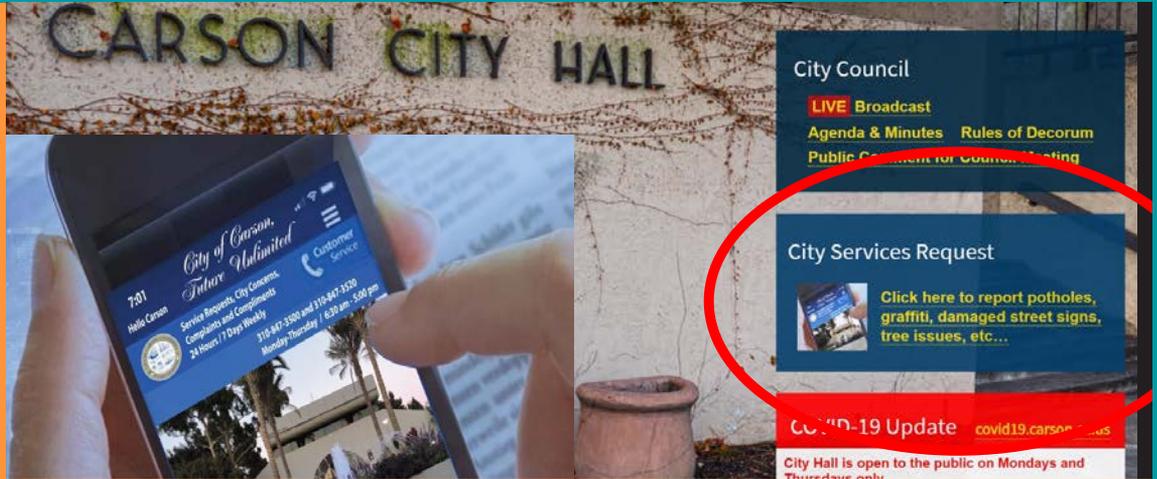
COMPANY	PHONE
City of Carson Public Works	(310) 847-3562
Waste Resources Inc.	(888)467-7600
Bulky Item Pick-Up	(888)467-7600
Household Hazardous Waste/E-Waste	(888)253-2652 www.cleanla.com
S.A.F.E. Collection Center	(800)988-6942 www.888cleanla.com

COLLECTION SCHEDULE FOR ALL WASTE

Holiday 2022	Date Observed	Regular Collection Day ⇌ Modified Collection Day					
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year's Day	1/1	No Change	No Change	No Change	No Change	No Change	Closed
Dr. Martin Luther King, Jr. Day	1/17	No Change	No Change	No Change	No Change	No Change	No Change
President's Day	2/14	No Change	No Change	No Change	No Change	No Change	No Change
Memorial Day	5/30	M ⇌ T	T ⇌ W	W ⇌ Th	Th ⇌ F	F ⇌ Sa	No Change
Juneteenth	6/19	No Change	No Change	No Change	No Change	No Change	No Change
Independence Day	7/4	M ⇌ T	T ⇌ W	W ⇌ Th	Th ⇌ F	F ⇌ Sa	No Change
Labor Day	9/5	M ⇌ T	T ⇌ W	W ⇌ Th	Th ⇌ F	F ⇌ Sa	No Change
Columbus Day	10/11	No Change	No Change	No Change	No Change	No Change	No Change
Veterans Day	11/11	No Change	No Change	No Change	No Change	No Change	No Change
Thanksgiving	11/24	No Change	No Change	No Change	Th ⇌ F	F ⇌ Sa	No Change
Christmas	12/25	No Change	No Change	No Change	No Change	No Change	No Change



PUBLIC WORKS



SEE A PROBLEM? We can fix that.



POTHOLES



GRAFFITI



DOWNED TREES



ILLEGAL DUMPING

REGISTER YOUR REQUEST BY CALLING, VIA WEBSITE OR BY PHONE APP



Download the iWorQ app from Apple App Store or Google Play to report potholes, graffiti, downed trees, illegal dumping, etc. Complete the service request form. You will receive a request number and your request will be reviewed. You may also make a service request on our city's website or by calling.



For more information, or to follow up with your service please call Public Works at

(310) 847-3520



SUPER-CALI-FRUGALISTIC

West Basin's SUPER-CALI-FRUGALISTIC drought campaign calls on our local communities to save water amid this unprecedented drought. They offer a variety of water saving programs to help residents and businesses save water and money. Visit <https://www.westbasin.org/conservation-3/> to learn more.

Grass Replacement Classes & Rebates

Rain Barrel Program

Cash for Kitchens Program

Water Saving Tips

Grass Replacement+

Change & Save Program

Water Bottle Filling Station



WATER REPLENISHMENT DISTRICT ARC FOR WATER RECYCLING & ENVIRONMENTAL LEARNING

The Water Replenishment District ARC for Water Recycling & Environmental Learning encompasses an advanced water treatment facility, a fully digital learning center, and water-efficient demonstration gardens. K-12th grade classes are invited to participate in a facilitated field trip that immerses students into a dynamic and interactive environment. The program builds on visitors' prior knowledge of, and everyone's daily connection to, the water cycle with specific attention to groundwater and recycled water. Students are challenged to analyze the information presented and use critical thinking skills to propose conservation and engineering solutions to the problems or issues presented. ARC also incorporates career development in which students and teachers will gain exposure to, and exploration of, water careers with varying levels of educational requirements.

If you would like any information regarding our Education Program please contact Monica Sijder at msijder@ wrd.org.





DOMINGUEZ RANCHO
ADOBE MUSEUM



UPCOMING EVENTS

18127 S. Alameda Street, Rancho Dominguez, CA 90220

Battle of Dominguez Hill

Saturday-10/1 & Sunday 10/2 • 10 am - 3 pm

Join us for a weekend filled with educational activities and a battle reenactment.



Día de Muertos

Saturday-11/5 • 1 pm - 4 pm

Enjoy live music and performances, along with beautifully displayed ofrendas.



La Pastorela:

A Christmas Time Tradition

Saturday-12/3 • 1 pm - 4 pm

There will be a Nativity play on the museum grounds.



VPAN is a program that delivers Peer Support services to Veterans (regardless of VA Health Care status) and Military Families. The goal is to increase an individual's overall well-being, access to basic needs and treatment, reduce internal and external barriers to receiving temporary and permanent housing, along with empowering and developing self-determination with clinical support. Being a linkage to services, along with care coordination to provide self-help tools, education, and self-management in crisis situations.

The network embodies the #YouMatter ideal – that veterans deserve hope, well-being and a greater quality of life as valued members of the L.A. County community.

Resources available include:

Mental Health – Treatment for trauma from combat exposure, military sexual trauma, relationship and intimacy issues

Substance Misuse Support – Treatment for substance use disorders, including misuse of alcohol, prescription medication and other drugs

Housing – Temporary and permanent housing for veterans and their families, help locating housing

Workforce Development and Employment – Help with developing interview skills, resume creation, job coaching, plus volunteer and job opportunities

Healthcare – Enrollment into VA healthcare, transportation to appointments, ensuring access to prescription medications

Education – Support with school enrollment, vocational training, tuition assistance

Miscellaneous – Food, childcare, transportation, financial assistance and more

Legal Services – Help with eviction prevention, discharge upgrade, applying for VA benefits, etc.
Social Connection/Recreation – Opportunities to connect with other veterans in a variety of settings

Veteran Peer Access Network (VPAN)
Support Line: (800) 854-7771, *3
To get support and resources for veterans and military family members
7 days a week 9 am to 9 pm

To get information on VPAN, please visit:
<https://dmh.lacounty.gov/veterans>



Applications are available
NOW!



POSITION: Youth Employment Program

REQUIREMENTS:

Carson residents ONLY – Participant’s address will be verified.
Must be age 16-17 by July 1, 2022
Minimum 2.0 GPA
Work permit (work permit applications will be distributed)

ADDITIONAL INFORMATION:

Participants can work up to 100 hours
Positions will be in city departments, parks, etc.
Proof of Carson residency for the youth, age and grades
will be needed when you submit your online applications.
(To complete the application process you must scan and attach documents.)

**CITY OF CARSON
SUMMER YOUTH
EMPLOYMENT PROGRAM**

For more information, please contact the Human Resources Department
at 701 East Carson Street, Carson, CA 90745 or call (310) 952-1736.

Equal Opportunity Employer/Program. Auxiliary aids and services available upon request
to individuals with disabilities. To request a reasonable accommodation, please call (310) 952-1736.



JOB SEEKER

NOW OPEN!

FREE SERVICES FOR YOUR JOB SEARCH, IN YOUR COMMUNITY!

America’s JobCenter
of California™



What is a One-Stop?

- One-Stop Career Centers are designed to provide a full range of assistance to job seekers under one roof.
- Establish under the Workforce Innovation & Opportunities Act, they offer training referrals, career counseling, job listings, and similar related services.

How does it Work?

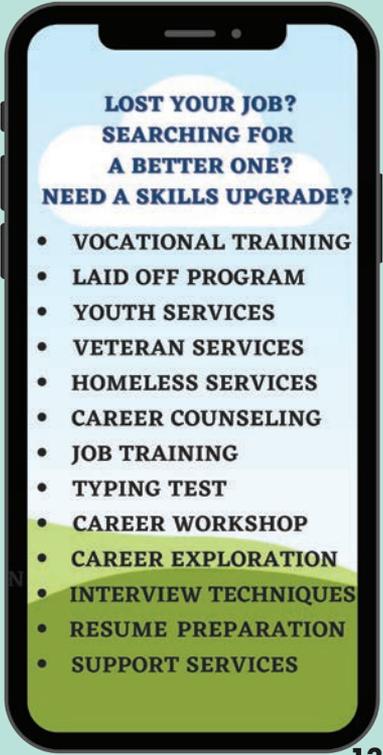
- Sign-up for Zoom Informational Orientation Session
- Complete the enrollment process
- Be assigned a Career Counselor
- GET HIRED!

Where can you sign-up?

- Contact the Carson One Stop Center by calling (310)680-3870 or e-mail carreception@sbwib.org



This WIOA Title I financially assisted program or activity is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities by calling in advance to CRS 1-800-735-2922 or 310-680-3700



**LOST YOUR JOB?
SEARCHING FOR
A BETTER ONE?
NEED A SKILLS UPGRADE?**

- VOCATIONAL TRAINING
- LAID OFF PROGRAM
- YOUTH SERVICES
- VETERAN SERVICES
- HOMELESS SERVICES
- CAREER COUNSELING
- JOB TRAINING
- TYPING TEST
- CAREER WORKSHOP
- CAREER EXPLORATION
- INTERVIEW TECHNIQUES
- RESUME PREPARATION
- SUPPORT SERVICES



Presented by
HERBALIFE NUTRITION

2022 SCHEDULE

SUNDAY	FEBRUARY 27	NEW YORK CITY FC	2:00 PM	ESPN	FRIDAY	JULY 8	LAFc	7:00 PM	ESPN
SATURDAY	MARCH 5	CHARLOTTE FC	4:30 PM	FOX	WEDNESDAY	JULY 13	SAN JOSE EARTHQUAKES	7:00 PM	FS1
SATURDAY	MARCH 12	SEATTLE SOUNDERS FC	12:30 PM	FOX	SATURDAY	JULY 16	COLORADO RAPIDS	6:00 PM	LOCAL
SATURDAY	MARCH 19	ORLANDO CITY SC	12:30 PM	univision	SUNDAY	JULY 24	ATLANTA UNITED FC	6:30 PM	FS1
SUNDAY	APRIL 3	PORTLAND TIMBERS	1:30 PM	FS1	SATURDAY	JULY 30	FC DALLAS	6:00 PM	LOCAL
SATURDAY	APRIL 9	LAFc	4:30 PM	FOX	WEDNESDAY	AUGUST 3	MINNESOTA UNITED FC	7:30 PM	LOCAL
SATURDAY	APRIL 16	CHICAGO FIRE FC	5:00 PM	LOCAL	SATURDAY	AUGUST 6	SPORTING KANSAS CITY	5:30 PM	LOCAL
SATURDAY	APRIL 23	NASHVILLE SC	7:30 PM	LOCAL	SATURDAY	AUGUST 13	VANCOUVER WHITECAPS FC	7:00 PM	LOCAL
SATURDAY	APRIL 30	REAL SALT LAKE	12:30 PM	univision	FRIDAY	AUGUST 19	SEATTLE SOUNDERS FC	7:00 PM	ESPN
SUNDAY	MAY 8	AUSTIN FC	4:00 PM	FS1	SUNDAY	AUGUST 28	NEW ENGLAND REVOLUTION	5:00 PM	LOCAL
SATURDAY	MAY 14	FC DALLAS	7:30 PM	LOCAL	WEDNESDAY	AUGUST 31	TORONTO FC	4:30 PM	LOCAL
WEDNESDAY	MAY 18	MINNESOTA UNITED FC	5:00 PM	LOCAL	SUNDAY	SEPTEMBER 4	SPORTING KANSAS CITY	7:00 PM	LOCAL
SUNDAY	MAY 22	HOUSTON DYNAMO FC	5:00 PM	LOCAL	SATURDAY	SEPTEMBER 10	NASHVILLE SC	12:30 PM	univision
SUNDAY	MAY 29	AUSTIN FC	TBD	Unidas	WEDNESDAY	SEPTEMBER 14	VANCOUVER WHITECAPS FC	7:00 PM	LOCAL
SATURDAY	JUNE 18	PORTLAND TIMBERS	2:00 PM	ESPN	SATURDAY	SEPTEMBER 17	COLORADO RAPIDS	7:30 PM	LOCAL
SATURDAY	JUNE 25	SAN JOSE EARTHQUAKES	7:00 PM	ESPN	SATURDAY	OCTOBER 1	REAL SALT LAKE	7:30 PM	LOCAL
MONDAY	JULY 4	CF MONTREAL	7:30 PM	LOCAL	SUNDAY	OCTOBER 9	HOUSTON DYNAMO FC	2:00 PM	LOCAL

HOME AWAY

LAGALAXY.COM
 1-877-342-5299
 @LAGALAXY





100% Clean
Power Savings



How can Carson residents get 20% OFF their electric bill by using 100% clean power?

The Power Share Program from Clean Power Alliance (CPA) is a statewide benefit program created to help you save on your electric bill. It offers savings of 20% OFF monthly electric bills to income-qualified customers in underserved communities. When combined with CARE or FERA discounts, you could save up to 45% on your bill every month.

For help checking eligibility and enrolling, call **1-855-585-3788**.

Go to <https://cleanpoweralliance.org/power-share/> to learn more.



LA COUNTY COVID-19 ASSISTANCE

www.211la.org/covid-19



HOUSING SERVICES

LA County has opened a new COVID-19 Rent Relief Program. Eligible renters may qualify for up to \$10,000 in rental assistance. Please view the program details before applying by visiting www.211la.org/lacounty/rentrelief

211 LA is an entry point to the Coordinated Entry System (CES) for Los Angeles families seeking housing assistance. 211 LA screens homeless families for eligibility and links them to the appropriate housing support service provider. Dial 2-1-1 to connect with this program.

For other Housing related services, use 211 LA's Housing Services visit www.211la.org/resources/subcategory/housing



SMALL BUSINESS RESOURCES

U.S Small Business Administration is offering low-interest federal disaster loans to California small businesses suffering substantial economic injury as a result of the novel coronavirus (COVID-19).

Coronavirus (COVID-19): Relief options and Additional Resources visit:

disasterloanassistance.sba.gov/ela/s/ and www.sba.gov/funding-programs/loans/covid-19-relief-options

View FAQs about the LA Regional COVID Fund visit https://211la.org/sites/default/files/2020-10/LA_Regional_COVID_19_Fund_FAQ_01.pdf

LA Regional COVID Fund

Grants: <https://www.lacovidfund.org/nonliscgrants>

Loans: <https://lacovidfund.org/nonliscloans>



FOOD SERVICES

211 LA is the entry point for a variety of food programs for Seniors & Persons with disabilities, including the Great Plates Delivered program, WIC, and Critical Delivery Service, and can provide referrals to a wide variety of other food-related programs.

Search 211 LA's Food resources:
www.211la.org/resources/subcategory/food.

CalFresh is California's food stamps (SNAP) program, which supports low-income households by providing monthly funds to buy food. During COVID-19 CalFresh has special additional services to support families, including buying groceries online at Walmart and Amazon for home delivery.

Learn more about CalFresh at www.211la.org/resources/service/food-stampssnap-applications-41

Apply for CalFresh
www.getcalfresh.org/?source=dssfood.



MENTAL HEALTH SERVICES

During the COVID-19 crisis, Headspace and the LA County Department of Mental Health (DMH) have partnered to provide FREE support and resources for LA County residents. These services include meditations, sleep, and movement exercises designed to help you care for your mind.

Sign up for Headspace's services visit www.headspace.com/lacounty

For other mental health services visit: www.211la.org/resources/subcategory/mental-health





COMING IN MAY 2022

The City of Carson offers programs to assist low to moderate income homeowners with repairs to improve their single-family residence or mobile home. All applicants must meet the eligibility requirements as described below to participate. Register online on the City's website (link listed below). Registration will be open until we reach our capacity of 75 residents. (ONLY IF FUNDS ARE AVAILABLE) For further information, you may contact the Community Development Department at (310) 952-1700, ext. 1334.

Here's How to Register

- 1. Online: <http://ci.carson.ca.us/CommunityDevelopment/NppApp.aspx>

SINGLE-FAMILY HOME GRANTS

Grants are available for up to \$15,000. Items eligible for rehabilitation include: new roof, new windows, new driveway, exterior and interior painting, plumbing and heating repairs and electrical repairs.

MOBILE HOME GRANTS

Grants are available for up to \$10,000. Eligible items include: roofing, replacing of deteriorated stairs, faulty plumbing and heating, hazardous wiring repairs and security lighting.

- Household income shall not exceed the maximum total household income guidelines. Total household income is all income currently being received by all persons who live in the dwelling.
- Dwelling shall be owner-occupied, single-family homes and must have maintained ownership for the minimum of one (1) year at time of application submittal. (Condos, townhouse, etc. are not considered single-family dwellings.)
- Dwelling shall be over 25 years old and be classified as Moderate Income Housing Stock.
- Grants are to be used on a one-time per property basis, per applicant and cannot be used in conjunction with the Deferred Loan Program.

SINGLE-FAMILY HOME DEFERRED LOANS

The maximum loan amount is \$25,000 or the amount needed for rehabilitation, whichever is less. The Deferred Loan interest rate is 3%. Payment in full, principal and accrued interest is due when title is transferred, property is refinanced with cash-out or property changes ownership. The Deferred Loan is to be used on a one-time per property basis.

For further information please scan:



ci.carson.ca.us/communitydevelopment/NPP.aspx



Household Size	Extremely Low (0%-30%)	Low (31%-50%)	Moderate (51%-80%)
1	\$24,850	\$41,400	\$66,250
2	\$28,400	\$47,300	\$75,700
3	\$31,950	\$53,200	\$85,150
4	\$35,450	\$59,100	\$94,600
5	\$38,300	\$63,850	\$102,200
6	\$41,150	\$68,600	\$109,750
7	\$44,000	\$73,800	\$117,350
8	\$46,800	\$78,050	\$124,900

HELPING HOUSEHOLDS CONNECT DURING THE PANDEMIC



The Affordable Connectivity Program replaced the Emergency Broadband Benefit on December 31, 2021. Learn more about the Affordable Connectivity Program by visiting [fcc.gov/ACP](https://www.fcc.gov/ACP).

Emergency Broadband Benefit recipients fully enrolled as of December 31, 2021 will automatically continue to receive their current monthly benefit until March 1, 2022. You can learn more the program transition and steps you may need to take to stay enrolled after March 1st, by visiting [fcc.gov/broadbandbenefit](https://www.fcc.gov/broadbandbenefit).

Who Is Eligible for the Affordable Connectivity Program?

A household is eligible if a member of the household meets at least one of the criteria below:

Has an income that is at or below 200% of the federal poverty guidelines; or Participates in certain assistance programs, such as SNAP, Medicaid, Federal Public Housing Assistance, SSI, WIC, or Lifeline; Participates in Tribal specific programs, such as Bureau of Indian Affairs General Assistance, Tribal TANF, or Food Distribution Program on Indian Reservations; Is approved to receive benefits under the free and reduced-price school lunch program or the school breakfast program, including through the USDA Community Eligibility Provision in the 2019-2020, 2020-2021, or 2021-2022 school year; Received a Federal Pell Grant during the current award year; or Meets the eligibility criteria for a participating provider's existing low-income program.

Two steps to enroll:

Apply Now: Go to [ACPBenefit.org](https://www.acpbenefit.org) to submit an application or print out a mail-in application.

Contact your preferred participating provider to select a plan and have the discount applied to your bill.

Some providers may have an alternative application that they will ask you to complete.

Eligible households must both apply for the program and contact a participating provider to select a service plan.

<https://www.fcc.gov/ACP>



CALIFORNIA MORTGAGE RELIEF PROGRAM

The California Mortgage Relief Program is now accepting applications. To qualify for the California Mortgage Relief Program, there are certain requirements including having been financially impacted by the pandemic. Applications are still being accepted to help reduce risks of eviction (falling behind on house payments)

<https://housing.ca.gov/>



LONG BEACH AIRPORT NOISE

Call: 562-570-2665

- Email: lgbnoise@longbeach.gov
- FAA Noise portal: [noise.faa.gov/noise](https://www.faa.gov/noise)



the warmline



The Peer-Run Warm Line is a non-emergency resource for anyone in California seeking emotional support. We provide assistance via phone and webchat on a nondiscriminatory basis to anyone in need 24/7.

Some concerns callers share are challenges with interpersonal relationships, anxiety, panic, depression, finance, and alcohol and drug use.

<https://www.mentalhealthsf.org/peer-run-warmline/>

Call: 1-855-845-7415

Chat: Mentalhealthsf.org

Proudly serving all of California!



IDSGT Foundation
Community uplifting Community

GoldenTalk senior chat line is live



(888) 60-GOLDEN
(888) 604-6533

GoldenTALK is a chat and crisis line for Older Adults who are 60 years of age and older. The chat line assists seniors facing social isolation through warm conversations and also provides referrals and works closely with multiple agencies within Los Angeles County in the event of a crisis.

WE NEED VOLUNTEERS!

Please visit our website for more information or call (888) 491-0054

www.idsgtfoundation.org

MENTAL HEALTH RESOURCES



The City of Carson is pleased to present “Coping with COVID: A Virtual Mental Health Forum” on Saturday, May 7, 2022. Please call (310) 835-0212 x 1460 for details.

Carson Sheriff Station Non-Emergency Line

Call (310) 830-1123 to request a welfare check

Harbor UCLA Mental Health

(424) 306-5700

<http://www.harbor-ucla.org/psychiatry/>

Department of Mental Health

(800) 854-7771

<https://dmh.lacounty.gov/>

Department of Mental Health Hoarding Resources

Guidebook

http://file.lacounty.gov/SDSInter/dmh/216946_Guidebookforonline.pdf

GENESIS (Geriatric Evaluation Networks Encompassing Services Intervention Support Programs)

Specific mental health outreach to an older adult (213) 351-7284

Didi Hirsch - Mental Health Services

Suicide Prevention (888) 807-7250

<https://didihirsch.org/>

Heritage Clinic

(562) 264-6001

Provides mental health services for low income adults 50+ and family caregivers

www.heritageclinic.org

Exodus Recovery

Inpatient and outpatient

(424) 405-5888

<https://www.exodusrecovery.com/locations/>

NAMI- National Alliance of Mental Illness

<https://www.nami.org/Home>

Local Information Line: (562) 435-2264

South Bay Family Health Care

23430 Hawthorne Blvd., Ste. 210

Torrance, CA 90505

(310) 802-6177 Ext. 1123

South Bay Family Healthcare

Building Healthy Lives (sbfhc.org)

National Suicide Prevention Lifeline

Hours: Available 24 hours.

Languages: English and Spanish

Learn more (800) 273-8255

EMOTIONAL SUPPORT

24-hour Suicide Prevention Lifeline:

1-800-273-8255 or text 838255

National Suicide Prevention Deaf and Hard of Hearing Hotline:

Access 24/7 video relay service

by dialing 800-273-8255

(TTY 800-799-4889).

Hotlines if you need to talk to someone:

- Disaster Distress Helpline:
Call 1-800-985-5990
(TTY 800-846-8517) or text
TalkWithUs to 66746 for
24/7 support.

- Crisis Text Line:
Text HOME to 741741 for 24/7
crisis support.

If you feel unsafe:

- Call or text the Victims of Crime Resource Center at 1-800-VICTIMS line for information on victim services programs in California.

Family Support:

- You can call the **National Parent Helpline** at 1-855-427-2736 Monday – Friday from 10:00 a.m. – 7:00 p.m. to get emotional support from a trained Parent Advocate.

NAMI California has resources for family members supporting loved ones with mental health conditions. You can call their helpline at 1-800-950-NAMI to get information, resource referrals and support from 7:00 a.m. – 3:00 p.m. or email info@namica.org.



CITY OF CARSON

Women's Issues Commission

The Women's Issues Commission serves the Carson community by advising the City Council on issues of particular concern to women and families, including domestic violence. Below is a list of resources for those experiencing domestic violence.

Do not remain silent!

CITY OF CARSON Women's Support Group

Open to all women. Secure, safe, confidential.

For more information, please contact
Jenice Deguzman at (310) 847-3584.

California Partnership to End Domestic Violence

(916) 444-7163 • www.cpedv.org

California's recognized domestic violence coalition, representing over 1,000 advocates, organizations and allied groups throughout the state

L.A. County Domestic Violence Hotline

(800) 978-3600 • www.ndvh.org

This hotline is confidential and available 24/7. It is an automated line where you will enter your preferred language and zip code, then you will be transferred to an operator at an agency near you.

National Domestic Violence Hotline

(24/7 Confidential): (800) 799-7233 (SAFE)

www.ndvh.org (800) 787-3224 (TTY) or text LOVEIS (capitalization does not matter) to 22522 *Msg & Data Rates may apply

National Sexual Assault Hotline

800-656-4673 (HOPE) • www.rainn.org

National Dating Abuse Helpline

866-331-9474 • www.loveisrespect.org

Pathways to Safety International

833-723-3833 (833-SAFE-833)

(international and toll-free)

www.pathwaystosafety.org

National Center for Victims of Crime

855-484-2846 (4-VICTIM) • www.victimsofcrime.org

For more information, visit

www.carsonca.gov/womensissuescommission
or call 310-952-1728.

HOMELESS COUNT 2022



The Homeless Count took place in February this year after being delayed by the COVID-19 surge earlier this year. On the evening of Wednesday, February 23rd with the assistance of 50 plus community volunteers, The Carson Sheriff's Department, and LAHSA (Los Angeles Homeless Service Authority) we were able to canvas all of Carson's tracts (street maps) to give data back to LAHSA in collaboration with USC who will now input, verify, and get much needed results regarding the homeless numbers in our community.



This year's Count was a drive-thru set up due to the ongoing protocols and safety measures brought on by the pandemic. Thank you to all Community partners, and Community Volunteers that were able to make this year's count possible, in 2021 the Count was cancelled all together.

Results will be made available to the public in the next several months. For more information on this annual event, or ongoing programs in regards to Homelessness in LA County visit <https://www.lahsa.org>



MENTAL HEALTH SUPPORT FOR LA COUNTY



LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
hope. recovery. wellbeing.



Join a Support Group • Find a Coach

Get online mental health support 24/7 with on-demand coaching, lessons, and more brought to you by the Los Angeles County Department of Mental Health.

FREE

Sign up at

lacounty.iprevail.com





Home Share South Bay
South Bay Cities Council of Governments



SOUTH BAY CITIES COUNCIL OF GOVERNMENTS

silvernest.com/southbay

Are you a homeowner looking for extra monthly income? Help around the house? Companionship?

Home Share South Bay is a new program designed to match homeowners who have extra room(s) in their home with someone in need of housing due to high rents and cost of living. Homesharing is a solution that can relieve financial pressure.



Stay in the Home You Love



Help Others In Need



Share Companionship



Earn Extra Income

Contact "HOME SHARE SOUTH BAY" for assistance
[Laurie Jacobs •laurie@southbaycities.org](mailto:laurie@southbaycities.org)



CSUDH LAUNCHES NEW FILIPINO AMERICAN DIGITAL ARCHIVE

The California State University, Dominguez Hills (CSUDH) Gerth Archives and Special Collections has established the Filipino American Digital Archive (FADA) to preserve and tell the history of people of Filipino ancestry living in Carson and throughout California.

“With Greater Los Angeles home to the third-largest population of Americans with Filipino ancestry in the United States, this will be an important addition to the archives’ growing list of special collections that document, preserve, and make accessible the histories of the many cultures and people in the South Bay region,” says Gerth Archives Director Greg Williams.

The new collection officially launched earlier this year with a special celebration attended by leaders of the Filipino community, Carson Mayor Lula Davis-Holmes, and council members, along with Williams, other representatives of the Gerth Archives, and CSUDH faculty.

CSUDH Assistant Professor of Asian-Pacific Studies Mary Talusan Lacanlale says the community was the impetus behind establishing the new digital archive. “Several years ago, members of Filipino American organizations in Carson approached Greg Williams and I about creating an archive to document the important work of Filipino Americans in our area,” she recalls.

Lacanlale, Williams, and the staff at the Gerth Archives agreed and got to work setting up a database with initial contributions by local Filipino leaders.

Among the first contributors to the archives were Florante Ibanez, author of *Filipinos in Carson and the South Bay*, and Linda Nietes-Little, founder of the Philippine Expressions Bookshop in San Pedro and an icon of the Filipino American community. Ibanez donated boxes of his photos, newsletters, and other collected items, and Nietes-Little is donating memorabilia along with a collectible copy of Carlos Bulosan’s *America is in the Heart*.

To help grow the archive, Williams welcomes donations of photos, videos, oral histories, meeting notes of organizations, and any other material related to the Filipino community, which would be preserved for safekeeping, and digitized for public research.

“We will continue to gather source material for this important history that is local, national, and international in scope,” Williams said.

The Gerth Archives and Special Collections at CSUDH is home to a vast repository of historical memorabilia, photos, documents and oral histories of local, state, and national issues ranging from political movements to labor, music, and local government. Collections include the Rancho San Pedro and Dominguez Family Collection, the 1910 Los Angeles Air Meet Collection, and city collections on Watts, Gardena, Long Beach, Manhattan Beach, and Compton. The Gerth Archives is also home to the California State University system’s official archives, and the statewide CSU Japanese American Digitization Project.

To learn more about the Gerth Archives or inquire about contributing to the Filipino American Digital Archive or any other collection, call (310) 243-3895.

CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS

1000 East Victoria Street | Carson, CA 90747 | (310) 243-3696 | csudh.edu

CSUDH

DO-IT-YOURSELF SOLUTIONS FOR MOSQUITO PROBLEMS

The best method to reduce breeding on your property is to limit the number of potential sources. Inspect around and inside your home for potential breeding sources. If standing water is found, remove the source. If the source is not removed, you must check weekly for standing water to prevent mosquito breeding. Remember to look for mosquito sources every week and after rain events.



COMMON HOUSEHOLD ITEMS

Any container capable of holding at least a teaspoon of water: Throw away, turn over, empty once a week or drill holes in the bottom.

Buckets, watering cans, drinking glasses, cups, bottle caps, or trash that can hold water: Store inside or turn over. If trash, throw away.

Old Tires: Dispose of at your local recycling facility. If used for playground equipment, drill holes for water to run. If on ground, ensure holes are not blocked by debris.

Pet Water Bowls: Scrub and rinse out once a week.

Tarps, Plastic Covers, Flexible Sandbox Covers: Drain water trapped in folds and arrange so water runs off.

Potted Plant Saucers: Empty saucers or flush out with garden hose once a week. Remove saucers from under plants. Place fine aquarium gravel in saucers.

Garbage Cans, Barrels, Recycling Bins: Keep cans covered with lid or drill holes in bottom. If collecting rain water, cover with fine mesh screen.

Rain Barrels: Cover rain barrel with insect screen and tightly secure. Install small pieces of screen over any other holes such as overflow valves or connection points, and secure. If rain barrel comes with a screw top, place the square mesh between the rain barrel and the lid and screw it in place. Try to use the collected water first and empty barrels completely between rain events.

BACKYARD/GARDEN

Base of Patio Umbrellas and Portable Basketball Stand: Fill with sand or, if filled with water, be sure to screw on plug. Keep water out of depressions in stand.

Bird Baths: Dump out once a week or flush out with garden hose.

Ornamental Ponds and Fountains: Filter water or apply larvicide to prevent breeding.

Wheelbarrow Stored Outside: Store upside down when not in use.

Outdoor Grills: Keep covered. Ensure the vent is closed.

Plastic in Gardens to Prevent Weeds: Use landscape cloth that will allow water to pass through instead of plastic sheets that hold water. Bromeliads (Plants that Hold Water) Turn plant over to dump water. For plants too large, flush out cavities with garden hose once a week. Discard or remove from landscaping if possible.



CHILDREN'S TOYS

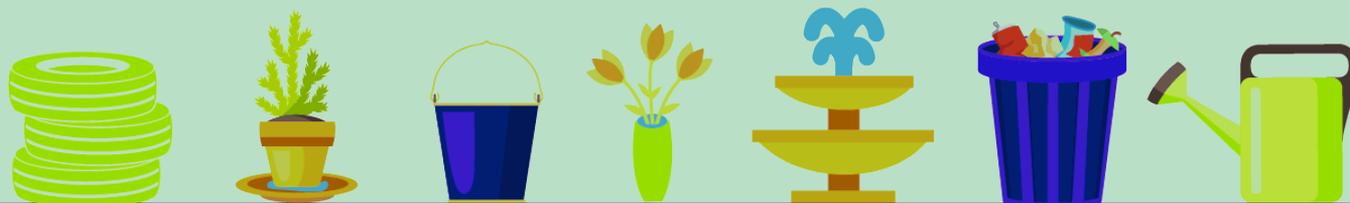
Portable Basketball Hoops: Ensure caps for fill holes are in place; replace if lost.

Kiddie Pools: Empty or change water in kiddie pools every 5-7 days. Store indoors or turn over when not in use.

Sand Boxes: Drill small drainage holes on the bottom of the sand box.

Toys, Wagons, Etc.: Keep toys turned over or inside when not in use. If water can get inside the plastic toy, so can a mosquito – drill drainage holes in the bottom.

Deflated Toys: Drain off water, dry out, and store indoors when not in use.



ANIMAL CONTROL

SUMMER CARE TIPS FOR YOUR PETS

Summer is a time for both you and your pet to enjoy the sunshine and outdoors, but along with the fun, the season also offers up situations that can endanger your pet.

The Humane Society of the U. S. offers these tips to keep your furry friends safe this summer.

NEVER LEAVE YOUR PET IN THE CAR

In nice weather you may be tempted to take your pet with you in the car while you travel or do errands. But during warm weather, the inside of your car can reach 120 degrees in a matter of minutes, even if your parked in the shade.

Pets who are left in hot cars even briefly can suffer from heat exhaustion, heat stroke, brain damage and can even die.

To avoid any chance that your pet will succumb to the heat of a car this summer, leave your pet home.

If you happen to see a pet in a car alone during the hot summer months, alert the management of the store where the car is parked. If the owner does not return promptly, call the local animal control officer or the police immediately.

- Don't put your pet in the back of a truck
- Watch out for fertilizers and deadly plants
- Spaying and neutering your pets will reduce the likelihood that they will bite and decrease the chances of unwanted litters
- Make sure that your pet is always wearing a collar with tags and id
- Provide plenty of fresh water and shade for your pets while they enjoy the outdoors
- Remember older dogs, short nosed dogs and those with thick coats can't tolerate as much exercise on hot days, so limit their time to early morning and evening hours
- Play it safe on the fourth of july-leave your pets home

Have a safe and fun summer



CITY OF CARSON ANIMAL CONTROL SERVICES

ANIMAL & SAFETY CALLS:

(310) 952-1786

Monday - Thursday

7:00 A.M. - 6:00 P.M.

- Barking Dog Complaints
- Nuisance Animals
- Stray Animals
- Feral Animals
- Dead Animal Removal
- Neglect Complaints
- Surrendered Animals
- Found Animals

COYOTES



Coyotes (*Canis latrans*) are found throughout Coyote families are territorial during the summer months, staying closer to the dens than other seasons. After the pups near physical maturity, they might not return to the dens at all, but usually hunt the same general area because this is where they have been trained and the territory is familiar. Considering this, coyotes are likely to be near where you discovered den activity or heard howling and yipping earlier in the year.

HOT WEATHER PRECAUTIONS

Totally fooling the coyote's nose is impossible. The warmer the temperature, the more you sweat and the more human odor is carried on the wind. Scent control is critical at any season, but far more in summer and early fall. I believe the secret — if there is one — is to accept the fact that a coyote is going to smell you no matter what. Do everything you can to keep the coyote from determining if the human odor is fresh. Many coyotes come in contact with human scent every day. By "misting" and using good personal hygiene, you can confuse the coyote's nose for a short time.

To guard against diseases that are carried by ticks and mosquitoes, in hot weather you must use an insect repellent. Use mosquito repellents that have a special scent, specifically designed for controlling foreign odors.

For ticks and chiggers, spray your clothes with Permanone and allow them to dry before putting them on.

This product should never be used directly on the skin. Permanone will last for several days and does not carry an odor that will deter coyotes.

Coyote sightings are common in communities throughout Southern California - including La Palma. During spring time, these sightings may become more frequent as this is the breeding season for many wild animals. While some residents understand that wildlife is being pushed from their natural habitat and take pleasure in these visits, many consider them a nuisance.

According to the California Department of Fish and Wildlife (CDFW), during the warm summer months, particularly from March through August, coyotes are very active. They are raising their young and searching for food. The CDFW indicates that coyotes are highly adaptable and often live in close proximity to populated areas where food and water sources are abundant. They usually fear humans and avoid interactions, however, if they associate humans with food, they lose their natural fear and can become bold.



WHAT YOU CAN DO

According to SEACA, here are some steps you can take to make your property unattractive to coyotes and other wild animals:

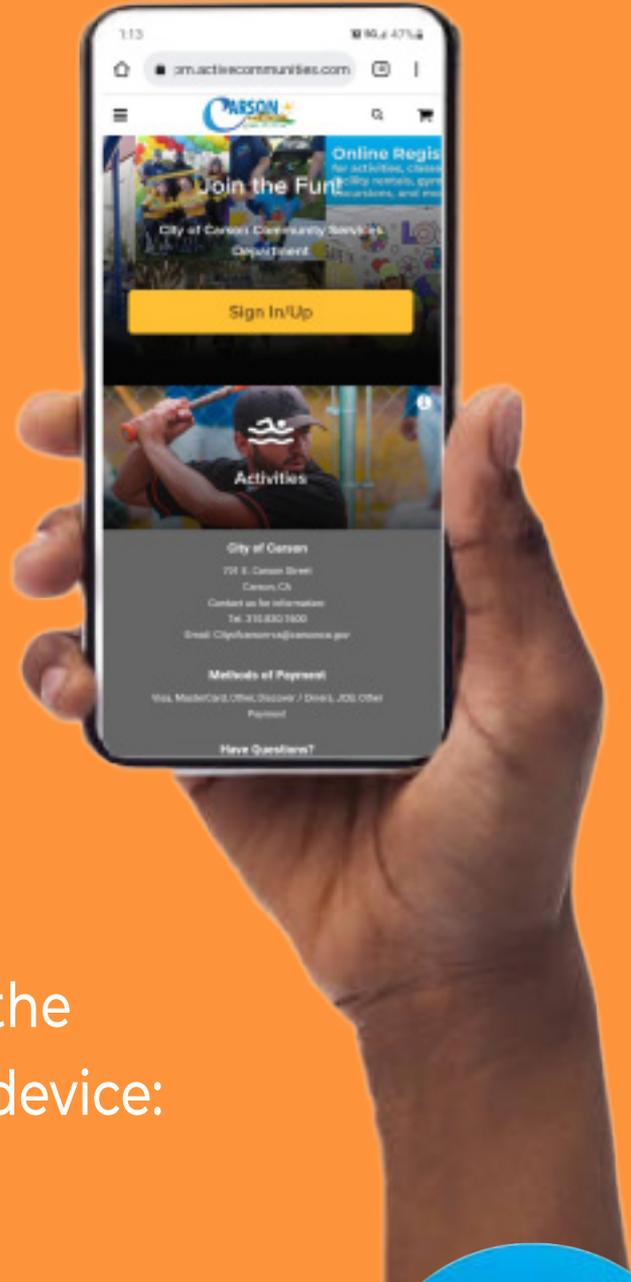
- Keep small pets inside particularly at dawn and dusk when coyotes are most active.
- Do not feed any wildlife including squirrels and songbirds.
- Do not leave food and water for domestic pets outside.
- Install motion sensitive lighting around the house especially in areas where you might have fruit trees or animals residing outside.
- Trim ground level shrubbery to reduce hiding or nesting places.
- Put trash in tightly closed containers that cannot tip over.
- Double check fencing to insure it is secure.

Taking these preventive measures should help in deterring wildlife from visiting your property. Without the lure of food, water, and shelter their visits will be brief and rare.

COYOTE SIGHTINGS?

Call (310) 952-1786 or complete the form on the city's website:

<https://ci.carson.ca.us/citymanager/CoyoteReport.aspx>



ONLINE CLASS REGISTRATION

You can register and pay for the following using your mobile device:

- Activities
- Classes
- Youth & Adult Sports
- Facility Rentals
- Gym Memberships
- Excursions and more!

REGISTER
<https://cutt.ly/OnlineReg>



2022 Aquatic Summer Programming

Programming Schedule and/or Fees are subject to change without prior notice.

Please note: Masks must be worn at all times, except in the pool or while showering. Due to COVID-19, the City of Carson Aquatics programming may change often to ensure compliance with related City of Carson, LA County Health, and California State Health Orders. Thank you in advance for your continued support and patience throughout these uncertain times as we continuously navigate ways to ensure your safety while participating in our Aquatics Program.

CARSON POOL

SWIM LESSONS

Session	Date	Days	Morning	Afternoon
1	June 13 - 16	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
2	June 20 - 23	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
3	June 27 - 30	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
4	July 4 - 7	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
5	July 11 - 14	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
6	July 18 - 21	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
7	July 25 - 28	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
8	August 1 - 4	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm

AQUA AEROBICS

Dates	Days	Times
June 13 - August 11	M, W	8:30 am - 9:30 am
June 13 - August 11	T, Th	6:00 pm - 7:00 pm

RECREATION SWIM

Dates	Days	Times
June 13 - August 11	T, Th	12:50 pm - 2:50 pm
June 13 - August 11	M, W	6:00 pm - 8:00 pm

FOISIA POOL

LAP SWIM

Date	Days	Time
June 13 - August 11	M - W	8:30 am - 9:30 am

RECREATION SWIM

Dates	Days	Times
June 13 - August 11	M - W	12:50 pm - 2:50 pm

JUNIOR LIFEGUARD

Dates	Days	Times
June 13 - August 4	M - W	3:00 pm - 4:30 pm

MINI LIFEGUARD

Dates	Days	Times
June 13 - August 4	M - W	3:00 pm - 4:30 pm

SWIM LESSONS

Session	Date	Days	Morning
1	June 13 - 16	M - Th	9:45 am - 12:35 pm
2	June 20 - 23	M - Th	9:45 am - 12:35 pm
3	June 27 - 30	M - Th	9:45 am - 12:35 pm
4	July 4 - 7	M - Th	9:45 am - 12:35 pm
5	July 11 - 14	M - Th	9:45 am - 12:35 pm
6	July 18 - 21	M - Th	9:45 am - 12:35 pm
7	July 25 - 28	M - Th	9:45 am - 12:35 pm
8	August 1 - 4	M - Th	9:45 am - 12:35 pm

TIGERSHARK SWIM TEAM

Dates	Days	Times
June 13 - August 11	M - Th	4:45 pm - 6:15 pm
June 13 - August 11	M - Th	6:20 pm - 7:50 pm

Tigershark tryouts scheduled on first day and must successfully complete to be part of the Swim Team.

DOMINGUEZ AQUATIC CENTER

LAP SWIM

Date	Days	Time
June 13 - August 11	T,Th	8:30 am - 9:30 am

RECREATION SWIM

Dates	Days	Times
June 13 - August 11	M - W	12:50 pm - 2:50 pm
June 13 - August 11	M, T, Th	6:00 pm - 8:00 pm
June 18 - August 6	Sat	11:00 am - 1:00 pm

SWIM LESSONS

Session	Date	Days	Morning	Afternoon
1	June 13 - 16	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
2	June 20 - 23	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
3	June 27 - 30	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
4	July 4 - 7	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
5	July 11 - 14	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
6	July 18 - 21	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
7	July 25 - 28	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
8	August 1 - 4	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm

HEMINGWAY AQUATIC CENTER

AQUA AEROBICS

Dates	Days	Times
June 13 - August 11	M, T, W, Th	7:00 am - 8:00 am
June 13 - August 11	T, Th	6:00 pm - 7:00 pm

LAP SWIM

Date	Days	Time
June 13 - August 11	M, T, W, Th	8:30 am - 9:30 am

RECREATION SWIM

Dates	Days	Times
June 13 - August 11	T, Th	12:50 pm - 2:50 pm
June 13 - August 11	M, W	6:00 pm - 8:00 pm
June 18 - August 6	Sat	11:00 am - 1:00 pm

SWIM LESSONS

Session	Date	Days	Morning	Afternoon
1	June 13 - 16	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
2	June 20 - 23	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
3	June 27 - 30	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
4	July 4 - 7	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
5	July 11 - 14	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
6	July 18 - 21	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
7	July 25 - 28	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm
8	August 1 - 4	M - Th	9:45 am - 12:35 pm	3:00 pm - 5:50 pm



SWIM LESSON CLASSES • 4 days total - 50 minutes each class

AD	Adult	Level 1 – 2 (Age: 15+)
TT	Tiny Tot	Level 1 (Age: 6m-3y)
TP	Tadpole	Level 1 (Age: 3-4)
SF	Starfish	Level 2 (Age: 3-4)
SQ	Squid	Level 3 (Age: 3-4)

PO	Polliwog	Level 1 (Age: 5-14)
AP	Adv. Polliwog	Level 2 (Age: 5-14)
M	Minnow	Level 3 (Age: 5-14)
F	Fish	Level 4 (Age: 5-14)
FF	Flying Fish	Level 5 (Age: 5-14)
SH	Shark	Level 6 (Age: 5-14)

AQUATIC PROGRAM FEES

Program	Resident	Non-Resident	Senior - R	Senior - NR	VSPC
Tigershark Swim Team Age: 5-17 Duration: 1.5 hours	\$250	\$375	N/A	N/A	N/A
Junior Lifeguard Age: 12-17 Duration: 1.5 hours	\$200	\$300	N/A	N/A	N/A
MiniGuard Age: 9-11 Duration: 1.5 hours	\$160	\$240	N/A	N/A	N/A
Lap Swim Age: 18+ Duration: 1 hour	\$4	\$6	\$4	\$6	Free
Aqua Aerobics Age: 18+ Duration: 1 hour	\$6	\$6	\$4	\$6	Free
Recreation Swim Age: 18+ Duration: 1 hour	\$1	\$1	\$1	\$1	\$1

Swim Lesson	Adult	1 st Child	2 nd Child	3+ Children
Resident Fees	\$47	\$42	\$40	\$38
Non-Resident Fees	\$71	\$63	\$60	\$57

AQUATIC LOCATIONS

Carson Pool 21436 S. Main Street (310) 830-2391	Foisia Pool 23410 Catskill Avenue (310) 549-9051	Dominguez Aquatic Center 21330 S. Santa Fe Avenue (310) 830-2391	Hemingway Aquatic Center 16605 S. San Pedro Street (310) 324-2515
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Online Registration Begins May 9, 2022

For additional information, please visit the Aquatics Website at [Aquatics \(ci.carson.ca.us\)](http://Aquatics.ci.carson.ca.us) or contact the Aquatics Office at (310) 816-9381 or email at Aquatics@carsonca.gov

VETERANS SPORTSCOMPLEX



22400 Moneta Avenue
Carson, CA 90745
(310) 830-9991

HOURS OF OPERATION

Mon-Fri: 6:00 a.m. - 12:00 p.m. and
3:00 p.m. - 9:00 p.m.
(Closed from 12:00 p.m. - 3:00 p.m.)
Sat: 7:00 a.m. - 12:00 p.m.
Sun: Closed

Hours subject to change

Masks required inside the facility at all times but is subject to change.

MEMBERSHIP RATES

30 Day Membership	Registration		New Member		Renewal	
	Resident	Non-Resident	Resident	Non-Resident	Resident	Non-Resident
Individual	\$12	\$24	\$41	\$53	\$30	\$42
Youth/Senior Citizen	\$6	\$18	\$30	\$42	\$24	\$36
Family	\$18	\$30	\$72	\$84	\$54	\$66

Daily Rate 6:00 a.m. - 3:00 p.m. 3:00 p.m. - Close

	Resident	Non-Resident	Resident	Non-Resident
Individual	\$6	\$7	\$12	\$24

10% Discount for Veterans
All Fees Are Subject To Change



CARSON VETERANS MONUMENT

On November 11, 1998, the City of Carson dedicated a Veterans Monument to honor Carson Veterans who gave the ultimate sacrifice while serving this country. If you know the name of a Carson Veteran and would like to honor their service, please call (310) 830-9991.

CARSON VETERANS WALL

The City of Carson is gathering the names of Carson Veterans who served in the United States armed forces for the purpose of adding their name to the Veterans Wall. If you are a Carson Veteran or if you know a Carson Veteran and would like to be added to the Veterans Wall, please call (310) 830-9991.

YOUTH & ADULT SPORTS

SUMMER 2022 PROGRAM

All sign-ups and registration take place online. Should you have any questions regarding Youth Sports, please call (310) 847-3577.

Baseball/Softball/T-Ball (Ages 5 - 17)

Baseball/Softball/T-Ball (Ages 5 - 17)

Season Begins: May 7, 2022

City Playoffs Begin: July 16, 2022

City Championship: July 23, 2022

Flag Football (Ages 5 - 17)

Registration Begins: June 1, 2022

Last Day to Sign Up: September 3, 2022

Tryouts: September 10, 2022

Season Begins: October 1, 2022

Flag Football

Resident \$85 • Non Resident: \$118

Soccer

Resident: \$75 • Non Resident: \$108

ADULT LEAGUES



Summer Coed Softball

Registration:

June 13 - July 12, 2022

Season Begins: July 15, 2022

\$420 team

Spring Men's Softball

Registration:

March 1, 2022 – April 5, 2022

Season Begins: April 7, 2022

\$420 team

Summer Basketball (6'0 & Under)

Registration:

June 1 - July 6, 2022

Season Begins: April 28, 2022

\$340 team

Summer Doubles Pickleball League

Registration: June 1 - June 30, 2022

Season Begins: July 6, 2022

To be placed on an interest list, please contact Adult Sports at (310) 847-3576.

Registration at <https://cutt.ly/OnlineReg>

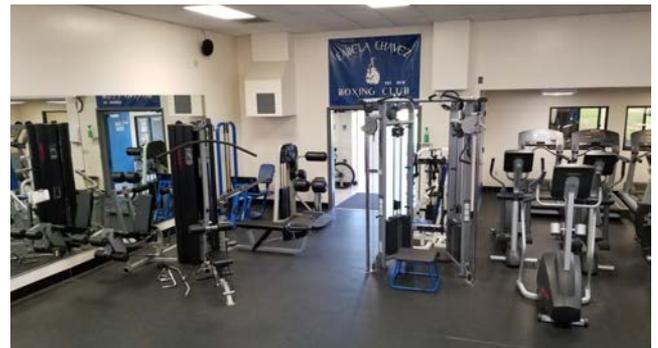
(dates are subject to change)



NAYS Coaches Training Program is the most widely used coaches training program in the nation. NAYS Coach Training Program is available online for coaches to complete at their convenience, and it's also offered on-site at most City parks.

NAYS Parent Orientation Program is an education and membership program that supports youth sports parents, while helping youth sports organizations eradicate parent issues. NAYS Parent Orientation Program has set a standard for parent orientation programs by providing video-based training which offers a simple, effective way to make youth sports parents aware of their roles and responsibilities, as well as ways they can make their child's experience more enjoyable and positive. NAYS Parent Orientation Program training is mandatory upon registration. Children will not be able to participate in the program until this requirement is met.

FABELA CHAVEZ BOXING CENTER



Join the Fabela Chavez Boxing and Weightlifting Center at Foisia Park today. Memberships are as low as \$20 per month for youth and \$30 per month for Adults. Members will have access to Boxing Conditioning Classes, coaching on different levels of Boxing Fitness, weightlifting training, cardio classes such as (Zumba, Cardio Fit, and Hip Hop Step) are also included in the membership. Competitive boxing is available by joining the Fabela Chavez Boxing Club and getting approved by our Senior Coach (Additional fees for the club and Boxing books). Memberships are available for youth ages 8 years and up. Fabela Chavez Boxing Club has been open for more than 40 years. We love to teach the skills, fitness, and drills with the sport of boxing. So check us out today!

REGISTER
<https://cutt.ly/OnlineReg>



ENRICHMENT

Classes begin June 13 - August 12, 2022



**Sign up now at
these locations:**

Calas Park
1000 220th St.
Carson, CA 90745
310-518-3565

Stevenson Park
17400 Lysander Dr.
Carson, CA 90746
310-631-2252

Classes: Monday –Friday

Time: 10 a.m.- 4 p.m.

With Early Drop off and late pick up Price options

Location: Stevenson Park

• Fees: \$60 for Residents/ \$70 Non Residents

Class Options

**Drama/Improv • Singing • Dance
Production:**

**Video Shooting/ Editing
Set & Costume Design**

**Enroll your child now and let us give them an
unforgettable experience in the area of Fine Arts.**

Our instructors are prepared to provide a fun and COVID safe environment

Students will work in Pods as we prepare for our Summer Finale Virtual Production.

**For more information call Community Services/Parks and Recreation Department at
(310) 847-3570 or (310) 631-2252**



SUMMER DAY CAMP



SPACE IS LIMITED!

June 13 - August 12, 2022
Enrollment begins May 9, 2022

7:00 AM – 6:00 P.M. • MONDAY – FRIDAY
FOR BOYS AND GIRLS AGES 5-12

TIMES	RESIDENT	NON-RESIDENT
7 A.M. - 5 P.M.	\$80	
7 A.M. - 6 P.M.	\$90	\$140
9 A.M. - 5 P.M.	\$60	\$80
9 A.M. - 6 P.M.	\$70	

CARSON RESIDENTS ONLY
SIBLING DISCOUNTS:
\$5 2nd Child / \$7 3rd Child
FEES ARE PAID WEEKLY

**ANDERSON
PARK**

19101 WILMINGTON AVENUE
 CARSON, CA 90746
(310) 603-9850

**CALAS
PARK**

1000 E. 220TH STREET
 CARSON, CA 90745
(310) 518-3565

**CARRIAGE CREST
PARK**

23800 S. FIGUEROA STREET
 CARSON, CA 90745
(310) 830-5601

**CARSON
PARK**

21411 S. ORRICK AVENUE
 CARSON, CA 90745
(310) 830-4925

**DEL AMO
PARK**

703 E. DEL AMO BOULEVARD
 CARSON, CA 90746
(310) 329-7717

**DOLPHIN
PARK**

21205 S. WATER STREET
 CARSON, CA 90745
(310) 549-4560

**DOMINGUEZ
PARK**

21330 SANTA FE AVENUE
 CARSON, CA 90810
(310) 549-3962

**FOISIA
PARK**

23410 CATSKILL AVENUE
 CARSON, CA 90745
(310) 830-8310

**HEMINGWAY
PARK**

700 E. GARDENA BOULEVARD
 CARSON, CA 90746
(310) 538-0019

**MILLS
PARK**

1340 E. DIMONDALE DRIVE
 CARSON, CA 90746
(310) 631-3130

**VETERANS
PARK**

22400 MONETA AVENUE
 CARSON, CA 90745
(310) 864-9255



**PROGRAMMING, LOCATION, AND PRICE SUBJECT TO CHANGE ADDITIONAL COSTS FOR EXCURSIONS
 FOR MORE INFORMATION, CONTACT COMMUNITY SERVICES/PARKS AND RECREATION DEPARTMENT
 AT (310) 847-3570 OR EMAIL SJORDAN@CARSONCA.GOV**

KIDS CLUB (AGES 5 - 12)



Kids Club is a state-licensed, quality program that is safe, fun, and affordable. Activities for children ages 5 to 12 years-old are offered under the supervision of trustworthy, caring, and qualified staff that understand the needs of all children. Kids Club activities include homework completion time, educational/physical activities, snack time, arts & crafts, fun games, and more!



AFTER SCHOOL KIDS CLUB

Registration: \$50 weekly

Mon-Fri • 2:30 p.m. - 6:00 p.m.

Availability is based on the needs of each site.

For more information, please call (310) 847-3570. The City reserves the right to cancel individual park programs if the minimum enrollment level is not achieved.

LOCATIONS:

Calas Park

License #198002954

Carson Park

License #191606872

Del Amo Park

License #191606914

Dolphin Park

License #1918005652

Veterans Park

License #191606908



JOSEPH B. JR. AND MARY ANNE O'NEAL STROKE CENTER



The Joseph B. Jr. and Mary Anne O'Neal Stroke Center is located at the City of Carson Community Center. Our award winning and state recognized facility is available to survivors to participate in social, mental, and physical stimulation and exercise. With safety being our top focus, we have worked diligently to re-open the center for our stroke survivors and their caregivers. Adhering to current public safety measures, we are expanding our programming to ensure our members can participate while remaining healthy and safe. The facility features rehabilitative fitness equipment, and offers a variety of activities, group exercise, and social activities.

Currently, we are offering use of our fitness equipment on site, by **appointment only**. Additionally, we will be resuming our group exercise activities.

For the application process and more information, please call direct at **(310) 952-1763**.

SPECIAL INTEREST



START SMART SOCCER

This introductory class teaches parents and children the fundamentals of Soccer in a non-competitive environment. No experience necessary.

Parent/guardian participation is required for the duration of each class.

Instructor: Tony Zuniga

Location: Calas Park

Call (310) 952-1782 x 1453 for more information

Ages	Day	Time	Start	Wks	Price
2-5	Mon	5:15 p.m. – 6:00 p.m.	9/12	8	\$44 Res, \$55 Non-Res
2-5	Wed	5:15 p.m. – 6:00 p.m.	9/14	8	\$44 Res, \$55 Non-Res



EARLY CHILDHOOD EDUCATION



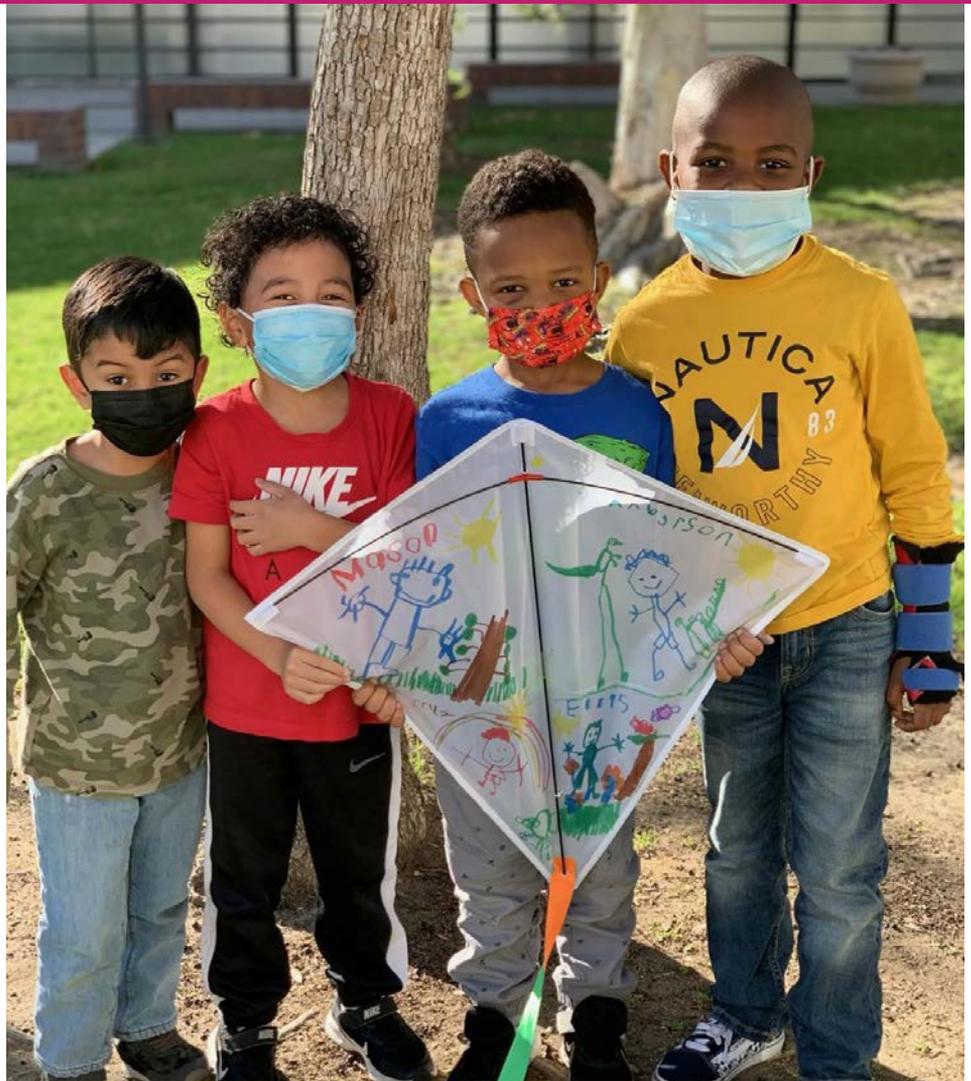
The Early Childhood Education Program is geared toward children ages 3-5. It utilizes the McGraw-Hill Education's "World of Wonders" curriculum, an engaging early childhood literacy program that builds strong pre-reading and social emotional skills. At the same time, the curriculum incorporates content areas like math, science, social studies, music, and movement. The program prepares children with the knowledge they need to enter kindergarten with confidence.

At the City of Carson Early Childhood Center, classrooms have been adjusted to not only align with CDC guidelines, but also maintain a positive learning environment. To keep students, families, and teachers healthy and safe, class sizes have been reduced to 50% of capacity. This will allow students and teachers to maintain social distancing within their learning environment. It will also permit more personal time with each individual student. All students and teachers will be required to wear masks in the classroom and during outdoor play. There will also be greater emphasis on sanitation in lunch, nap, and play areas.

EARLY CHILDHOOD EDUCATION

Let's all cheer summer is here! To kick off this beautiful season, the children will participate in the following educational activities:

- Pirate Week
- Show and tell
- Camping
- Nature walks
- Sensory Play



TUITION RATES

PART-TIME PROGRAMS

Days	Times	Locations	Monthly Rate*
Monday-Friday	8:00 a.m.-12:00 p.m.	Carson Community Center & Dolphin Park	\$303/RES, \$374/NON-RES
Monday-Friday	1:00 p.m.-5:00 p.m.	Carson Community Center	\$303/RES, \$374/NON-RES

FULL-TIME PROGRAMS

Days	Times	Locations	Monthly Rate*
Monday-Friday	8:00 a.m.-5:00 p.m.	Carson Community Center & Carson Park	\$593/RES, \$698/NON-RES

Early Childhood Education: (310) 835-0212 Ext. 1482

*** RATES ARE SUBJECT TO CHANGE**



FAMILY COACHING

Could you use a helping hand to get through a challenge with your child? Do you need assistance finding resources to help your family? Work with a family coach to learn how to plan, prioritize and reach your goals, access important services, and explore ways to strengthen your family bonds. Must have a child in the home 18 years old or younger.

Classes

Call to inquire or be put on an interest list

Crafty Club, Yoga, Zumba and Garden Cleanup

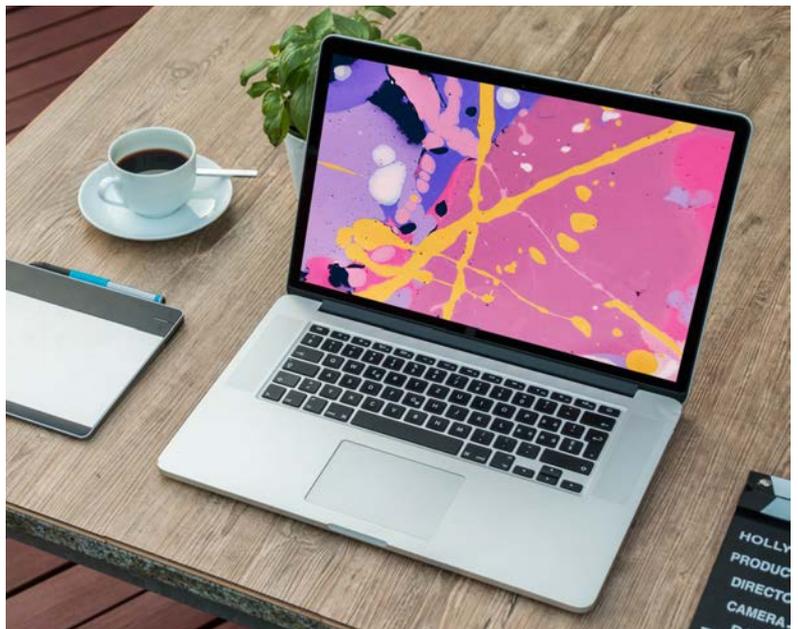
Stronger Together (via Zoom)

Day and time TBD

Open to all women. Come chat with us. Expand your community and support system. Meet a few new friends, seek and share some advice, and give and get support.

ALL CLASSES ARE FREE.

For more information, please contact Jenice Deguzman at (310) 847-3584.



SENIOR RECREATION (VIRTUAL CLASSES)

Join our virtual classes from the comfort of your home.

All classes are free for adults 50 years and above.

For more information, please call (310) 952-1782 ext. 1479.



FUNCTIONAL FITNESS WITH SUE

Tuesday

9:30 a.m. – 10:30 a.m.

A low impact cardio class that strengthens and enables the body to perform everyday movements and tasks more safely and effectively.

YOGA WITH CHARLENE

Thursday

9:30 a.m. – 10:30 a.m.

This class combines yoga poses with breathing and meditation techniques. All levels welcome, regardless of the fitness level or yoga experience.

SALSA WITH MIKE

Wednesday

9:30 a.m. – 10:30 a.m.

Enjoy the Latin rhythms while learning basic footwork, steps, turns, music timing, and other dance techniques.
(No Partner Required)



SENIOR RECREATION (IN-PERSON CLASSES)

FREE CLASSES FOR 50+

CARSON PARK

21411 Orrick Ave, Carson, CA 90745

ZUMBA WITH JEWEL

Tuesday & Thursday

9:30 a.m. - 10:30 a.m.

Combines Latin music with dance, aerobic elements, and choreographed steps.

LINE DANCING WITH JEWEL

Tuesday

8:30 a.m. - 9:30 a.m.

Learn and perform the latest line dance steps, while you enjoy the company of fellow line dancers. All levels welcome.

HULA HOOP FITNESS WITH SUE

Monday

10:00 a.m. - 11:00 a.m.

Discover a whole new way of working out while having fun and burning calories with a hula hoop.

ZUMBA GOLD WITH JEWEL

Thursday

8:30 a.m. - 9:30 a.m.

Improve your health! Boost your mood, burn fat, strengthen bones and improve your stamina with this class. 2 pound weights recommended.

YOGA WITH SUE

Wednesday

9:30 a.m. - 10:30 a.m.

A combination of yoga poses, breathing and meditation techniques. All levels welcome, regardless of fitness level or yoga experience.



OPEN BASKETBALL

Monday - Thursday

10:45 a.m. - 11:45 a.m.

Be introduced to the game of basketball or sharpen your skills. Open to beginners and advanced players.

COUNTRY LINE DANCING

Friday

9:00 a.m. - 11:45 a.m.

Learn and perform the latest country western steps, while you enjoy the company of fellow line dancers. All levels welcome.

AEROBICS WITH JEWEL

Thursday

8:30 a.m. - 9:30 a.m.

Improve your health! Boost your mood, burn fat, strengthen bones and improve your stamina with this class. 2 pound weights recommended.

FITNESS CENTER

Monday - Thursday

8:30 a.m. - 11:30 a.m.

Open conditioning, fitness machine and weights. No trainer on site.



FOISIA PARK

23410 Catskill Avenue Carson, CA 90745

FITNESS CENTER

Monday - Friday

8:00 a.m. - 10:30 a.m.

Open conditioning, fitness machines, and weights. No trainer on site.

OPEN BASKETBALL

Monday - Friday

8:00 a.m. - 10:30 a.m.

Be introduced to the game of basketball or sharpen your skills. Open to beginners and advanced players.

STEVENSON PARK

17400 Lysander Drive, Carson, CA 90746

FITNESS CENTER

Monday • Wednesday • Friday

8:30 a.m. - 11:30 a.m.

Open conditioning, fitness machines and weights. No trainer on site.

YOGA WITH SUE

Monday • 8:30 a.m. - 9:30 a.m.

This class combines yoga poses with breathing and meditation techniques. All levels welcome, regardless of fitness level or Yoga experience.

LINE DANCING WITH JEWEL

Friday • 10:00 a.m. - 12:00 p.m.

Learn and perform the latest country western steps, while you enjoy the company of fellow line dancers. All levels welcome.

All classes are subject to change. Safety protocols followed.

REGISTER

<https://cutt.ly/OnlineReg>



THERAPEUTIC RECREATION



Therapeutic Recreation is designed to meet the recreational, social, and physical needs of individuals with disabilities. Our focus is to improve the quality of life for all participants through structured programming carried out by trained staff. Registration is required for all programs and will only be accepted from the legal guardian.

For more information, please call
(310) 952-1782 ext. 1465 or ext. 1470.

BENEFITS

- Develop social skills and make new friends
- Improve physical activity and health
- Develop motor skills
- Build self-esteem and confidence
- Learn new skills
- Discover new experiences

PROGRAMS

Activities may include sports, exercise, arts, virtual classes, occupational therapy, and social clubs.

For more information on current and upcoming classes being offered, please contact us to be added to our mailing list.

Therapeutic Recreation welcomes new program suggestions.

We would love to hear from you!

COMMUNITY SERVICES GUIDE



SENIOR INDEPENDENCE SUPPORT



Dedicated to assisting the senior residents of Carson age 60 and older by helping them help themselves. Our focus is on providing information and referrals to individuals so they can age in place safely and with dignity.

SENIOR INFORMATION AND RESOURCE FAIR

We are very excited to bring back the Senior Information and Resource Fair. A date is yet to be determined, but will take place as part of a welcome back event for seniors. The fair will take place outdoors and include resources such as housing, transportation, health care, free health screenings, food assistance, end of life care, and senior recreation programs.

FOOD AND MEAL ASSISTANCE

The YMCA will be returning for congregate senior lunches Monday-Friday. Meals on Wheels are also still available. For more information contact the YMCA directly (310)835-0212 x1487.



EMERGENCY ALERT RESPONSE SYSTEM (E.A.R.S.)

In an effort to assist seniors with living independently in their own homes, the City provides Emergency Alert Response Systems to qualified residents living in Carson who are unable to afford the monthly expense. With the assistance of a contracted agency, Lifestation, a personal response unit can be connected to your landline in order to provide monitoring. For more information regarding this program, please call Amanda Valorosi

(310) 835-0212 x1471. An in home assessment will be necessary to verify eligibility.



Senior Share: Storytelling Group



Tuesdays • 3:00 p.m. • FREE
Due to popular demand.
Additional day and time
coming soon!

A welcoming special interest group of seniors, meeting up with the common purpose to share stories about life experiences, thoughts, feelings, and lessons learned.

Shy? Come and listen, you may be inspired by others who share!

Weekly topics will be given by the group facilitator.

RSVP required

For questions or to sign up, please call Amanda Valorosi at (310) 835-0212 ext. 1471.

BRaille INSTITUTE

Los Angeles Braille Institute can be contacted directly by phone at: (323) 663-1111, or 1 (800) BRAILLE. Email: la@brailleinstitute.org
<https://www.brailleinstitute.org/remote-services>

The institute is currently offering online workshops and classes and virtual sessions while centers remain temporarily closed due to COVID-19. Once you register, you can participate by video or phone within the comfort and safety of your home. All of the remote programs and services are free of charge.

FOOD STAMP/ MEDICAL APPLICATIONS

Los Angeles County Public Social Services does not currently provide onsite representatives to complete Food Stamp and Medi-Cal applications. Please call the Customer Service Line at (866) 613-3777, or apply online at <https://www.coveredca.com/>



homeless outreach portal

HOMELESS RESOURCES

If someone you know is homeless, P.A.T.H. (People Assisting The Homeless) can help. Call 2-1-1 to request Homeless Outreach. Homeless individuals or families can be connected with services that include housing assistance, veteran services, mental health care, medical clinic, employment services, and benefits enrollment. You can also make an online referral request at <https://www.lahsa.org/portal/apps/la-hop/>

CAREGIVER SUPPORT GROUP

This support group is offered to adults of all ages who are family caregivers of other adults in their life. Whether you are taking care of a parent, spouse, adult child, or other loved one, many of the stresses and struggles are the same. In this group we discuss and support common problems, needs, and interests. Feelings, thoughts and experiences are shared.

The goal is to provide not only support, but ideas and experiences that will help caregivers better cope with and manage the shared problems in a safe and caring environment. Meetings are held on the 1st and 3rd Tuesdays, from 11:00 a.m.-12:00 p.m. Please call or email for more information: Amanda Valorosi (310) 952-1782 x1471 or avalorosi@carsonca.gov. Please call to be referred to virtual options, or visit the Department of Aging website for more information at <https://aging.lacity.org/caregiver-resources>

BEREAVEMENT SUPPORT GROUP

This support group is offered to adults of all ages who are experiencing grief following the death of a loved one. Whether the loss is recent or not, anyone experiencing grief is welcome. It has been proven that individuals who have suffered a great loss can benefit from sharing with others in a safe and caring environment. Meetings are held Wednesdays, from 10:30 a.m.-11:30 a.m. RSVP required. Please call or email for more information: Amanda Valorosi (310) 952-1782 x1471 or avalorosi@carsonca.gov. For ongoing grief support, please call and request information on our "Beyond the Grief" group.



HOUSING RIGHTS CENTER

WORKING FOR JUSTICE AND EQUALITY IN HOUSING

HOUSING RESOURCES

Housing Rights Center: (800) 477-5977
Public Housing Assistance: (800) 955-2232
LA County HUD: (626) 586-1500

Additional resources for homeless individuals and homebound seniors may be available, including possible case management and referrals. For more information, please contact Amanda Valorosi by calling (310) 952-1782 x 1471, or via email at avalorosi@carson.ca.us.

H.E.L.P.

Helping the Elderly
Live Productively

(HELP4SRS.ORG)

Although our H.E.L.P. office door is locked to walk-in consultations and our community classes have transitioned to zoom video conferencing, we continue to operate with a reduced in-office staff and others working from home, to take phone calls and provide seniors and their families with needed counseling and guidance during this difficult time. Call 310-533-1996 for HELP.H.E.L.P. is a free education, counseling, and referral resource for seniors and their families to help them make informed decisions to live their best lives. Focus and priorities include: access to healthcare, help with substance abuse, financial stability, avoiding scams and elder abuse, retaining cognitive stability. H.E.L.P. is the first stop. Our education and counseling programs focus on elder care options, legal and financial planning tools, and consumer protections. With the assistance of highly qualified volunteer professionals, our well trained program staff provides objective, accurate and up-to-date assistance, information and referrals to community, nonprofit and government resources. H.E.L.P. assists older adults and their families in making proper decisions about health care, financial matters, and other aging issues. We provide education on protections from elder fraud and abuse, as well as available government entitlement programs.



Celebrating Our Oldest Generations

OUR MISSION

Our mission is to shift the way society views and values our oldest generations by fulfilling seniors' dreams and sharing their stories to inspire those of all ages.

OUR VISION

We envision a world in which society embraces aging and the inherent wisdom that accompanies it, where seniors are celebrated for their accomplishments and sacrifices, and where intergenerational connections are part of our daily lives.

Do you know a deserving individual who would benefit from a wish fulfilled? Or are you an older adult who has dreamed of doing something that would have a positive impact on your life?

Wishes connect our recipients to people, purpose and passions to eliminate feelings of isolation and help individuals 65+ live vibrant, healthy lives. For those combating the physical, mental and emotional challenges of aging, a true Wish of a Lifetime achieved empowers wish recipients to keep dreaming—inspiring those of all generations to choose how we live as we age.

Please note: During the coronavirus crisis Wish of a Lifetime has modified its wish-granting program to focus on virtual wishes and wishes that can happen safely within our homes and communities. Wish of a Lifetime receives thousands of wish applications and is unable to grant every qualified wish received.

INDOOR AND OUTDOOR RESERVATIONS



MAKE A RESERVATION

Hours: Monday - Thursday · 9:00 a.m. - 5:00 p.m. · **Contact:** (310) 847-3570

IMPORTANT INFORMATION

- You can either make payments in person at the Reservations Office or online at payment.carson.ca.us/recreationonline/index.asp
- Acceptable Payments: Money Orders/Cashier's Checks (Payable to City of Carson), Credit/Debit Card (Visa and Mastercard accepted)
- Reservations are taken two (2) months in advance. To cancel a reservation date, please contact us fourteen (14) working days prior to the date of the reservation in order to receive a refund. Cancellations in the final 48 hours may be subject to forfeiting all monies collected. No refunds will be given for cancellations the day of the event. Cancellations are subject to a \$50 fee.

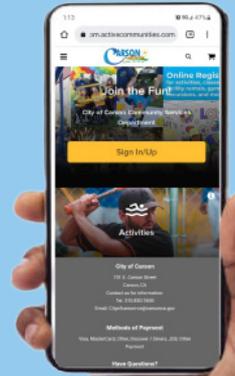


COMMUNITY SERVICES Online Class Registration

Register and pay for the following using your mobile device:

Activities, classes, youth/adult sports, facility rentals, gym memberships, excursions, and more!

REGISTER
<https://cutt.ly/OnlineReg>



PROPOSED TEMPORARY EVENT USE PERMIT

The City of Carson is looking to implement a Temporary Event Use Permit process. These temporary permits could ensure that temporary events are conducted in a manner that does not unduly impede, obstruct, impair, or interfere with the free use of the City's right-of-way, i.e., public streets or sidewalks, or other public property. Additionally, the permit application can regulate the competing use of public forums, while respecting and preserving the rights of all persons to engage in constitutionally protected speech and expression.

For more information, please call (310) 835-0212.

Carson EVENT CENTER

Space, value and location

Tours available by appointment only

The Carson Event Center is operated by the City of Carson, and offers 40,000 square feet of versatile meeting and event spaces. Interested in hosting a special event, wedding reception or holiday party? Let us assist you with all your logistical needs, as our knowledgeable staff has extensive experience in event planning, and pride ourselves on exceptional customer service before and throughout your entire event. We look forward to making your dream become a reality.



801 E. Carson Street, Carson, CA 90745 | www.carsoncenter.com | (310) 835-0212



Contact Double Tree Hotel to learn more about discounted room rates as a booked Carson Event Center client.

 facebook.com/carsonctr/

 instagram.com/carsoneventcenter/

 yelp.com/biz/carson-center-carson

New Bus Routes and Schedules



Carson is now served by 4 Long Beach Transit routes.

Long Beach Transit operates Lines 1, 2, 4 and 8. Buses run every 40 minutes, Monday through Saturday.



LBT Routes

Line 1 connects riders between CSUDH to Metrolink Del Amo Station (Blue Line) via Avalon Blvd and Del Amo Blvd.

Line 2 connects riders between CSUDH to the SW portion of Carson via Central Ave, Avalon Blvd, Main St, and Figueroa St.

Line 4 connects riders between Metrolink Del Amo Station (Blue Line) – Rancho Dominguez Prep - and Harbor-UCLA Medical Center via Santa Fe Ave and Carson St.

Line 8 connects riders between Metrolink Wardlow Station (Blue Line) to Harbor-UCLA Medical Center via 223rd St.

For more details and route maps, please visit the Transportation Services Division webpage <https://ci.carson.ca.us/communityservices/transportation.aspx>



DIAL-A-RIDE PROGRAM:

Dial-A-Ride services are still available for current members. Call (877) 435-6111 to schedule rides 24/7. Transportation office now open to accept Dial-A-Ride payments in person. Online payments can be made at: <https://apm.activecommunities.com/carsonca/Membership>. Please visit our Dial-A-Ride webpage for help in creating a new ActiveNet account. Payments will be processed the following business day.



Additionally, the City is offering 50% off taxi rides to ALL Carson residents that travel within Carson city-limits. Proof of residency required. Please call (888) 711-8294.



COVID-19 VACCINATION TRANSPORTATION:

The City is currently offering no-cost complimentary taxi rides through Yellow Cab to ALL Carson residents traveling to and from the City designated vaccination sites. Call (866) 243-9999. to schedule a ride. Gratuity not included. No unaccompanied minors please.

LYFT:

Residents are welcome to utilize Lyft promo code **LyftCarson** for 50% off Lyft rides. Pick-ups AND drop-offs must stay within city limits. Any amount over \$20, along with optional gratuity, will be charged to the credit card on file. Download the app to sign up and register your account. To use the Promo Code, open the app and select the menu bar (top left-hand corner) and select "Promos" to enter the code. Limited to 30 rides per month.

ACCESS PARATRANSIT:

Provided by the County of Los Angeles, ACCESS is a shared-ride service for individuals with disabilities. For more information about this program and to apply, please call (800) 827-0829 or visit: <https://accessla.org/>.

For further information or questions on our programs and payments, please call (310) 952-1757.

Office hours: Monday – Thursday; 8:00 a.m. – 5:00 p.m.



Carson Circuit Routes



ROUTE A
ROUTE B



Please scan for more information

Route	Frequency	Service Span
A	Every 40 mins	7:00 am - 9:55 am M-F; 2:00 pm - 4:55 pm M-F
B	Every 40 mins	7:00 am - 9:55 am M-F; 2:00 pm - 4:55 pm M-F

No midday service

Both routes begin and end at the South Bay Pavilion
 \$1.00 regular fare - Seniors (60+) ride free - Carson Circuit transfers are free
 Schedule is effective as of January 3, 2022
 No Service on Weekends and major holidays

City of Carson
Transportation Services
 (310) 952-1757 M-Th

Save THE Date

UPCOMING EVENTS

Cinco De Mayo

Sunday, May 1, 2022

5K Run: 10:00 am - 11:30 am

Celebration: 11:00 am - 4:00 pm
Carson Park

Memorial Day Tribute

Thursday, May 26, 2022

6:00 pm - 8:00 pm

Veterans Sports Complex
(Small Gym)

2022 Mental Health Resource Forum

Saturday, May 7, 2022

11:00 am - 2:00 pm

Virtual

Philippine Independence Day

Saturday, June 4, 2022

7:30 am

Veterans Park

Faith, Family & Friends Festival

Saturday, May 14, 2022

10:00 am - 6:00 pm

Stevenson Park

Juneteenth

Saturday, June 18, 2022

11:00 am - 6:00 pm

Mills Park

Teen Summit

Saturday, May 21, 2022

10:00 am - 6:00 pm

Community Center

Samoan Heritage

Saturday, June 25, 2022

9:00 am - 2:00 pm

Foisia Park

Dates and times for the following events are subject to change. For the latest information, please call Community Services at (310) 847-3570 or check the City's website.

<https://ci.carson.ca.us/>

[communityservices/CS.aspx](https://ci.carson.ca.us/communityservices/CS.aspx)



ENGRAVED BRICKS

Leave your legacy in Carson! If you have been contemplating purchasing an engraved brick for the Xeriscape Garden between City Hall and the Carson Community Center, now is your chance! Engraved bricks are a great way to honor someone's memory, celebrate a special occasion, or leave your mark in Carson. Brick orders will be placed four times per year. The summer deadline to place your order is August 30, 2022.

If you are interested in placing an order, please call (310) 952-1782 ext 1480.



THINGS RESIDENTS SHOULD KNOW

Parking is not allowed on grass or unpaved areas.

Vehicles receive parking citations ranging from \$100 - \$500 each violation.

Trash & recycling containers are not allowed to be visible from public right-of-way except AFTER 6 P.M. the day before scheduled pick-up UNTIL 10 P.M. the day of pick-up. Smaller containers can be requested from Waste Resources (888) 467-7600.

Appliances, furniture, trash, & other items are not allowed to be visible from the public right-of-way. Large/bulky item pick-up can be requested through Waste Resources (888) 467-7600.

Nothing can be placed on the public right-of-way, including basketball hoops, signs/flyers on utility poles or parkway trees, televisions, computers, etc.

Abandoned, wrecked, inoperable vehicles with obvious signs of damage such as flat tires, broken windows, etc. **are not allowed** to be parked visible from the public right-of-way, including on the street.

Auto repair is restricted in residential areas to minor repairs of vehicles & **is not allowed on the public right-of-way (street, alley, etc.).**

A business license or permit must be obtained for any & all business conducted in the city, including yard sales, from the Revenue Division (310) 952-1748.

Resident must maintain vegetation on property, including bushes & trees, so that it does not become overgrown, dead/dry, &/or obstruct public right-of-way.

A building permit must be obtained through the Building & Safety Division (310) 952-1766 for any alteration to a structure such as re-roofing, window change outs, room additions, etc. **PRIOR** to work being done.

There is a limit of 3 animals at one location & certain animals such as pigs, chickens, roosters are prohibited in the city.

Residents are responsible for maintaining property free of graffiti. Vouchers for painting supplies can be requested through the Landscape & Building Maintenance Division (310) 847-3500.

Pet owners are required by County ordinance to regularly remove and dispose of pet waste from one's private property as well as removing and discarding their pet's waste that has been deposited on others' property as well as public property.

For questions regarding Code Enforcement, contact the Public Safety Department at (310) 952-1786.

HELPFUL CONTACT INFORMATION

Carson City Maintenance Divisions

Emergencies 911

Landscape & Building Maintenance

(310) 847-3500

(Citywide Graffiti Removal, Maintenance of City Parks & Facilities)

Street Maintenance

(310) 847-3520

(Street/Sidewalk Repairs, Parkway Trees, Sandbag Distribution, Debris on Street)

Carson Community Center

(310) 835-0212

www.carsoncenter.com

Carson Chamber of Commerce

(310) 217-4590

www.carsonchamber.com

Compton Courthouse

(310) 762-9100

www.lasuperiorcourt.org

LA County Registrar-Recorder

County Clerk (Norwalk)

www.lavote.net

Voter info. (800) 815-2666

Birth, Death, Marriage, Property Records

(800) 201-8999

LA County Animal Control

(310) 523-9566

Carson Animal Shelter

Parking Enforcement Center

(800) 654-7275

(Re: Parking Tickets)

Shopping Cart Retrieval

(800) 252-4613

Traffic Signal Repairs

City (800) 229-6090

County (626) 458-4357

California Water Service Company

(310) 257-1400

www.calwatergroup.com

Southern California Edison

(800) 684-8123

www.sce.com

Southern California Gas Company

(800) 427-2200

www.socalgas.com

South Coast Air Quality Management District

Report odor complaints

or call (800) 288-7664

(800) CUT-SMOG

aqmd.gov/home/air-quality/complaints

Household Hazardous Waste

(888) 253-2652

Collection (LA Public Works)

Clean LA

www.888CleanLa.com

Waste Resources

(888) 467-7600

(310) 847-3520

(Trash Company)

To Residential Customer

POSTMASTER :

DATED MATERIAL. *Please deliver promptly.*



CITY OF CARSON

BE SAFE, BE SANE OR

BE FINED!

***NEW FINES:**

1st Offense=
\$1,000

2nd Offense=
\$2,000

3rd Offense=
\$3,000

THE USE, SALE, POSSESSION OR DISCHARGING OF ILLEGAL FIREWORKS IS A VIOLATION OF THE CITY OF CARSON'S FIREWORKS ORDINANCE AND IS PUNISHABLE BY A FINE.

According to Carson Municipal Code 3101.07, any resident of the premises on which fireworks are found or illegally discharged or sold shall be subject to the same administrative fine, as imposed on the person selling, discharging, or possessing the illegal fireworks which is on the premises by the resident's invitation or consent.

Fireworks can only be discharged on:

June 28th from 12 p.m. - 10 p.m.
June 29th - July 3rd from 10 a.m. - 10 p.m.
July 4th from 10 a.m. to 12 a.m.

Fireworks can only be sold at properly permitted stands within the City of Carson:

June 28th from 12 p.m. - 10 p.m.
June 29th - July 4th from 7 a.m. - 10 p.m.

FIREWORKS SAFETY

Improper handling of fireworks can cause burn and eye injuries, structure and vehicle fires, and deaths. Follow the tips below, be safe this summer and enjoy the holiday.

- Obey the state laws.
- Never handle fireworks under the influence of drugs/alcohol.
- Never ignite fireworks indoors.
- Never ignite fireworks inside a container.
- Remain a significant distance away from the fireworks.
- Never allow children to handle fireworks, including sparklers (they burn at 2,000 degrees).
- Minors should always be supervised by adults.
- Do not try to re-light malfunctioning fireworks.
- Keep a bucket of water nearby in case of having to extinguish fire or malfunctioning fireworks.
- Soak fireworks in water before discarding them.
- Never throw fireworks at someone.

180
people go to the ER daily
with firework related injuries
around the July 4th holiday

To report illegal fireworks in your neighborhood, please contact the sheriff's department at (310) 830-1123.

A friendly 4th of July reminder from the City of Carson

For up to date information or changes please visit:
<https://ci.carson.ca.us/Finance/fireworks.aspx>

