

CARSON & COMMUNITY SERVICES REPORT GUIDE

WINTER 2021



WEARING MASKS • FOLLOWING HEALTH PROTOCOLS • REDUCING THE SPREAD



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**Welcome to Winter 2021
 CARSON REPORT &
 COMMUNITY SERVICES GUIDE**

This publication is published quarterly by the City of Carson's Public Information Office. Learn about Carson's latest news, current events in the community, highlights about City projects and a variety of important local issues. You will also find a schedule of information on various leisure time activities, classes, events and services for everyone.

**CITY OF CARSON
 POSITION STATEMENT**

Carson is a vibrant city with a small town atmosphere where relationships are important. This is clearly visible throughout the community, from the stable single family neighborhoods, which make up nearly eighty percent of the city's residences, to the partnership between businesses and volunteer driven agencies which strengthen the city's remarkable social fabric.

The social composition of Carson is California in miniature. It is a city with a balanced ethnic and cultural mix living together in harmony and prosperity. The community takes pride in the large percentage of Carson students who attend college, many to California State University, Dominguez Hills, a valuable asset to the city.

Carson's strategic position in the heart of the powerful economic engine that is Southern California attracts international corporations which recognize the city's bright future. The city's proximity to the West Coast's two major ports, as well as its intersection by four Southland freeways, makes it a major gateway to the Pacific Rim.

We, the people who live and work in Carson, take pride in our city and will continue to build relationships which ensure that future.

ELECTED OFFICIALS

Mayor
 Lula Davis-Holmes

Mayor Pro Tem
 Jim Dear

Councilmember
 Jawane Hilton

Councilmember
 Cedric L. Hicks, Sr.

City Clerk
 Donesia Gause-Aldana

City Treasurer
 Monica Cooper

CITY MANAGEMENT

City Manager
 Sharon L. Landers

Assistant City Manager/
 Economic Development
 John Raymond

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**Published by the
 City of Carson,**

Public Information Office
 to provide those who live and work here with information about the city's programs, services, and issues. All questions, comments, and contributing information should be directed to the City of Carson's Public Information Office.

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mrevilla@carson.ca.us

Website:

http://ci.carson.ca.us



A MESSAGE FROM CITY MANAGER SHARON L. LANDERS



BELOW ARE JUST A FEW OF THE ACTIONS THE CITY TOOK TO ADDRESS THE PANDEMIC:

- Created a Carson Disaster Council and COVID-19 Task Force.
- Provided small business assistance grants and emergency rental assistance.
- Partnered with a non-profit organization to bring a COVID testing site to Carson.
- Created food distribution drive-thru events and free lunch drive-thru program.
- Delivered free groceries to the homebound, seniors, and vulnerable population.
- Assured that our City facilities and parks are in compliance with guidance from L.A. County Health Department.
- Provided holiday drive-thru experiences.
- Offered virtual classes.
- Partnered with Lyft and expanded our Dial-A-Ride program to provide discounted transportation throughout the City.

The City team stayed focused on moving key initiatives forward, while responding to COVID-19 and adjusting to new guidelines. In addition to significant projects, the City staff continued to provide high quality customer service including processing a record number of requests from the community. This team was hard at work throughout the year. They are dedicated to listening to residents and finding ways to meet the needs of our community. It's truly the quality of their work, not just in the quantity, that impresses me most. The Carson team is passionate about what they do and enjoys helping those they serve.

I am committed to working with the City Council to continue our efforts this year. Together, we are excited to keep the momentum to providing high quality projects and events. I am also very committed to working with our residents as I believe they provide a wealth of ideas and perspectives. Increasing our collaboration with the community and City Council is a major priority for me this year.

As I look ahead to this exciting year, it is my hope for all residents that 2021 is ultimately filled with opportunity and joy for celebrating another year in this remarkable city.

As we turn the page into 2021, it is my hope that the New Year will bring all of us good health and prosperity. Despite how difficult 2020 has been, I would like to share with you the City's accomplishments from this last year. I am still amazed at what we accomplished here in the City. None of the services we provide would be possible without a committed City Council and dedicated staff. I cannot say enough how proud I am of our entire team. Our staff has responded to COVID-19 in an amazing way this past year making sure all city facilities, programs and services were in compliance with new guidelines.

DAMON JONES SELECTED TO SERVE AS NEW CARSON SHERIFF STATION CAPTAIN



Captain Damon A. Jones, a 25-year veteran of the Los Angeles County Sheriff's Department, has been selected as the new Captain to lead Carson Sheriff's Station. Captain Jones assumed his role at the Carson Station on Sunday, January 24, 2021.

Captain Jones' career with the Sheriff's Department began in 1996. After graduating from the Sheriff's Training Academy as a Deputy Sheriff, he was assigned to the Century Regional Detention Facility and Custody Headquarters Operation Safe Jail where he worked as a jail gang deputy. He later worked patrol at Carson and Century Station. As a patrol Deputy, Captain Jones worked a variety of jobs: Nuisance Enforcement and Abatement, Youth Activities League and School Resource Deputy. Jones also worked in Personnel Administration as a Background Investigator, Recruiter and Operations Deputy.

He promoted to Sergeant in 2009 and was assigned to Inmate Reception Center and Carson Station. While at Carson Station, he worked as the field sergeant, watch sergeant and as the community relations sergeant. He was later assigned as a Sergeant at Audit and Accountability Bureau and Personnel Administration Recruitment.

Upon his promotion to Lieutenant in March 2015, Captain Jones was assigned to Twin Towers Correctional Facility and Transit Services Bureau where he was a watch commander. During his tenure at Twin Towers, he also worked as the Mental Health Liaison and Access to Care Lieutenant.

As a lieutenant, Captain Jones has worked at the Advocacy Unit and as the Division Aide at Professional Standards Division. Captain Jones has been a member of the Sheriff's Response Team since 2007 and the newly comprised Superspreader Task Force. He has led and responded to many of the recent protests and large gatherings to protect life and property, establish safety and control and enforce the public health order.

Serving previously as a deputy and sergeant at the Carson Station, Captain Jones comes to his new position with strong relationships and great knowledge of the community. His involvement throughout his career in community outreach groups, programs and charity events will also enable him to factor similar efforts in Carson.

"Safety and security are the most important service that government must provide to its residents. I, along with every member of the City Council welcome Captain Damon Jones to spearhead the Carson Sheriff Station and look forward to working with him to keep our community safe," said Carson Mayor. Captain Jones holds a Bachelor of Science

Degree in Organizational Leadership. Captain Jones is a Department Meritorious Service Award recipient and a Carson Sheriff's Station Support Foundation Distinguished Service Award recipient because of his hard work and dedication to the community. Captain Jones is a lifelong resident of Los Angeles County. He and his wife Kenya, have three children, in college and high school. In his spare time, Captain Jones enjoys volunteering, playing basketball, exercising, coaching and spending time with his family and friends.

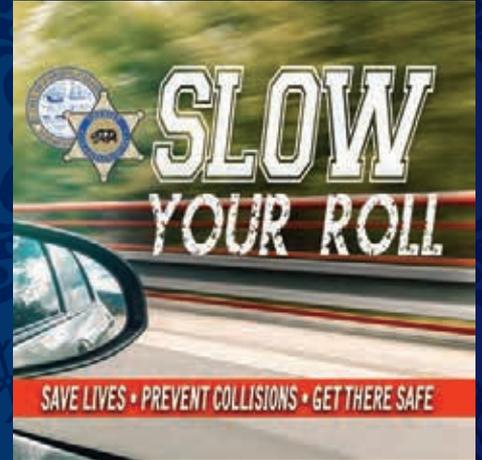
Carson station oversees the City of Carson and unincorporated areas in Harbor Gateway, Harbor City, and East Rancho Dominguez area.



Working Together



SHERIFF'S CORNER



COFFEE WITH CARSON STATION

Although we miss hosting Coffee with a Cop events in person, we have enjoyed answering your questions and hearing your concerns during our virtual Coffee with Carson Station meetings. We host a virtual Coffee with Carson Station chat via Zoom monthly. Please check our website and social media platforms for the next event date. We look forward to more virtual interactions with our community in the future!

CARSON SHERIFF'S STATION ANNUAL HOLIDAY TOY GIVEAWAY

Our deputies hosted a toy give-a-way to Carson residents. The toy giveaway took place on December 19th at our station. The last day to sign up for the giveaway was December 10th. Thank you to all who contributed to our effort to brighten the holidays for the youth of Carson. For information about future events, contact our Community Relations Office at (310) 847-8386 or follow Carson Sheriff's Station on Facebook, LASDCARSON on Instagram, and CarsonLASD on Twitter.



CATALYTIC CONVERTER THEFTS

There has been a wide spread of catalytic converter thefts in Southern California. We have seen an increase in the city of Carson as well. The thieves are bold; they use a floor jack to lift your car giving them access to the underside of your vehicle, and cut off the catalytic converter with a cordless power tool. They do it on public streets and at all hours. Keep an eye out for suspicious activity around your vehicle and try and park under well-lit areas.

2021, A NEW FRESH YEAR, LET'S MAKE IT A GOOD YEAR!

2020 was probably the most unforgettable year we have seen in many years. The struggles of dealing with the pandemic; social distancing, masks, shortage of cleaning supplies, and restaurants closed, oh let's not forget the happiest place on earth became the saddest place on earth. By sticking together we made it through Carson! We look forward to sharing a much better 2021 with you. No matter what comes our way, let's make it a good year!

For more information, please contact
Deputy Aime Valdez

LA County Sheriff's Department
Carson Station

Main: (310) 830-1123

Direct: (310) 847-4019

Email: a1valdez@lasd.org

Emergencies 9-1-1

Calls for Service (310) 830-1123

Watch Commander (310) 830-1123

Community Relations (310) 847-8386

Visit our website at www.carson.lasd.org



READY

CARSON



The City of Carson is proud to announce that we have joined Alert SouthBay, an integrated regional alert and warning notification system. Along with 13 other South Bay cities, the residents and businesses of Carson can now receive information about disasters and major emergencies via SMS (text), email, phone, landline, as well as other means of communication.

This notification system gives police, fire, and emergency management the ability to deliver critical notifications to our city. These notifications may include: critical weather alerts, power outage notifications, evacuation and shelter orders, and other emergency information.

Carson residents and businesses must register in the Alert SouthBay regional portal to receive alerts.

Your information is protected and confidential and will only be used by official public safety agencies to notify you in the event of an emergency or for the categories you subscribe to in the registration portal. It is important to have as much of our community to register so please tell your friends and neighbors to join Alert SouthBay so we can all be prepared and stay Future Unlimited.



To register you can do any of the following:

1

Visit ReadyCarson.com

2

Text [ALERTSB to 888777](tel:888777) to receive the link to register

3

Download the Everbridge app on the [Apple App Store](#) or [Google Play Store](#)



EAT & SHOP LOCAL



The City of Carson encourages residents to support our local restaurants and businesses.

Visit the Carson Open for Business page where you can look-up what is open near you including operating hours and services available.

Please go to covid19.carson.ca.us



CHANGE & SAVE



4 SMART MONEY-SAVING STRATEGIES TO KICK OFF 2021

- Qualify for a \$500 Rebates towards a high-efficiency washer
- Install your FREE Water Savings Device Kit
- Lower energy and water bills with Change & Save
- Learn more about programs and rebates



SAVE MONEY



SAVE WATER



SAVE ENERGY



Visit <https://change-save.com/our-program/> to learn more about how you can save with Change & Save!

RENAISSANCE AT CITY CENTER LUXURY APARTMENT COMPLEX IN CARSON BECOMES 150 UNITS OF 'WORKFORCE HOUSING'

A \$78 million deal that closed in December 2020 by the California Statewide Communities Development Authority (CSCDA) will turn Carson's first downtown luxury apartment complex into 150-units of middle-income affordable housing or "workforce housing". The term "workforce housing" indicates a program targeted at households that earn too much to qualify for traditional affordable housing projects, which are targeted at low-income households. These are households with incomes between 80% and 120% of the area median income for the metropolitan area (AMI).

The CSCDA is a statewide joint powers authority with over 500 governmental bodies in California as members, including the City of Carson. It created an affiliate authority to be able to acquire these types of projects and commit, through a regulatory agreement, to support, preserve, and provide low-, median-, and moderate-income rental housing. The Renaissance in Carson is the first property in Southern California to be acquired under this program.

Standard Communities, which has almost 10,000 affordable housing units in its real estate portfolio, worked with CSCDA to put together the financing structure for the project and serves as the asset manager for the property on the authority's behalf.

No existing tenants would be displaced under the program, and existing tenants are allowed to be "over income," or could eventually see their own rents decrease if they fall into one of the qualified income categories. Additionally, annual rent increases would be capped at no more than 4%, which is less than the rent limits under AB1482, the recently adopted State tenant protection legislation.

The Renaissance is already fully occupied so most of the change will occur as leases turn over. Their website is www.renaissanceatcitycenter.com.

Carson is undergoing a residential development boom, with numerous housing developments under construction in the city right now, including the 357-unit Union South Bay at Carson Street

and Avalon and the 300-unit Evolve project at Del Amo and Main Street. However, many middle income residents of the community cannot afford the upscale housing units being built and will be eventually priced out of the rental market. This financial structure ensures that some of the middle income individuals have a place to live in Carson.

The City Council was pleased to become a member of the joint powers authority in October, 2020, which allowed this transaction to go forward. Council members pointed out that over the past several years the City and its Housing Authority have facilitated the development of 160 new low-income units in the city for seniors (Bella Vita), veterans (Veterans Village) and artists (Carson Arts Colony), all of which are at capacity because of the high demand, but there had not previously been an opportunity to address the middle-income households.

"The Renaissance was built as a luxury apartment property. It offers high-quality amenities, architectural details, landscaping, and services that will address the needs of our middle income residents at an affordable price. The City of Carson is proud to be the first Southern California member of the CSCDA to have a property in its city qualify under this program and have the ability to offer it to our residents who need a place to live especially during this pandemic," said Carson Mayor.

In addition, as a response to the COVID-19 pandemic, the City through its CARES Act funding has created an Emergency Rental Assistance Grant program for income-eligible individuals and families residing in Carson and at 80% of AMI or below (\$90,100 for a family of 4) and economically impacted during the COVID-19 pandemic through job loss, furloughs or deduction in hours or pay. Rental Emergency grants of up to a maximum of \$10,000 are made on behalf of the income-eligible applicant, to maintain housing and/or to reduce rental payments in arrears as a result of the economic downturn during the COVID-19 pandemic.



For more information go to:
<http://ci.carson.ca.us/content/files/pdfs/housing/rental/Emergency%20Rental%20Assistance%20Fact%20Sheet.pdf>



EXAMPLES OF COVID-19 IMPACTS

Revenue shortfalls including but not limited to business license fees, rent/mortgage, utilities, inventory, and payments due to the COVID-19.



SMALL BUSINESS ASSISTANCE GRANT

Who can apply for the Carson Small Business Assistance Program?

Businesses located within the City of Carson boundaries.

Are there other eligibility criteria?

Yes, there is a list of requirements to determine eligibility for the program. The City has partnered with the California Community Economic Development Association (CCEDA) to assist small businesses who meet the pre-eligibility criteria with the application process.

What are examples of COVID-19 impacts?

Revenue shortfalls including but not limited to business license fees, rent/mortgage, utilities, inventory, and payments due to the COVID-19.

Is the assistance a loan or a grant?

CDBG funding allows the financial assistance to be a grant which does not have to be paid back.

Where can I find the application? Applications are available online at carson.cceda.com. A link to the CCEDA website can also be found on the City of Carson's website by clicking on the Carson Business Assistance Program link.

How do I submit my application packet and what information is needed?

Applications can be submitted online by visiting carson.cceda.com. Read the guidelines attached to the application for a full list of requirements.

How will applications be processed?

The CCEDA will review applications for eligibility.

How soon will I know if I'm approved?

CCEDA staff will review applications and respond within 14 calendar days, or earlier. If your application is incomplete, you will be given seven (7) calendar days to submit the missing paperwork.

If I'm approved, are grant funds sent directly to me?

Yes, if approved the owner will be provided with a Grant Agreement outlining the terms of the grant. Once the agreement is executed, a check payable to the business will be issued.

Visit <https://ci.carson.ca.us/businessassistance> for link to the application.

For more information, please contact the CCEDA at (213) 348-7504

CITY OF CARSON COVID-19



DISASTER SMALL BUSINESS LOAN PROGRAM

Carson businesses may be eligible for emergency loans up to \$30,000 from the City of Carson

The Disaster Council approved a contract with the California Community Economic Development Association (CCEDA), a non-profit organization, to create and implement a focused business assistance program for Carson commercial and retail businesses and non-profit organizations. Carson businesses may be eligible for emergency loans up to \$30,000 from the City of Carson.

Requirements:

- For profit businesses and non-profit organizations are eligible
- Carson based
- 2-50 employees
- Able to demonstrate a 25% drop in revenue since January 1, 2020



Please call the California Community Economic Development Association at (213) 348-7504 for assistance or visit carson.cceda.com



EMERGENCY RENTAL ASSISTANCE PROGRAM

IF YOU HAVE BEEN DIRECTLY IMPACTED BY COVID-19:

Termination of Employment • Furlough • Reduction of Hours • Owe Back Rental Payments

The City of Carson has emergency rental assistance to help you.

Please call (310) 233-4829 or email COVID19assistance@carson.ca.us



SCAN
CODE

Download the application.

Visit http://ci.carson.ca.us/CommunityDevelopment/housing_cdbg.aspx

What do you need to do?

- Review the application guidelines
- Print the application and attach all required documents
- Call to schedule an appointment

Assistance is available to eligible applicants for:

- Back rental payments only
- Qualified applicants may receive up to a max of \$10,000
- All payments are paid directly to Landlord (must submit W-9 form)

Appointment Schedule:

Mondays and Thursdays
8:00 a.m. to 5:00 p.m.

Household Size	Maximum Annual Income for Low and Moderate Income Families
1	\$63,100
2	\$72,100
3	\$81,100
4	\$90,100
5	\$97,350
6	\$104,550
7	\$111,750
8	\$118,950

To qualify, current gross family income may not exceed those listed in table above. Gross family income includes all income from all persons over 18 years of age.

Visit http://ci.carson.ca.us/CommunityDevelopment/housing_cdbg.aspx

CITY OF CARSON: Program Assistance Hotline: (310) 233-4829

COVID19assistance@carson.ca.us

701 E. Carson Street, Carson, CA 90745



Applicants without an appointment will not be allowed to enter Carson City Hall. Funds are available on a first come first served basis until all funds are depleted.

COVID-19 RESOURCES



CITY OF CARSON COVID-19 TESTING SITE DRIVE-THRU TESTING CENTER

Mondays through Thursdays • 8:00 a.m. - 4:30 p.m.
Congresswoman Juanita Millender-McDonald
Community Center at Carson
801 E. Carson Street, Carson, CA 90745

For more information or to schedule an appointment, please visit <https://ushealthfairs.org/carson-testing/> or call (310) 952-1719.



Looking for test results? Text your name and the words “test results” to (805) 357-5577.

PROTECT YOURSELF FROM COVID-19

Stop the spread of germs that can make you and others sick!



FACE COVERING REQUIRED

Face coverings are required for everyone older than 2 years of age.



PRACTICE SOCIAL DISTANCING

Provide space of at least 6 feet at all times during your visit.



WASH YOUR HANDS REGULARLY

Wash your hands for at least 20 seconds and use hand sanitizer with at least 60% alcohol when washing is not possible.



DO NOT GATHER IN GROUPS

Head outdoors with members of your household only.



STAY HOME IF YOU ARE EXPERIENCING SYMPTOMS OF RESPIRATORY ILLNESS, INCLUDING FEVER OR COUGH



SPRING CLEAN ENVIRONMENT WEEK April 12-16, 2021



ELECTRONICS RECYCLING AND PAPER SHREDDING EVENT Saturday, April 17, 2021

CITY HALL PARKING LOT - 701 E. CARSON STREET, CARSON, CA 90745

PROOF OF CARSON RESIDENCY REQUIRED • NO COMMERCIAL/BUSINESS WASTE

Recycle your old electronics: Computers, TVs, copiers, VCRs, cell phones, DVD and Blu-Ray players and microwaves and commit to cleaning the environment.

Recycle your confidential documents safely and conveniently. All paper will be shredded on-site. *Shredding may end before 12:00 p.m. if paper capacity is reached early.*

LIMIT 3 FILE/PAPER BOXES PER RESIDENT FOR SHREDDING



EXTRA RESIDENTIAL COLLECTION SERVICES

During this week only, residents can get the following extra services for free:

- one extra pickup of up to three 30-gal bags of trash
- one extra pickup of up to three 30-gal bags of recycling
- one extra pickup of up to three 30-gal bags of greenwaste
- one extra bulky/e-waste pickup, up to four items

Set the bags out next to your carts on your regular service day (please mark what's in the bags so they are properly handled).

Bulky/e-waste pickups still need to be scheduled by phone or email (888-467-7600, info@wasteresourcescarson.com) up to noon the day before your regular service day, but will not count towards your limit (once per quarter or number Recycle your confidential documents of units per year).



SEE A PROBLEM? We can fix that.



Introducing the updated Citizen Engagement App where citizens can put in various service requests within the City that need attention. Enter City Code:Car01 on the app.

- Graffiti
- Pot Holes
- Traffic Lights
- Illegal Dumping



EMOTIONAL SUPPORT

24-hour Suicide Prevention Lifeline:

1-800-273-8255 or text 838255

24-hour Domestic Violence Hotline:

1-800-799-7233

National Suicide Prevention Deaf and Hard of Hearing Hotline:

Access 24/7 video relay service by dialing 800-273-8255 (TTY 800-799-4889).

Hotlines if you need to talk to someone:

• **Disaster Distress Helpline:**

Call 1-800-985-5990 (TTY 800-846-8517) or text TalkWithUs to 66746 for 24/7 support.

• **Crisis Text Line:** Text HOME to 741741 for 24/7 crisis support.

If you feel unsafe:

• Call or text the Victims of Crime Resource Center at 1-800-VICTIMS line for information on victim services programs in California.

Family Support:

• You can call the **National Parent Helpline** at 1-855-427-2736 Monday – Friday from 10:00 a.m. – 7:00 p.m. to get emotional support from a trained Parent Advocate.

NAMI California has resources for family members supporting loved ones with mental health conditions. You can call their helpline at 1-800-950-NAMI to get information, resource referrals and support from 7:00 a.m. – 3:00 p.m. or email info@namica.org.

theowarmline

The Peer-Run Warm Line is a non-emergency resource for anyone in California seeking emotional support. We provide assistance via phone and webchat on a nondiscriminatory basis to anyone in need 24/7.

Some concerns callers share are challenges with interpersonal relationships, anxiety, panic, depression, finance, and alcohol and drug use.

<https://www.mentalhealthsf.org/peer-run-warmline/>

Call: 1-855-845-7415

Chat: Mentalhealthsf.org

Proudly serving all of California!



GoldenTalk senior chat line is live

GoldenTALK is a chat and crisis line for Older Adults who are 60 years of age and older. The chat line assists seniors facing social isolation through warm conversations and also provides referrals and works closely with multiple agencies within Los Angeles County in the event of a crisis.

We need volunteers!

Please visit our website for more information or call (888) 491-0054

www.idsgtfoundation.org



(888) 60-GOLDEN

(888) 604-6533



MENTAL HEALTH RESOURCES

Carson Sheriff Station Non-Emergency Line

Call (310) 830-1123 to request a welfare check

Harbor UCLA Mental Health

(424) 306-5700

<http://www.harbor-ucla.org/psychiatry/>

Department of Mental Health

(800) 854-7771

<https://dmh.lacounty.gov/>

Department of Mental Health Hoarding Resources

Microsoft Word - Guidebook for online.docx
(lacounty.gov)

GENESIS

(Geriatric Evaluation Networks Encompassing Services Intervention Support Programs)

Specific mental health outreach to an
older adult (213) 351-7284

Didi Hirsch - Mental Health Services
Suicide Prevention (888) 807-7250
<https://didihirsch.org/>

Heritage Clinic (562) 264-6001

Provides mental health services for
low income adults 50+ and family caregivers
www.heritageclinic.org

Exodus Recovery

Inpatient and outpatient (424) 405-5888

<https://www.exodusrecovery.com/locations/>

NAMI- National Alliance of Mental Illness

<https://www.nami.org/Home>

Local Information Line: (562) 435-2264

South Bay Family Health Care

23430 Hawthorne Blvd., Ste. 210

Torrance, CA 90505

(310) 802-6177 Ext. 1123

South Bay Family Healthcare

| Building Healthy Lives (sbfhc.org)

National Suicide Prevention Lifeline

Hours: Available 24 hours.

Languages: English and Spanish

Learn more (800) 273-8255

AVOID & REPORT COVID-19 SCAMS



Avoid Scams:

Public Health contact tracers will **NEVER** ask you for your Social Security Number and bank account number.

- **COVID-19 fraud:** call National Center for Disaster Fraud Hotline at 866-720-5721 or email disaster@leo.gov
- **Medicare fraud:** call 800-HHS-TIPS (1-800-447-8477) or immediately report it online.
- **Private-sector health care fraud:** contact the FBI's Internet Crime Complaint Center. (800) CALL-FBI (225-5324)
- **Identity theft:** contact the Federal Trade Commission's Complaint Assistant. (202) 326-2021

AARP's Fraud Watch Network can help you spot and avoid scams. Sign up for free "*watchdog alerts*," review the scam-tracking map, or call the toll-free fraud helpline at 877-908-3360 if you or a loved one suspect you've been a victim.

Long Beach Airport Noise Resident Concerns



Living in an urban area is full of challenges. One of them is living in close proximity to an airport. In Carson's case, the Long Beach Airport. The City has started an effort to investigate noise impacts from aircraft flights over Carson.

If you see or hear airplanes when you are at home, please call the Long Beach Airport noise hotline at 562-570-2665 or email lgbnoise@longbeach.gov. You may also file a complaint on the FAA Noise portal: <https://noise.faa.gov/noise/pages/noise.html> immediately.

One of the most important aspects of this investigation is hearing from residents describing how aircraft flights over their homes are impacting their day-to-day lives. The Federal Aviation Administration assigns each call to a noise specialist to determine whether aircraft noise impacting Carson residents.

Please help by being proactive and calling the hotline and submitting a FAA complaint. Your effort is the primary way we can help protect our residents from aircraft noise impacts.

CARSON'S FINANCES

STATE SAYS CARSON AT LOW RISK FOR FINANCIAL DISTRESS

Carson, CA – Carson is at low risk for “financial distress,” according to the California State Auditor’s office.

The state agency recently ranked California cities by financial risk. Carson was ranked 252nd in the state, placing the City in the top 46%.

The State Auditor assessed California cities based on liquidity (having enough cash to pay its bills) a city’s debt burden versus its income, financial reserves, revenue trends, and retirement obligations.

LIQUIDITY:

Carson ranked 69 out of 471 cities.

DEBT BURDEN:

Carson ranked 324 out of 471 cities.

RESERVES:

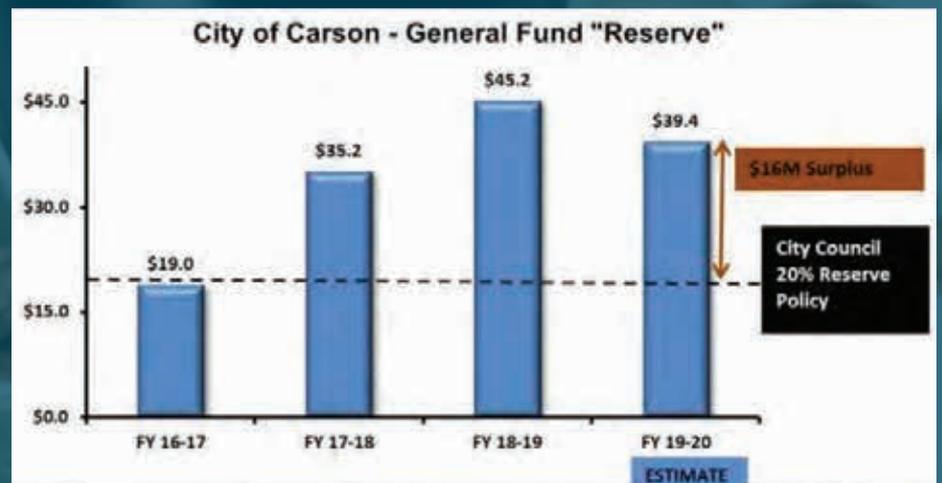
Carson ranked 249.

REVENUE TRENDS:

Carson ranked 334th in the state.

PENSION OBLIGATIONS:

Carson ranked 118.



With most California cities facing revenue losses related to the pandemic, Carson was given a “green” rating by State Auditor showing an overall low financial risk category unlike surrounding cities and other Southern California cities that rely on entertainment and tourism industries for revenue.

Pension cost continues to be the common denominator for all local government agencies, the overall financial risk for Carson is low and that’s because of prudent spending, a fiscally conservative budget and a robust \$32 million capital improvement program.

STAYING CONNECTED TO SOKA

WHAT IS CSCA?

Carson Sister Cities Association is an organization of individuals interested in fostering better international cooperation and understanding through sister city relationships between the City of Carson and foreign cities. Carson currently has a Sister City relationship with Soka, Japan and Parañaque, Philippines.

EXCHANGE

In the past, we would be recruiting for the Student Exchange program in which students from Carson, California visit Soka, Japan. At this time, we are unable to travel or host students here. However, we can exchange pictures and memories. If you are interested in being a part of this program, please contact the Public Information Office to register.

CONTACT

For more information, please call (310) 952-1740 or email PIO@carson.ca.us



LOVE MY NEIGHBOR PROGRAM IN CARSON AWARDED \$15,000 GRANT

To support crisis relief during the ongoing pandemic, a global generosity movement following 2020's Thanksgiving weekend, Bank of America awarded a \$15,000 grant to the Love My Neighbor Program (LMNP) in Carson. LMNP supports the Scottsdale community. As the pandemic continues, the grant assisted in providing crisis-relief services to locals who have been homebound and disproportionately affected by COVID-19.

Following the mandated Stay at Home Order in March 2020, Artward Initiative non-profit assisted the Love My Neighbor Program in launching an emergency food distribution serving more than 100 at-risk Scottsdale residents. Approximately 15,000 pounds of high-quality and nutritious foods were distributed with donations from Whole Foods, Sprouts, Trader Joes, and assistance from Food Cyle LA.

To comply with safety precautions, the program shifted from free in-person art workshops for



at-risk kids and financial literacy support for parents and grandparents to virtual art classes and food deliveries with uplifting artwork.

During these challenging times, the program has adapted to address emotional and food support to keep at-risk children and families engaged and healthy. Artward Initiative formed to support local communities in Southern California through charitable cultural activities, which focus on the enhancement of the community's quality of life through art, cultural, and educational projects. They support projects and programs that promote cultural diversity and understanding to contribute to the positive development of young people and young people at risk.

During the last few years, Artward Initiative has focused on supporting the Love My Neighbor public art project in the underserved Scottsdale community.

The Carson-based program has evolved from the initial small volunteer program—Olga Vlasova Artward Initiative Director; Alexey Steele, Artist & Project Founder; Sadie Dix, Scottsdale Townhomes Board President; Johnathan Delgado and Adam Valenzuela from Scottsdale's Security Team and Michael Yadrick, Property Manager. With the ongoing pandemic, the program has partnered with Carson Sheriff Stations' Gang Diversion Team (GDT) to help deliver supply kits with food relief packages to local families.



Waiting List Open Now for the first 75 Residents

The City of Carson offers programs to assist low to moderate income homeowners with repairs to improve their single-family residence or mobile home. All applicants must meet the eligibility requirements as described below to participate. Register online on January 4, 2021 on the City's website (hyper link listed below). Registration will be open until we reach our capacity of 75 residents. (ONLY IF FUNDS ARE AVAILABLE) For further information, you may contact the Community Development Department at (310) 952-1700, ext. 1334.

Here's How to Register

1. Online: <http://ci.carson.ca.us/CommunityDevelopment/NppApp.aspx>

SINGLE-FAMILY HOME GRANTS

Grants are available for up to \$15,000. Items eligible for rehabilitation include: new roof, new windows, new driveway, exterior and interior painting, plumbing and heating repairs and electrical repairs.

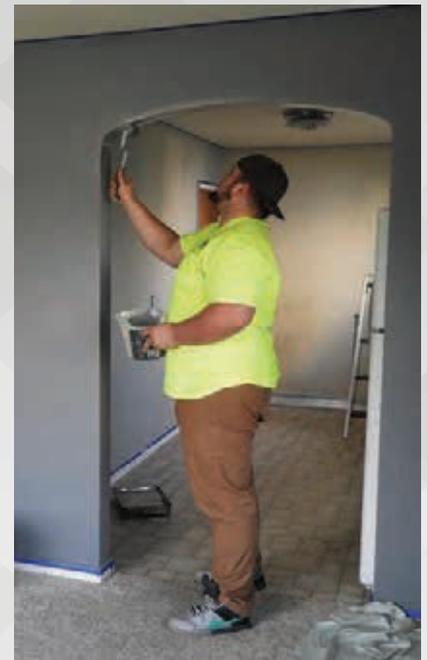
MOBILE HOME GRANTS

Grants are available for up to \$10,000. Eligible items include: roofing, replacing of deteriorated stairs, faulty plumbing and heating, hazardous wiring repairs and security lighting.

- Household income shall not exceed the maximum total household income guidelines. Total household income is all income currently being received by all persons who live in the dwelling.
- Dwelling shall be owner-occupied, single-family homes and must have maintained ownership for the minimum of one (1) year at time of application submittal. (Condos, townhouse, etc. are not considered single-family dwellings.)
- Dwelling shall be over 25 years old and be classified as Moderate Income Housing Stock.
- Grants are to be used on a one-time per property basis, per applicant and cannot be used in conjunction with the Deferred Loan Program.

SINGLE-FAMILY HOME DEFERRED LOANS

The maximum loan amount is \$25,000 or the amount needed for rehabilitation, whichever is less. The Deferred Loan interest rate is 3%. Payment in full, principal and accrued interest is due when title is transferred, property is refinanced with cash-out or property changes ownership. The Deferred Loan is to be used on a one-time per property basis.



Household Size	Maximum Annual Income for Low and Moderate Income Families
1	\$63,100
2	\$72,100
3	\$81,100
4	\$90,100
5	\$97,350
6	\$104,550
7	\$111,750
8	\$118,950

CITY OF CARSON ANIMAL CONTROL OFFICER RESPONDS TO ALL ANIMAL WELFARE AND PUBLIC SAFETY SERVICE CALLS STARTING FEBRUARY 1, 2021

CARSON, CA – Starting February 1, 2021, the City of Carson will assume the field services related to all animal and safety calls. Services of the City's Animal Control Officer will include responding to: barking dog complaints, nuisance animals, stray animals, wild animals, dead animal removal, complaints of neglect, surrendered animals, and found animals.

The City of Carson's Animal Control Officer will also work with the California Department of Fish & Game and the Los Angeles County Department of Agriculture in dealing with predator animals, such as coyotes. The Animal Control officer will investigate allegations of animal neglect and animal cruelty, inspect animal boarding facilities, pet shops, and grooming establishments to ensure they meet County and State codes, and assist local law enforcement in conducting raids for suspected illegal dog or cock fighting.

The Los Angeles County Department of Animal Care and Control (DACC) will continue to provide the following services: pet adoptions, pet license renewal, stray sheltering services and microchip registration. DACC will also continue to provide backup assistance to the City's Animal Control Officer in the event of an emergency.

"We value the health and safety of our residents and their pets. The operational decision to switch responding to service requests and bringing the field service in-house is not only cost effective for our City, but it is more efficient to respond to our residents' needs," said Carson Mayor.

For more information about the City of Carson's animal control services, please call City of Carson Public Safety at (310) 952-1786. To contact the DACC Carson/Gardena Animal Care Center, please call (310) 523-9566.

SCOOP YOUR DOG'S POOP



**OR PAY \$100 to \$500 FINE
CMC SECTION 3311**



**Code Enforcement:
(310) 952-1786**

YOU MAY SEE MORE COYOTES THIS SEASON - PROTECT YOUR PETS



The next four to six weeks is mating season for coyotes. Please do not let your pets out alone. Coyote breeding typically peaks in late February and early March, the gestation period averages 58 to 63 days. Male coyotes can become more aggressive during this time of year, the long and short of it all is that coyotes always pose a risk to your dog (and other small pets). That risk increases during mating season.

Coyotes are pursuit predators—they chase their prey, they don't "lure" or "ambush" prey. They need to eat and survive. Watch your pets, they are counting on you.

COMMUNITY SERVICES GUIDE

WINTER 2021



CITY OF CARSON WELCOMES NEW COMMUNITY SERVICES DIRECTOR

The City of Carson is pleased to announce the appointment of Robert Lennox as the new Director of Community Services/Parks and Recreation. Robert will lead a team of seasoned professionals addressing issues that directly impact the community. Among his many duties is providing operational oversight over all Department programs and services; work cooperatively with Public Works to maintain parkgrounds, amenities, and buildings, and the Community Center; collaborate with the Executive Team to support the City's plans and priorities; and serve as staff liaison to commissions/committees/boards, community-based organizations, external agencies, citizens, and community stakeholders.

Robert brings to the City a wealth of public sector experience that includes 20 years with both large and small municipalities. He has a passion for empowering communities to become more involved in their neighborhoods through meaningful leisure activities, economic development, and community improvement. He has served the communities of Los Angeles, Riverside, San Bernardino, Yucaipa, and Menifee during his local government career. His areas of expertise include parks master planning, recreation programming, landscape maintenance, park development, land-secured financing, and community engagement.

Robert earned his Masters of Arts in Community Leadership/Youth Agency Administration at California State University, Los Angeles; and his Bachelors of Arts in Ethnic Studies at University of California, San Diego. He is also a proud graduate of the Southern California Coro Fellows Program in Public Affairs. Robert is currently pursuing his Doctorate in Organizational Change and Leadership from the USC Rossier School of Education. Robert is an active member of the Southern California Municipal Athletic Foundation (SCMAF), California Parks & Recreation Society (CPRS), and the National Recreation and Parks Association (NRPA). He has published in the Journal of Physical Education, Recreation & Dance and the Coro Southern California Leadership Review. He has also presented at the National Conference on Race and Ethnicity (NCORE) and the CPRS and SCMAF annual conferences.

Robert has received many awards and certifications, including the League of California Cities' Helen Putnam Award of Excellence, International Nations in Bloom Award with the City of Los Angeles, and twice received the KaBoom Playful Cities USA award with previous agencies. A native and resident of Riverside, he is a former NCAA and semi-professional soccer athlete, and serves as President of the non-profit Riverside City Football Club.

AQUATICS

2021 Aquatic Spring Schedule

Program schedules, fees, and non-resident use subject to change

FAMILY SWIM

Need a break? Come and relax in your own pool space.
A maximum of 8 persons living in the same household only.

Dominguez Aquatic Center & Hemingway Aquatic Center

Monday – Thursday, March 1, 2021 – May 6, 2021

1 hour per session per day
Fee: Resident \$1
Age: 6 months and above
3:30 p.m. – 4:30 p.m.
4:45 p.m. – 5:45 p.m.
6:00 p.m. – 7:00 p.m.

Saturday, March 6, 2021 – May 8, 2021

1 hour per session per day
Fee: Resident \$1
Age: 6 months and above
9:00 a.m. – 10:00 a.m.
10:15 a.m. – 11:15 a.m.
11:30 a.m. – 12:30 p.m.
12:45 p.m. – 1:45 p.m.
2:00 p.m. – 3:00 p.m.



TRUE FACT

Swimming for an hour burns almost as many calories as running, without all the impact on your bones and joints.

LAP SWIM

Enjoy your workout in your own lane. A maximum of 2 persons per lane for those living in the same household.

Prerequisite: Level 3 swim skill and above

Dominguez Aquatic Center & Hemingway Aquatic Center

Monday – Thursdays March 1, 2021 – May 6, 2021

1 hour per session per day
Fee: Resident \$4
Age: 16 years old and above
3:30 p.m. – 4:30 p.m.
4:45 p.m. – 5:45 p.m.
6:00 p.m. – 7:00 p.m.

Saturdays March 6, 2021 – May 8, 2021

1 hour per session per day
Fee: Resident \$4
Age: 16 years old and above
9:00 a.m. – 10:00 a.m.
10:15 a.m. – 11:15 a.m.
11:30 a.m. – 12:30 p.m.
12:45 p.m. – 1:45 p.m.
2:00 p.m. – 3:00 p.m.

AQUA AEROBICS

Take advantage of this socially distanced, instructor-led, low impact workout. You'll have the ability to choose the intensity of the workout, depending on your needs. Space is limited.

Dominguez Aquatic Center & Hemingway Aquatic Center

Monday – Thursday, March 1, 2021 – May 6, 2021

1 hour per session per day

Fee: Resident \$6

Senior (50+) Fee: Resident \$4

Age: 16 years old and above

Prerequisites: Level 3 swim skill and above

6:00 p.m. – 7:00 p.m.

Saturday, March 6, 2021 – May 8, 2021

1 hour per session per day

Fee: Resident \$6

Senior (50+) Fee: Resident \$4

Age: 16 years old and above

Prerequisites: Level 3 swim skill and above

FITNESS SWIM

Do you enjoy swimming laps, but need a structured workout? Join this instructor-led class today! Daily workouts will be provided. Space is limited.

Monday – Thursday, March 1, 2021 – May 6, 2021

1 hour per session per day

Fee: Resident \$5

Age: 18 years old and above

Saturday, March 6, 2021 – May 8, 2021

1 hour per session per day

Fee: Resident \$5

Age: 18 years old and above

Hemingway Aquatic Center

5:00 a.m. – 6:00 a.m.

6:10 a.m. – 7:10 a.m.

Prerequisites: Level 5 swim skill and above.

LANE RENTAL

Are you an Aquatic Professional needing a lane or two for training? A dedicated lane is available for you. You must adhere to the LA County and City of Carson's COVID-19 Protocol at all times. Space is limited.

Monday – Thursday, March 1, 2021 – May 8, 2021

1 hour per session per day

Fee: Resident \$20

Age: 18 years old and above

Prerequisites: Call (310) 816-9381 for additional information.

Saturday, March 6, 2021 – May 8, 2021

1 hour per session per day

Fee: Resident \$20

Age: 18 years old and above

Prerequisites: Call (310) 816-9381 for additional information.

Dominguez Aquatic Center

3:30 p.m. - 4:30 p.m.

4:45 p.m. - 5:45 p.m.

Hemingway Aquatic Center

3:30 p.m. - 4:30 p.m.

Dominguez Aquatic Center & Hemingway Aquatic Center

10:15 a.m. - 11:15 a.m.

11:30 a.m. - 12:30 p.m.

12:45 p.m. - 1:45 p.m.

2:00 p.m. - 3:00 p.m.

AQUATICS

SWIM CONDITIONING

Join this instructor-led swim workout today! This class focuses on learning new aquatic skills, refining existing swim techniques, and working on swim endurance. Space is limited.

Group 1

Monday and Wednesday,
March 1, 2021 – May 5, 2021
1 hour per session for 10 weeks
Fee: Resident \$160
Age: 5 years - 17 years old
Prerequisites: Level 3 swim skill and above

Group 2

Tuesday and Thursday,
March 2, 2021 – May 6, 2021
1 hour per session for 10 weeks
Fee: Resident \$160
Age: 5 years - 17 years old
Prerequisites: Level 3 swim skill and above

Hemingway Aquatic Center

4:45 p.m. – 5:45 p.m. | 6:00 p.m. – 7:00 p.m.

How to make a reservation at the pool of your choice:

1. Review the Reservation Layout and Pool Schedule
2. Decide which section you would like and the time you prefer
3. Contact the pool of your choice directly via phone or send an email with your information (Staff confirmation required prior to your arrival.)
All must have a reservation prior to arrival.

Dominguez Aquatic Center

21330 S. Santa Fe Avenue
Carson, CA 90810
(310) 830-2391
dac@carson.ca.us

Hemingway Aquatic Center

16605 S. San Pedro Street
Carson, CA 90746
(310) 324-2515
hac@carson.ca.us

RSVP Schedule

February 22 - May 8, 2021

Monday - Thursday • 3:30 p.m. – 6:45 p.m.

Saturdays • 9:00 a.m. – 2:45 p.m.

- 2 max reservations can be made from the same household per day (to give others an opportunity)
- Carson Residents are able to RSVP 10 days prior to the desired reservation date.

Upon Arrival:

Temperature Check, Must social distance, Mask is Required, and Waiver Forms filled out, signed, and submitted daily.

Facility Access:

Enter Facility, Place items in designated area, Enter Pool, Exit Pool, Retrieve belongings, Exit Immediately through designated side exit gate (Note: Restrooms are available upon request. As of now, showers and changing area unavailable.)



Detailed Aquatic Program information and detailed facility use information is located on the Aquatics Website. Should you have any additional questions, please contact the Aquatics office at (310) 816-9381 or send an email to Aquatics@carson.ca.us



Virtual Classes

All classes will begin the week of April 12, 2021 - June 4, 2021
Guitar and Piano 1 Classes are for 1st Time Virtual Class Participants
Guitar and Piano 2 Classes are for Returning Fall Participants

Registration Locations:
Stevenson Park: 17400 Lysander Drive, Carson, CA 90746
Calas Park: 1000 E. 220th Street, Carson, CA 90745

Class	Days	Times	Amount	Ages	Min Capacity	Max Capacity
Guitar 2 <i>(Must have own Instrument)</i>	Mon/Wed	5:00 p.m. - 5:30 p.m.	Res \$48 Non Res \$58	7-17	5	8
Piano 2 <i>(Must have own Instrument)</i>	Mon/Wed	6:00 p.m.- 6:30 p.m.	Res \$65 Non Res \$75	7-17	5	8
Guitar 1 <i>(Must have own Instrument)</i>	Tues/Thurs	5:00 p.m. - 5:30 p.m.	Res \$48 Non Res \$58	7-17	5	8
Piano 1 <i>(Must have own Instrument)</i>	Tues/Thurs	6:00 p.m. - 6:30 p.m.	Res \$65 Non Res \$75	7-17	5	8
Folklorico 101	Friday	3:30 p.m. - 4:15 p.m.	Res \$25 Non Res \$35	5-8	5	15
Drama/Improv	Mon/Wed	4:00 p.m. - 4:45 p.m.	Res \$35 Non Res \$45	8-14	5	8
Beginners Spanish	Tues/Thurs	4:00 p.m. - 4:45 p.m.	Res \$60 Non Res \$70	6-9	5	10
Hip Hop Dance	Tues/Thurs	T.B.D.	Res \$50 Non Res \$60	8-14	5	10

**Please note that all classes need to have the minimum enrollment to begin.*

For more information, please call (310)847-3570.



FREE AFTER SCHOOL VIRTUAL ART CLASSES!
PRAXIS CITY ARTS PARKS
March 9- May 6, 2021
Class Days: Tuesdays & Thursdays
Class A: 3:30 p.m. - 4:30 p.m. Class B: 5:00 p.m. - 6:00 p.m.
Ages: 8 through 11
Registration Deadline: February 26, 2021
Register at eventbrite: <https://cityofcarsonpraxisartclass.eventbrite.com>

PREVENTION AND AFTERCARE

Family Coaching

Do you or someone in your family need a little guidance in setting goals? Do you need assistance finding resources to help your family? You can work with a family coach to learn how to plan, prioritize and reach your goals, access important services and explore ways to strengthen your family bonds.

Call to inquire or be put on an interest list regarding these classes:

Crafty Club, Yoga, Zumba and Garden Cleanup

ALL CLASSES FREE. For more information, please contact Jenice Deguzman at (310) 847-3584.

KIDS CLUB (AGES 5 - 12)

Space is limited

\$80 weekly cost per child
8:00 a.m. - 6:00 p.m.

\$50 weekly cost per child
2:00 p.m. - 6:00 p.m.

Veterans Park (310) 864-9255

Calas Park (310) 518-3565

Carson Park (310)830-4925

(Currently No Wi Fi)

(Child may bring hotspot)

Dolphin Park (310) 549-4560

Del Amo Park (310) 329-7717

(Currently No Wi Fi)

(Child may bring hotspot)

Location and hours are subject to change
For more information call (310) 847-3570



TRANSPORTATION

ACCESS PARATRANSIT:

ACCESS is a shared-ride service for individuals with disabilities, provided by the County of Los Angeles. The service extends to Los Angeles County and beyond. For more information about this program and to apply, please call (800) 827-0829 or visit: <http://accessla.org/home/>

DIAL-A-RIDE PROGRAM:

Residents can call (888) 711-8294 for 50% off their ride during the declared pandemic. For Dial-A-Ride participants, we strongly recommend making online payments at this time in order to lessen travel and exposure. Online payments for Dial-A-Ride can be made here: <https://payment.carson.ca.us/transportationonline/dialaride.asp>
During the declared pandemic there are no age or disability requirements for this service.

LYFT:

The City of Carson is proud to extend the availability of City-subsidized rides through Lyft during the COVID-19 pandemic. Subject to Lyft's Terms of Service - <https://www.lyft.com/terms>
Download the Lyft app on the App Store (Apple) or Google Play Store (Android) . Sign up and register your account. Open the app and select the menu bar (top left-hand corner) Select "Promos" and enter promo code: LyftCarson



EARLY CHILDHOOD EDUCATION (Virtual Classes)

CURRICULUM

Program is for children ages 3-5. It follows the comprehensive curriculum of the McGraw-Hill Education's "World of Wonders." This curriculum is an engaging early childhood literacy program that builds strong pre-reading and social emotional skills while incorporating content areas like math, science, social studies, music, and movement. This program will prepare children with the knowledge they need to enter kindergarten with confidence.



SPECIAL EVENTS

Winter is here, it's the most wonderful time of year, hot chocolate, frosty mornings, warm jackets and snowflakes. To kick off this beautiful season the children will participate in a number of educational activities virtually on Zoom.



Pajama Day • Songs • Crafts

TUITION RATES

Class	Day	Time	Tuition	Ages
Virtual Learning	Monday-Friday	9:00 a.m. - 11:00 a.m.	\$200/4 weeks	3-5
Virtual Learning	Monday-Friday	2:00 p.m. - 4:00 p.m.	\$200/4 weeks	3-5

Early Childhood Education (310) 952-1782 Ext. 1482

... RATES ARE SUBJECT TO CHANGE ...

JOSEPH B. JR. AND MARY ANNE O'NEAL STROKE CENTER

Due to the pandemic, the Stroke Center is closed temporarily. The safety of our survivors, caregivers, and staff members is of the utmost importance at this time. In the meantime, we have developed some virtual options for socializing and therapy.

PROGRAM	DAY	TIME
Zoom Social Hour	Thursdays	11:30 a.m. – 12:30 p.m.
Virtual Occupational Therapy	Varies	By appointment only



“The most enjoyable aspect of working in the Stroke Center is [supporting the members.] There are so many unique personalities and stories floating around the center. Each day provides plenty of special experiences and laughter to be consumed”.

Nathan Caukin, Staff Member

THERAPEUTIC RECREATION

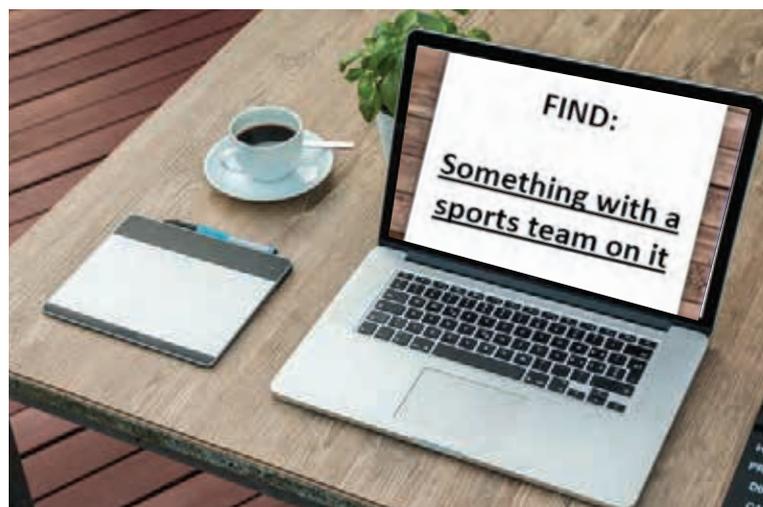


Therapeutic Recreation is designed to meet the recreational, social, and physical needs of individuals with disabilities. Our focus is to improve the quality of life for all participants through structured programming carried out by trained staff. Registration is required for all programs and will only be accepted from the legal guardian.

For more information, please call
(310) 835-0212 ext. 1465 or ext. 1470.

BENEFITS

- Develop social skills and make new friends
- Improve physical activity and health
- Develop motor skills
- Build self-esteem and confidence
- Learn new skills
- Discover new experiences



VIRTUAL PROGRAMS

For more information on current and upcoming classes being offered, please contact us to be added to our mailing list.

Therapeutic Recreation welcomes new program suggestions.

We would love to hear from you!



SENIOR RECREATION

Join our virtual classes from the comfort of your home. All classes are free for adults 50 years and above.

ZUMBA WITH SHAWN

Monday

9:30 a.m. – 10:30 a.m.

Join our Latin inspired fitness class that combines all the rhythms in Latin music. Zumba applies dance moves from Salsa, Cumbia, Merengue, Rumba, Mambo, Belly dance, Flamenco, Samba, Tango, Reggaeton and of course Hip Hop.

FUNCTIONAL FITNESS WITH SUE

Tuesday

9:30 a.m. – 10:30 a.m.

A low impact cardio class that strengthens and enables the body to perform everyday movements and tasks more safely and effectively.

SALSA WITH MIKE

Wednesday

9:30 a.m. – 10:30 a.m.

Enjoy the Latin Rhythms while learning basic footwork, steps, turns, music timing, and other dance techniques.
(No Partner Required)

YOGA WITH CHARLENE

Thursday

9:30 a.m. – 10:30 a.m.

This class combines yoga poses with breathing and meditation techniques. All levels welcome, regardless of the fitness level or yoga experience.

AARP SMARTDRIVERTEK WORKSHOP

Tuesday, January 12, 2021

9:30 a.m. – 10:30 a.m.

Tuesday, March 9, 2021

9:30 a.m. – 10:30 a.m.

Monday, May 10, 2021

9:30 a.m. – 10:30 a.m.

In this free online zoom course, adults 50 years and above are presented a PowerPoint, video clips and emailed printouts on how to keep up with the advances of vehicle technologies, voice activated systems, drowsy driver alerts, hybrid and electric vehicles, and electronic stability control.

For more information, please call (310) 952-1782 ext. 1479.



SENIOR INDEPENDENCE SUPPORT

Dedicated to helping residents of Carson, age 60 and older, age in place safely and with dignity. For more information, call (310) 952-1782 ext. 1471.

SENIOR INFORMATION AND REFERRAL

The Senior Information and Resource Fair cannot take place in person at this time. We are working to bring a virtual fair to interested individuals. For more information about the virtual fair, or to inquire about resources, information, and referrals, please call Amanda Valorosi at (310) 952-1782 x 1471.



FOOD AND MEAL ASSISTANCE

Usually the YMCA serves healthy meals out of the Congresswoman Juanita Millender-McDonald Community Center. At this time there are only drive-through and delivery options. Please call (310) 835-0212 x 1487 for more information.



NEW VIRTUAL PROGRAMS

We are currently working hard to provide virtual programming to our residents. We will start new educational classes and workshops to help older adults in our community improve their health and well-being. If there is an area of interest to you, please call Amanda Valorosi at (310) 952-1782 x 1471.



FREE ALZHEIMER'S WORKSHOPS

Each month a different topic will be explored pertaining to Alzheimer's Disease in the form of an interactive seminar. The classes are led by Alzheimer's Los Angeles. Virtual programs are available, including English and Spanish support groups, care counseling, and direct referrals. AlzheimersLA.org • (844) 435-7259



INTERGENERATIONAL PROGRAMMING

We are always looking for adults age 50+ to participate in the next semester of our Intergenerational Program. This is a collaboration between the older adults in our community and Rancho Dominguez Preparatory Academy. Since 2016 we have conducted an 8-week program where adults and high school students are paired up in an effort to learn from one another and bridge the generational gap. We ask for a commitment of one hour, once a week, for 8 weeks. For more information, please call Amanda Valorosi at (310) 952-1782 x 1471.

INFORMATION AND REFERRAL

BRAILLE INSTITUTE

Los Angeles Braille Institute can be contacted directly by phone at: (323) 663-1111, or 1 (800) BRAILLE. Email: la@brailleinstitute.org
<https://www.brailleinstitute.org/remote-services>
The institute is currently offering online workshops and classes and virtual sessions while centers remain temporarily closed due to COVID-19. Once you register, you can participate by video or phone within the comfort and safety of your home. All of the remote programs and services are free of charge.

FOOD STAMP/ MEDICAL APPLICATIONS

Los Angeles County Public Social Services does not currently provide onsite representatives to complete Food Stamp and Medi-Cal applications. Please call the Customer Service Line at (866) 613-3777, or apply online at <https://www.coveredca.com/>

HOMELESS TASK FORCE

If someone you know is homeless, P.A.T.H. (People Assisting The Homeless) can help. Call our outreach hotline at (562) 457-0205. Homeless individuals or families can be connected with services that include housing assistance, veteran services, mental health care, medical clinic, employment services, and benefits enrollment. You can also make an online referral at <https://www.lahsa.org/portal/apps/la-hop/>

CAREGIVER SUPPORT GROUP

This support group is offered to adults of all ages who are family caregivers of other adults in their life. Whether you are taking care of a parent, spouse, adult child, or other loved one, many of the stresses and struggles are the same. In this group we discuss and support common problems, needs, and interests. Feelings, thoughts and experiences are shared. The goal is to share not only support, but ideas, and experiences that will help caregivers better cope with and manage the shared problems in a safe and caring environment. We are not currently able to meet in person. Please call to be referred to virtual options, or visit the Department of Aging website for more information at <https://aging.lacity.org/caregiver-resources>



BEREAVEMENT SUPPORT GROUP

This support group is offered to adults of all ages who are experiencing grief following the death of a loved one. Whether the loss is recent or not, anyone experiencing grief is welcome. It has been proven that individuals who have suffered such great loss can benefit from sharing with one another in a safe and caring environment. We are currently unable to meet in person. Please call Amanda at (310) 952-1782 ext. 1471 to discuss virtual and telephonic support options.



HOUSING RESOURCES

Housing Rights Center: (800) 477-5977
Public Housing Assistance: (800) 955-2232
LA County HUD: (626) 586-1500

ALS (LOU GEHRIG'S DISEASE) SUPPORT GROUP

This support group is offered to a person with ALS, their family members, caregivers, and loved ones. This support group is entirely based on what the specific attendees need. The group acts as a great resource for people to maintain control over their lives, and to give and take wisdom that comes from living with or around this devastating illness. Carson falls into the ALS Golden West Chapter. All chapter services are provided free of charge to people with an ALS diagnosis and their loved ones. For specific information or resources in LA County, call (866) 750-2572 or e-mail info@alsgoldenwest.org.

Additional resources for homeless individuals and homebound seniors may be available, including possible case management and referrals. For more information, please contact Amanda Valorosi by calling (310) 952-1782 x 1471, or via email at avalorosi@carson.ca.us.

PRSR STD
U.S. POSTAGE
PAID
Long Beach, CA
Permit No. 905
ECRWSEDDM

To Residential Customer

Public Information Office—Carson
701 E. Carson Street
Carson, CA 90745

POSTMASTER:

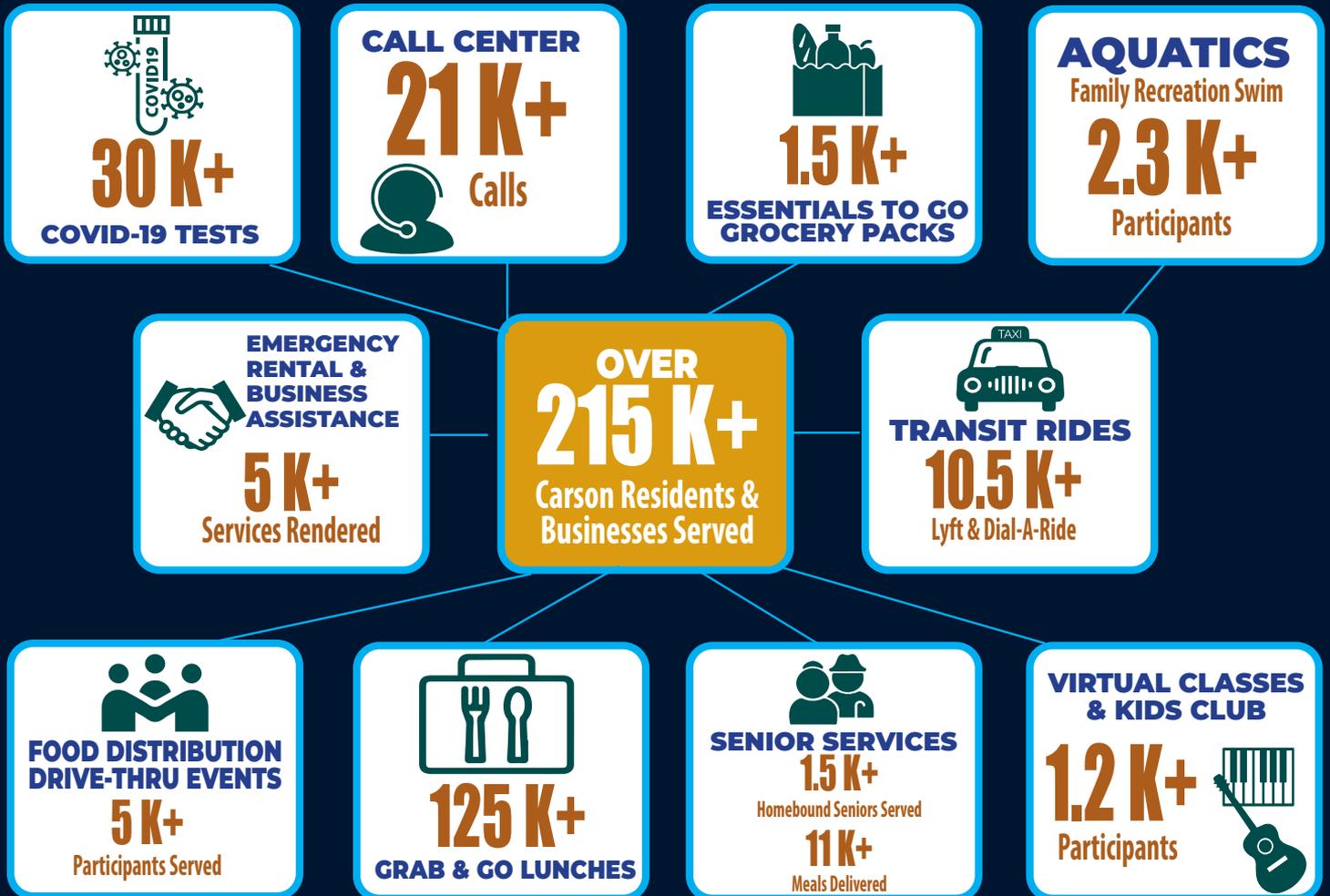
DATED MATERIAL. *Please deliver promptly.*



CITY OF CARSON

The City of Carson is only open to the public • Mondays and Thursdays 7:00 a.m. - 6:00 p.m.

CITY SERVICES OFFERED DURING COVID-19



#COVERCARSON

Slow the spread of COVID-19 by wearing a face covering, maintaining physical distance, washing hands, and getting tested.

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