



City of Carson COVID-19 Update

Thursday, January 7, 2021

To help keep the community informed, the City of Carson is providing COVID-19 (coronavirus) news updates related to health, safety recommendations, and informational links to meet the needs of the community and protect public health.

The coronavirus outbreak began in China and has since spread across the globe with the first case reported in the U.S. by the CDC in January 2020. Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), the etiologic agent of coronavirus disease 2019 (Covid-19), is commonly spread among people who are in contact with an infected person. Some people who are infected may not exhibit symptoms but can still spread the virus according to Public Health Experts. Although less common, COVID-19 can also spread through a person's contact with coronavirus contaminated objects and surfaces where respiratory droplets have landed and then touching their own mouth, nose, or eyes.

Transmissions can overall be significantly reduced if everyone wears a face covering always securely over their nose and mouth, maintains six feet distance from anyone outside of their household, washes their hands regularly, and stays home as much as possible. People are also urged to avoid public gatherings where people are in close proximity, unable to remain six feet apart, cheering and shouting, especially without face coverings. If you are even mildly sick or think you were exposed to someone with COVID-19, stay home and away from others, and consider being tested for the virus.

The above recommendations are essential to prevent you from unintentionally spreading COVID-19 to other people.

PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.

COVID-19 CASES

(Numbers May Vary Depending on Time of Day)

01/07/2021	CASES	DEATHS
CARSON	6,017	91
West Carson/Unincorp.	1,370	62
County of Los Angeles	853,440	11,328
California	2,548,494	28,100
United States	21,670,559	366,434
Global	87,912,740	1,895,389

John Hopkins University & Medicine Coronavirus Resource Center

<https://coronavirus.jhu.edu/map.html>

State of California Coronavirus Statewide Update

<https://update.covid19.ca.gov/>

County of Los Angeles Public Health

<http://publichealth.lacounty.gov/media/Coronavirus/locations.htm>

- **COVID-19 FREE Testing In Carson And The County Of Los Angeles:**
 - Carson Community Center: To make an appointment, please log on to: <https://ushealthfairs.org/carsonform/>
 - Los Angeles County: For locations and appointments, please log on to: <https://covid19.lacounty.gov/testing/>
- **A State Order Has Been Issued By State Public Health Officer – Hospital Surge: Ensuring Distribution Of Health Care Resources Across The State To Ensure Patients Get Life-Saving Care** as ICU Capacity is strained to prioritize services to those who are sickest and the resources for providers directly caring for them, when a county is in a region under the Regional Stay at Home Order that has zero percent ICU availability (0%) and the CDPH calculation of the ICU availability for that county is ten percent (10%) or less. To view the January 5, 2021 Order of the State Public Health Officer – Hospital Surge, please go to: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Order-of-the-State-Public-Health-Officer-Hospital-Surge_1-5-2021.aspx
- **An Amendment Has Been Made To The Order Of The State Public Health Officer – Hospital Surge:** In order to prioritize services to those who are sickest and prioritize resources for providers directly caring for them, when a county is in a region under the Regional Stay at Home Order that has zero percent ICU availability (0%) and the CDPH calculation of the ICU availability for that county is ten percent (10%) or less, adding exclusions. To view January 6, 2021 California Department of Public Health Amendment to Order of the State Public Health Officer – Hospital Surge, please go to: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Amendment-Order-of-the-State-Public-Health-Officer-Hospital-Surge_1-5-2021.aspx
- **Los Angeles County Covid-19 Virus-Related Hospitalizations Top 8,000** while California also saw the highest number of virus-related hospitalizations ever at 22,820. “Hospitalizations are likely to increase for at least three weeks to come, and deaths will also remain disturbingly high,” county Public Health Director Barbara Ferrer said, totaling 8,023 hospitalizations with 20% of those in ICU. The three-day average number of hospitalizations on November 1 was 79 while on January 4 was 7,873. The 7-day average of daily deaths is about 180 which means the average number of pandemic-related deaths continues to outstrip the daily number of deaths from all other causes according to Ferrer. The current average of people testing positive is more than 22% and cumulatively throughout the pandemic is 17%. There is a total of 44 available ICU beds in the four county-run hospitals and only about half of those are adult ICU beds, with just 573 non-ICU beds available. To view the Deadline News January 6, 2021 News Report, please go to: <https://deadline.com/2021/01/los-angeles-covid-19-virus-related-hospitalizations-top-8000-for-first-time-ever-1234665792/>
- **U.S. Registered COVID-19 Deaths In A Single Day At Nearly 3,900, More Than Ever Before** while the virus is surging in virtually every state with California reporting a record two-day total of 1,042 deaths, 583 reported just on Thursday, and an overall death toll at more than 28,000 and more than a quarter-million new weekly cases. Los Angeles County has essentially run out of intensive care unit beds for COVID-19 patients. Caseloads are threatening to force hospitals to ration care and essentially decide who lives and who dies. “Folks are gasping for breath. Folks look like they’re drowning when they are in bed right in front of us,” said Dr. Jeffrey Chien, an emergency room physician at Santa Clara Valley Regional Medical Center. About 1.9 million people around the world have died of the coronavirus, more than 360,000 in the U.S. alone. December was by far the nation’s deadliest month yet, and health experts are warning that January could be worse still because the holidays. To view the January 7, 2021 Chicago Tribune News Report, please go to: <http://www.chicagotribune.com/coronavirus/ct-nw-covid-19-deaths-january-6-20210107-a3d3nn4tvfdwhnpyb2tqjyqqquq-story.html>



- **Ambulance Crews Told Not To Transport Patients Who Have Little Chance Of Survival** by the L.A. County Emergency Medical Services Agency, and that they should conserve oxygen by administering it only to patients who have oxygen saturation levels below 90% as a desperate measure for ways to increase capacity and triage care to focus on the sickest patients after circumstances are expected to worsen in coming weeks. Patients who are not to be transported to hospitals include those whose hearts have stopped and, despite efforts at resuscitation, have no signs of breathing, movement, a pulse or blood pressure and would be declared dead at the scene. Paramedics and emergency medical technicians are to continue to try to resuscitate in the field until a pulse can be restored, after which a patient could be stabilized and transported to a hospital. Officials have devised an emergency plan to create temporary “ambulance-receiving spaces” that would allow ambulances currently being used as waiting areas for patients before a bed becomes available to return to circulation. To view the January 4, 2021 Los Angeles Times News Report, please go to: <https://www.latimes.com/california/story/2021-01-04/los-angeles-hospitals-cannot-keep-up-covid-19-surge-illness>
 - **L.A. County Emergency Medical Services Agency EMS Use of Oxygen (Directive #7):**
http://file.lacounty.gov/SDSInter/dhs/1101029_Directive_7-UseofOxygen.pdf
- **Dozens Of Firefighter Paramedics, EMTs Sent To Help California Hospital Emergency Rooms** inundated with COVID-19 patients by the state’s Mutual Aid System. They will be sent on 14-day deployments to help in emergency rooms and other vital medical areas, primarily in the Southern California area. These firefighters are typically sent out in response to wildfires, floods and other natural disasters. California currently has a 15% positivity rate and 0% ICU availability for all the locations being sent extra medical personnel. To view the January 7, 2021 CBSLA News Report, please go to: [California Sends Dozens Of Firefighter Paramedics, EMTs To Help Hospitals Inundated With COVID-19 Patients – CBS Los Angeles \(cbslocal.com\)](https://www.cbsla.com/news/california-sends-dozens-of-firefighter-paramedics-emts-to-help-hospitals-inundated-with-covid-19-patients/)
- **Life-Sustaining Oxygen Delivery Infrastructure Is Crumbling Under Pressure** as COVID-19 hospitalizations hit record highs in Los Angeles and Beyond. Paramedics have been warned to conserve oxygen and hospitals are having to delay releasing patients who take up much-needed beds for lack of oxygen equipment to send home with them. COVID-19 hot spots have needed high concentrations of oxygen and it has stressed the infrastructure for delivering the gas to hospitals and their patients. The strain on Los Angeles health care infrastructure could be worse given the now-common treatment of putting patients on oxygen using high-flow nasal cannulas which requires more of the gas pumped at a higher rate than with ventilators. ICU oxygen pipes are bigger than those leading to other parts of a hospital so the problem gets worse when rooms get repurposed as pop-up ICUs. There is also pressure on the availability of both the portable cylinders that hold oxygen and the concentrators that pull oxygen from the air so vendors that supply the oxygen have struggled to get enough of the gas to hospitals. Even the tubing used to deliver oxygen, is running low. To view the Kaiser Health News January 7, 2021 News Report, please go to: <https://khn.org/news/article/in-los-angeles-and-beyond-oxygen-is-the-latest-covid-bottleneck/>
- **Early High-Titer Plasma Therapy To Prevent Severe Covid-19 In Older Adults** according to the New England Journal Of Medicine, concluding that early administration of high-titer convalescent plasma against SARS-CoV-2 to mildly ill infected older adults reduced the progression of COVID-19. A randomized, double-blind, placebo-controlled trial was conducted of convalescent plasma with high IgG titers against the coronavirus in older adult patients within 72 hours after the onset of mild COVID-19 symptoms. Cases of COVID-19 in the trial region decreased considerably resulting A total of 160 patients underwent randomization and severe respiratory disease developed 16% who received convalescent plasma and 31% who received placebo, (relative risk, 0.52; 95% confidence interval [CI], 0.29 to 0.94; P=0.03), with a



relative risk reduction of 48%. To view the January 6, 2021 New England Journal of Medicine publication, please go to: https://www.nejm.org/doi/full/10.1056/NEJMoa2033700?query=featured_coronavirus

- **Children’s Hospitals Grapple With Wave Of Mental Illness** as efforts to contain the spread of the coronavirus in the U.S. have led to drastic changes in the way children and teens learn, play and socialize. Students are attending school through some form of distance learning and many extracurricular activities have been canceled while playgrounds, zoos and other recreational spaces have closed. Government figures show that cases of children with mental health issues who arrived in emergency departments increased 24% from mid-March through mid-October, compared to the same period in 2019. Among preteens and adolescents, it rose by 31%. Some hospitals are seeing more cases of severe depression and suicidal thoughts among children, particularly attempts to overdose. Clinicians also mentioned spikes in children with severe depression and those with autism who are acting out. Before COVID-19, more than 8 million kids between ages 3 and 17 were diagnosed with a mental or behavioral health condition, according to the most recent National Survey of Children’s Health. A Centers for Disease Control and Prevention survey found 1 in 3 high school students in 2019 reported feeling persistently sad and hopeless — a 40% increase from 2009. To view the Kaiser Health News January 6, 2021 News Report, please go to: <https://khn.org/news/article/childrens-hospitals-grapple-with-wave-of-mental-illness/>
 - CDC Mental Health–Related Emergency Department Visits Among Children Aged <18 Years During the COVID-19 Pandemic in the United States, January 1–October 17, 2020 <https://www.cdc.gov/mmwr/volumes/69/wr/pdfs/mm6945a3-H.pdf>
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- **Retail Giants Target, Amazon, And Home Depot Have Been Hit By Covid-19 Outbreaks** among workers In Los Angeles County with over 900 infected across various stores and warehouses in the past two weeks, while fast food chains Chick-Fil-A, McDonald's, and In-N-Out Burger also reported over 150 cases according to data from the LA County Health Department. A spike in cases has also created more opportunities for workplace transmission with several factors contributing to the spread in retail stores, including a high-density environment, prolonged close contact with coworkers, reliance on public transportation, the need to hold multiple jobs, and frequent community contact among workers, according to the Center for Disease Control and Prevention (CDC). Los Angeles County has recorded a 905% increase in its weekly average of cases since November. Target, Costco, Home Depot and Amazon are following CDC recommendations and have increased protocols for cleanliness and social distancing. The CDC recommends retail and food workers to be included in early phases of vaccine distribution, following healthcare personnel and long-term-care residents and staff. To view the Business Insider January 7, 2021 News Report, please go to: <https://www.businessinsider.com/target-amazon-and-home-depot-hit-by-outbreak-2021-1>
- **Shipping Containers To Store Bodies Of COVID-19 Victims Are Headed To Southern California**, Ten units on their way to San Bernardino County, another 10 were heading to Texas, and more are expected to Orange County. When shelves are added, each container will be able to hold the bodies of 50 people. OC Funeral Directors Association members were seeing a backlog and some chapels have been turned into storage for embalmed bodies. Some funeral homes in Orange County have trailers or containers on their properties already. Funeral home directors were seeking recommendations for additional cold storage. The Orange County Coroner's office which was nearing capacity for inside storage is prepared to meet the demand the virus has created with additional external units, according to an OC Sheriff's Department. To view the ABC7 January 7, 2021 News Report, please go to: <https://abc7.com/health/shipping-containers-to-store-bodies-of-covid-victims-/9390410/>



- **Carson Emergency Rental Assistance Program For Up To \$30,000 is available to Residents.** Application deadline is Wednesday, January 13, 2021. For more information, eligibility, qualifications requirements and instructions on how to apply, please go to: <http://ci.carson.ca.us/content/files/pdfs/housing/rental/Emergency%20Rental%20Assistance%20Fact%20Sheet.pdf>
- **Carson Small Business Assistance Grant Program For Up To \$30,000 Is Available To Businesses.** Application deadline is Wednesday, January 13, 2021. For more information, eligibility, qualification requirements, and instructions on how to apply, please go to: http://ci.carson.ca.us/content/files/pdfs/housing/SBGrant/SmallBusinessAssistance-ERA_101320.pdf
- **California Rebuilding Fund Is Available to Small Businesses.** For more information, eligibility, qualification requirements, and instructions on how to apply, please go to: <https://www.connect2capital.com/p/californiarebuildingfund/>
- **Small Business Hiring Tax Credit Program** from the California Department of Tax and Fee Administration (CDTFA). Deadline to apply is January 15, 2021. For more information, eligibility requirements and instructions on how to apply, please go to: <https://www.cdtfa.ca.gov/taxes-and-fees/SB1447-tax-credit.htm>
- **California Small Business COVID-19 Relief Grant Program** for small businesses impacted by COVID-19 through the State of California. The first of two rounds of applications opens December 30, 2020 at 8:00 AM and Closes January 8, 2021 at 11:59 PM with grant amounts ranging from \$5,000 to \$25,000. For more information, qualifications and to apply, please go to: <https://careliefgrant.com/>
- **Department Of Public Social Services (DPSS) Offers Assistance** for Medi-Cal health insurance, CalFresh food assistance, CalWORKs cash assistance for families, and general relief cash assistance and also offer social service programs such as to individuals who are experiencing homelessness, domestic violence, substance use disorders as well as others. For more information, please go to: <https://dpss.lacounty.gov/en.html>
- **Meal Programs And Assistance For Carson Residents**, including for seniors and the homebound.
 - **Carson Essentials to GO** – Grocery Package Purchase - delivered: (310) 952-1765
 - **Free Meal Pick-Up** for those in need, Mon. - Thurs. at 11:00 a.m. : (310) 952-1750
 - **Meals on Wheels YMCA Program** for seniors age 60 and up: (310) 602-4909
 - **Grab & Go City on the Hill Church** for children and seniors (310) 740-9363
 - **Everytable:** Homemade meals delivery subscription: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619
 - **Grab & Go Food Centers**, please log on to: <https://achieve.lausd.net/resources>
 - **Los Angeles Regional Food Bank** for all in need: (323) 234-3030
<https://www.lafoodbank.org/coronavirus/>
<https://www.lafoodbank.org/wp-content/uploads/Food-Resource-Guide-2-sided.pdf>
 - **County of Los Angeles Food Resources**
<https://covid19.lacounty.gov/food/>



- **WIC (Women, Infants and Children) Health Program Provides Food Vouchers** to low income families with children 5 years old and under. For more information, please call 1-888-WIC-WORKS or go to: <https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx>
- **CalFresh is the Supplemental Nutrition Assistance Program (SNAP) Provides Financial Assistance** to low-income families. For more information, please call (877) 847-3663 or go to: <https://www.cdss.ca.gov/inforesources/calfresh>
- **SoCal Gas Company Utility Programs for Residents:**
 - **Gas Bill Relief Grant (877) 238-0092**
<https://www.socalgas.com/save-money-and-energy/assistance-programs/gas-assistance-fund>
 - **RES DI FREE Home Weatherization Program** ACS Group (562) 464-0880 (Lic. No. 667206 Authorized Contractor)
 - **Medical Baseline Allowance Program (800) 427-2200**
<https://www.socalgas.com/save-money-and-energy/assistance-programs/medical-baseline-allowance>
- **Southern California Edison Utility Programs For Residents:**
 - **FERA Program** Reduced Monthly Bill <https://www.sce.com/residential/assistance/care-fera>
 - **CARE Program** Reduced Monthly Bill <https://www.sce.com/residential/assistance/care-fera>
 - **EAF Program** Bill Payment Assistance Grant <https://www.sce.com/residential/assistance/energy-assistance-fund>
 - **LIHEAP** Home Weatherization and Appliance Program (800) 736-4777 <https://www.sce.com/residential/assistance/energy-saving-program>

If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated

due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us, please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to:

<https://covid19.ca.gov/resources-for-emotional-support-and-well-being/>

- **24-hour Suicide Prevention Lifeline:** [800-273-8255](tel:800-273-8255) or text [838255](tel:838255)
- **24-hour Domestic Violence Hotline:** [800-799-7233](tel:800-799-7233) or click [Chat Now](#)
- **Call 911** if you or the person you are helping is in immediate danger.

If You Are Experiencing High Fever, Along With Dry Cough And Fatigue, Call Your Health Provider Immediately for professional advice and recommendations, especially those with underlying health conditions, the elderly and pregnant women.

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by wearing a face mask, washing your hands often; clean and disinfect surfaces regularly; stay a safe distance from one another; stay home if you are ill; avoid others who are or if you are ill; and cover coughs and sneezes.

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