



City of Carson COVID-19 Update

Thursday, January 21, 2021

To help keep the community informed, the City of Carson is providing COVID-19 (coronavirus) news updates related to health, safety recommendations, and informational links to meet the needs of the community and protect public health.

The coronavirus outbreak began in China and has since spread across the globe with the first case reported in the U.S. by the CDC in January 2020. Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), the etiologic agent of coronavirus disease 2019 (Covid-19), is commonly spread among people who are in contact with an infected person. Some people who are infected may not exhibit symptoms but can still spread the virus according to Public Health Experts. Although less common, COVID-19 can also spread through a person's contact with coronavirus contaminated objects and surfaces where respiratory droplets have landed and then touching their own mouth, nose, or eyes.

Transmissions can overall be significantly reduced if everyone wears a face covering always securely over their nose and mouth, maintains six feet distance from anyone outside of their household, washes their hands regularly, and stays home as much as possible. People are also urged to avoid public gatherings where people are in close proximity, unable to remain six feet apart, cheering and shouting, especially without face coverings. If you are even mildly sick or think you were exposed to someone with COVID-19, stay home and away from others, and consider being tested for the virus.

The above recommendations are essential to prevent you from unintentionally spreading COVID-19 to other people.

PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.

COVID-19 CASES

(Numbers May Vary Depending on Time of Day)

01/21/2021	CASES	DEATHS
CARSON	7,555	122
West Carson/Unincorp.	1,710	77
County of Los Angeles	1,038,738	14,384
California	3,086,075	35,244
United States	24,588,375	409,148
Global	97,327,781	2,085,442

John Hopkins University & Medicine Coronavirus Resource Center

<https://coronavirus.jhu.edu/map.html>

State of California Coronavirus Statewide Update

<https://update.covid19.ca.gov/>

County of Los Angeles Public Health

<http://publichealth.lacounty.gov/media/Coronavirus/locations.htm>

- **COVID-19 FREE Testing And Vaccination in the County Of Los Angeles:**
 - COVID-19 Testing - Carson Community Center: To make an appointment, please log on to: <https://ushealthfairs.org/carsonform/>
 - COVID-19 Testing - Los Angeles County: For locations and appointments, please log on to: <https://covid19.lacounty.gov/testing/>
 - COVID-19 Vaccine - For information, locations and appointments, please log on to: [VaccinateLACounty.com](https://vaccinatelacounty.com)

- **A “Special Meeting” of the Carson City Council is Scheduled for Thursday, January 21, 2021 at 6:00 p.m.**
 - The meeting will be livestreamed on Cable Spectrum Channel 35 and AT&T Channel 99.
 - For public participation during “public comment”, please go to: <http://ci.carson.ca.us/publiccomments.aspx>
 - To view current and previous Agendas, Videos and Meeting Minutes, please go to: <https://carson.legistar.com/Calendar.aspx>

- **A Carson City Council Regular Meeting is Scheduled for Tuesday, January 26, 2021 at 5:00 p.m.**
 - The meeting will be livestreamed on Cable Spectrum Channel 35 and AT&T Channel 99.
 - For public participation during “public comment”, please go to: <http://ci.carson.ca.us/publiccomments.aspx>
 - To view current and previous Agendas, Videos and Meeting Minutes, please go to: <https://carson.legistar.com/Calendar.aspx>

- **A Coronavirus Self-Checker Interactive Clinical Assessment Tool Is Available To Assist Individuals In Deciding When To Seek Testing Or Medical Care** is made available by the Centers for Disease Control and Prevention (CDC), for individuals ages 13 and older, and parents and caregivers of children ages 2 to 12 on if they suspect they or someone they know has contracted COVID-19, or has come into close contact with someone who has COVID-19. The online mobile-friendly tool asks a series of questions, and based on the user’s responses, provides recommended actions and resources. For more information CDC’s coronavirus self-checker interactive tool or to self-check, please go to: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/coronavirus-self-checker.html>

- **Things To Know About The Coronavirus Vaccinations Offered To L.A. County Residents 65 Years And Older Available By Appointment Only** (walk-ups will not be accepted) at [VaccinateLACounty.com](https://vaccinatelacounty.com) or for those without internet access by calling (833) 540-0473. Getting an appointment won’t be easy as not enough vaccines are available right now so officials urged patience. Vaccinations will be administered at any of the five large vaccination centers along with dozens of other sites throughout the county. Public health officials believe they can also vaccinate those 65 and older who are at most risks of serious illness, without delaying shots healthcare workers. Everyone who receives a first dose of the vaccine will at the same time receive an appointment for the second dose roughly three weeks or four weeks later. While you might be able to schedule an appointment in another county, shots will only be given to those who show identification as proof of either where they live or their work, if it is relevant. Long Beach and Pasadena are only administering vaccines to residents or people who work in health care within the city at this time although if you live near Long Beach, watch for developments as Long beach may possibly be vaccinating those living adjacent to the city. The risk of adverse side effects from the coronavirus vaccine is very small, however people with allergies should be cautious. Typical side effects after vaccination are described as temporary and include pain where the shot was given, fatigue, headache, chills, fever, and joint and muscle pain. People 65 and older are being prioritized because they account for more than 99,000 cases, 35,000 hospitalizations and 9,802 deaths in L.A. County. To view the Daily News January 19, 2021 News Report, please go to: <https://www.dailynews.com/2021/01/19/faq-heres-what-you-need-to-know-now-about-getting-a-coronavirus-vaccine-in-la-county/>



- Pfizer/BioNTech COVID-19 Vaccine Appears Effective Against a more infectious Coronavirus Variant Found In Britain and South Africa** called N501Y that has now spread around the world, according to more extensive lab analysis than those released by Pfizer last week. The latest study, posted on bioRxiv.org but not yet peer reviewed, was conducted on a synthetic virus with 10 mutations that are characteristic of the variant known as B117 identified in Britain and provides further hope as record numbers of daily deaths from COVID-19 are reported but the virus needs to be continuously monitored to check that changes maintain protection by vaccines, the study said. The variants are said by scientists to be more transmissible than previously dominant ones, but they are not thought to cause more serious illness. The Pfizer/BioNTech COVID-19 vaccine and the one from Moderna Inc, which both use synthetic messenger RNA technology, or mRNA, can be quickly adapted to address new mutations in the coronavirus if necessary in as little as six weeks according to scientists. AstraZeneca, Moderna and CureVac are also testing whether their respective shots will protect against the fast-spreading variants. To view the January 20, 2021 Reuters News Report, please go to: <https://www.reuters.com/article/uk-health-coronavirus-pfizer-vaccine/pfizer-vaccine-appears-effective-against-coronavirus-variant-found-in-britain-study-idUKKBN29P197>
- Talking Is Worse Than Coughing For Spreading COVID-19 Indoors And May Lead To More Transmission**, particularly in poorly ventilated spaces where the virus can spread more than 6 feet in just seconds, a new study finds, and that social distancing alone isn't enough to prevent transmission indicating the face masks and adequate ventilation are of vital importance to curb the spread. The study found that when we speak, we generate small droplets that can hang in the air, spread and accumulate in an area without adequate ventilation; while a cough produces more large droplets and the number of infectious particles in the air would quickly fall after 1 to 7 minutes; which quickly fall to the floor and settle on surfaces; in contrast, after speaking for 30 seconds, only after 30 minutes would the number of infectious particles fall to similar levels; and a high number of particles were still suspended after one hour. However, ventilation also matters and wearing masks of any kind reduces the amount of airborne coronavirus because the masks filter some of the droplets and slow the momentum of exhaled particles. The researchers have used their findings to create a free online tool to show how ventilation and other factors affect the risk of transmission indoors that could be used to manage workplaces and classrooms to help determine if ventilation is adequate. To view the January 20, 2021 Live Science News Report, please go to: <https://www.livescience.com/covid-19-spread-talking-coughing-indoors.html>

 - The Royal Society Mathematical, Physical and Engineering Sciences:** Proceedings of the Royal Society A; Evolution of spray and aerosol from respiratory releases: theoretical estimates for insight on viral transmission. <https://royalsocietypublishing.org/doi/10.1098/rspa.2020.0584>
- The U.S. Will Now Work Cooperatively With The World Health Organization (WHO) In The Fight Against The Coronavirus Pandemic** under the new President Biden Administration by halting its withdrawal from WHO. Dr. Anthony Fauci shared the new administration's desire to restore the United States' relationship with WHO to support the international COVID-19 response, mitigate its impact on the world, strengthen our institutions, advance epidemic preparedness for the future, and improve the health and well-being of all people throughout the world. That means opting into COVAX, a multilateral plan to distribute coronavirus vaccines that has drawn support from more than 170 nations. Dr. Fauci thanked WHO for its role in leading the global response to this pandemic saying the under trying circumstances, this organization has rallied the scientific and research community to accelerate vaccines, therapies and diagnostics. WHO chief warns of 'catastrophic moral failure' as rich countries dominate vaccine supplies and the rest of world could go without. To view the Washington Post News Report, please go to: <https://www.msn.com/en-us/news/world/fauci-praises-who-leadership-in-coronavirus-pandemic-signaling-break-from-trump-era/ar-BB1cXgAT>



- **Officials Plead For Vaccines At L.A. County’s Los Angeles and Long Beach Ports After Nearly 700 Dockworkers Contract COVID-19** and about 1,800 currently on virus-related leaves, which include those isolating or awaiting test results, raising the fear of a severe slowdown or possible terminal shutdowns, in the region’s multibillion-dollar logistics economy, according to reports. Legislators agree that this would be disastrous not only for local communities, but also the entire nation which relies upon the vital flow of goods through these ports. The ports, they wrote, “are deemed critical infrastructure for national security purposes and medical supplies for the pandemic.” Pandemic equipment imports from Asia, including masks, sanitizer and ventilators for hospitals and other businesses across the nation, flow mostly through these ports. As the pandemic has worsened, containing the virus has become more difficult, especially among the L.A. region’s essential workers who include dockworkers, grocery store clerks and nurses. A backlog at the ports is now colliding with the COVID crisis as 45 vessels were anchored outside the twin ports on Tuesday waiting to unload, part of a months-long bottleneck. To view the Los Angeles Times January 20, 2021 News Report, please go to: <https://www.latimes.com/business/story/2021-01-20/covid-surge-hits-la-ports-increasing-need-for-vaccines>
- **Amazon Offers To Help With Covid-19 Vaccination Distribution Efforts To The U.S. Government** and is ready to turn its facilities into COVID-19 vaccination sites while offering other resources. Amazon has an agreement with a licensed third-party occupational healthcare provider to administer COVID-19 vaccines at its facilities, “Our scale allows us to make a meaningful impact immediately in the fight against COVID-19 and we stand ready to assist you in this effort,” “We are prepared to leverage our operations, information technology, and communications capabilities and expertise to assist your administration’s vaccination efforts,” read a letter to President Joe Biden. Amazon’s CEO Dave Clark added that essential employees at their facilities across the country who cannot work from home should receive the COVID-19 vaccine at the earliest appropriate time as their employees have helped customers stay safe and receive important products and services at home, which is critical for people with underlying medical conditions and those susceptible to complications from COVID-19. Amazon has added more than 400,000 positions in 2020 and currently employs 1.13 million people worldwide - 800,000 in the United States. To view the January 20, 2021 Geek Wire News Report, please go to: <https://www.msn.com/en-us/money/companies/amazon-sends-letter-to-president-biden-says-it-is-e2-80-98ready-to-assist-e2-80-99-with-us-vaccination-efforts/ar-BB1cVXMu>
- **35.9 Million Doses Of COVID-19 Vaccines Distributed, 16.5 Million Administered In The U.S.** according to the Centers for Disease Control and Prevention (CDC). The tally includes vaccine doses from both Moderna and Pfizer/BioNTech. The agency said 2,161,419 people have got the second dose as of Wednesday. To view the Reuters January 20, 2021 News Report, please go to: <https://www.reuters.com/article/us-health-coronavirus-usa-cdc/35-9-million-doses-of-covid-19-vaccines-distributed-16-5-million-administered-u-s-cdc-idUSKBN29P2NF>
- **Carson Emergency Rental Assistance Program For Up To \$30,000 is available to Residents.** For more information, eligibility, qualifications requirements and instructions on how to apply, please go to: <http://ci.carson.ca.us/content/files/pdfs/housing/rental/Emergency%20Rental%20Assistance%20Fact%20Sheet.pdf>
- **California Rebuilding Fund Is Available to Small Businesses.** For more information, eligibility, qualification requirements, and instructions on how to apply, please go to: <https://www.connect2capital.com/p/californiarebuildingfund/>
- **Carson Essentials to Go 2.0 Provides Free Groceries and Delivery to Carson Seniors and Low Income Residents.** For more information, eligibility and qualification requirements, please call (310) 952-1721 or Email cetg2.0@carson.ca.us.



- **Department Of Public Social Services (DPSS) Offers Assistance** for Medi-Cal health insurance, CalFresh food assistance, CalWORKs cash assistance for families, and general relief cash assistance and also offer social service programs such as to individuals who are experiencing homelessness, domestic violence, substance use disorders as well as others. For more information, please go to: <https://dpss.lacounty.gov/en.html>

- **Meal Programs And Assistance For Carson Residents**, including for seniors and the homebound.
 - **Carson Essentials to GO 2.0** – Free Groceries Package Delivered for Seniors and Low Income Families: (310) 952-1765
 - **Free Meal Pick-Up** for those in need, Mon. - Thurs. at 11:00 a.m. : (310) 952-1750
 - **Meals on Wheels** YMCA Program for seniors age 60 and up: (310) 602-4909
 - **Grab & Go City on the Hill Church** for children and seniors (310) 740-9363
 - **Everytable:** Homemade meals delivery subscription: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619
 - **Grab & Go** Food Centers, please log on to: <https://achieve.lausd.net/resources>
 - **Los Angeles Regional Food Bank** for all in need: (323) 234-3030
<https://www.lafoodbank.org/coronavirus/>
<https://www.lafoodbank.org/wp-content/uploads/Food-Resource-Guide-2-sided.pdf>
 - **County of Los Angeles Food Resources**
<https://covid19.lacounty.gov/food/>
 - **WIC (Women, Infants and Children) Health Program Provides Food Vouchers** to low income families with children 5 years old and under. For more information, please call 1-888-WIC-WORKS or go to: <https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx>
 - **CalFresh is the Supplemental Nutrition Assistance Program (SNAP) Provides Financial Assistance** to low-income families. For more information, please call (877) 847-3663 or go to: <https://www.cdss.ca.gov/inforesources/calfresh>

- **SoCal Gas Company Utility Programs for Residents:**
 - **Gas Bill Relief Grant** (877) 238-0092
<https://www.socalgas.com/save-money-and-energy/assistance-programs/gas-assistance-fund>
 - **RES DI FREE Home Weatherization Program** ACS Group (562) 464-0880 (Lic. No. 667206 Authorized Contractor)
 - **Medical Baseline Allowance Program** (800) 427-2200
<https://www.socalgas.com/save-money-and-energy/assistance-programs/medical-baseline-allowance>

- **Southern California Edison Utility Programs For Residents:**
 - **FERA Program** Reduced Monthly Bill <https://www.sce.com/residential/assistance/care-fera>
 - **CARE Program** Reduced Monthly Bill <https://www.sce.com/residential/assistance/care-fera>
 - **EAF Program** Bill Payment Assistance Grant <https://www.sce.com/residential/assistance/energy-assistance-fund>
 - **LIHEAP** Home Weatherization and Appliance Program (800) 736-4777 <https://www.sce.com/residential/assistance/energy-saving-program>



If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated

due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us, please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to: <https://covid19.ca.gov/resources-for-emotional-support-and-well-being/>

- **24-hour Suicide Prevention Lifeline:** [800-273-8255](tel:800-273-8255) or text [838255](tel:838255)
- **24-hour Domestic Violence Hotline:** [800-799-7233](tel:800-799-7233) or click [Chat Now](#)
- **Call 911** if you or the person you are helping is in immediate danger.

If You Are Experiencing High Fever, Along With Dry Cough And Fatigue, Call Your Health Provider Immediately for professional advice and recommendations, especially those with underlying health conditions, the elderly and pregnant women.

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by wearing a face mask, washing your hands often; clean and disinfect surfaces regularly; stay a safe distance from one another; stay home if you are ill; avoid others who are or if you are ill; and cover coughs and sneezes.

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