



# CITY OF CARSON COVID-19 UPDATE

Thursday, March 4, 2021

**COVID-19 GENERAL INFORMATION FOR RESIDENTS:** <http://covid19.carson.ca.us/>

To help keep the community informed, the City of Carson is providing COVID-19 (coronavirus) news updates related to health, safety recommendations, and informational links to meet the needs of the community and protect public health.

The coronavirus outbreak began in China and has since spread across the globe with the first case reported in the U.S. by the CDC in January 2020. Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), the etiologic agent of coronavirus disease 2019 (Covid-19), is commonly spread among people who are in contact with an infected person. Some people who are infected may not exhibit symptoms but can still spread the virus according to public health experts. Although less common, COVID-19 can also spread through a person’s contact with coronavirus contaminated objects and surfaces where respiratory droplets have landed and then touching their own mouth, nose, or eyes.

Transmissions can overall be significantly reduced if everyone wears a face covering always securely over their nose and mouth, maintains six feet distance from anyone outside of their household, washes their hands regularly, and stays home as much as possible. People are also urged to avoid public gatherings where people are in close proximity, unable to remain six feet apart, cheering and shouting, especially without face coverings. If you are even mildly sick or think you were exposed to someone with COVID-19, stay home and away from others, and consider being tested for the virus.

**The above recommendations are essential to prevent you from unintentionally spreading COVID-19 to other people.**

**Centers for Disease Control and Prevention (CDC) COVID-19 Self-Checker Interactive Clinical Assessment Tool**  
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/coronavirus-self-checker.html>

**PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.**

## COVID-19 CASES

(Numbers May Vary Depending on Time of Day)

<b>03/04/2021</b>	<b>CASES</b>	<b>DEATHS</b>
<b>CARSON</b>	<b>9,174</b>	<b>221</b>
West Carson/Unincorp.	2,062	111
County of Los Angeles	1,196,552	21,669
California	3,583,304	53,204
United States	29,066,212	523,852
Global	115,572,301	2,567,802

**John Hopkins University & Medicine Coronavirus Resource Center**

<https://coronavirus.jhu.edu/map.html>

**State of California Coronavirus Statewide Update**

<https://update.covid19.ca.gov/>

**County of Los Angeles Public Health**

<http://publichealth.lacounty.gov/media/Coronavirus/locations.htm>

## COVID-19 FREE TESTING AND VACCINATION IN THE COUNTY OF LOS ANGELES

- Testing – [Carson Community Center](#)
- Testing - [City of Los Angeles](#)
- Testing - [County of Los Angeles](#)
- Vaccine - [County of Los Angeles Public Health](#):
- Vaccine - [California Department of Public Health](#)
- Vaccine/Testing - [Rite Aid Pharmacy](#)
- Vaccine/Testing - [CVS Pharmacy](#)
- Vaccine/Testing - [Ralphs Pharmacies](#)
- Vaccine/Testing - [Albertsons Companies Pharmacy](#)

- **City Hall Will be Closed on Monday, March 8, 2021 In Observance of International Women’s Day.**
- **Delaying A Second Dose Of The Pfizer-Biontech Or Moderna COVID-19 Vaccines To Inoculate More Americans Creates Risks Leaving People Less Protected And Enable Variants To Spread**, according to top U.S. infectious disease official Anthony Fauci. Fauci added that science does not support delaying a second dose and citing research that a two-shot regimen creates enough protection to help fend off variants of the transmissible variants, whereas a single shot could leave Americans at risk from variants such as the one first detected in South Africa. UK health officials opted to delay second doses to maximize giving more people shots more quickly but Fauci said that strategy would not make sense in the United States, also encouraging Americans to accept any of the three currently available COVID-19 vaccines. [Reuters via MSN March 1, 2021 News Report](#).
  - **National Institute of Health:** Director’s Blog [Is One Vaccine Dose Enough After COVID-19 Infection?](#)
- **Drugmaker Merck & Co. Will Help Produce Johnson & Johnson’s COVID-19 Vaccine In An Effort To Expedite And Expand Supply**, according to White House officials. The single-dose J&J vaccine can be stored for months at refrigerated temperatures and is less resource intensive to distribute and administer. J&J has faced unexpected vaccine production challenges and Merck who had halted its own vaccine development plans earlier this year will collaborate with production. The President Biden Administration now expects to have enough supply of the three approved vaccines to inoculate all eligible American adults by June making, to then spread vaccinations around the world once Americans are inoculated. [Associated Press via MSN March 2, 2021 News Report](#)
- **The U.S. National Institutes Of Health (NIH) Halted A Trial Of Convalescent Blood Plasma (Survivor’s Plasma) In The Treatment Of COVID-19 Patients** with mild-to-moderate symptoms and although safe, the treatment provides no significant benefit in this group, according to an NIH News Release. Studies conducted in India and Argentina also found no apparent benefit for those severely ill with the disease according to the same report. The Clinical Trial Study launched in August 2020 was conducted at 47 hospital emergency departments across the United States specifically looking at the effectiveness of COVID-19 convalescent plasma which contains antibodies, or special proteins, generated by the body’s immune system to the novel coronavirus. [National Institute of Health News March 2, 2021 News Release](#).
- **Authorities Warn Against COVID-19 Vaccine Scams By Criminals Offering False Promises** of early access to vaccines or home deliveries for a fee, emails, texts, or phone calls requesting payment ahead of time to take a test, and phony COVID-19 websites that steal your personal information. They are reminding residents that COVID-19 vaccines are free to all residents and no place in the United States will charge you to make an appointment or get vaccinated. The best way to get an appointment is to access your local health board’s website and search for available appointments. [Yahoo Finance March 4, 2021 News Report](#).



- **All Youth Indoor And Outdoor Sports Allowed To Resume In California**, if they follow the guidelines imposed on college and professional sports, including weekly testing and a negative COVID-19 test within 48 hours of a game, according to a court settlement. COVID-19 testing requirements would drop for outdoor sports if the county falls below seven cases per 100,000 residents and less than one per 100,000 residents for indoor sports. Revised limitations from a few weeks are expected to remain in place under the new state guidelines. Testing will be provided by the state for three contact sports: football, rugby and water polo. [ABC 7 March 4, 2021 News Report](#)
- **California To Set Aside 40% Of COVID-19 Vaccine Doses For Hardest-Hit Communities** and established a vaccine equity metric which seeks to increase vaccinations while California's wealthiest populations are being vaccinated at nearly twice the rate of our most vulnerable populations. The initial goal of the vaccine equity metric is to deliver a minimum of 2 million doses to the hardest-hit quarter of the state as measured by the Healthy Places Index. The state will doubling the allocation for disproportionately-impacted communities as compared to the rest of the state; reserving appointments for members of communities severely impacted by the pandemic; and increasing funding for safety net providers to cover startup costs and for navigation assistance. They will continue to evaluate, update and disclose public health and vaccine data to move at a steady and responsible pace. Office of Governor Gavin Newsom Press Release: [California Leads with Public Health and Vaccine Equity to Safely and Sustainably Reopen](#)
  - **Office of Governor Gavin Newsom:** [Ending the Pandemic Through Equitable Vaccine Administration Fact Sheet](#)
- **Parking Enforcement Resumed On March 1<sup>st</sup> Throughout The City Of Carson.** Citations are being issued for all parking violations, including street sweeping parking restrictions. For more information, please call (310) 952-1786 or (310) 952-1788.
- **AARP Foundation Free Tax Preparation Assistance To Carson Residents ages 50+or have low to moderate income, By Appointment Only**
  - **City of Carson Flyer:** [AARP Tax program21.pdf - Google Drive](#)
  - **AARP Foundation Tax-Aide Service:** [AARP Foundation Tax-Aide](#)
- **Paycheck Protection Program (PPP) Loans Are Available To Small Businesses With 20 Employees Or Less** through the Small Business Administration (SBA). **Application Deadline is Wednesday, March 10, 2021** and loan borrowers may be eligible for loan forgiveness. For more information, qualification requirements, and instructions on how to apply, please go to: <https://www.sba.gov/funding-programs/loans/coronavirus-relief-options/paycheck-protection-program>
- **Carson Emergency Rental Assistance Program For Up To \$30,000 is available to Residents.** For more information, qualifications requirements and instructions on how to apply, please go to: <http://ci.carson.ca.us/content/files/pdfs/housing/rental/Emergency%20Rental%20Assistance%20Fact%20Sheet.pdf>
- **California Rebuilding Fund Is Available to Small Businesses.** For more information, qualification requirements, and instructions on how to apply, please go to: <https://www.connect2capital.com/p/californiarebuildingfund/>



- **Department Of Public Social Services (DPSS) Offers Assistance** for Medi-Cal health insurance, CalFresh food assistance, CalWORKs cash assistance for families, and general relief cash assistance and also offer social service programs such as to individuals who are experiencing homelessness, domestic violence, substance use disorders as well as others. For more information, please go to: <https://dpss.lacounty.gov/en.html>
  
- **Meal Programs And Assistance For Carson Residents**, including for seniors and the homebound.
  - **Carson Essentials to Go 2.0** – Free Groceries Package Delivered Service for Seniors and Low Income Families: (310) 952-1765
  - **Free Meal Pick-Up** for those in need, Mon. - Thurs. at 11:00 a.m. : (310) 952-1750
  - **Meals on Wheels** YMCA Program for seniors age 60 and up: (310) 602-4909
  - **Grab & Go City on the Hill Church** for children and seniors (310) 740-9363
  - **Everytable:** Homemade meals delivery subscription: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619
  - Grab & Go Food Centers, please log on to: <https://achieve.lausd.net/resources>
  - **Los Angeles Regional Food Bank** for all in need: (323) 234-3030  
<https://www.lafoodbank.org/coronavirus/>  
<https://www.lafoodbank.org/wp-content/uploads/Food-Resource-Guide-2-sided.pdf>
  - **County of Los Angeles Food Resources** <https://covid19.lacounty.gov/food/>
  - **WIC (Women, Infants and Children) Health Program Provides Food Vouchers** to low income families with children 5 years old and under. For more information, please call 1-888-WIC-WORKS or got to: <https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx>
  - **CalFresh is the Supplemental Nutrition Assistance Program (SNAP) Provides Financial Assistance** to low-income families. For more information, please call (877) 847-3663 or go to: <https://www.cdss.ca.gov/inforesources/calfresh>
  
- **SoCal Gas Company Utility Programs for Residents:**
  - **Gas Bill Relief Grant** (877) 238-0092  
<https://www.socalgas.com/save-money-and-energy/assistance-programs/gas-assistance-fund>
  - **RES DI FREE Home Weatherization Program** ACS Group (562) 464-0880 (Lic. No. 667206 Authorized Contractor)
  - **Medical Baseline Allowance Program** (800) 427-2200  
<https://www.socalgas.com/save-money-and-energy/assistance-programs/medical-baseline-allowance>
  
- **Southern California Edison Utility Programs For Residents:**
  - **CARE Program** Reduced Monthly Bill <https://www.sce.com/residential/assistance/care-fera>
  - **EAF Program** Bill Payment Assistance Grant <https://www.sce.com/residential/assistance/energy-assistance-fund>
  - **FERA Program** Reduced Monthly Bill <https://www.sce.com/residential/assistance/care-fera>
  - **LIHEAP** Home Weatherization and Appliance Program (800) 736-4777 <https://www.sce.com/residential/assistance/energy-saving-program>



**If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated**

due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us, please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to:

<https://covid19.ca.gov/resources-for-emotional-support-and-well-being/>

- **24-hour Suicide Prevention Lifeline:** [800-273-8255](tel:800-273-8255) or text [838255](text:838255)
- **24-hour Domestic Violence Hotline:** [800-799-7233](tel:800-799-7233) or click [Chat Now](#)
- **Call 911** if you or the person you are helping is in immediate danger.

**If You Are Experiencing High Fever, Along With Dry Cough And Fatigue, Call Your Health Provider Immediately** for professional advice and recommendations, especially those with underlying health conditions, the elderly and pregnant women.

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by wearing a face mask, washing your hands often; clean and disinfect surfaces regularly; stay a safe distance from one another; stay home if you are ill; avoid others who are or if you are ill; and cover coughs and sneezes.

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