



CITY OF CARSON COVID-19 UPDATE

Monday, March 15, 2021

[COVID-19 GENERAL INFORMATION FOR CARSON RESIDENTS AND BUSINESSES](#)

To help keep the community informed, the City of Carson is providing COVID-19 (coronavirus) news updates related to health, safety recommendations, and informational links to meet the needs of the community and protect public health.

The coronavirus outbreak began in China and has since spread across the globe with the first case reported in the U.S. by the CDC in January 2020. Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), the etiologic agent of coronavirus disease 2019 (Covid-19), is commonly spread among people who are in contact with an infected person. Some people who are infected may not exhibit symptoms but can still spread the virus according to public health experts. Although less common, COVID-19 can also spread through a person's contact with coronavirus contaminated objects and surfaces where respiratory droplets have landed and then touching their own mouth, nose, or eyes.

Transmissions can overall be significantly reduced if everyone wears a face covering always securely over their nose and mouth, maintains six feet distance from anyone outside of their household, washes their hands regularly, and stays home as much as possible. People are also urged to avoid public gatherings where people are in close proximity, unable to remain six feet apart, cheering and shouting, especially without face coverings. If you are even mildly sick or think you were exposed to someone with COVID-19, stay home and away from others, and consider being tested for the virus.

The above recommendations are essential to prevent you from unintentionally spreading COVID-19 to other people.

Centers for Disease Control and Prevention ([CDC](#)) [COVID-19 Self-Checker Interactive Clinical Assessment Tool](#)

PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.

COVID-19 CASES

(Numbers May Vary Depending on Time of Day)

03/15/2021	CASES	DEATHS
CARSON	9,344	232
West Carson/Unincorp.	2,095	115
County of Los Angeles	1,210,920	22,476
California	3,624,742	56,656
United States	29,719,808	541,030
Global	120,180,592	2,659,623

John Hopkins University & Medicine
[Coronavirus Resource Center](#)
State of California
[Tracking COVID-19 In California](#)
County of Los Angeles Public Health
[Tracking COVID-19 in Los Angeles County](#)

FREE COVID-19 TESTING AND VACCINATION IN THE COUNTY OF LOS ANGELES

- Testing - [Carson Community Center](#)
- Testing - [City of Los Angeles](#)
- Testing - [County of Los Angeles](#)
- Vaccine - [California Department of Public Health](#)
- Vaccine - [County of Los Angeles Public Health](#)
- Vaccine - [City of Los Angeles](#)
- Vaccine/Testing - [Rite Aid Pharmacy](#)
- Vaccine/Testing - [CVS Pharmacy](#)
- Vaccine/Testing - [Ralphs Pharmacies](#)
- Vaccine/Testing - [Albertsons Companies Pharmacy](#)

COVID-19 Vaccine is **FREE TO EVERYONE** regardless of financial or immigration status.

Vaccine Distribution in Los Angeles County is being rolled out to different groups in phases.

COVID-19 Vaccination Appointment preparation for appointment and post-vaccination information is available.

NOW VACCINATING		
Phase 1A	Phase 1B – Tier 1	Phase 1B – Tier 1 Now Vaccinating
Healthcare Workers	LA County Residents Ages 65 and older	LA County Residents Ages 16 – 64 With Underlying Health Conditions / High Risk Disability
Staff & Residents at Skilled Nursing Facilities	Education and Childcare	
Staff & Residents at Long-Term Care Facilities	Emergency Services	People Who Live Or Work In Congregate Living Spaces
	Food and Agriculture	

- **L.A. County Averages Less Than 1,000 COVID-19 Cases Over The Weekend In Its Sharpest Decline Since The Early Months Of The Pandemic** representing the fourth straight day under 1,000 positive cases at 422, while having peaked at 18,313 on January 8. Hospitalizations also dropped on Monday at 865, the lowest number recorded since November 4, 2020. L.A. County was able to move into the “red tier” of the state’s Blueprint for a Safer Economy on Monday, March 15, and with L.A. County’s population being around 10 million, the average case rate would have to fall below 400 per day in order to move down to the “orange tier.” If California achieves 4 million vaccinations in “highest risk” communities, less than 600 average case rates would be needed to loosen restrictions. Public Health urges everyone to exercise great caution and good judgement to avoid a rise which would require reinstating state and county mandatory safety restrictions.
[LA Weekly March 15, 2021 L.A. County Averages Less Than 1,000 COVID-19 Cases In 4-Day Decline](#)
- **California's “Housing Is Key” COVID-19 Rent Relief Program Is Currently Available To Help Income-Eligible Households Pay Unpaid and Future Rent, As Well As Unpaid And Future Utilities** through federal funds. Participating landlords can get reimbursed for 80% of a renter’s April 1, 2020, and March 31, 2021 unpaid rent if they waive the remaining 20%, while if landlords choose not to participate, renters may apply on their own and receive 25% of unpaid rent for the same period. Paying this 25% by June 30, 2021 will help you stay in your home once the eviction protections of [SB 91](#) expire on June 30, 2021. Eligible renters can receive future rent assistance equal to 25% of their monthly rent. Unpaid utilities accumulated from April 1, 2020 through March 31, 2021 will be compensated at 100% of cost, limited to a total of 12 months.
 - **State of California:** [Housing is Key - Rental Relief Program](#)
 - **Office of Governor Gavin Newsom:** [Extension on Eviction Moratorium January 29, 2021 News Release](#)



- **Los Angeles County Has Entered The Less Restrictive “Red Tier” Of The State’s Blue Print For A Safer Economy Effective Monday, March 15, 2021** that allows for additional re-openings and lifting of local activity-specific restrictions. L.A. County Public Health urges continued exercising caution with mandatory masking, distancing and infection control practices for every business, entity and resident and permitted activity because the County continues to experience substantial rates of transmissions, and the danger that COVID-19 poses has not subsided.
 - **California Department of Public Health:** [Blueprint for a Safer Economy](#)
 - **County of Los Angeles Public Health:** Health Officer Order Effective Monday, March 15, 2021: [COVID-19 Blueprint For A Safer Economy – Red Tier Risk Reduction Measures Revised Order](#)

[County of Los Angeles Department of Public Health March 15, 2021 Press Release](#)

Newly permitted activities and modified safety protocols in the red tier will include the following:

- **Museum, Zoos and Aquariums** indoors at 25% capacity.
 - **Gyms, Fitness Centers, Yoga and Dance Studios** indoors at 10% capacity
 - **Movie Theatres** indoors at 25% capacity
 - **Retail and Personal Care Services** indoor capacity to 50%
 - **Restaurants** indoors at 25% max capacity
 - **Indoor Shopping Malls** indoor capacity to 50% with common areas remaining closed; food courts at 25% capacity
 - **Institutes of Higher Education** can re-open all permitted activities except for residential housing which remains under current restrictions
 - **Schools** in-person instruction for students in grades 7-12
 - **Private gatherings** can occur indoors with up to 3 separate households, People who are fully vaccinated with less restriction.
 - [Public Health Urges Caution as Sectors Reopen and Vaccination Eligibility Expands](#)
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- **New And Revised Re-Opening Guidelines Have Been Issued** by County of Los Angeles Department of Public Health Order of The Health Officer. Please see below for the revised orders from February 19 to March 15, 2021.
 - County of Los Angeles Public Health: [Safer at Work and in the Community Reopening Protocols](#)
 - County of Los Angeles Public Health: [Safer at Work and in the Community Reopening Guidance](#)
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| <ul style="list-style-type: none"> ▪ K-12 Schools: Appendix T1 ▪ Cardrooms: Appendix Q ▪ Certified Farmer’s Markets ▪ Day Camps: Appendix K ▪ Day Care for School-Aged Children Programs Providing ▪ Early Care and Education Sites COVID-19 Exposure Management Plan ▪ Grocery Stores and Retail Food Markets: Appendix B-1 ▪ Gyms and Fitness Establishments: Appendix L ▪ Hotels, Lodging and Short-Term Rentals: Appendix P | <ul style="list-style-type: none"> ▪ Institutes of Higher Education (IHEs) ▪ Institutes of Higher Education Exposure Management ▪ Libraries In-Person Services ▪ Miniature Golf, Batting Cages, and Go Cart Racing: Appendix V ▪ Movie Theaters: Appendix X ▪ Museums, Galleries, Botanical Gardens, Zoos, and Aquariums: Appendix M ▪ Personal Care Establishments: Appendix R ▪ Restaurants, Breweries and Wineries: Appendix I |
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- [Retail Establishments: Appendix B](#)
 - [Social Distancing: Appendix A](#)
 - [TK-12 Schools COVID-19 Exposure Management: Appendix T2](#)
 - [Example Of An Informed Consent For Athlete, Or Parent Of A Minor](#)
- **[Paycheck Protection Program \(PPP\)](#)** Small Business Administration (SBA) loans to businesses with 20 or less employees, to help keep their workforce employed during the COVID-19 crisis. Deadline to apply is **Wednesday, March 31, 2021**.
 - **[California Small Business COVID-19 Relief Grant Program](#)** For Nonprofit Cultural Institutions Only begins Tuesday, March 16th through Tuesday, March 23rd, 2021 (Round 4) with grant awards from \$5,000 to \$25,000 with any revenue size that meets eligibility criteria.
 - **[AARP Foundation Tax-Aide](#)** AARP Foundation Free Tax Preparation Assistance To Carson Residents ages 50+or have low to moderate income **By Appointment Only** (310) 835-0212 ext. 1475
 - [City of Carson Flyer](#)
 - **[Department Of Public Social Services \(DPSS\)](#)** Offers social service assistance to families and individuals with Medi-Cal (health insurance), CalFresh (food assistance), CalWORKs (cash assistance) as well as other programs for those who are experiencing homelessness, domestic violence, substance use disorders among others. (866) 613-3777
 - **Meal Programs And Assistance For Carson Residents** - Including for seniors and the homebound.
 - **Carson Essentials to Go 2.0** – Free Groceries Package Delivered Service for Seniors and Low Income Families: (310) 952-1765
 - **Free Meal Pick-Up** for those in need, Mon. - Thurs. at 11:00 a.m. : (310) 952-1750
 - **Meals on Wheels** YMCA Program for seniors age 60 and up: (310) 602-4909
 - **Grab & Go City on the Hill Church** for children and seniors (310) 740-9363
 - **Everytable:** Homemade meals delivery subscription: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619
 - **[Grab & Go Food Centers](#)** Los Angeles County Unified School District (LAUSD)
 - **[COVID-19 Food Resources](#)** County of Los Angeles
 - **[Los Angeles Regional Food Bank](#)** Food distribution to families and other individuals in need. (323) 234-3030
 - **[WIC \(Women, Infants and Children\)](#)** Health/Food Program for low income families with children ages 5 and under. (888) WIC-WORKS
 - **[CalFresh \(SNAP\) Supplemental Nutrition Assistance Program](#)** provides financial assistance to low-income families. (877) 847-3663
 - **[Southern California Edison \(SCE\)](#)** (800) 655-4555
Utility Programs For Residents:
 - **[EAF | SCE](#)** Energy Assistance Fund Payment Grant Program
 - **[ESA | SCE](#)** Energy-Efficient Appliance Replacement Assistance Program
 - **[CARE/FERA | SCE](#)** Reduced Monthly Bill Program
 - **[Medical Baseline Allowance | SCE](#)** Baseline Rate Program For Individuals With A Serious Health Condition



- **SoCalGas Southern California Gas Company** (877) 238-0092

Utility Programs For Residents

- [GAF | SoCalGas](#) Gas Assistance Fund Grant
- [LIHEAP | SoCalGas](#) Low-Income Home Energy Assistance Program
- [Forgiveness | SoCalGas](#) Past Due Bill Forgiveness Program
- [CARE Program | SoCalGas](#) California Alternate Rates for Energy Financial Relief Program
- [Medical Baseline Allowance | SoCalGas](#) Baseline Rate Program For Individuals With A Serious Health Condition
- [Energy Savings Assistance Program | SoCalGas](#) No Cost Home Improvements
- **RES DI | SoCalGas** FREE Home Weatherization Program Authorized Contractor ACS Group (562) 464-0880

If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated

due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us, please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to:

[Resources for Emotional Support and Well-Being](#)

- **24-hour Suicide Prevention Lifeline:** [800-273-8255](tel:800-273-8255) or text [838255](tel:838255)
- **24-hour Domestic Violence Hotline:** [800-799-7233](tel:800-799-7233) or click [Chat Now](#)
- **Call 911** if you or the person you are helping is in immediate danger.

If You Are Experiencing High Fever, Along With Dry Cough And Fatigue, Call Your Health Provider Immediately for professional advice and recommendations, especially those with underlying health conditions, the elderly and pregnant women.

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by wearing a face mask, washing your hands often; clean and disinfect surfaces regularly; stay a safe distance from one another; stay home if you are ill; avoid others who are or if you are ill; and cover coughs and sneezes.

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