



CITY OF CARSON COVID-19 UPDATE

Monday, March 22, 2021

[COVID-19 GENERAL INFORMATION FOR CARSON RESIDENTS AND BUSINESSES](#)

To help keep the community informed, the City of Carson is providing COVID-19 (coronavirus) news updates related to health, safety recommendations, and informational links to meet the needs of the community and protect public health.

The coronavirus outbreak began in China and has since spread across the globe with the first case reported in the U.S. by the CDC in January 2020. Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), the etiologic agent of coronavirus disease 2019 (Covid-19), is commonly spread among people who are in contact with an infected person. Some people who are infected may not exhibit symptoms but can still spread the virus according to public health experts. Although less common, COVID-19 can also spread through a person's contact with coronavirus contaminated objects and surfaces where respiratory droplets have landed and then touching their own mouth, nose, or eyes.

Transmissions can overall be significantly reduced if everyone wears a face covering always securely over their nose and mouth, maintains six feet distance from anyone outside of their household, washes their hands regularly, and stays home as much as possible. People are also urged to avoid public gatherings where people are in close proximity, unable to remain six feet apart, cheering and shouting, especially without face coverings. If you are even mildly sick or think you were exposed to someone with COVID-19, stay home and away from others, and consider being tested for the virus.

The above recommendations are essential to prevent you from unintentionally spreading COVID-19 to other people.

[Centers for Disease Control and Prevention \(CDC\) COVID-19 Self-Checker Interactive Clinical Assessment Tool](#)

PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.

COVID-19 CASES

(Numbers May Vary Depending on Time of Day)

03/22/2021	CASES	DEATHS
CARSON	9,393	239
West Carson/Unincorp.	2,107	117
County of Los Angeles	1,214,825	22,834
California	3,643,252	57,679
United States	30,054,603	548,171
Global	123,611,407	2,722,098

John Hopkins University & Medicine
[Coronavirus Resource Center](#)
State of California
[Tracking COVID-19 In California](#)
County of Los Angeles Public Health
[Tracking COVID-19 in Los Angeles County](#)

FREE COVID-19 TESTING AND VACCINATION IN THE COUNTY OF LOS ANGELES

- Testing - [Carson Community Center](#)
- Testing - [City of Los Angeles](#)
- Testing - [County of Los Angeles](#)
- Vaccine - [California Department of Public Health](#)
- Vaccine - [County of Los Angeles Public Health](#)
- Vaccine - [City of Los Angeles](#)
- Vaccine/Testing - [Rite Aid Pharmacy](#)
- Vaccine/Testing - [CVS Pharmacy](#)
- Vaccine/Testing - [Ralphs Pharmacies](#)
- Vaccine/Testing - [Albertsons Companies Pharmacy](#)

COVID-19 Vaccine is FREE TO EVERYONE Regardless of Financial Status, Immigration Status or Insurance Coverage.

Vaccine Distribution in Los Angeles County is being rolled out to different groups in phases.

COVID-19 Vaccination Appointment preparation for appointment and post-vaccination information is available.

CURRENTLY VACCINATING			
Phase 1A	Phase 1B – Tier 1		
Healthcare Workers	LA County Residents Ages 65 and older	Ages 16 – 64 With Underlying Health Conditions / High Risk Disability	Janitorial, Custodial, and Maintenance Services
Staff & Residents at Skilled Nursing Facilities	Education and Childcare		
Staff & Residents at Long-Term Care Facilities	Emergency Services	People Who Live Or Work In Congregate Living Spaces	Transportation and Logistics
	Food and Agriculture		

- **The City Of Carson Will Host A COVID-19 Vaccine Town Hall on Thursday, March 25, 2021 from 12:00 p.m. - 1:00 p.m.** for education and informational purposes regarding COVID-19 vaccines.
 - [COVID-19 Vaccine Town Hall](#) event information.
 - [Pre-Submit Your Questions](#) for participation.
 - [Pre-Register for the COVID-19 Town Hall](#) to view the event via Live Broadcast and it will also be livestreamed on Cable Spectrum Channel 35 and AT&T Channel 99.
- **SB 95, Legislation Was Signed To Ensure Access To COVID-19 Supplemental Paid Sick Leave For Eligible Employees** to up to 80 hours, including those advised to quarantine or isolate and those caring for COVID-impacted family members was signed by Governor Newsom. To view the Office of Governor Gavin Newsom March 19, 2021 News Release, please go to: [Governor Newsom Signs Legislation to Ensure Access to Supplemental Paid Sick Leave for Workers Impacted by the Pandemic](#)
- **Recommendations For COVID-19 Fully Vaccinated People by L.A. County Department of Public Health** based on guidance issued by the Centers for Disease Control and Prevention (CDC) will continue to be updated as more is learned about the impact of vaccination.
 - **Los Angeles County Department of Public Health:** [Recommendations for Person who are Fully Vaccinated](#)



- **L.A. County Road to Recovery Health Officer Orders, Re-Opening Guidelines and Protocols Are Being Updated Continuously.** Please see below for updates from March 16 to March 21, 2021.
 - **L.A. County Health Department Health Officer Order:** [Reopening Safer At Work And In The Community For Control Of COVID-19: Blue Print For A Safer Economy – Red Tier Risk Reduction Measures Revised Order Effective March 20, 2021.](#)
 - **L.A. County Department of Public Health:** [Reopening Guidances](#)
 - **L.A. County Department of Public Health:** [Reopening Protocols](#)
 - Reopening Protocols for [Golf Courses Effective March 18, 2021](#)
 - Reopening Protocols for [Office Worksites: Appendix D Effective March 20, 2021](#)
 - Reopening Protocol for [Youth and Adult Recreational Sports Leagues: Appendix S Effective March 20, 2021](#)
 - Reopening Protocol for [Breweries, Wineries, and Craft Distilleries: Appendix Y Effective Saturday, March 20, 2021](#)
 - FAQs: [Outdoor Recreational Activities](#)
- **U.S. COVID-19 Cases Show A 5% Weekly Rise Since January After A Nine Week Decline, While Deaths Fell 15% And Hospitalizations Fell 6% At The Lowest Since October But Are Rising In 18 States** with the Northeast logging some of the highest rates of infection per capita, according to a Reuters analysis. Health authorities have said that more infectious variants have also spread across the country and warned that relaxing social distancing restrictions too quickly and not taking the right actions will result in another avoidable surge like Europe currently is experiencing so they are aggressively scaling up vaccinations. As of Sunday, 25% of the U.S. population has received at least one dose and about 13% both, and the daily vaccination average set a record with 2.5 million shots given per day last week according to the CDC. To view the Reuters via MSN March 22, 2021 News Report, please go to: [New U.S. COVID-19 Cases Show An Uptick For The First Time Since January](#)
- **New COVID-19 Cases Continue To Be Highest Among People Under 50 At Over 70%, While Deaths Are Of People Over 50 At 93%.** Younger people continue to drive community transmission of new cases at 33% between ages 30 and 49 having the highest percent, followed by those between ages 18 and 29 who comprise 24% of all new cases. LA County is in the Red Tier of the State’s Blueprint for a Safer Economy due to case rates, hospitalizations, and deaths continuing to decrease and more sectors are reopen and some activity restrictions are getting lifted but that does not mean that those activities are safe or without risk. We are still in the middle of a pandemic, and whenever there are more opportunities for interactions with people not in your household, there can be more opportunities for transmission of the virus. L.A. County Public Health urges residents to continue exercising caution.
 - **County of Los Angeles Department of Public Health:** [County of Los Angeles Public Health March 20, 2021 News Release](#)
- **LA County Sheriff's Department Program To Provide In-Home COVID Vaccinations For Those With Disabilities** as the process of getting vaccinated can be very difficult for them and their families. Chief Jack Ewell stated that it is scary for those with physical limitations because they can't stand in line and you need to talk to them, they can't just walk into a clinic, sit down quietly and stay in line. They're just not able to do that - through no fault of their own. The L.A. County Sheriff's Department helped administer the vaccine which seeks to help underserved communities as well as people with disabilities. The sheriff's paramedics were expected to administer one-dose Johnson & Johnson vaccinations to 300 adults. The Sheriff's Department will continue its in-home visits as long as they receive enough vaccinations to continue their outreach program. To view the ABC7 March 22, 2021 News Report, please go to: [LA County Sheriff's Department Program To Provide In-Home COVID Vaccinations For Those With Disabilities](#)



- **CDC Updates Operational Strategy For K-12 Schools To Reflect New Evidence On Universal Mask-Wearing And Physical Distance Between Students with recommendations** for: Elementary school students of at least 3 feet distance in all classroom settings and universal masking in elementary schools regardless of community transmission data; Middle and high school students where mask use is universal and in communities where transmission is low, moderate, or substantial and at least 6 feet apart in communities where transmission is high, if cohorting is not possible because COVID-19 transmission dynamics are different in older students and they are more likely to be exposed to SARS-CoV-2 and spread it than younger children.
 - **Centers for Disease Control and Prevention:** [CDC Updates Operational Strategy for K-12 Schools to Reflect New Evidence on Physical Distance in Classrooms](#)
 - **California Department of Public Health:** [COVID-19 and Reopening In-Person Instruction Framework & Public Health Guidance for K-12 Schools in California, 2020-2021 School Year Updates as of 03/20/2021](#)
- **Los Angeles Teachers Union (UTLA) Approves Plan To Reopen Public Schools For In-Person Instruction In April** which the LAUSD Board of Education approved on March 11. The plan calls for preschools and elementary schools to reopen by the middle of next month, including services for all students with learning disabilities. Middle schools and high schools will reopen by the end of April, with students given the option to complete the spring semester online if they choose. Schools would only return when L.A. County falls below the purple tier designated by the state health department although the reopening dates could be pushed back if coronavirus cases in the county go back up. The teachers union also said the agreement also calls for enforceable safety conditions and protocols at every school, including PPE, stringent social distancing, improved ventilation, and a new daily school building cleaning regimen. To view the CNN Via MSN March 21, 2021 News Report, please go to: [Los Angeles Teachers Union Approves Plan To Reopen Public Schools In April](#)
 - UTLA: [Members Have Overwhelmingly Approved The Agreement With LAUSD On A Safe Physical Return And Hybrid Instruction](#)
- **AstraZeneca/ Oxford University Vaccine Is 79% Effective In Preventing Symptomatic Illness And 100% Effective Against Severe Disease And Hospitalization With No Increased Blood Clot Risk**, according to data from US, Chile And Peru late-stage human trial study across all age groups and different ethnicities, and is on its way to apply for US approval within a few weeks, according to AstraZeneca while WHO has already approved it. The company said that an independent safety committee and an independent neurologist conducted a specific review of the blood clots, as well as cerebral venous sinus thrombosis (CVST), in the US trial and that the panel found “no increased risk or events characterized by thrombosis among the participants receiving at least one dose. UK’s Medicines and Healthcare Products Regulatory Authority (MHRA) was satisfied but took longer to approve it, with some countries initially making it available only to ages 65 and under. AstraZeneca’s new US and in Europe trials resulted even better with 79% protected against symptomatic disease and no deaths in those vaccinated while slightly more effective in the over-65s, at 80%, and working equally well with all ethnicities. To view The Guardian News March 22, 2021 News Report, please go to: [AstraZeneca Vaccine 79% Effective With No Increased Blood Clot](#)
 - **Medicines And Healthcare Products Regulatory Authority (MHRA):** [UK regulator confirms that people should continue to receive the COVID-19 vaccine AstraZeneca](#)
 - **AstraZeneca:** [ZD1222 US Phase III Trial Met Primary Efficacy Endpoint In Preventing COVID-19 At Interim Analysis](#)
- **Anti-Asian Hate Crimes Have Surged 149% In 2020 In 16 Of The U.S.’S Biggest Cities Even As Overall Hate Crimes Fell By 7%**, according to a Center for the Study of Hate and Extremism at California State University, San Bernardino analysis. Incidents included verbal harassment at 68%, 21% of deliberate avoidance of Asian Americans, and 11% were physical assaults. Former president Donald Trump drew widespread criticism last year for describing COVID-19 as the “Chinese virus” and “kung flu,” as experts warned such rhetoric could result in



discrimination against Asian Americans. IPSOS conducted a poll on March 18 and 19 days after the shooting deaths at three Atlanta-area Asian spas indicated that 25% of respondents said they had witnessed someone blaming Asian people for the COVID-19 pandemic during the previous month with Asian (46%), Black (40%) and Hispanic (34%) respondents were much more likely than white (18%) respondents to report witnessing this, and Democrats more likely than Republicans. MarketWatch via MSN March 22, 2021 News Report: [A quarter of Americans have recently witnessed someone blame Asian people for COVID-19 \(msn.com\)](#)

- **IPSOS Group S.A. Multinational Market Research And Consulting Firm:**
[One in four have recently witnessed Asian people being blamed for the coronavirus pandemic](#)
- **Cal State University San Bernardino:**
[Center for the Study of Hate & Extremism FACT SHEET: Anti-Asian Hate Crime Reported to Police in America's Largest Cities](#)
- **White House COVID-19 Response Team and Public Health Officials Provided A Press Briefing** regarding the overview on the state of the pandemic, vaccinations, AstraZeneca trials and data, and their plan and critical activities.
 - **The White House:** [COVID-19 Response Team and Public Health Officials March 22, 2021 Press Briefing](#)
- **[Housing Is Key COVID-19 Rent Relief Program](#)** Financial assistance to help income-eligible households through the payment of unpaid and future rent to landlords, as well as unpaid and future utilities, through federal rental assistance funds.
- **[Paycheck Protection Program \(PPP\)](#)** Small Business Administration (SBA) loans to businesses with 20 or less employees, to help keep their workforce employed during the COVID-19 crisis. **Deadline to apply is Wednesday, March 31, 2021.**
- **[California Small Business COVID-19 Relief Grant Program](#)** (Round 4) for Nonprofit Cultural Institutions Only with grant awards from \$5,000 to \$25,000 with any revenue size that meets eligibility criteria. **Deadline to apply is Tuesday, March 23, 2021.**
- **[AARP Foundation Tax-Aide](#)** Free Tax Preparation Assistance To Carson Residents ages 50+ or have low to moderate income *by Appointment Only* (310) 835-0212 ext. 1475
 - [City of Carson Flyer](#)
- **[Department Of Public Social Services \(DPSS\)](#)** Offers social service assistance to families and individuals with Medi-Cal (health insurance), CalFresh (food assistance), CalWORKs (cash assistance) as well as other programs for those who are experiencing homelessness, domestic violence, substance use disorders among others. (866) 613-3777
- **Meal Programs And Assistance For Carson Residents - Including for seniors and the homebound.**
 - **Carson Essentials to Go 2.0** – Free Groceries Package Delivered Service for Seniors and Low Income Families: (310) 952-1765
 - **Free Meal Pick-Up** for those in need, Mon. - Thurs. at 11:00 a.m. : (310) 952-1750
 - **Meals on Wheels** YMCA Program for seniors age 60 and up: (310) 602-4909
 - **Grab & Go City on the Hill Church** for children and seniors (310) 740-9363
 - **Everytable:** Homemade meals delivery subscription: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619
 - [Grab & Go Food Centers](#) Los Angeles County Unified School District (LAUSD)
 - [COVID-19 Food Resources](#) County of Los Angeles



- [Los Angeles Regional Food Bank](#) Food distribution to families and other individuals in need. (323) 234-3030
- [WIC \(Women, Infants and Children\)](#) Health/Food Program for low income families with children ages 5 and under. (888) WIC-WORKS
- [CalFresh \(SNAP\) Supplemental Nutrition Assistance Program](#) provides financial assistance to low-income families. (877) 847-3663
- [Southern California Edison](#) (800) 655-4555 (SCE) Utility Programs For Residents:
 - [EAF | SCE](#) Energy Assistance Fund Payment Grant Program
 - [ESA | SCE](#) Energy-Efficient Appliance Replacement Assistance Program
 - [CARE/FERA | SCE](#) Reduced Monthly Bill Program
 - [Medical Baseline Allowance | SCE](#) Baseline Rate Program For Individuals With A Serious Health Condition

SoCal Gas (877) 238-0092 **Southern California Gas Company** Utility Programs For Residents

- [GAF | SoCalGas](#) Gas Assistance Fund Grant
- [LIHEAP | SoCalGas](#) Low-Income Home Energy Assistance Program
- [Forgiveness | SoCalGas](#) Past Due Bill Forgiveness Program
- [CARE Program | SoCalGas](#) California Alternate Rates for Energy Financial Relief Program
- [Medical Baseline Allowance | SoCalGas](#) Baseline Rate Program For Individuals With A Serious Health Condition
- [Energy Savings Assistance Program | SoCalGas](#) No Cost Home Improvements
- [RES DI | SoCalGas](#) FREE Home Weatherization Program Authorized Contractor ACS Group (562) 464-0880

If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated

due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us, please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to:

[Resources for Emotional Support and Well-Being](#)

- **24-hour Suicide Prevention Lifeline:** [800-273-8255](#) or text [838255](#)
- **24-hour Domestic Violence Hotline:** [800-799-7233](#) or click [Chat Now](#)
- **Call 911** if you or the person you are helping is in immediate danger.

If You Are Experiencing High Fever, Along With Dry Cough And Fatigue, Call Your Health Provider Immediately for professional advice and recommendations, especially those with underlying health conditions, the elderly and pregnant women.

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by wearing a face mask, washing your hands often; clean and disinfect surfaces regularly; stay a safe distance from one another; stay home if you are ill; avoid others who are or if you are ill; and cover coughs and sneezes.

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