



# CITY OF CARSON COVID-19 UPDATE

Tuesday, March 30, 2021

## [COVID-19 GENERAL INFORMATION FOR CARSON RESIDENTS AND BUSINESSES](#)

To help keep the community informed, the City of Carson is providing COVID-19 (coronavirus) news updates related to health, safety recommendations, and informational links to meet the needs of the community and protect public health.

The coronavirus outbreak began in China and has since spread across the globe with the first case reported in the U.S. by the CDC in January 2020. Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), the etiologic agent of coronavirus disease 2019 (Covid-19), is commonly spread among people who are in contact with an infected person. Some people who are infected may not exhibit symptoms but can still spread the virus according to public health experts. Although less common, COVID-19 can also spread through a person's contact with coronavirus contaminated objects and surfaces where respiratory droplets have landed and then touching their own mouth, nose, or eyes.

Transmissions can overall be significantly reduced if everyone wears a face covering always securely over their nose and mouth, maintains six feet distance from anyone outside of their household, washes their hands regularly, and stays home as much as possible. People are also urged to avoid public gatherings where people are in close proximity, unable to remain six feet apart, cheering and shouting, especially without face coverings. If you are even mildly sick or think you were exposed to someone with COVID-19, stay home and away from others, and consider being tested for the virus.

**The above recommendations are essential to prevent you from unintentionally spreading COVID-19 to other people.**

**PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.**

[Centers for Disease Control and Prevention \(CDC\) COVID-19 Self-Checker Interactive Clinical Assessment Tool](#)

### COVID-19 CASES

(Numbers May Vary Depending on Time of Day)

03/30/2021	CASES	DEATHS
<b>CARSON</b>	<b>9,431</b>	<b>241</b>
West Carson/Unincorp.	2,113	119
County of Los Angeles	1,219,237	23,108
California	3,664,991	59,097
United States	30,613,592	556,487
Global	128,120,144	2,801,773

**John Hopkins University & Medicine**

[Coronavirus Resource Center](#)

**State of California**

[Tracking COVID-19 In California](#)

**County of Los Angeles Public Health**

[Tracking COVID-19 in Los Angeles County](#)

**Los Angeles County Department of Public Health**

[COVID-19 VACCINE](#)

**Free to Everyone Regardless of Financial Status, Immigration Status or Insurance Coverage**

**FREE Transportation to COVID-19 Vaccination Sites with a Scheduled Appointment To Carson Resident (888) 677-8863**

<b>COVID-19 Vaccine Distribution Phases in Los Angeles County</b>				<b>Upcoming Groups</b>
<b>Phase 1A</b>	<b>Phase 1B – Tier 1</b>		<b>Veterans</b>	
<a href="#"><u>Healthcare Workers</u></a>	<a href="#"><u>Education and Childcare</u></a>	<a href="#"><u>Emergency Services</u></a> <a href="#"><u>Food and Agriculture</u></a>	<a href="#"><u>Veterans Currently Receiving Care Through VA</u></a>	<b>April 1, 2021</b>
<a href="#"><u>Staff &amp; Residents at Skilled Nursing Facilities</u></a>	<a href="#"><u>LA County Residents</u></a> <a href="#"><u>Ages 65 and older</u></a>			<a href="#"><u>Ages 50 – 64</u></a>
<a href="#"><u>Staff &amp; Residents at Long-Term Care Facilities</u></a>	<a href="#"><u>Ages 16 – 64 With Underlying Health Conditions / High Risk Disability</u></a>	<a href="#"><u>Transportation and Logistics</u></a>	Primary and Secondary Family Caregivers Enrolled in the <a href="#"><u>Program of Comprehensive Assistance for Family Caregivers (PCAFC)</u></a> at <a href="#"><u>VA   LOCATIONS</u></a>	<b>April 15, 2021</b>
	<a href="#"><u>People Who Live Or Work In Congregate Living Spaces</u></a>	<a href="#"><u>Janitorial, Custodial, and Maintenance Services</u></a>		<a href="#"><u>Ages 16 and Above</u></a>
		<a href="#"><u>COVID-19 Vaccine Clinic Volunteers</u></a>		

**FREE COVID-19 TESTING AND VACCINATION IN THE COUNTY OF LOS ANGELES**



- Testing - [Carson Community Center](#)
- Testing - [City of Los Angeles](#)
- Testing - [County of Los Angeles](#)
- Vaccine/Testing - [Ralphs Pharmacies](#)
- Vaccine/Testing - [Rite Aid Pharmacy](#)
- Vaccine/Testing - [Albertsons Companies Pharmacy](#)

- Vaccine/Testing - [CVS Pharmacy](#)
- Vaccine - [California Department of Public Health](#)
- Vaccine - [County of Los Angeles Public Health](#)
- Vaccine - [City of Los Angeles](#)

- **[COVID-19 Vaccine Eligibility Expands To Gardeners, Landscapers, Housekeepers, Private Child Caretakers, And Flight Crews](#)** that live or are based in Los Angeles County and work at least 20 hours per week, can now register for a vaccine appointment. Individuals 50 and older are eligible to get vaccinated on April 1, while 16 and older become eligible on April 15. At the providers' discretion, accompanying family members of currently eligible people living in high-impact areas can get a vaccine too. California currently receives roughly 1.8 million doses weekly with more than 6.1 million people now fully vaccinated. California expects 2.5 million first and second doses per week in the first half of April and more than 3 million doses in the second half of the month. Contingent on receiving the larger supply, the adult population will be vaccinated by the end of June according to Public Health officials. ABC7 News March 29, 2021 News Report.
- **[L.A. County Qualifies For The Orange Tier Threshold Effective Monday, April 5, Further Relaxing Restrictions](#)** on businesses and activities. Although COVID-19 cases are low in California, they are on the rise elsewhere in the country and health officials have pointed out that California has maintained a number of coronavirus-related rules, including mask mandates, in place and suggest that opening up prematurely can quickly move us backward towards a surge. California's four tier system ranges from Purple: indoor operations suspended or severely limited; Red: fewer restrictions; Orange: even less restrictions; and yellow: most businesses able to open indoors with modifications, and categorizes counties based on three criteria: coronavirus case rates, adjusted based on the number of tests performed; the rate of positive test results; and a health-equity metric intended to ensure that the positive test rate in poorer communities is not significantly higher than the county's overall figure. The revised Los Angeles County Health Officer Order reflecting newly permitted activities will be available on Friday. County of Los Angeles Public Health March 30, 2021 News Release.
  - For updates on L.A. County Road to Recovery Health Officer Orders, Re-Opening Guidelines and Protocols which are continuously being updated, please go to: [Los Angeles County Department of Public Health COVID-19](#)
- **[The Eviction Moratorium Has Been Extended Through June 30, 2021 by CDC](#)** to further prevent the eviction of tenants who are unable to make rental payments due to COVID-19 which was scheduled to expire on March 31, 2021. Keeping people in their homes and out of crowded or congregate settings like homeless shelters by preventing evictions is a key step in helping to stop the spread of COVID-19 according to the CDC.
  - **CDC Eviction Moratorium:** [Temporary Halt In Residential Evictions To Prevent The Further Spread Of COVID-19](#)
- **[CDC study shows that Pfizer And Moderna Vaccines Are 90% Effective In Preventing Infection After The Second Dose And 80% After The First](#)**, each after 14 days passing time, from a real-world study conducted between December 2020–March 2021 comprised of health care personnel, first responders, and other essential and frontline workers further reinforcing that everyone receive a full two-dose immunization with mRNA vaccine options.
- **[Digital Health Pass Trial Successfully Conducted By The Airport Authority Hong Kong \(AAHK\) And Los Angeles World Airports \(LAWA\)](#)** together with [The Commons Project](#) and [Prenetics](#), aiming to provide a simple and efficient means of conducting health document checks and verification processes on both ends of a passenger journey for a seamless travel experience under the new normal as a result of

the COVID-19 global pandemic. They are working to create standardized protocols that will support the safe return to travel while embracing innovation and technology that will reimagine air travel. COVID-19 tests and vaccinations are poised to become new essentials for air travelers and a digital solution is required to effectively integrate this new requirement into the existing digitalized travel process, from laboratory, to check-in, and to landing. Hong Kong Airport (HKG) and Los Angeles International Airport (LAX) have been collaborating with major hub airports worldwide to facilitate the adoption of digital solutions to tackle challenges such as: the trustworthiness of paper reports; the diversified and dynamic entry requirements across countries and regions; long queues for passengers for document check; and labor intensive checking duties for airline staff. International Airport Review March 29, 2021

- **[Warning Against Travel And Gathering For Spring Break Or Religious/Spiritual Holidays](#)** which increases the risk of contracting and spreading COVID-19 by the Los Angeles County Department of Public Health (Public Health) who reminds residents to gather virtually or with people they live with, and continue to avoid all non-essential travel. The L.A. County Travel Advisory remains in effect requiring anyone arriving from outside the state to self-quarantine for 10 days and avoid contact with others. People should get tested if they have COVID-19 symptoms, were in crowds, or were involved in any other activities that may have put them at risk of contracting the virus.
  - **Public Health: [Travel Advisory and Guidance](#)**
- **[State Income Tax Filing And Federal Income Tax Filing Deadlines Have Been Extended Until May 17, 2021](#)** from April 15 for the 2020 tax year for individual tax payers, by the Internal Revenue Service (IRS) and California Franchise Tax Board. (FTB).
- **[COVID-19 Funeral Expense Financial Assistance](#)** available through Federal Emergency Management Agency (FEMA).
- **[COVID-19 Housing Is Key Rent Relief Program](#)** Financial assistance to help income-eligible [renters](#) the payment of unpaid and future rent to [landlords](#), as well as unpaid and future utilities, through federal rental assistance funds.
- **[COVID-19 California Small Business Relief Grant Program](#)** (Round 5). Grant awards from \$5,000 to \$25,000 for current waitlisted small businesses and nonprofits not selected in Rounds 1, 2, 3 or 4, and new applicants that meet eligibility criteria.  
**Deadline to apply is Wednesday, March 31, 2021.**
- **[Paycheck Protection Program \(PPP\)](#)** Small Business Administration (SBA) loans to businesses with 20 or less employees, to help keep their workforce employed during the COVID-19 crisis.  
**Deadline to apply is Wednesday, March 31, 2021.**
- **[AARP Foundation Tax-Aide](#)** Free Tax Preparation Assistance To Carson Residents ages 50+ or have low to moderate income by [Appointment Only](#) - ongoing (310) 835-0212 ext. 1475
  - **[City of Carson Flyer](#)**
- **[Department Of Public Social Services \(DPSS\)](#)** Offers social service assistance to families and individuals with Medi-Cal (health insurance), CalFresh (food assistance), CalWORKs (cash assistance) as well as other programs for those who are experiencing homelessness, domestic violence, substance use disorders among others. (866) 613-3777
- **Meal Programs And Assistance For Carson Residents** - Including for seniors and the homebound.



- **Carson Essentials to Go 2.0** – Free Groceries Package Delivered Service for Seniors and Low Income Families: (310) 952-1765
- **Free Meal Pick-Up** for those in need, Mon. - Thurs. at 11:00 a.m. : (310) 952-1750
- **Meals on Wheels** YMCA Program for seniors age 60 and up: (310) 602-4909
- **Grab & Go City on the Hill Church** for children and seniors (310) 740-9363
- **Everytable:** Homemade meals delivery subscription: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619
- [Grab & Go Food Centers](#) Los Angeles County Unified School District (LAUSD)
- [COVID-19 Food Resources](#) County of Los Angeles
- [Los Angeles Regional Food Bank](#) Food distribution to families and other individuals in need. (323) 234-3030
- **WIC (Women, Infants and Children)** Health/Food Program for low income families with children ages 5 and under. (888) WIC-WORKS
- [CalFresh \(SNAP\) Supplemental Nutrition Assistance Program](#) provides financial assistance to low-income families. (877) 847-3663
  
- [Southern California Edison](#) (800) 655-4555 (**SCE**) Utility Programs For Residents:
  - [EAF | SCE](#) Energy Assistance Fund Payment Grant Program
  - [ESA | SCE](#) Energy-Efficient Appliance Replacement Assistance Program
  - [CARE/FERA | SCE](#) Reduced Monthly Bill Program
  - [Medical Baseline Allowance | SCE](#) Baseline Rate Program For Individuals With A Serious Health Condition
  
- [SoCalGas](#) (877) 238-0092 **The Gas Company** Utility Programs For Residents
  - [GAF | SoCalGas](#) Gas Assistance Fund Grant
  - [LIHEAP | SoCalGas](#) Low-Income Home Energy Assistance Program
  - [Forgiveness | SoCalGas](#) Past Due Bill Forgiveness Program
  - [CARE Program | SoCalGas](#) California Alternate Rates for Energy Financial Relief Program
  - [Medical Baseline Allowance | SoCalGas](#) Baseline Rate Program For Individuals With A Serious Health Condition
  - [Energy Savings Assistance Program | SoCalGas](#) No Cost Home Improvements
  - **RES DI | SoCalGas** FREE Home Weatherization Program Authorized Contractor ACS Group (562) 464-0880

**If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated**

due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us, please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to:

[Resources for Emotional Support and Well-Being](#)

- **24-hour Suicide Prevention Lifeline:** [800-273-8255](tel:800-273-8255) or text [838255](tel:838255)
- **24-hour Domestic Violence Hotline:** [800-799-7233](tel:800-799-7233) or click [Chat Now](#)
- **Call 911** if you or the person you are helping is in immediate danger.



**If You Are Experiencing High Fever, Along With Dry Cough And Fatigue, Call Your Health Provider Immediately** for professional advice and recommendations, especially those with underlying health conditions, the elderly and pregnant women.

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by wearing a face mask, washing your hands often; clean and disinfect surfaces regularly; stay a safe distance from one another; stay home if you are ill; avoid others who are or if you are ill; and cover coughs and sneezes.

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