



## City of Carson COVID-19 Update

Monday, August 17, 2020

The coronavirus outbreak began in Wuhan, China, and has since spread across the globe impacting many countries including the United States. The first case of COVID-19 in the United States was reported on January 14, according to the Centers for Disease Control and Prevention (CDC).

To help keep the community informed, the City of Carson is providing COVID-19 news updates related to health and safety tips, and informational links to meet the needs of the community and protect public health.

To slow the spread of the coronavirus, public health officials urge residents to practice social distancing, wash their hands regularly, wear a face covering and stay home as much as possible and avoid the “Three C's”: Crowded places, Confined Spaces and Close Contact.

**PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.**

### COVID-19 CASES

	<b>CASES</b>	<b>DEATHS</b>
<b>CARSON</b>	<b>1514</b>	<b>44</b>
County of Los Angeles	223,233	5,254
California	634,388	11,347
United States	5,488,763	172,146
Global	21,927,114	775,000

**John Hopkins University & Medicine Coronavirus Resource Center**

<https://coronavirus.jhu.edu/map.html>

**State of California Coronavirus Statewide Update**

<https://update.covid19.ca.gov/>

**County of Los Angeles Public Health**

<http://publichealth.lacounty.gov/media/Coronavirus/locations.htm>

- **A Court of Appeal’s Decision Temporarily Prohibiting Indoor Worship Services** in order to protect congregants and the community from transmission of the COVID-19 virus upholding the County’s Health Officer Orders. A full hearing on the matter is scheduled for September 4. To view the County of Los Angeles News Report which includes a link to the court’s ruling, please go to: <https://covid19.lacounty.gov/covid19-news/la-county-responds-court-of-appeal-decision-upholding-ban-indoor-religious-services/>
- **Decreases And Stabilizing Of Key Indicators In Coronavirus Cases Are Continued To Be Seen By The Los Angeles County Department of Public Health.** The state is monitoring all counties on six indicators to determine their progress in slowing the spread of COVID-19 and LA County has already met five. Indicators include testing capacity, how much transmission of the virus is happening in a community, how many people are currently hospitalized for COVID-19, and the capacity of hospitals to care for people with COVID-19 with adequate numbers of available Intensive Care Unit beds and ventilators. To view the full News Release, please go to: <http://www.publichealth.lacounty.gov/phcommon/public/media/mediapubhpdetail.cfm?prid=2586>
- **Residents And Businesses Are Being Asked To Use The AC Early In The Day, Pre-set Thermostats to 78 Degrees or Higher And Avoid Appliance Use From 3-10 P.M.** during this historic heat wave and related energy shortages to reduce the need for temporary energy service disruptions. With many residents staying home due to the COVID-19 pandemic as the West Coast continues to experience a heat wave, Governor Gavin Newsom signed an emergency proclamation that temporarily allows some energy users and utilities to use backup energy sources to relieve pressure on the grid during peak times. To view the full News Report by the Governor’s Office, please go to: <https://www.gov.ca.gov/2020/08/17/as-west-coast-faces-historic-heat-wave-energy-shortages-governor-newsom-signs-heat-emergency-proclamation-to-free-up-energy-capacity/>
- **“At this time, we do not know if someone can be re-infected with COVID-19”,** according to the Center for Disease Control and Prevention (CDC) and their latest science. Data to date shows that a person who has had and recovered from COVID-19 may have low levels of virus in their bodies for up to 3 months after diagnosis. This means that if the person who has recovered from COVID-19 is retested within 3 months of initial infection, they may continue to have a positive test result, even though they are not spreading the virus. Accumulating evidence supports ending isolation and precautions for persons with COVID-19 using a symptom-based strategy. This update incorporates recent evidence to inform the duration of isolation and precautions recommended to prevent transmission of SARS-CoV-2 to others, while limiting unnecessary prolonged isolation and unnecessary use of laboratory testing resources. For the CDC update from August 16, 2020, please go to: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/duration-isolation.html>
- **Avoid Census Takers From Coming To Your Home by Submitting Your Census 2020 Questionnaire Online Today.** The 2020 Census filing deadline is September 30 and Carson residents must be counted. Carson depends on Federal Money for vital programs and services for education, housing, healthcare, transportation and so much more for our communities. Encourage your friends and neighbors to do so as well. To submit the 2020 Census Online at: <https://my2020census.gov/>
- **L.A. County COVID-19 Rent Relief Program Available For Renters in Los Angeles County through August 31, 2020** who have been financial affected due to the COVID-19 pandemic. Funds will be paid on behalf of the income-eligible tenant directly to the Landlord who must provide a W-9 and sign a participation agreement. For more information, please go to: <https://www.lacda.org/programs/rent-relief>
- **A Carson City Council Regular Meeting is Scheduled for Tuesday, August 18, 2020 at 5:00 p.m.**



- The meeting will be livestreamed on Cable Spectrum Channel 35 and AT&T Channel 99.
- For public participation during “public comment”, please go to: <http://ci.carson.ca.us/publiccomments.aspx>
- To view current and previous Agendas, Videos and Minutes, please go to: <https://carson.legistar.com/Calendar.aspx>
  
- **Meal Programs for Residents Continue in Carson**, including for Seniors and the Homebound.
  - **Carson Essentials to GO** – Grocery Package Purchase - delivered: (310) 952-1765
  - **Free Meal Pick-Up** for those in need, Mon. - Thurs. at 11:00 a.m. : (310) 952-1750
  - **Free Meals Delivered** to homebound residents: (310) 952-1750
  - **Meals on Wheels** Program for seniors age 60 and up: (310) 602-4909
  - **Grab & Go** Food Centers, please log on to:  
<https://achieve.lausd.net/resources>
  - **Los Angeles Regional Food Bank**, please log on to:  
<https://www.lafoodbank.org/coronavirus/>
  - **County of Los Angeles Food Resources**  
<https://covid19.lacounty.gov/food/>
  - **WIC** (Women, Infants and Children) is a health program that provides food vouchers to low income families with children under 5 years and also provides nutrition education and counseling, as well as referrals to healthcare and other community resources. WIC vouchers are for the purchase of specific foods that provide key nutrients needed by pregnant and breastfeeding mothers, infants and young children. For more information and to apply, please call 1-888-WIC-WORKS or go to:  
<https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx>
  - **CalFresh** is the Supplemental Nutrition Assistance Program (SNAP) that provides financial assistance to individuals and families with low-income for the purchase of healthy and nutritious foods who otherwise could not afford it. Funds are provided monthly via Electronic Benefit Transfer (EBT) card and the amount is dependent on household size countable income and expenses and food purchases can be made anywhere that accepts EBT cards. For more information, please call (877) 847-3663 or go to:  
<https://www.cdss.ca.gov/inforesources/calfresh>
  
- **Covid-19 Testing** in Carson and Los Angeles County:
  - Carson Community Center - Carson residents only. To make an appointment, please log on to: <https://ushealthfairs.org/carsonform/>
  - Los Angeles County - All county residents. For locations and appointments, please log on to: <https://covid19.lacounty.gov/testing/>

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by washing your hands often; clean and disinfect surfaces on a regular basis; stay a safe distance from one another; stay home if you are ill; avoid others who are who are ill; cover coughs and sneezes; wear face masks if you are ill. If you are experiencing high fever, along with dry cough and fatigue, call your health provider so they can provide you with professional advice and recommendations. Those with underlying health conditions, the elderly and those who are pregnant should consider calling sooner, as soon as feeling ill.

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