



City of Carson COVID-19 Update

Monday, November 9, 2020

To help keep the community informed, the City of Carson is providing COVID-19 (coronavirus) news updates related to health, safety recommendations, and informational links to meet the needs of the community and protect public health.

The coronavirus outbreak began in China and has since spread across the globe with the first case reported in the U.S. in January 2020 by the CDC. COVID-19 is commonly spread among people who are in contact with an infected person. Some people who are infected may not exhibit symptoms but can still spread the virus according to Public Health Experts. Although less common, COVID-19 can also spread through a person's contact with coronavirus contaminated objects and surfaces where respiratory droplets have landed and then touching their own mouth, nose, or eyes.

Transmissions can overall be significantly reduced if everyone always wears a face covering securely over their nose and mouth, maintains six feet distance from anyone outside of their household, washes their hands regularly, and stays home as much as possible. People are also urged to avoid public gatherings where people are in close proximity, unable to remain six feet apart, cheering and shouting, especially without face coverings. If you are even mildly sick or think you were exposed to someone with COVID-19 that you stay home and away from others, and consider being tested for the virus.

The above recommendations are essential to prevent you from unintentionally spreading COVID-19 to other people.

PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.

COVID-19 CASES

(Cases and Deaths Numbers May Vary Depending on Time of Day)

11/09/2020	CASES	DEATHS
CARSON	2,160	66
County of Los Angeles	322,219	7,172
California	981,298	17,985
United States	10,174,409	241,708
Global	50,766,938	1,261,510

John Hopkins University & Medicine Coronavirus Resource Center

<https://coronavirus.jhu.edu/map.html>

State of California Coronavirus Statewide Update

<https://update.covid19.ca.gov/>

County of Los Angeles Public Health

<http://publichealth.lacounty.gov/media/Coronavirus/locations.htm>

- **COVID-19 Testing in Carson and The County of Los Angeles:**
 - Carson Community Center: To make an appointment, please log on to: <https://ushealthfairs.org/carsonform/>
 - Los Angeles County: For locations and appointments, please log on to: <https://covid19.lacounty.gov/testing/>
- **Small Business Assistance Grant Program Continues To Be Available with Funding Now Increased to Up To \$30,000 for Carson Businesses** that have suffered adverse impacts due to the COVID-19 pandemic. For more information, qualification requirements and instructions on how to apply, please go to: http://ci.carson.ca.us/content/files/pdfs/housing/SBGrant/SmallBusinessAssistance-ERA_101320.pdf
- **Emergency Rental Assistance Program Continues To Be Available With Funding Now Increased To Up To \$10,000 For Carson Residents** who have suffered adverse economic impacts due to the COVID-19 pandemic through job loss, furloughs or reduction of work hours or pay. For more information, qualifications requirements and instructions on how to apply, please go to: <http://ci.carson.ca.us/content/files/pdfs/housing/rental/Emergency%20Rental%20Assistance%20Fact%20Sheet.pdf>
- **New Evidence Suggests That Potential Health Complications After COVID-19 Illness Might Require Ongoing Clinical Care** according to the Centers for Disease Control and Prevention (CDC). After discharge from an initial hospitalization, 9% of COVID-19 patients were readmitted within 2 months. Multiple readmissions occurred in 1.6% of patients and risk factors for readmission included age ≥ 65 years, presence of certain chronic conditions, hospitalization within the 3 months preceding the initial hospitalization, and discharge to a skilled nursing facility or with home health care. Understanding frequency of, and potential reasons for, readmission after a COVID-19 hospitalization can inform clinical practice, discharge disposition decisions, and public health priorities, such as health care resource planning. To read the CDC November 9 News Release, please go to: https://www.cdc.gov/mmwr/volumes/69/wr/mm6945e2.htm?s_cid=mm6945e2_x
- **Blood Clots, Strokes And Rashes In COVID-19 Patients Reveals That The Virus Acts Like A Vascular Disease** affecting patients who are obese, or have large BMIs, or who have Type 2 diabetes, or who have high blood pressure more than other patients. Coronavirus affects the infrastructure of blood vessels triggering a condition called endothelial dysfunction. Lung tissues of COVID-19 patients had nine times as many tiny blood clots compared with those of the influenza patients exhibiting severe damage to the lining of blood vessels and causing organ dysfunction. To read the full NPR News in partnership with [Kaiser Health News](#) November 5 Health Report, please go to: <https://www.npr.org/sections/health-shots/2020/11/05/917317541/clots-strokes-and-rashes-is-covid-19-a-disease-of-the-blood-vessels>
- **An Innovative Laboratory That Will Increase Testing Capacity To An Additional 150,000 COVID-19 Tests Per Day And Reduce Results Turnaround To 24-48 Hours Is Now Open In California** and will enable the state to test more in schools, health care providers and hard-to-reach communities while creating hundreds of new jobs. The facility was built in conjunction with diagnostics company PerkinElmer and will begin processing tests starting this month and work toward full capacity of 150,000 tests by March 2021. To read the Office of Governor Gavin Newsom News Release, please go to: <https://www.gov.ca.gov/2020/10/30/in-valencia-governor-newsom-cuts-ribbon-on-californias-new-laboratory-which-will-increase-states-covid-19-testing-capacity-and-reduce-turnaround-times/>
- **CA Notify, A Google And Apple Exposure Notification Express Mobile Technology Pilot Project That Confidentially Notifies Individuals Who Were Exposed To A COVID-19 Positive Patient Expands To Various UC Campuses** in collaboration with the California Department of Public Health (CDPH) and the California Department of Technology (CDT). The technology detects via Bluetooth when two



mobile devices were in the same vicinity alerting individuals more quickly, as well as being able to alert strangers who may otherwise not be identified using traditional contact tracing methods, if they have been exposed to someone who has tested positive for COVID-19. It is a voluntary opt-in program where individuals can choose to anonymously share that they have tested positive for coronavirus benefiting public health and aiming to help slow the spread of COVID-19. To read the CDPH November 5 News Release, please go to:

<https://www.cdph.ca.gov/Programs/OPA/Pages/NR20-290.aspx>

- **\$129.6 Million Were Released In The Seventh And Final Round Of Roomkey Project Awards To Nine Applicants For 17 Projects Totaling 982 Units** in West Sacramento. The site will now provide permanent supportive housing for individuals experiencing homelessness. To date, more than \$835.6 million has been awarded to 48 jurisdictions for 93 projects totaling 6,055 units. The average per-unit cost is \$138,512 - well below the average cost in California to build new housing units. To read the Office of Governor Gavin Newsom News Release, please go to: <https://www.gov.ca.gov/2020/10/29/at-west-sacramento-motel-where-he-launched-project-roomkey-in-april-governor-newsom-announces-the-site-will-become-a-homekey-location-as-part-of-the-seventh-and-final-round-of-awards/>
- **Millions Of Mink In Denmark Farms To Be Euthanized After A Coronavirus Mutation Found That Could Be Resistant** and threaten the effectiveness of a future vaccine against COVID-19 for humans. The Netherlands and Spain already began to do so in July due to the virus already having spread to 12 people. The U.S. Centers for Disease Control and Prevention does not consider animals to play a significant role in transmission, though minks have been identified as a possible exception. Even though the decision involves killing millions of animals, some welfare groups welcomed it as an opportunity to end fur farms. To read the full Washington Post November 5 News Report, please go to: https://www.washingtonpost.com/world/mutant-mink-coronavirus-in-denmark-sparks-plan-to-put-down-15-million-animals/2020/11/05/d8fd8c56-1f58-11eb-ad53-4c1fda49907d_story.html
- **Los Angeles Dodgers Organization Has Nine Members Test Positive for COVID-19 10 Days After Winning World Series** according Los Angeles County Department of Public Health reports. Dodgers' Justin Turner was notified during the game that his test results revealed he was positive for COVID-19 and was pulled from game but later sparked controversy after his on-field appearance for the World Series win celebrations and for also removing his mask potentially placing others on the field at risk of infection. To read the NBC News November 7 News Report, please go to: <https://www.nbcnews.com/news/us-news/dodgers-organization-has-9-positive-coronavirus-tests-days-after-world-n1246913>
- **A Carson City Council Regular Meeting is Scheduled for Tuesday, November 17 at 5:00 p.m.**
 - The meeting will be livestreamed on Cable Spectrum Channel 35 and AT&T Channel 99.
 - For public participation during “public comment”, please go to: <http://ci.carson.ca.us/publiccomments.aspx>
 - To view current and previous Agendas, Videos and Minutes, please go to: <https://carson.legistar.com/Calendar.aspx>
- **Department of Public Social Services (DPSS)** offers assistance to residents for Medi-Cal health insurance, CalFresh food assistance, CalWORKs cash assistance for families, and General Relief cash assistance. They also offer many other social service programs such as to individuals who are experiencing homelessness, domestic violence, substance use disorders as well as others. For more information, please go to: <https://dpss.lacounty.gov/en.html>



- **Meal Programs** and assistance for residents continue in Carson, including for seniors and the homebound.
 - **Carson Essentials to GO** – Grocery Package Purchase - delivered: (310) 952-1765
 - **Free Meal Pick-Up** for those in need, Mon. - Thurs. at 11:00 a.m. : (310) 952-1750
 - **Meals on Wheels** YMCA Program for seniors age 60 and up: (310) 602-4909
 - **Grab & Go City on the Hill Church** for children and seniors (310) 740-9363
 - **Everytable:** Homemade meals delivery subscription: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619
 - **Grab & Go** Food Centers, please log on to:
 - <https://achieve.lausd.net/resources>
 - **Los Angeles Regional Food Bank** for all in need: (323) 234-3030
 - <https://www.lafoodbank.org/coronavirus/>
 - <https://www.lafoodbank.org/wp-content/uploads/Food-Resource-Guide-2-sided.pdf>
 - **County of Los Angeles Food Resources**
 - <https://covid19.lacounty.gov/food/>
 - **WIC** (Women, Infants and Children) is a health program that provides food vouchers to low income families with children 5 years old and under. For more information, please call 1-888-WIC-WORKS or go to:
 - <https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx>
 - **CalFresh** is the Supplemental Nutrition Assistance Program (SNAP) that provides financial assistance low-income families. For more information, please call (877) 847-3663 or go to: <https://www.cdss.ca.gov/inforesources/calfresh>

If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated

due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us, please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to:

- <https://covid19.ca.gov/resources-for-emotional-support-and-well-being/>
- **24-hour Suicide Prevention Lifeline:** [800-273-8255](tel:800-273-8255) or text [838255](text:838255)
- **24-hour Domestic Violence Hotline:** [800-799-7233](tel:800-799-7233) or click [Chat Now](#)
- **Call 911** if you or the person you are helping is in immediate danger.

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by washing your hands often; clean and disinfect surfaces on a regular basis; stay a safe distance from one another; stay home if you are ill; avoid others who are who are ill; cover coughs and sneezes; wear face masks if you are ill. If you are experiencing high fever, along with dry cough and fatigue, call your health provider so they can provide you with professional advice and recommendations. Those with underlying health conditions, the elderly and those who are pregnant should consider calling sooner, as soon as feeling ill.

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