

# AQUATICS

CARSON POOL 21436 S. Main Street (310) 830-1053

## WEEKDAY SESSION SCHEDULE

**Session 1:** September 8 - September 11

**Session 2:** September 15 - September 18

**Session 3:** September 22 - September 25

**Session 4:** September 29 - October 2

**Session 5:** October 6 - October 9

**Session 6:** October 13 - October 16

**Session 7:** October 20 - October 23

**Session 8:** October 27 - October 30

**Session 9:** November 3 - November 6

**Session 10:** November 10 - November 13

## WEEKDAY SWIM LESSONS

(Monday - Thursday)

Class Time	Class Type	
3:30 p.m. - 4:20 p.m.	TP/SF	TT*
4:30 p.m. - 5:20 p.m.	PO/AP	M
5:30 p.m. - 6:20 p.m.	PO/AP	AD

## SWIM CONDITIONING

Dates	Days	Times
September 8 - November 13	M - Th	6:45 p.m. - 8:15 p.m.

## LAP SWIMMING

Dates	Days	Times
September 8 - November 13	M - Th	3:30 p.m. - 4:20 p.m.
September 8 - November 13	M - Th	4:30 p.m. - 5:20 p.m.
September 8 - November 13	M - Th	5:30 p.m. - 6:20 p.m.

## SATURDAY CLASS SCHEDULE

### SATURDAY SESSION SCHEDULE

**Session 1:** September 13 - October 4

**Session 2:** October 18 - November 8

## AQUA AEROBICS

Dates	Days	Times
September 13 - November 8	Sat	7:30 a.m. - 8:30 a.m.
September 13 - November 8	Sat	8:45 a.m. - 9:45 a.m.

## LAP SWIM

September 13 - November 8	Sat	During Lessons
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## RECREATIONAL SWIMMING

Dates	Days	Times
September 13 - November 8	Sat	1:15 p.m. - 2:45 p.m.

Class Time	Class Type	
10:00 a.m. - 10:50 a.m.	PO/AP	AD
11:00 a.m. - 11:50 a.m.	PO/AP	M
12:00 p.m. - 12:50 p.m.	TT	TP/SF

## PLEASE NOTE THE FOLLOWING:

\*Tiny Tot Classes are 40 minutes long\*

\*\*NOTE: Carson Pool will be closed on October 11, 2025\*\*